

2010 Great Lakes Tropical Challenge (Prelims/Finals & Timed Finals)
Hosted By: Rapids Area Y Swimmers & Jenison Area Wildcat Swimming
January 15-17, 2010

Sanction: This meet is sanctioned by Michigan Swimming, Inc., as a [timed final/prelim-final] meet on behalf of USA Swimming, Sanction Number MI0910026. Michigan swimming rules, safety, and warm up procedures will govern the meet as if fully set forth in these meet rules.

Location: Jenison High School Aquatics Center www.jenisonaquatics.org
2140 Bauer Rd.
Jenison, MI 49428
Map to pool on Michigan Swimming Website (www.uss.michigan.com)

Times: *Fri, Jan. 15 (Timed Finals - all ages)*
 Warm-Up: 4:30 pm / Meet Start: 5:30pm

Sat, Jan. 16 (Prelims – 11 & over)
 Warm-Up: 7:30 am/Start: 8:30 am
Sat, Jan. 16 (Timed Finals – 10 & under)
 **Warm-Up: 12:30 pm/Start: 1:30 pm*
**Warm up will begin in the shallow end while the prelim session is finishing*
Sat, Jan. 16 (Finals – 11 & over)
 Warm-Up: 4:30 pm / Start: 5:30 pm

Sun, Jan. 17 (Prelims – 11 & over)
 Warm-Up: 7:30 am/Start: 8:30 am
Sun, Jan. 17 (Timed Finals – 10 & under)
 **Warm-Up: 12:30 pm/Start: 1:30 pm*
**Warm up will begin in the shallow end while the prelim session is finishing*
Sun, Jan.17 (Finals – 11 & over)
 Warm-Up: 4:00 pm / Start: 5:00 pm
**Note Sunday warm up and start time is 30 minutes earlier than Friday and Saturday afternoon sessions*

Hotels: **RAYS Hotel Recommendations:**
Crowne Plaza Hotel (GLTC Special Room Rate - \$69)
5700 28th Street S.E.
Grand Rapids, MI 49506 800-227-6963

JAWS Hotel Recommendations (CODE: JAWS):
Go to www.jenisonaquatics.org for hotel and food information in the Jenison area (click: Food/Lodging on left side of main page)

- Facilities:** The Jenison High School Aquatics Center is a 16-lane pool. If 16 lanes are used for competition there will be 2 lanes open between the courses for supervised warm-up and warm-down. When 8 lanes are used for competition, the other 8 lanes will be available for supervised warm-up and warm-down (with the middle two lanes closed). Depth of the main competition course at start is 13'11" and 8'9" at the turn. Movable starting blocks and non-turbulent lane markers will be used. IST timing with an 8 or 16 lane display will be used. The competition course has not been certified in accordance with 104.2.2C(4). There is ample balcony seating for spectators. Lockers are available (provide your own lock).
- Eligibility:** The 2010 Great Lakes Tropical Challenge is open to all level of swimmers with no entry time qualifications. All swimmers must be currently registered with United States of America Swimming (USA). A swimmer's age on Friday, January 15, 2010, will determine his/her eligibility for a particular age group.
- Meet Format:** This meet will be a prelim/final format for all swimmers 11 and older. All 10 and unders will swim in an afternoon timed finals session. We reserve the right to combine the 13/14 and 15 and over age group events to fill lanes and save time during prelims. Relays will be offered in the 10 and under timed finals session, but will not be offered in the prelim or evening sessions (11 & older).
- Entry Limits:** Entries will be accepted on a first come first serve basis by date of email for electronic entries and date of receipt by the entry chair for hard copy entries until the Michigan Swimming four (4) per session maximum time limit is met. As set forth in Entry Procedures below, entries are not deemed valid and will not be processed until such time as the entry chairperson has received: (a) a hard copy of your club's entry summary sheet, (b) a hard copy of your club's signed release/waiver agreement, (c) your clubs certification of entered athletes, and (d) your club's entry and entry fees. Entries received after the four (4) hour per timed final session time limit (or the eight (8) hour per day for prelim/final time limit) has been met will be returned even if received before the entry deadline.
- Individual Entry Limits:** 10 & Under swimmers will be limited to five (5) individual events per day exclusive of relays. 11& Over swimmers will be limited to three (3) individual events per day.
- Electronic Entries:** \$4.00 per individual event for all timed final events and \$12.00 for relays. \$5.00 per individual event for all prelim/final events. Please include a \$1.00 Michigan Swimming surcharge for each swimmer entered. Make checks payable to: RAYS.

