

Calvin Summer Long Course Invitational 2010
Michigan Swimming Senior Circuit
Hosted By: East Grand Rapids Aquatics
July 8-10, 2010
(Thursday through Saturday)

- Sanction:** This meet is sanctioned by Michigan Swimming, Inc., as a prelim/final and limited number of timed finals events meet on behalf of USA Swimming, Sanction Number MI910055 Michigan swimming rules, safety, and warm up procedures will govern the meet as if fully set forth in these meet rules.
- Location:** Calvin College
Venema Aquatic Center
3195 Knight Way SE
Grand Rapids, MI 49546-4406
<http://www.calvin.edu/map/directions.htm>
- Times:** *Thursday, July 8th*
Warm-up 4pm; Start 5pm
Friday, July 9th and Saturday July 10th
Prelims warm-up: 7:00am
Prelims start : 8:30am
Finals warm-up: 4:30pm
Finals start: 5:30pm
- Facilities:** The Venema Aquatic Center is a 50 meter pool with 8 lanes. The competition course has not been certified in accordance with 104.2.2.C(4). 7 lanes will be used for competition with one lane for warm-up/down during prelims and 6 lanes will be used during finals. The depth at start is 8' and it is 15' at the turn. Permanent starting blocks and non-turbulent lane markers will be used. Colorado timing with an 8 lane display will be used. There is ample balcony seating for spectators. Lockers are available (provide your own lock).
- Eligibility:** National 15-16 "A" time standards will be used for qualifying times for this meet. Entry times may be submitted in LCM, SCM, or SCY. All swimmers must be currently registered with United States of America Swimming (USA).

Meet Format: This meet is a Senior level prelims/finals meet. A limited number of events on Friday will be timed finals. During prelims, 7 lanes will be used. One lane will be open for warm-up/warm-down. During finals, 6 lanes will be used and two lanes will be open for warm-up/warm-down. Finals will consist of 4 heats of 6 swimmers (D, C, B and A). *Relays* – The fastest heat of relays will swim in finals. All other relays will swim at the end of prelims.

Entry Limits: Entries will be accepted on a first come first serve basis by date of email for electronic entries and date of receipt by the entry chair for hard copy entries. As set forth in Entry Procedures below, entries are not deemed valid and will not be processed until such time as the entry chairperson has received: (a) a hard copy of your club's entry summary sheet, (b) a hard copy of your club's signed release/waiver agreement (c) your club's certification of entered athletes and (d) your club's entry and entry fees.

Individual Entry Limits:

Swimmers may enter a maximum of 3 events per day (not counting relays). **Bonus Events:** Swimmers who have achieved fewer than 4 individual event time standards may supplement their entry with bonus events so that the total number of individual events does not exceed 4 for the meet (i.e. 1 qualified and 3 bonus, 2 qualified and 2 bonus, 3 qualified and 1 bonus). Please check the box that indicates bonus for each event that is a bonus entry.

Electronic Entries: \$7.50 per individual event. \$12.00 per relay. Please include a \$1.00 Michigan Swimming surcharge for each swimmer entered. Make checks payable to: **East Grand Rapids Aquatics**

Paper Entries: MS rules regarding non-electronic entries apply. \$8.50 per individual event. The Michigan Swimming \$1.00 general surcharge for each swimmer also applies to paper entries. Paper entries may be submitted to the entry chair on a spreadsheet of your choice however the paper entry *must* be logically formatted and must contain all pertinent information to allow the entry chair to easily enter the swimmer(s) in the correct events with correct seed times.

Entry

Procedures:

Entries may be submitted to the entry chairperson as of June 14, 2010 at 8:00 AM. The entry chairperson must receive all entries no later than 5:00 PM June 25, 2010. Entries must include correct swimmer name (as registered with USA/MS Swimming) and USA number. You can import the order of events and event numbers from the Michigan Swimming website (www.uss-michigan.com). All individual entries should be submitted via electronic mail to the entry chairperson at

coachconverse@att.net Any entries submitted will be not processed until such time as the entry chairperson has received a hard copy of: (a) your club's entries (Team Manager Meet Entries Report), (b) a hard copy of your club's signed release/waiver agreement (c) your clubs signed certification of entered athletes and (d) your club's entry fees. The complete Calvin Invitational entry packet with entry forms is available on the Michigan Swimming Website at www.uss-michigan.com.

Updating seed

Times:

Seed time updates will be accepted up until Thursday, July 1, 2010. Send your updated entry file to coachconverse@att.net Please include "Seed Time Update" in the subject area of your email. Seed time updates will not be accepted after Thursday, July 1 2010.

Refunds:

Once a team or individual entry has been received and processed by the entry chair there are no refunds in full or in part.

