

**Super Splash
Stroke Championships
Hosted By: Rockford Riptide
January 29-31, 2010**

Sanction: This meet is sanctioned by Michigan Swimming, Inc., as a timed final meet on behalf of USA Swimming, Sanction Number MI0910030 . Michigan swimming rules, safety, and warm up procedures will govern the meet as if fully set forth in these meet rules.

Location: Rockford High School Pool
4100 Kroes Rd.
Rockford, MI 49341

Directions: **From US-131:** Use the 10 Mile Road exit and travel East approximately 2.5 miles to Fremont St. (the second traffic light over the Rogue River Bridge). Turn Right/South on Fremont St. (after a short distance, Fremont Street becomes Northland Drive) and go approximately 1.5 miles to a 4-way stop at Kroes St. Turn Right/West on Kroes St. and you will see Rockford High School on the left side of the road.

From I-96: Use the East Beltline exit and travel north approximately 9.25 miles. (Note that the street changes its name several times along the way. East Beltline becomes Northland Drive and then Wolverine Blvd.). Turn Left/West on Kroes; after approximately 1/2 mile you will see Rockford High School on the left side of the road.

Times:

Friday, January 29	Warm up 5:00 p.m.	Start: 6:00 p.m.
Saturday, January 30	Warm up 8:00 a.m.	Start: 9:00 a.m.
Saturday, January 30	Warm up to begin immediately following the a.m. session, but not before 12:00 noon.	
Sunday, January 31	Warm up 8:00 a.m.	Start: 9:00 a.m.
Sunday, January 31	Warm up to begin immediately following the a.m. session, but not before 12:00 noon.	

Hotel: Comfort Suites
350 Dodge Street NW
Comstock Park, MI 49321
(616) 785-7899

Facilities: The Rockford High School Pool is an 8 lane pool with a supervised warm-up and warm-down area. Depth at start is 14' and 5'5" at turn. Permanent starting blocks and non-turbulent lane markers will be used. Colorado timing with an 8-lane display will be used. The competition course has not been certified in accordance with 104.2.2C(4). There is ample balcony seating for spectators. Lockers are

available (provide your own lock). **The 25 yd. events will be swum from the bulkhead to the starting blocks.** Public phones will be available.

- Eligibility:** The Super Splash Stroke Championship is for all swimmers. All swimmers must be currently registered with United States of America Swimming (USA). A swimmer's age on January 29, 2010 will determine his/her eligibility for a particular age group.
- Meet Format:** The meet has a timed finals ABC format with SuperSplash Stroke Champion special event scoring.
- Entry Limits:** Entries will be accepted on a first come first serve basis by date of email for electronic entries and date of receipt by the entry chair for hard copy entries until the Michigan Swimming four (4) hour per session maximum time limit is met. As set forth in Entry Procedures below, entries are not deemed valid and will not be processed until such time as the entry chairperson has received: (a) a hard copy of your club's entry summary sheet, (b) a hard copy of your club's signed release/waiver agreement (c) your clubs certification of entered athletes and (d) your club's entry and entry fees. Entries received after the four (4) hour per session time limit has been met will be returned even if received before the entry deadline.
- Individual Entry Limits:** Swimmers may enter into a maximum of five (5) individual events per day.
- Electronic Entries:** \$4.00 per individual event. Please include a \$1.00 Michigan Swimming surcharge for each swimmer entered. Make checks payable to: Rockford Riptide.
- Paper Entries:** \$5.00 per individual event. Please include a \$1.00 Michigan Swimming surcharge for each swimmer entered. Paper entries may be submitted to the entry chair on a spreadsheet of your choice; however, the paper entry *must* be logically formatted and must contain all pertinent information to allow the entry chair to easily enter the swimmer(s) in the correct events with correct seed times.
- Entry Procedures:** Entries may be submitted to the entry chairperson starting at 8 am on of January 1, 2010. The entry chairperson must receive all entries no later than January 19, 2010. Entries must include correct swimmer name (as registered with USA/MS Swimming), age and USA number. You can import the order of events and event numbers from the Michigan Swimming website (www.uss-michigan.com). All entries should be submitted in Hy-Tek format. All individual entries should be submitted via electronic mail to the entry chairperson at Andy.Fredricks@yahoo.com. Entries submitted will be processed provisionally pending receipt by the entry chairperson of: (a) a hard copy of your club's signed release/waiver agreement, (b) your clubs signed certification of entered athletes and (c) your club's entry and entry fees. The complete Supersplash Stroke

Championship entry packet with entry forms is available on the Michigan Swimming Website at www.uss-michigan.com.