Paper Entries: MS rules regarding non-electronic entries apply. \$5.00 per individual event for all timed final events and \$13.00 for relays. \$6.00 per individual event for all prelim/final events. There is a \$1.00 additional charge per individual event and \$1.00 per relay event paid if the entry is not submitted on Hy-Tek (or compatible) disk. The Michigan Swimming \$1.00 general surcharge for each swimmer also applies to paper entries. Paper entries may be submitted to the entry chair on a spreadsheet of your choice however the paper entry must be logically formatted and must contain all pertinent information to allow the entry chair to easily enter the swimmer(s) in the correct events with correct seed times. Teams who do not have HY-TEK Team Manager can download a free copy of HY-TEK Team Manager Lite from www.hy-tek.com.

Entry Procedures: Entries may be submitted to the entry chairperson as of Friday, December 18, at 12:00 p.m. (noon). The entry chairperson must receive all entries no later than Wednesday, January 6. Entries must include correct swimmer name (as registered with USA/MS Swimming), age, and USA number. You can import the order of events and event numbers from the Michigan Swimming website (www.uss-michigan.com). All individual entries should be submitted via electronic mail to the entry chairperson at Rays_entries@hotmail.com. Any entries submitted will not be processed until such time as the entry chairperson has received a hard copy of: (a) your club's entries (Team Manager Meet Entries Report), (b) a hard copy of your club's signed release/waiver agreement (c) your club's signed certification of entered athletes, and (d) your club's entry fees. The complete GLTC entry packet with entry forms is available on the Michigan Swimming Website at www.uss-michigan.com

**Time Updates/
New Entries:** **Time updates will be accepted up until 12 noon on Monday, January 11. No new entries or additional events to existing entries will be accepted once the meet is full or after January 6, which ever comes first.**

Refunds: Once a team or individual entry has been received and processed by the entry chair there are no refunds in full or in part unless the "over qualification exception" applies (see MS Rules).

Entry Chair: Your club's Entry, Entry Summary Sheet, Release/Waiver, Certification of Entered Athletes and Check should be sent via U.S. mail or nationally recognized overnight courier to:

*****MUST BE SENT WITH NO SIGNATURE REQUIRED*****

Mail Entry Lynn King 616-389-7076
Address: 6334 Bechalla Dr RAYS_entries@hotmail.com
Grand Rapids, MI 49546

