

**Calvin Summer Long Course Invitational 2010**  
**Michigan Swimming Senior Circuit**  
**Hosted By: East Grand Rapids Aquatics**  
**July 8-10, 2010**  
**(Thursday through Saturday)**

- Sanction:** This meet is sanctioned by Michigan Swimming, Inc., as a prelim/final and limited number of timed finals events meet on behalf of USA Swimming, Sanction Number MI910055 Michigan swimming rules, safety, and warm up procedures will govern the meet as if fully set forth in these meet rules.
- Location:** Calvin College  
Venema Aquatic Center  
3195 Knight Way SE  
Grand Rapids, MI 49546-4406  
<http://www.calvin.edu/map/directions.htm>
- Times:** *Thursday, July 8<sup>th</sup>*  
Warm-up 4pm; Start 5pm  
*Friday, July 9<sup>th</sup> and Saturday July 10<sup>th</sup>*  
Prelims warm-up: 7:00am  
Prelims start : 8:30am  
Finals warm-up: 4:30pm  
Finals start: 5:30pm
- Facilities:** The Venema Aquatic Center is a 50 meter pool with 8 lanes. The competition course has not been certified in accordance with 104.2.2.C(4). 7 lanes will be used for competition with one lane for warm-up/down during prelims and 6 lanes will be used during finals. The depth at start is 8' and it is 15' at the turn. Permanent starting blocks and non-turbulent lane markers will be used. Colorado timing with an 8 lane display will be used. There is ample balcony seating for spectators. Lockers are available (provide your own lock).
- Eligibility:** National 15-16 "A" time standards will be used for qualifying times for this meet. Entry times may be submitted in LCM, SCM, or SCY. All swimmers must be currently registered with United States of America Swimming (USA).

**Meet Format:** This meet is a Senior level prelims/finals meet. A limited number of events on Friday will be timed finals. During prelims, 7 lanes will be used. One lane will be open for warm-up/warm-down. During finals, 6 lanes will be used and two lanes will be open for warm-up/warm-down. Finals will consist of 4 heats of 6 swimmers (D, C, B and A). *Relays* – The fastest heat of relays will swim in finals. All other relays will swim at the end of prelims.

**Entry Limits:** Entries will be accepted on a first come first serve basis by date of email for electronic entries and date of receipt by the entry chair for hard copy entries. As set forth in Entry Procedures below, entries are not deemed valid and will not be processed until such time as the entry chairperson has received: (a) a hard copy of your club's entry summary sheet, (b) a hard copy of your club's signed release/waiver agreement (c) your clubs certification of entered athletes and (d) your club's entry and entry fees.

**Individual Entry Limits:**

Swimmers may enter a maximum of 3 events per day (not counting relays). **Bonus Events:** Swimmers who have achieved fewer than 4 individual event time standards may supplement their entry with bonus events so that the total number of individual events does not exceed 4 for the meet (i.e. 1 qualified and 3 bonus, 2 qualified and 2 bonus, 3 qualified and 1 bonus). Please check the box that indicates bonus for each event that is a bonus entry.

**Electronic Entries:** \$7.50 per individual event. \$12.00 per relay. Please include a \$1.00 Michigan Swimming surcharge for each swimmer entered. Make checks payable to: **East Grand Rapids Aquatics**

**Paper Entries:** MS rules regarding non-electronic entries apply. \$8.50 per individual event. The Michigan Swimming \$1.00 general surcharge for each swimmer also applies to paper entries. Paper entries may be submitted to the entry chair on a spreadsheet of your choice however the paper entry *must* be logically formatted and must contain all pertinent information to allow the entry chair to easily enter the swimmer(s) in the correct events with correct seed times.

**Entry**

**Procedures:**

Entries may be submitted to the entry chairperson as of June 14, 2010 at 8:00 AM. The entry chairperson must receive all entries no later than 5:00 PM June 25, 2010. Entries must include correct swimmer name (as registered with USA/MS Swimming) and USA number. You can import the order of events and event numbers from the Michigan Swimming website ([www.uss-michigan.com](http://www.uss-michigan.com)). All individual entries should be submitted via electronic mail to the entry chairperson at

[coachconverse@att.net](mailto:coachconverse@att.net) Any entries submitted will be not processed until such time as the entry chairperson has received a hard copy of: (a) your club's entries (Team Manager Meet Entries Report), (b) a hard copy of your club's signed release/waiver agreement (c) your clubs signed certification of entered athletes and (d) your club's entry fees. The complete Calvin Invitational entry packet with entry forms is available on the Michigan Swimming Website at [www.uss-michigan.com](http://www.uss-michigan.com).