Entry Chair:

Your club's Entry, Entry Summary Sheet, Release/Waiver, Certification of Entered Athletes and Check should be sent via U.S. mail or nationally recognized overnight courier to:

Brandon Converse
1327 Plymouth Avenue SE
Grand Rapids, MI 49506
(616)460-5630

Check In:

Check In closes 15 minutes after warm-up begins. Check in is mandatory for all events and is required by the time set forth in this meet announcement. Failure to check in will cause the swimmer to be scratched from **all** events in that session. Also note that pursuant to MS Rules that failing to swim an event after checking in for that event will disqualify a swimmer from his or her next event. Check in sheets will be posted on deck.

Scratch Rules:

Prior to check in close, a swimmer may scratch events at the Clerk of Course. After check in closes, you must see the Meet Referee to scratch an event. Once a swimmer has checked in for an event that swimmer must compete in that event or the swimmer will be scratched from his/her next event.

Finals: USS Rule 207.7.9 D and E will be used. Coaches and swimmers should familiarize themselves with this rule as failing to scratch properly for Finals can result in the swimmer being barred from further competition in the meet. A swimmer qualifying for the finals must notify the Clerk of Course within 30 minutes after announcement of the qualifiers for the race of their scratch or declaration of intent to scratch. In addition, a swimmer

who violates this scratch rule in his/her last event of the meet shall result in a \$50 fine payable by the swimmer or that swimmers club. The fine must be paid before that swimmer or any swimmer from that swimmers club may compete in any MS sanctioned meet following the conclusion of this meet.

Marshaling:

All events will be self-marshaled.

Seeding:

No Hytek or manual time conversions will be permitted. LCM receives the first seeding priority and SCM second seeding priority, and SCY the third seeding priority. Athletes having neither LCM, SCM nor SCY qualifying times may enter the event (see Individual Entry Limits, Bonus Events) however they must enter at the lowest non-conforming seeding priority.

Seeding will be done after check in closes. This is a Prelim/Final meet and will be circle seeded accordingly. Swimmers who fail to check in for an event will be scratched from that event.

The 400 IM and 1500 Free will be swum fastest to slowest and alternating genders.

All relays will swim in prelims except for the fastest seeded heat which will swim in finals.

Deck Entries

Deck entries will be taken if time permits. Deck entries will close when check-in closes. The cost is \$7.50 per event.

Time Trials

Time trials will be offered if time allows at the discretion of the Meet Referee and Meet Director. Cost is \$7.50 per event.

1. Time trials, if offered, will be conducted at the conclusion of each day's prelim session.
2. Time Trials will begin no sooner than 15 minutes after the last prelim session.
3. A swimmer must be entered in the meet to be eligible to participate in Time Trials.
4. Time trials shall be sum in order listed under meet program.
5. First Full Day: That day's events, followed by the remaining events in the meet.
6. Second Day: That day's events, followed by the events of the remaining days of the meet followed by the previous days.
7. Final Day: That day's events, followed by events of the previous days in event order.
8. Coaches are reminded that swimmers may compete in no more than three(3) individual events per day including time trials.

9. Time trials for the 1500 will only be offered on that day's events and those swimming time trials will be placed in any open lanes and heats regardless of gender.

Meet Programs/

Admissions: \$4 per person. 10&Unders are free. Meet program is \$6.

Scoring: No scoring will be kept

Awards: No awards

Hotel Info:

A block of rooms are being held at:
Country Inn and Suites
5399 28th Street SE
Grand Rapids, MI 49512
(616)977-0909
Rooms are being held under EGRA until June 24th

Results: Complete meet results will be posted on the Michigan Swimming Website at www.uss-michigan.com. Results will also be available on flash drive (HY-TEK Meet Manager) upon request. Teams must provide their own flash drive.

Concessions: Food and beverages will be available in the Calvin College concession stand just outside the stands. No food or beverage will be allowed on the deck of the pool, in the locker rooms or in the spectator areas. A hospitality area will be available for coaches and officials.

Lost and

Found: Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days (any longer period shall be in the sole discretion of the Meet Director).

Swimming Safety: Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. [The same rules will apply with respect to the warm-down pool and diving well]. Penalties for violating these rules will be in the sole discretion of the meet referee that may include ejection from the meet.

Deck Personnel: Only swimmers, registered coaches and meet officials/workers are allowed on the deck. Coaches and officials must display their registration

cards at all times. Coaches must be current in all certifications through the final date of the meet.

Swimmers with Disabilities:

All swimmers are encouraged to participate. If any of your swimmers have special needs or requests please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.

General Info:

Any errors or omissions in the program will be documented and signed by the meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting starting at 4:00 PM on Thursday.

First Aid:

Supplies will be kept in the pool deck office.

Facility Items:

- (A) No smoking is allowed in the building or on the grounds of Calvin College
- (B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.
- (C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.
- (D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection at the pool deck office.