Check In:	Check-In will be available 30 minutes prior to the beginning of warm-up and will close 45 minutes prior to the beginning of the meet. Check-in is mandatory for all events and is required by the time set forth in this meet announcement. Failure to check in will cause the swimmer to be scratched from all events in that session. Also note that pursuant to MS Rules, failing to swim an event after checking in for that event will disqualify a swimmer from his or her next event. Check in sheets will be separated by gender and located on a table outside of each of the pool locker rooms on the deck.
Scratch Rules:	<p><u>Prelims and Timed Finals:</u> Prior to check in closing, a swimmer may scratch events at the Clerk of Course. After check in closes, you must see the Meet Referee to try to scratch an event. Once a swimmer has checked in for an event that swimmer must compete in that event or the swimmer will be scratched from his/her next event (unless approval was given from the Meet Referee for a No Show).</p> <p><u>Finals:</u> If preliminary swimmers have no intention of returning to swim at finals, regardless of place of finish, each swimmer must scratch at the clerk of course. Results for preliminary events will be posted at the Clerk of Course and you may scratch an event up to 30 minutes past the announced results for your event. After 30 minutes results will be final for the evening session.</p>
Marshaling:	There is no marshaling in this meet. Heat sheets will be posted for self-marshaling for all age groups underneath the American Flag and the scoreboard.
Seeding:	<p>All Friday evening Open events (500 Free, 400 IM and 1000 Free) will be seeded fastest to slowest alternating genders by event after check in closes. All preliminary events will be circle seeded after check in closes. All 12 & Under events and relays will be seeded slowest to fastest after check in closes, with all female heats of that event being swum first.</p> <p><u>NOTE: During the 1000 free, 16 lanes may be used for competition. Each swimmer entered must supply one timer and a counter is optional</u></p>
Deck Entries/ Time Trials:	Deck entries will be accepted if space and time allows. However, time trials will not be offered. The deck entry fee will be \$7.50 per individual event and \$15 per relay. Deck entry swimmers are subject to the Michigan Swimming \$1.00 general surcharge.
Meet Programs/ Admissions:	Admission is a one-time fee of \$4.00 for Friday's events, \$5.00 per person for Saturday's events and \$5.00 per person for Sunday's events. Children 12 & under are free. Entire meet programs will be available for \$7. Heat sheets for prelims and finals will be available for \$1 (as soon as they become available).

- Scoring:** No scores will be kept.
- Awards:** PRELIMINARIES – No awards will be awarded for preliminary events. However, random prizes for all age groups will be given.
FINALS & TIMED FINALS – All 12 & under individual events will have medals awarded for 1st – 8th and finalist ribbons awarded for 9th – 16th. Relays will have medals awarded for 1st-3rd and finalist ribbons awarded 4th-8th. There are no awards for 13/14, 15 & over, and Open age groups.
NOTE: This is a prelim/final championship meet format meaning only the top eight seeds will compete for the top eight places. Consolation round (9th seed thru 16th seed) cannot move up to the top eight places, (i.e. swimmers competing in the top 8 and bottom 8 are locked into placing within those heats.)
- All awards must be picked up by the coaches at the conclusion of Sunday finals. **If you need to pick up awards sooner, coaches must make this known to the office staff prior to needing the awards.
- Results:** Complete meet results will be posted on the Michigan Swimming Website at www.uss-michigan.com and the Jenison Aquatics website www.jenisonaquatics.org. Live results will be posted as soon as possible during the preliminaries. These will be available at www.jenisonaquatics.org. These live results will allow you to determine your child's position at the finals. Remember, if your child has no intention of swimming in finals, regardless of position, he/she must scratch that evening event at the clerk of course. Results will be emailed out to all Entry Chairs at the conclusion of the meet and posted on the main page of www.jenisonaquatics.org
- Concessions:** Food and beverages will be available in the upstairs balcony. No outside food or drinks are allowed in. No food or beverage will be allowed on the deck of the pool or in the locker rooms. A hospitality area will be available for coaches and officials.
- Lost and Found:** Articles may be turned in/picked up at the pool office. Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days (any longer period shall be in the sole discretion of the Meet Director).
- Swimming Safety / Warm-up Procedures:** Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. The same rules will apply with respect to the warm up/down pool.

Penalties for violating these rules will be in the sole discretion of the meet referee which may include ejection from the meet.

Controlled, supervised warm-up sessions may be utilized in accordance with the “warm-up procedure guidelines” suggested by USA Swimming.

The final 20 minutes of warm-ups will be conducted as follows:

Lanes 1 & 8 push/pace with push off from the start end of the pool 1 or 2 lengths or general warm-up lanes at the discretion of the Meet Referee.

Lanes 2 & 7 racing start lanes. Sprint lanes for racing starts from the blocks or backstroke starts. One length only and exit the pool.

Lanes 3-6 general warm-up, no diving or racing starts. Any one, or all of these lanes, may be converted to sprint lanes at the direction of the Meet Referee.

Deck Personnel: Only swimmers, registered coaches, and meet officials/workers are allowed on the deck. Coaches and officials must display their registration cards at all times. Coaches must be current in all certifications through the final date of the meet.