Refunds: Once a team or individual entry has been received and processed by the entry chair there are no refunds in full or in part.

Entry Chair: Your club's Entry, Release/Waiver, Certification of Entered Athletes and Check should be sent via U.S. mail or nationally recognized overnight courier to:

Andy Fredricks
PO Box 382
Rockford, MI 49341
andy_fredricks@yahoo.com
616-745-3560

*** MUST BE SENT WITH NO SIGNATURE REQUIRED****

Check In: All swimmers **MUST** check in. Check in will be available 15 minutes before the start of warm-ups at the check-in table in the concourse of the athletic foyer. **CHECK IN WILL CLOSE 45 MINUTES PRIOR TO THE START OF EACH SESSION.** Check in is mandatory for all events and is required by the time set forth in this meet announcement. Failure to check in will cause the swimmer to be scratched from all events in that session. **PLEASE FOLLOW THE POSTED CHECK IN PROCEDURE AND MICHIGAN SWIMMING CHECK IN RULES.** Also, note that pursuant to MS Rules that failing to swim an event after checking in for that event, will disqualify the swimmer from his or her next events.

Scratch Rules: Prior to check in close a swimmer may scratch events at the Clerk of Course at the check-in table in the athletic concourse. After check in closes, you must see the Meet Referee to scratch an event. Once a swimmer has checked in for an event that swimmer must compete in that event or the swimmer will be scratched from his/her next event. Swimmers who do not check in will not swim their scheduled events.

Marshaling: **SELF-MARSHALING** will be used for all swimmers. Heat sheets will be posted around the pool after Check-in closes and seeding is complete.

Seeding: Seeding will be done after check in closes. Swimmers who fail to check in for an event will be scratched from that event. All events are timed finals and will be seeded slowest to fastest. Any swimmer participating in the 1650 is required to provide (1) Timer with a stopwatch in order to swim the event.

Deck Entries/

Time Trials: Deck entries will be accepted on deck at the Clerk of Course table prior to seeding

the meet if Michigan Swimming four (4) hour per session maximum time limit is not met. Deck entries are \$7.50 for individual events. Deck entry swimmers are subject to the Michigan Swimming \$1.00 general surcharges for each swimmer.

Programs/ Admissions: Admission is \$4.00 per person. Children 12 & under, with adult, free. Events programs will be available for \$6.00.

Scoring: Hy-tek Age Group Points will be awarded for each event listed according to Hy-Tek Age Group Time Standards. Each Age Group division/gender SuperSplash Stroke Champion will be based on the combined events' total points according to the tables below. A swimmer need not swim in every event of the combination to have their scores considered for Stroke Champion placement.

Individual high points for the combination of events in the Stroke will determine overall placement within each Stroke.

8 & Under

Freestyle: 25 Free, 50 Free
Fly: 25 Fly, 50 Fly
Back 25 Back, 50 Back
Breast 25 Breast, 50 Breast
Distance: 100 Free, 100 IM

9-10

Freestyle: 50, 100, 200 Free
Fly: 50, 100 Fly, 100 IM
Back: 50,100 Back, 100 IM
Breast: 50,100 Breast, 100 IM
Distance: 200, 500 Free, 200 IM

11-12

Freestyle: 50,100, 200 Free
Fly: 50, 100, 200 Fly
Back: 50, 100, 200 Back
Breast: 50, 100, 200 Breast
IM: 100, 200, 400 IM

Mile

1650 Free

Open

Freestyle: 50, 100, 200 Free
Fly: 100, 200 Fly, 200 IM
Back: 100, 200 Back, 200 IM
Breast: 100, 200 Breast, 200 IM

Awards: Ribbons will be awarded for 1st thru 8th place in all age group A, B and C individual events for 8 & Under, 9-10, and 11-12. There will be no awards for individual Open events. Special awards for the top **three** stroke champions within each stroke and age group will also be awarded. These special Stroke Championship awards may be picked up at the table in front of the pool office as results are posted. All other awards will be given to coaches following the final session on Sunday afternoon. **No awards will be mailed.**

Results: Complete meet results will be posted on the Michigan Swimming Website at www.uss-michigan.com. Results will also be available on disk (HY-TEK Meet Manager) upon request. Teams providing a formatted 3.5" disk will receive a results diskette.

