

7th Annual GTAC Disability Open
May 15-16, 2010

*Hosted by the Greater Toledo Aquatic Club
University of Cincinnati, Cincinnati, Ohio*

Host: The Greater Toledo Aquatic Club
www.gtacswim.com. Meet information and results will be posted on this website.

Location: The University of Cincinnati Keating Aquatic Center, Cincinnati, Ohio

Facility: The competition pool is an eight lane, 50 meter pool facility which is completely accessible. Seven lanes will be used for competition and one lane will be used for warm up / warm down during the meet.

Parking: The Woodside Garage (off Martin Luther King Drive) will be used for parking. The cost is \$1 for all day Saturday and Sunday. On Friday, the cost is \$3 for the first ½ hour and \$1 for each additional ½ hour. There is a drop off area adjacent to the pool. (See map below.)

Facility Rules: Only coaches, swimmers, personal assistants and meet officials with current credentials are permitted on deck.

Eligibility: All swimmers with a disability are welcome. Seeding will be based upon time, regardless of classification. All swimmers compete together in each event (i.e. multi-disability). It is the responsibility of each nation to ensure that swimmers have the proper accreditation to enter the U.S. The due date for requests for visa support is February 12, 2010.

Meet Hotel: Marriott Kingsgate Conference Hotel, 151 Goodman Drive, Cincinnati OH 45219. 1-513-487-3800. \$99/night, Greater Toledo Aquatic Club bloc. The hotel is less than ½ mile from the pool. (See map below.)

Cut-off: April 10, 2010.

Transportation: The nearest airport is Cincinnati (CVG) 15 miles away. The meet host is not responsible for transportation.

Volunteers: Officials who wish to volunteer should contact Meet Referee John Loria at jlora1@aol.com. Volunteers also welcome and should e-mail cynthiamillen@gmail.com.

Classification: There will be NATIONAL classification available at this meet. See attached forms for information and contact the Paralympic Division of the USOC with any questions via the contact information provided in the Classification Information Packet.

Officials Training: There will be a national officials training held in conjunction with this meet. See attached forms for information and contact the Paralympic Division of the USOC with any questions.

Meet Format: This long course meters competition shall be governed by the most recent International Paralympic Committee (IPC) Swimming technical rules. The meet will consist of three timed finals sessions. There will be a social event Saturday night.

Entry Information: Swimmers may enter a maximum of 4 events per session. Entry times must be submitted in long course meters and via Hy-tek. No deck entries are permitted. **Entry Deadline: April 15, 2010.**

Fees: \$75 per swimmer, payable to GTAC. There is an additional \$30 charge for those entries not sent using Hy-tek, and \$15 charge for each change made after initial entry. Late entries *may* be accepted at the discretion of meet management and will be charged a \$100 late entry fee.

Heat Sheets/Awards: Sessions heat sheets will be sold and awards will be given.

Entry Chair: Dianna MacDonald, 5919 Iron Court, Waterville OH 43566
didanmac@roadrunner.com

Meet Director: Keith Kennedy
kjrsrim@yahoo.com or 419.531.7121

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Friday Evening

Warm-up / Open Training: TBA
Classification: 9am-7pm

Saturday Morning Session

Warm-up 8:00am / Meet Start 9:00am

Women	Event	Men
1	50m Freestyle	2
3	200m Breaststroke	4
5	100m Backstroke	6
7	200m Butterfly	8
9	100m IM	10
11	400m Freestyle	12

Saturday Evening Session

Warm-up 4:00pm / Meet Start 5:00pm

13	100m Freestyle	14
15	200m Backstroke	16
17	50m Breaststroke	18
19	100m Butterfly	20
21	400m IM	22

Sunday Morning Session

Warm-up 8:00am / Meet Start 9:00am

23	200m Freestyle	24
25	50m Backstroke	26
27	100m Breaststroke	28
29	50m Butterfly	30
31	200m IM	32
33	50m Freestyle	34
35	1500m Freestyle (800m Split)	36

Entry Form

Please make sure that all info is filled out completely.

