

# JAWS SUN & FUN ABC SPECTACULAR & IMX Challenge Meet

**Hosted By: Jenison Area Wildcat Swimming**  
**June 11-13, 2010**

**Sanction:** This meet is sanctioned by Michigan Swimming, Inc., as a timed final meet on behalf of USA Swimming, Sanction Number MI910053. Michigan swimming rules, safety, & warm up procedures will govern the meet.

**Location:** The Jenison Aquatic Center is located at 2140 Bauer Rd., Jenison, Michigan, 49428. A map to the pool can be found at the team website: [www.jenisonaquatics.org](http://www.jenisonaquatics.org). **Due to construction in downtown Grand Rapids (downtown highway completely shut down), please mapquest using the alternate route via M6.** [www.michigan.gov/i196](http://www.michigan.gov/i196)

**Times/Check in:**

Fri., June 11 Warm Up to begin at 5:00pm (all ages)  
Check in closes at 5:30pm

Sat., June 12 Warm Up 7:30am Start 8:30am (12 & Under)  
Check in: 7:00-7:45am  
Balcony will open for admission at 7:15am

Sat., June 12 Warm Up 12:30pm Start 1:30pm (13 & Over)  
Check in: 12:00-12:45pm

Sat., June 12 Warm Up to begin immediately following the afternoon session, but not before 5:00pm (\*1500s)  
Check in: available all day until 5:30pm  
\*all participants in the 1500m Free must provide one timer and one counter.

Sun., June 13 Warm Up 7:30am Start 8:30am (12 & Under)  
Check in: 7:00-7:45am  
Balcony will open for admission at 7:15am

Sun., June 13 Warm Up to begin immediately following the morning session, but not before 12:00 PM (noon)

**Hotels:** Check [www.jenisonaquatics.org](http://www.jenisonaquatics.org) for hotel accommodations.

**Facilities:** The Jenison Aquatic Center is an 8 lane 50 meter pool. The meet is scheduled to use seven lanes for competition. Based on the time line of the meet, the meet referee and meet director reserve the right to use 6, 7, or 8 lanes for competition. Based on the number of lanes used, the meet director will determine appropriate warm-up and warm-down procedures. \*The competition course has not been certified in accordance with 104.2.2c(4). Depth at start is 13

feet 11 inches and 5 feet at the turn. Starting blocks will be used at the start end only. Non-turbulent lane markers will be used. IST timing with an 8 lane display will be used. There is ample balcony seating for spectators. Lockers are available (provide your own lock).

**Meet Format:**

Sun and Fun is a timed finals format. Session 1 is a distance session with offering for all ages. Sessions 2 and 5 are open to 12 and under swimmers and will be in the AM. Sessions 3 and 6 are open to 13/14 age swimmers, and open swimmers and will be swum in the afternoons. Session 4 is a open to 13/14 and open swimmers.

**Volunteers**

If you would like to volunteer at the JAWS Sun & Fun meet, please email [VOLUNTEER@jenisonaquatics.org](mailto:VOLUNTEER@jenisonaquatics.org) and receive your admission free for that session!

**Eligibility:**

The ABC spectacular is for all swimmers who are currently registered with United States Swimming (USA). A swimmer's age on June 11, will determine his/her eligibility for an age group.

**Safety:**

To comply with the USA Swimming privacy and security policy, NO CELL PHONES WITH CAMERAS OR ANY TYPE OF CAMERA OR VIDEO IS ALLOWED IN THE LOCKER ROOMS AT ANYTIME.

**Entry Limits:**

Entries will be accepted on a first come first serve basis by date of email for electronic entries and date of receipt by the entry chair for hard copy entries until the Michigan Swimming four (4) hour per session maximum time limit is met. Entries received after the four (4) hour per session time limit has been met will be returned **even if received before the entry deadline.** To balance sessions to meet the four (4) hour per session time limit, the meet host reserves the right to use any reasonable technique including but not limited to splitting age groups and/or splitting teams. If the meet host desires to either split age groups and/or split teams, the contact person of each club entering the meet and each unattached swimmer shall be provided with electronic notification of such change at least ten (10) days prior the date of the meet. Any club that withdraws entries based on such change shall receive a refund of such entry fees.