Concessions: Food and beverages will be available at the concessions area adjacent to the entrance to the pool balcony. No food or beverage will be allowed on the deck of the pool, in the locker rooms or in the spectator areas. A hospitality area will be available for coaches and officials.

Lost and Found: Articles may be turned in/picked up at the pool office. The Safety Marshal or a representative will retain articles not picked up by the end of the meet for at least 14 days (any longer period shall be in the sole discretion of the Meet Director).

Swimming Safety: Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. The same rules will apply with respect to the warm-down pool and diving well. Penalties for violating these rules will be at the sole discretion of the meet referee, which may include ejection from the meet.

Deck Personnel: Only swimmers, registered coaches and meet officials/workers are allowed on the deck. Coaches and officials must display their registration cards at all times. Coaches must be current in all certifications through the final date of the meet.

Swimmers with Disabilities: All swimmers are encouraged to participate. If any of your swimmers have special needs or requests please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.

General Info: Any errors or omissions in the program will be documented and signed by the meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting.

First Aid: Supplies will be kept in the pool office.

- Facility Items:**
- (A) No smoking is allowed in the building or on the grounds of the Rockford High School.
 - (B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.
 - (C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.
 - (D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection at the Clerk of Course.
 - (E) No pets or animals other than service animals assisting handicapped persons are allowed in the buildings or on the grounds of Rockford High School.

Meet Directors: Karen Stage
616-874-1659
kbstage@charter.net

Meet Referee: Scott Appleyard
(269) 383-0343
scott.appleyard@asmnet.com

Safety Marshall: Karen Stage
616-874-1659
kbstage@charter.net

Vendors: Different Strokes Swim Shop
1-800-828-2623
Web site: www.different-strokes.com
Email address: dsss@different-strokes.com

Maui Wowi (Beverage Company)

2010 SuperSplash List of Events

Friday, January 29, 2010

Warm-up 5:00pm; Start 6:00pm

Girls		Boys
1	500 Free Open	2
3	400 IM Open	4
5	400 IM 11-12	6
7	1650 Open	8

Saturday, January 30, 2010

Warm-up 8:00am; Start 9:00am

Girls		Boys
9	200 IM 10 & U	10
11	50 Free 8&U	12
13	50 Free 10 & U	14
15	25 Fly 8&U	16
17	100 Fly 10 & U	18
19	50 Back 8&U	20
21	50 Back 10 & U	22
23	25 Breast 8&U	24
25	100 Breast 10 & U	26

Saturday, January 30, 2010

Warm-up 12:00pm; Start 1:00pm

Girls		Boys
27	200 IM Open	28
29	200 IM 11-12	30
31	50 Back Open	32
33	50 Back 11-12	34
35	100 Fly Open	36
37	100 Fly 11-12	38
39	200 Breast Open	40
41	200 Breast 11-12	42
43	100 Free Open	44
45	100 Free 11-12	46
47	100 Back Open	48
49	100 Back 11-12	50
51	50 Free Open	52
53	50 Free 11-12	54

Sunday, January 31, 2010

Warm-up 8:00am; Start 9:00am

Girls		Boys
55	100 IM 8&U	56
57	100 IM 10 & U	58
59	25 Free 8&U	60
61	100 Free 8 & U	62
63	100 Free 10 & U	64
65	50 Fly 8&U	66
67	50 Fly 10 & U	68
69	25 Back 8&U	70
71	100 Back 10 & U	72
73	50 Breast 8&U	74
75	50 Breast 10 & U	76
77	200 Free 10 & U	78

Sunday, January 31, 2010

Warm-up 12:00pm; Start 1:00pm

Girls		Boys
79	100 IM Open	80
81	100 IM 11-12	82
83	200 Free Open	84
85	200 Free 11-12	86
87	50 Fly Open	88
89	50 Fly 11-12	90
91	100 Breast Open	92
93	100 Breast 11-12	94
95	200 Back Open	96
97	200 Back 11-12	98
99	50 Breast Open	100
101	50 Breast 11-12	102
103	200 Fly Open	104
105	200 Fly 11-12	106