Meet Director:

Dan Gelderloos
dgelderl@calvin.edu
 Brandon Converse
coachconverse@att.net

Meet Referee:

Steve Potter

Safety Marshall:

Doug Congdon

Order of Events:

Thursday, July 8 Warm-up: 4pm; Start: 5pm Check-in closes at 4:15pm

Women's event #	Cut LCM/SCM/SCY	Event	Cut LCM/SCM/SCY	Men's event #
1	31.79/30.99/27.99	50 Free prelims	28.79/27.99/25.29	2
3	5:50.59/5:42.39/5:09.89	400 IM timed finals	5:27.09/5:18.09/4:47.79	4
5	20:28.39/19:51.99/19:58.89	1500 Free timed 6	19:13.39/18:41.39/18:47.99	6

1

finals
50 Free
finals

2

Friday, July 9 Warm-up: 7:00am; Start: 8:30am Check-in closes at 7:15am

Women's	Cut	Event	Cut	Men's
event #	LCM/SCM/SCY		LCM/SCM/SCY	event #
7	2:27.19/2:23.99/2:10.39	200 Free	2:17.19/2:12.69/2:00.09	8
9	1:16.29/1:13.59/1:06.59	100 Back	1:10.59/1:07.49/1:01.09	10
11	2:47.29/2:42.49/2:26.99	200 IM	2:35.89/2:29.29/2:15.09	12
13	1:26.69/1:23.59/1:15.69	100	1:19.69/1:16.09/1:08.89	14
		Breast		
15	2:42.69/2:38.59/2:24.49	200 Fly	2:30.59/2:27.39/2:13.39	16
17	NA	400 Free	NA	18
		Relay		

Friday Finals

Warm-up 4:30pm; Start 5:30pm

4 heats in finals

Order of events: 7-18

Fastest heat of relays will swim in finals

Saturday, July 10 Warm-up: 7:00am; Start: 8:30am Check-in closes at 7:15am

Women's	Cut	Event	Cut	Men's
event #	LCM/SCM/SCY		LCM/SCM/SCY	event #
19	5:08.89/5:03.99/5:47.39	400 Free	4:50.19/4:43.79/5:24.29	20
21	1:14.19/1:13.29/1:06.39	100 Fly	1:07.69/1:06.39/1:00.09	22
23	1:08.59/1:07.09/1:00.79	100 Free	1:03.09/1:00.99/55.19	24
25	2:44.29/2:38.99/2:23.89	200 Back	2:31.29/2:26.29/2:12.39	26
27	3:05.69/2:59.89/2:42.79	200	2:54.29/2:45.89/2:30.09	28
		Breast		
29	NA	400	NA	30
		Medley		
		Relay		

Saturday Finals

Warm-up 4:30pm; Start 5:30pm

4 heats in finals

Order of events 19-30

Fastest heat of relays will swim in finals

RELEASE AND WAIVER

Enclosed is a total of \$_____ covering fees for all the above entries. In consideration of acceptance of this entry I/We hereby, for ourselves, our heirs, administrators, and assigns, waive and release any and all claims against East Grand Rapids Aquatics, Calvin College, Michigan Swimming, Inc., and United States Swimming, Inc. for injuries and expenses incurred by Me/Us at or traveling to said swim meet.

[illegible]

In granting the sanction it is understood and agreed that USA Swimming and Michigan Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

Signature: _____

Position: _____

Street Address:

City, State, Zip _____

E-mail: _____

Coach Name: _____

Coach Phone: _____

Coach E-Mail

Club Name: _____

Club Code: _____

Certification of Registration Status Of All Entered Athletes Calvin College Senior Meet 2010

Michigan Swimming Clubs must register and pay for the registration of all athletes that are contained in the electronic TM Entry File or any paper entries that are submitted to the Meet Host with the Office of Michigan Swimming **prior to submitting the meet entry to the meet host**. Clubs from other LSCs must register and pay for the registration of their athletes with their respective LSC Membership Coordinator.

A penalty fee of \$100.00 per unregistered athlete will be levied against any Club found to have **entered** an athlete in a meet without first registering the athlete and paying for that registration with the Office of Michigan Swimming or their respective LSC Membership Coordinator.

Submitting a meet entry without the athlete being registered and that registration paid for beforehand may also subject the Club to appropriate Board of Review sanctions.

The authority for these actions is:

UNITED STATES SWIMMING RULES AND REGULATIONS 302.4 FALSE REGISTRATION – A host LSC may impose a fine of up to \$100.00 per event against a member Coach or a member Club submitting a meet entry which indicates a swimmer is registered with USA Swimming when that swimmer or the listed Club is not properly registered. The host LSC will be entitled to any fines imposed.

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I certify that **all** athletes submitted **with this meet entry** are currently registered members of USA Swimming and that I am authorized by my Club to make this representation in my listed capacity.

By: _____
(Signature)

(Printed Name of person signing above)
Capacity: _____

Club Name: _____

Date: _____

This form must be signed and returned with the entry or the entry will not be accepted.