**Individual Entry Limits:**

Swimmers may enter up to 4 individual events per session. Deck entries may be accepted if time permits. The distance events in session 1 and session 4 will not count towards the 4 individual events per session limit. However, a swimmer may not exceed five events in a day. All participants in the 1500m Free (session 4)

must provide one timer and one counter. **‘No times’ (NT) will be exhibited and not eligible for awards in any events.** Coaches must convert SCY times and SCM times to long course meters. **If times are not converted the swimmer will not be eligible for awards (in any events) but will still be entered into the meet.**

**Electronic Entries:** \$4.00 per individual event. Please include a \$1.00 Michigan Swimming surcharge for each swimmer entered. Make checks payable to: JAWS.

**Paper Entries:** MS rules regarding non-electronic entries apply. Each individual entry will be \$5.00. **There is a \$1.00 additional charge per individual event if the entry is not submitted on Hy-Tek.** The Michigan Swimming \$1.00 general surcharge for each swimmer also applies to paper entries. Paper entries may be submitted to the entry chair on a spreadsheet of your choice however the paper entry *must* be logically formatted and must contain all pertinent information to allow the entry chair to easily enter the swimmer(s) in the correct events with correct seed times.

**Entry  
Procedures:**

**Entries may be submitted to the entry chairperson beginning on Monday, May 24 at 10:00 AM. The entry chairperson must receive all entries no later than Monday, May 31 at 10:00 AM.** Entries must include correct swimmer name (as registered with USA/MS Swimming), age and USA number. You can import the order of events and event numbers from the Michigan Swimming website ([www.uss-michigan.com](http://www.uss-michigan.com)). Any entries submitted via email will be considered provisional until the entry chairperson has received a hard copy of the signed waiver agreement (a form of which is attached hereto) and a check for the entry fee. If the check and signed waiver are not received within one week of submission of the electronic entries, the provisional status shall lapse and the entries will not be considered to have been received until the date on which the check and signed waiver are actually received. All entries should be submitted on disk in Hy-Tek format. All individual entries should be submitted via electronic mail to the entry chairperson at [entries@jenisonaquatics.org](mailto:entries@jenisonaquatics.org).

**Refunds:** Once a team or individual entry has been received and processed by the entry chair there are no refunds in full or in part.

**Volunteers** If you would like to volunteer at the JAWS Sun & Fun meet, please email [VOLUNTEER@jenisonaquatics.org](mailto:VOLUNTEER@jenisonaquatics.org) and receive your admission free for that session!

**Entry Chair:** Your club's Entry, Release/Waiver, Certification of Entered Athletes and Check should be sent via U.S. mail or nationally recognized overnight carrier to:  
Julie Ray [entries@jenisonaquatics.org](mailto:entries@jenisonaquatics.org)  
3975 Comanche Court SW (616) 538-8771  
Grandville, MI 49418  
**\*COACHES ONLY, please call between 6 p.m. and 9 p.m.\***

**Check In:** See stated times above. Check in is mandatory for all events and is required by the time set forth in this meet announcement. Failure to check in will cause the swimmer to be scratched from **all** events in that session. Also note that pursuant to MS Rules that failing to swim an event after checking in for that event will disqualify a swimmer from his or her next event. **Check in sheets will be separated by gender and located on the pool deck outside of each locker room.**

**Scratch Rules:** Prior to check in close a swimmer may scratch events at the Clerk of Course. After check in closes, you must see the Meet Referee to scratch an event. Once a swimmer has checked in for an event that swimmer must compete in that event or the swimmer will be scratched from his/her next event.

**Marshaling:** **This is a self-marshaled meet for all age groups.** All swimmers will be expected to find their heat and lane independently. Heats will not be delayed! Coaches will receive heat sheets after events are seeded and will be posted in conspicuous places on deck.

**Seeding:** Seeding will be done after check in closes. Swimmers who fail to check in for an event will be scratched from that event. **All events are timed finals and will be seeded slowest to fastest other than all of the events in Session 1 and Session 4 which will be seeded fastest to slowest, alternating genders-women/men, by event.**

**Deck Entries/  
Time Trials:** Deck entries will be offered based on the time schedule of the meet and availability. Deck entries will cost \$6.00 per individual event. Sign up for the deck entries at the Clerk of Course. There will be no time trials. Deck entry swimmers are subject to the Michigan Swimming \$1.00 general surcharge.

**Meet Programs/  
Admissions:** Admission will be \$4.00 per person per day for all non-participants over 8 years old. An all-session meet program will be available for \$6.00. Heat sheets will be \$2.00 per session when available.