**Updating seed**

**Times:**

Seed time updates will be accepted up until Thursday, July 1, 2010. Send your updated entry file to [coachconverse@att.net](mailto:coachconverse@att.net) Please include "Seed Time Update" in the subject area of your email. Seed time updates will not be accepted after Thursday, July 1 2010.

**Refunds:**

Once a team or individual entry has been received and processed by the entry chair there are no refunds in full or in part.

**Entry Chair:**

Your club's Entry, Entry Summary Sheet, Release/Waiver, Certification of Entered Athletes and Check should be sent via U.S. mail or nationally recognized overnight courier to:

Brandon Converse  
1327 Plymouth Avenue SE  
Grand Rapids, MI 49506  
(616)460-5630

**Check In:**

Check In closes 15 minutes after warm-up begins. Check in is mandatory for all events and is required by the time set forth in this meet announcement. Failure to check in will cause the swimmer to be scratched from **all** events in that session. Also note that pursuant to MS Rules that failing to swim an event after checking in for that event will disqualify a swimmer from his or her next event. Check in sheets will be posted on deck.

**Scratch Rules:**

Prior to check in close, a swimmer may scratch events at the Clerk of Course. After check in closes, you must see the Meet Referee to scratch an event. Once a swimmer has checked in for an event that swimmer must compete in that event or the swimmer will be scratched from his/her next event.

Finals: USS Rule 207.7.9 D and E will be used. Coaches and swimmers should familiarize themselves with this rule as failing to scratch properly for Finals can result in the swimmer being barred from further competition in the meet. A swimmer qualifying for the finals must notify the Clerk of Course within 30 minutes after announcement of the qualifiers for the race of their scratch or declaration of intent to scratch. In addition, a swimmer

who violates this scratch rule in his/her last event of the meet shall result in a \$50 fine payable by the swimmer or that swimmers club. The fine must be paid before that swimmer or any swimmer from that swimmers club may compete in any MS sanctioned meet following the conclusion of this meet.

**Marshaling:** All events will be self-marshaled.

**Seeding:** No Hytek or manual time conversions will be permitted. LCM receives the first seeding priority and SCM second seeding priority, and SCY the third seeding priority. Athletes having neither LCM, SCM nor SCY qualifying times may enter the event (see Individual Entry Limits, Bonus Events) however they must enter at the lowest non-conforming seeding priority.

Seeding will be done after check in closes. This is a Prelim/Final meet and will be circle seeded accordingly. Swimmers who fail to check in for an event will be scratched from that event.

The 400 IM and 1500 Free will be swum fastest to slowest and alternating genders.

All relays will swim in prelims except for the fastest seeded heat which will swim in finals.

**Deck Entries** Deck entries will be taken if time permits. Deck entries will close when check-in closes. The cost is \$7.50 per event.

**Time Trials** Time trials will be offered if time allows at the discretion of the Meet Referee and Meet Director. Cost is \$7.50 per event.

1. Time trials, if offered, will be conducted at the conclusion of each day's prelim session.
2. Time Trials will begin no sooner than 15 minutes after the last prelim session.
3. A swimmer must be entered in the meet to be eligible to participate in Time Trials.
4. Time trials shall be sum in order listed under meet program.
5. First Full Day: That day's events, followed by the remaining events in the meet.
6. Second Day: That day's events, followed by the events of the remaining days of the meet followed by the previous days.
7. Final Day: That day's events, followed by events of the previous days in event order.
8. Coaches are reminded that swimmers may compete in no more than three(3) individual events per day including time trials.

9. Time trials for the 1500 will only be offered on that day's events and those swimming time trials will be placed in any open lanes and heats regardless of gender.

**Meet Programs/**

**Admissions:** \$4 per person. 10&Unders are free. Meet program is \$6.

**Scoring:** No scoring will be kept

**Awards:** No awards

**Hotel Info:**

A block of rooms are being held at:  
Country Inn and Suites  
5399 28<sup>th</sup> Street SE  
Grand Rapids, MI 49512  
(616)977-0909  
Rooms are being held under EGRA until June 24<sup>th</sup>

**Results:** Complete meet results will be posted on the Michigan Swimming Website at [www.uss-michigan.com](http://www.uss-michigan.com). Results will also be available on flash drive (HY-TEK Meet Manager) upon request. Teams must provide their own flash drive.