USA & Canada Teams

Team Name: _____ Abbreviation: _____
Address: _____
City: _____ State/Province: _____ Postal Code: _____
Phone: _____
E-Mail: _____
Head Coach: _____ Phone: _____

Non USA/Canada - Foreign Teams

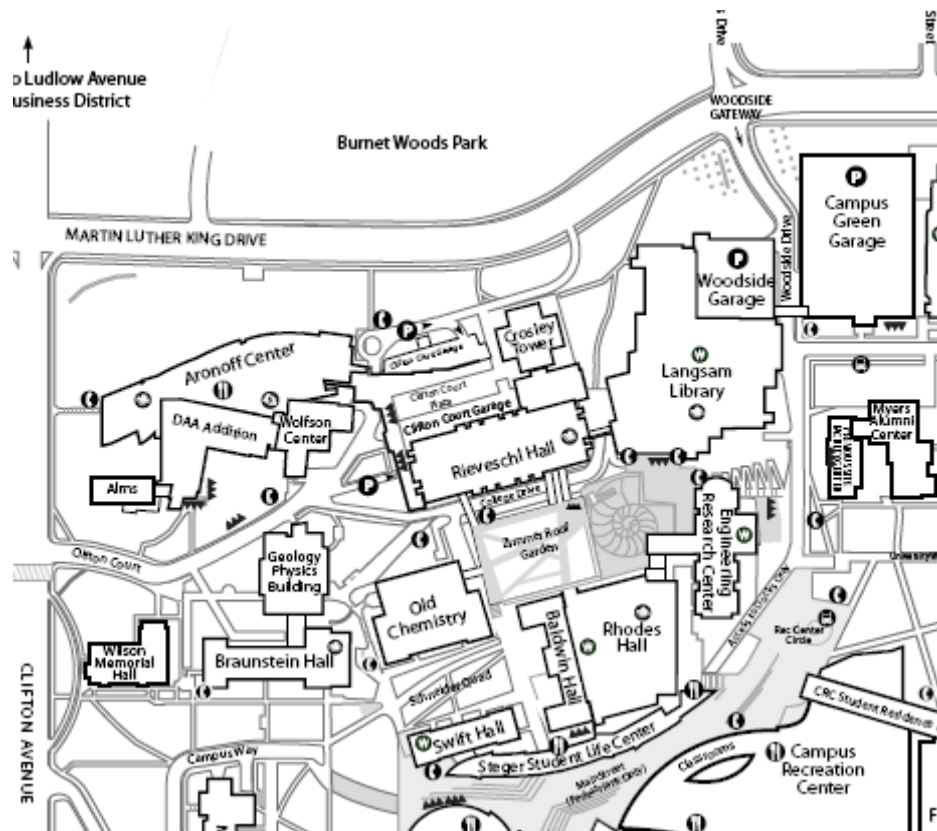
Team Manager: _____ Phone: _____
E-mail: _____
Federation Contact: _____ Phone: _____
E-mail: _____

Please copy this form as needed.

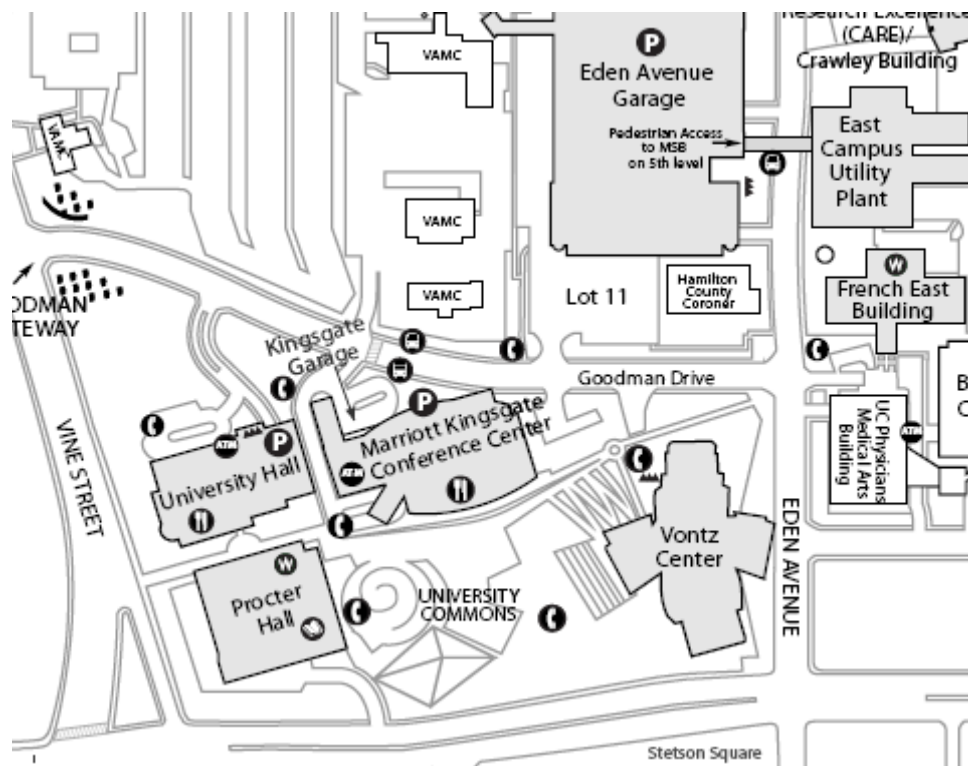
Swimmer's Name: _____ T-shirt size: _____
Event (Name & #) Time Classification*