- Scoring:** No individual or team scores will be kept.
- Awards:** Medals will be given for places 1<sup>st</sup>-3rd in all A, B, & C categories for individual events 14 & under and ribbons will be given for places 4<sup>th</sup>-8<sup>th</sup> in all A, B, & C categories for individual events 14 & under. No awards will be given for Open events. Coaches **MUST** claim awards at the end of the meet, they will **NOT** be mailed. All swimmers who swim (legally) all of the IMX combination of events for their age group at the Sun and Fun will receive a trophy.
- Results:** Complete meet results will be posted on [www.uss-michigan.com](http://www.uss-michigan.com). Results will be posted on [www.jenisonaquatics.org](http://www.jenisonaquatics.org) immediately following the meet and will not be emailed out. Results will also be available if you provide a USB port “flash drive.”
- Concessions:** Full concessions will be available in the pool balcony for swimmers and spectators. Food and beverages in plastic containers will be allowed on the deck. **NO** glass containers will be allowed on the pool deck and will be confiscated if found. Trash receptacles will be made available all over the pool deck and balcony area. Please use them ☺! Fresh fruit smoothies will be available by Maui Wowi will be available Friday through Sunday. A hospitality area will be available for coaches and officials for all sessions other than the 1500 on Saturday evening.
- Meet T-shirts:** Earthbound Screen printing will be on site for your apparel needs on Saturday, June 12, only.
- Lost and Found:** Articles may be turned in/picked up with the lifeguard on deck. Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days.
- Swimming Safety:** Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-up/warm-down, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving.
- Deck Personnel:** Only swimmers, registered coaches and meet officials/workers are allowed on the deck. During session 4, all participants in the 1500m Free and must provide one timer and one counter, and this is the only exception to the 1<sup>st</sup> sentence of this paragraph. Coaches and officials must display their registration cards at all times. Coaches must be current in all certifications through the final date of the meet. Note: Coaches credentials will be checked for expiration when they arrive at the meet. **NO PARENTS ARE ALLOWED ON THE DECK UNLESS THERE IS A MEDICAL EMERGENCY WITH YOUR CHILD.**

- Volunteers** If you would like to volunteer at the JAWS Sun & Fun meet, please email [VOLUNTEER@jenisonaquatics.org](mailto:VOLUNTEER@jenisonaquatics.org) and receive your admission free for that session!
- Swimmers with Disabilities:** All swimmers are encouraged to participate. If any of your swimmers have special needs or requests please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.
- General Info:** Any errors or omissions in the program will be documented and signed by the meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting.
- First Aid:** Supplies can be found with the lifeguards on duty.
- Facility Items:**
- (A) No smoking is allowed in the building or on the grounds of Jenison High School.
  - (B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.
  - (C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.
  - (D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection at the main pool office.
- Meet Director:** Jennifer Coffey (all meet/pool questions)  
[JAWS@jenisonaquatics.org](mailto:JAWS@jenisonaquatics.org)
- Meet Entry Chair:** Julie Ray (all entry/computer questions)  
616-538-8771  
***\*COACHES ONLY, please call between 6 p.m. and 9 p.m.\****  
[entries@jenisonaquatics.org](mailto:entries@jenisonaquatics.org)
- Meet Referee:** Scott Appleyard
- Safety Marshall:** Caroline Clement  
[JAWS@jenisonaquatics.org](mailto:JAWS@jenisonaquatics.org)
- Volunteers** If you would like to volunteer at the JAWS Sun & Fun meet, please email [VOLUNTEER@jenisonaquatics.org](mailto:VOLUNTEER@jenisonaquatics.org) and receive your

admission free for that session!

**S&F Apparel:** Earthbound Screen printing will be on site for your apparel needs on Saturday, June 12, only.

**Food vendor:** Maui Wowi Fruit Smoothies

**Swim Vendor:** Different Strokes Swim Shop  
Email: [dsss@different-strokes.com](mailto:dsss@different-strokes.com)  
Phone 1-800-828-2623  
Web site: [www.different-strokes.com](http://www.different-strokes.com)

### **What is the IMX Challenge?**

The IMX Challenge is a motivational program whereby swimmers will be scored and ranked nationally on their performance in a combination of five or six events. The purpose of the program is to promote versatility in age group swimming while advocating greater participation and development across a range of events that are integral to long term success in swimming.