Swimmers with Disabilities: All swimmers are encouraged to participate. If any of your swimmers have special needs or requests please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.

General Info: Any errors or omissions in the program will be documented and signed by the meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches’ Meeting.

First Aid: Supplies will be kept with the lifeguards on duty.

Facility Items:

- (A) No smoking is allowed in the building or on the grounds at the Jenison High School Aquatics Center.
- (B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.
- (C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway (to go anywhere other than the pool deck and locker rooms).
- (D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection in the office.

Meet Directors: Joel Harner 616-893-2341 (cell)
7303 Grachen DR joel@letusserveyou.com

Grand Rapids, MI 49546

Meet Referee: Scott Appleyard

Safety Marshall: Scott Fagen

Swim Shop

Vendor: Different Strokes Swim Shop

Smoothie

Vendor: Maui Wowi Beverages

Apparel

Vendor: Earthbound Designs, Inc. (logos to be posted to www.jenisonaquatics.org as soon as they are available)

2010 Great Lakes Tropical Challenge RELEASE AND WAIVER

Enclosed is a total of \$_____ covering fees for all the above entries. In consideration of acceptance of this entry I/We hereby, for ourselves, our heirs, administrators, and assigns, waive and release any and all claims against Rapid Area YMCA swimmers, JAWS, Jenison High School Aquatics Center, Michigan Swimming, Inc., and United States Swimming, Inc. for injuries and expenses incurred by Me/Us at or traveling to said swim meet.

[illegible]

In granting the sanction it is understood and agreed that USA Swimming and Michigan Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

Signature: _____

Position: _____

Street Address:

City, State, Zip _____

E-mail: _____

Coach Name: _____

Coach Phone: _____

Coach E-Mail

Club Name: _____

Club Code: _____

2010 Great Lakes Tropical Challenge Certification of Registration Status Of All Entered Athletes

Michigan Swimming Clubs must register and pay for the registration of all athletes that are contained in the electronic TM Entry File or any paper entries that are submitted to the Meet Host with the Office of Michigan Swimming **prior to submitting the meet entry to the meet host**. Clubs from other LSCs must register and pay for the registration of their athletes with their respective LSC Membership Coordinator.

A penalty fee of \$100.00 per unregistered athlete will be levied against any Club found to have **entered** an athlete in a meet without first registering the athlete and paying for that registration with the Office of Michigan Swimming or their respective LSC Membership Coordinator.

Submitting a meet entry without the athlete being registered and that registration paid for beforehand may also subject the Club to appropriate Board of Review sanctions.

The authority for these actions is:

UNITED STATES SWIMMING RULES AND REGULATIONS 302.4 FALSE REGISTRATION – A host LSC may impose a fine of up to \$100.00 per event against a member Coach or a member Club submitting a meet entry which indicates a swimmer is registered with USA Swimming when that swimmer or the listed Club is not properly registered. The host LSC will be entitled to any fines imposed.

[illegible]

I certify that **all** athletes submitted **with this meet entry** are currently registered members of USA Swimming and that I am authorized by my Club to make this representation in my listed capacity.

By: _____
(Signature)

(Printed Name of person signing above)

Capacity: _____

Club Name: _____

Date: _____

**This form must be signed and returned with the entry
or the entry will not be accepted.**

2010 Great Lakes Tropical Challenge (Prelims/Finals & Timed Finals)
Hosted By: Rapids Area Y Swimmers & Jenison Area Wildcat Swimming
January 15-17, 2010

ORDER OF EVENTS

GIRLS

EVENTS

BOYS

FRI EVENING: Warm-ups 4:30 PM; Events 5:30 PM

Please Note: We may limit the number of heats in these events to assure the evening session is completed at a reasonable hour.