**Concessions:** Food and beverages will be available in the Calvin College concession stand just outside the stands. No food or beverage will be allowed on the deck of the pool, in the locker rooms or in the spectator areas. A hospitality area will be available for coaches and officials.

**Lost and**

**Found:** Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days (any longer period shall be in the sole discretion of the Meet Director).

**Swimming Safety:** Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. [The same rules will apply with respect to the warm-down pool and diving well]. Penalties for violating these rules will be in the sole discretion of the meet referee that may include ejection from the meet.

**Deck Personnel:** Only swimmers, registered coaches and meet officials/workers are allowed on the deck. Coaches and officials must display their registration

cards at all times. Coaches must be current in all certifications through the final date of the meet.

**Swimmers with Disabilities:**

All swimmers are encouraged to participate. If any of your swimmers have special needs or requests please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.

**General Info:**

Any errors or omissions in the program will be documented and signed by the meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting starting at 4:00 PM on Thursday.

**First Aid:**

Supplies will be kept in the pool deck office.

**Facility Items:**

- (A) No smoking is allowed in the building or on the grounds of Calvin College
- (B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.
- (C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.
- (D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection at the pool deck office.

**Meet Director:**

Dan Gelderloos  
[dgelderl@calvin.edu](mailto:dgelderl@calvin.edu)  
Brandon Converse  
[coachconverse@att.net](mailto:coachconverse@att.net)

**Meet Referee:**

Steve Potter

**Safety Marshall:**

Doug Congdon

**Order of Events:**

Thursday, July 8 Warm-up: 4pm; Start: 5pm Check-in closes at 4:15pm

Women's event #	Cut LCM/SCM/SCY	Event	Cut LCM/SCM/SCY	Men's event #
1	31.79/30.99/27.99	<b>50 Free prelims</b>	28.79/27.99/25.29	2
3	5:50.59/5:42.39/5:09.89	<b>400 IM timed finals</b>	5:27.09/5:18.09/4:47.79	4
5	20:28.39/19:51.99/19:58.89	<b>1500 Free timed</b>	19:13.39/18:41.39/18:47.99	6

1 **finals** 2  
**50 Free**  
**finals**

Friday, July 9 Warm-up: 7:00am; Start: 8:30am Check-in closes at 7:15am

<b>Women's event #</b>	<b>Cut LCM/SCM/SCY</b>	<b>Event</b>	<b>Cut LCM/SCM/SCY</b>	<b>Men's event #</b>
7	2:27.19/2:23.99/2:10.39	<b>200 Free</b>	2:17.19/2:12.69/2:00.09	8
9	1:16.29/1:13.59/1:06.59	<b>100 Back</b>	1:10.59/1:07.49/1:01.09	10
11	2:47.29/2:42.49/2:26.99	<b>200 IM</b>	2:35.89/2:29.29/2:15.09	12
13	1:26.69/1:23.59/1:15.69	<b>100 Breast</b>	1:19.69/1:16.09/1:08.89	14
15	2:42.69/2:38.59/2:24.49	<b>200 Fly</b>	2:30.59/2:27.39/2:13.39	16
17	NA	<b>400 Free Relay</b>	NA	18

**Friday Finals**

Warm-up 4:30pm; Start 5:30pm

4 heats in finals

Order of events: 7-18

Fastest heat of relays will swim in finals

Saturday, July 10 Warm-up: 7:00am; Start: 8:30am Check-in closes at 7:15am

<b>Women's event #</b>	<b>Cut LCM/SCM/SCY</b>	<b>Event</b>	<b>Cut LCM/SCM/SCY</b>	<b>Men's event #</b>
19	5:08.89/5:03.99/5:47.39	<b>400 Free</b>	4:50.19/4:43.79/5:24.29	20
21	1:14.19/1:13.29/1:06.39	<b>100 Fly</b>	1:07.69/1:06.39/1:00.09	22
23	1:08.59/1:07.09/1:00.79	<b>100 Free</b>	1:03.09/1:00.99/55.19	24
25	2:44.29/2:38.99/2:23.89	<b>200 Back</b>	2:31.29/2:26.29/2:12.39	26
27	3:05.69/2:59.89/2:42.79	<b>200 Breast</b>	2:54.29/2:45.89/2:30.09	28
29	NA	<b>400 Medley Relay</b>	NA	30

**Saturday Finals**

Warm-up 4:30pm; Start 5:30pm

4 heats in finals

Order of events 19-30

Fastest heat of relays will swim in finals