**Please list swimmer's classification for each event. If not yet classified, please indicate as such. We will enter the swimmer's classification after his/her appointment on Friday. All entries must be filled out on this form and using Hy-Tek.*

Submit to: Dianna MacDonald, 5919 Iron Court, Waterville OH 43566
didanmac@roadrunner.com



Woodside Garage and Rec Center Drop-Off Circle



Martin Luther King Boulevard

Marriott Kingsgate Conference Hotel (Northeast of pool)

SELECTION OF ATHLETES FOR DOPING CONTROL

By registering to compete at this event you have consented to be subject to drug testing and adhere to the penalties associated with an anti-doping rules violation. All registered competitors are subject to testing, are responsible for ensuring personally whether they are required to appear for doping control and if selected for drug testing are required to comply with the applicable rules. Noncompliance or refusing to be tested will result in the same penalties as a doping violation. Athletes who are in violation of anti-doping rules are subject to at least a 2-year suspension and other consequences, including a public announcement of the facts and consequences.

NOTIFICATION OF ATHLETES

When the U.S. Anti-Doping Agency (“USADA”) is conducting testing chaperones will be provided to notify selected Athletes and escort them to the Doping Control Station. Additionally, it is each Athletes responsibility to confirm whether they are required to appear for doping control. Any Athlete who fails to report to Doping Control within 60 minutes of notification or to comply with other requirements of the doping control process will be subject to sanctions.

An overview of USADA’s in-competition testing program is available at www.usada.org/go/testalert.

APPLICABLE RULES

USADA conducts testing in accordance with its Protocol. A copy of and additional information concerning the USADA Protocol are available online at <http://www.usada.org>. You should also review the anti-doping rules of the International Paralympic Committee (IPC), the international federation for the sport, at <http://www.paralympic.org>. Sanctions shall comply with the IPC Anti-Doping Code. Penalties may also apply to any individual assisting an athlete taking prohibited substances or using prohibited methods.

PROHIBITED CLASSES FOR EVENT TESTING

USADA will test for the classes of substances and methods prohibited by the World Anti-Doping Code. For in-competition testing, urine samples are tested for the following categories of substances: anabolic agents, hormones, beta-2 agonists, anti-estrogenic substances, diuretics, stimulants, narcotics, cannabinoids (i.e. marijuana), glucocorticosteroids, alcohol and beta-blockers; additionally, the following methods such as blood doping, gene doping and pharmacological, chemical and physical manipulation are also prohibited.

For more detailed information or a non-exclusive list of substances within each category listed above, visit the USADA web site at <http://www.usada.org/go/walletcard> for the USADA Wallet Card.

Further information about drug testing, the protection of your rights and the status of specific medications on the WADA Prohibited List are available from the USADA Drug Reference On-Line[™] at <http://www.usada.org/dro> or from USADA’s Drug Reference Line[™] at 1-800-233-0393. When in doubt athletes should check with these resources.

Please remember that even over-the-counter or prescription medications can contain a banned substances that could cause a positive test result and a doping offense. Use of dietary/nutritional supplements including vitamins, minerals and amino acids are completely at the athlete’s risk, even if the supplements are labeled ‘approved’ or ‘verified.’ If you take dietary/nutritional supplements you may test positive for a prohibited substance which is not disclosed on the product label. This would result in a doping violation and sanction. Always check with your team doctor or the USADA Drug Reference Line[™] before taking any medication.

THERAPEUTIC USE EXEMPTIONS (TUE)

You may apply for approval to take medications containing prohibited substances to manage a health condition. This process needs to be completed before the competition. Athletes who wish to seek exemption for a prohibited substance must submit an Abbreviated TUE Form (ATUE) or a TUE Form to the IPC and should work with USADA and/or their National Paralympic Committee to ensure appropriate filing.

UNITED STATES ANTI-DOPING AGENCY

The United States Anti-Doping Agency is the independent anti-doping agency for the Olympic Movement in the United States. USADA is dedicated to eliminating the practice of doping in sport, preserving the well-being of sport and ensuring the health of athletes through drug testing, research initiatives and educational programs.