1	Open	500	Free	2
3	12 & U	500	Free	4
5	Open	400	I.M.	6
7	12 & U	200	I.M.	8
9	Open	1000	Free	10

SAT MORNING: Warm-up: 7:30 AM; Events: 8:30 AM

PRELIMS

11	Open	50	Fly	12
13	11 & 12	200	Free	14
15	13 & 14	200	Free	16
17	15 & Over	200	Free	18
19	11 & 12	50	Breast	20
21	13 & 14	100	Breast	22
23	15 & Over	100	Breast	24
25	11 & 12	100	Back	26
27	Open	200	Back	28
29	11 & 12	50	Fly	30
31	13 & 14	100	Fly	32
33	15 & Over	100	Fly	34
35	11 & 12	50	Free	36
37	13 & 14	50	Free	38
39	15 & Over	50	Free	40
41	Open	50	Breast	42

SAT AFTERNOON: Warm-up: 12:30; Events: 1:30 PM.

EVENTS

43	10 & U	200	Free	44
45	8 & U	25	Breast	46
47	10 & U	50	Breast	48
49	10 & U	100	Back	50
51	8 & U	25	Fly	52
53	10 & U	50	Fly	54
55	8 & U	50	Free	56
57	10 & U	100	Free	58
59	8 & U	100	Mixed Medley Relay	59
60	10 & U	200	Mixed Medley Relay	60

2010 Great Lakes Tropical Challenge (Prelims/Finals & Timed Finals)
Hosted By: Rapids Area Y Swimmers & Jenison Area Wildcat Swimming
January 15-17, 2010

ORDER OF EVENTS

GIRLS

EVENTS

BOYS

SAT EVENING: Warm-ups 4:30 PM; Events 5:30 PM

FINALS

11	Open	50	Fly	12
13	11 & 12	200	Free	14
15	13 & 14	200	Free	16
17	15 & Over	200	Free	18
19	11 & 12	50	Breast	20
21	13 & 14	100	Breast	22
23	15 & Over	100	Breast	24
25	11 & 12	100	Back	26
27	Open	200	Back	28
29	11 & 12	50	Fly	30
31	13 & 14	100	Fly	32
33	15 & Over	100	Fly	34
35	11 & 12	50	Free	36
37	13 & 14	50	Free	38
39	15 & Over	50	Free	40
41	Open	50	Breast	42

2010 Great Lakes Tropical Challenge (Prelims/Finals & Timed Finals)
Hosted By: Rapids Area Y Swimmers & Jenison Area Wildcat Swimming
January 15-17, 2010

ORDER OF EVENTS

GIRLS

EVENTS

BOYS

SUN MORNING: Warm-up: 7:30 AM; Events: 8:30 AM

PRELIMS

61	Open	50	Back	62
63	11 & 12	100	Fly	64
65	Open	200	Fly	66
67	11 & 12	100	Free	68
69	13 & 14	100	Free	70
71	15 & Over	100	Free	72
73	11 & 12	100	IM	74
75	Open	200	IM	76
77	11 & 12	50	Back	78
79	13 & 14	100	Back	80
81	15 & Over	100	Back	82
83	11 & 12	100	Breast	84
85	Open	200	Breast	86

SUN AFTERNOON: Warm-up: 12:30; Events: 1:30 PM.

EVENTS

87	10 & U	100	Fly	88
89	8 & U	25	Free	90
91	10 & U	50	Free	92
93	8 & U	100	IM	94
95	10 & U	100	IM	96
97	8 & U	25	Back	98
99	10 & U	50	Back	100
101	10 & U	100	Breast	102
103	8 & U	100	Mixed Freestyle Relay	103
104	10 & U	200	Mixed Freestyle Relay	104

SUN EVENING: Warm-ups 4:00 PM; Events 5:00 PM

**Note Sunday warm up and start time is 30 minutes earlier than Friday and Saturday afternoon sessions*

FINALS

61	Open	50	Back	62
63	11 & 12	100	Fly	64
65	Open	200	Fly	66
67	11 & 12	100	Free	68
69	13 & 14	100	Free	70
71	15 & Over	100	Free	72
73	11 & 12	100	IM	74
75	Open	200	IM	76
77	11 & 12	50	Back	78
79	13 & 14	100	Back	80
81	15 & Over	100	Back	82
83	11 & 12	100	Breast	84
85	Open	200	Breast	86