In order to receive an IMX score, a swimmer must legally swim each IMX event for their age level in a sanctioned meet at least once during the season.

*However, at the JAWS Sun and Fun ABC Spectacular, all swimmers who swim all of the IMX events at the Sun and Fun will receive a trophy **(all events must be swum in one age group and swum legally)**.*

### **Age Groups and Events**

The following single age groups and event combinations will be tabulated and scored for both men and women:

#### 9 & Under; 10-year olds:

200 IM, 200 Free, 100 Back, 100 Breast, 100 Fly

#### 11-year olds; 12-year olds:

200 IM, 400 Free, 100 Back, 100 Breast, 100 Fly

#### 13, 14, 15, 16, 17, and 18 -year olds:

200 IM, 400 IM, 400 Free, 200 Back, 200 Breast, 200 Fly

USA Swimming will automatically compute scores and results for all athletes. Swimmers only need to compete in the IMX combination of events for their age group and they will be part of the program. USA Swimming will automatically update each athlete with best times as they are achieved during each season.

# JAWS SUN & FUN ABC SPECTACULAR

Hosted By: Jenison Area Wildcat Swimming

June 11-13, 2010

Girl's Event #                      Event    Boy's Event #

**Session 1: Friday Evening, June 11, 2010**

**Warm up: 5:00pm (all ages), Meet: 6:00pm**

1	10 & Under 400m Free	2
3	11 & 12 400m Free (IMX)	4
5	13 & 14 800m Free	6
7	OPEN 800m Free	8

Girl's Event #                      Event    Boy's Event #

**Session 2: Saturday Morning, June 12, 2010**

**Warm up: 7:30am, Meet: 8:30am**

9	11 & 12 200m Free	10
11	10 & Under 200m Free (IMX)	12
13	11 & 12 100m Breast (IMX)	14
15	10 & Under 100m Breast (IMX)	16
17	11 & 12 50m Free	18
19	10 & Under 50m Free	20
21	11 & 12 100m Back (IMX)	22
23	10 & Under 100m Back (IMX)	24
25	11 & 12 50m Fly	26
27	10 & Under 50m Fly	28
29	11 & 12 200m Breast	30

Girl's Event #                      Event    Boy's Event #

**Session 3: Saturday Afternoon, June 12, 2010**

**Warm up: 12:30pm, Meet: 1:30pm**

31	OPEN 400m Free (IMX)	32
33	13 & 14 400m Free (IMX)	34
35	OPEN 100m Back	36
37	13 & 14 100m Back	38
39	OPEN 200m IM (IMX)	40
41	13 & 14 200m IM (IMX)	42
43	OPEN 100m Fly	44
45	13 & 14 100m Fly	46
47	OPEN 200m Breast (IMX)	48
49	13 & 14 200m Breast (IMX)	50
51	OPEN 100m Free	52
53	13 & 14 100m Free	54

# JAWS SUN & FUN ABC SPECTACULAR

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<u>Girl's Event #</u>	<u>Event</u>	<u>Boy's Event #</u>
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## Session 4: Saturday Evening, June 12, 2010

**Warm up to begin immediately following the afternoon session, but not before 5:00pm**

55	13 & 14 1500m Free*	56
57	OPEN 1500m Free*	58

\*All participants in the 1500m Free must provide one timer and one counter.

<u>Girl's Event #</u>	<u>Event</u>	<u>Boy's Event #</u>
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## Session 5: Sunday Morning, June 13, 2010

**Warm up: 7:30am, Meet: 8:30am**

59	11 & 12 100m Fly (IMX)	60
61	10 & under 100m Fly (IMX)	62
63	11 & 12 50m Back	64
65	10 & under 50m Back	66
67	10 & Under 200m IM (IMX)	68
69	11 & 12 200m IM (IMX)	70
71	11 & 12 100m Free	72
73	10 & under 100m Free	74
75	11 & 12 50m Breast	76
77	10 & under 50m Breast	78
79	11 & 12 200m Back	80

<u>Girl's Event #</u>	<u>Event</u>	<u>Boy's Event #</u>
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## Session 6: Sunday Afternoon, June 13, 2010

**Warm up: immediately following the morning session, but not before noon.**

81	OPEN 400m IM (IMX)	82
83	13 & 14 400m IM (IMX)	84
85	OPEN 200m Free	86
87	13 & 14 200m Free	88
89	OPEN 100m Breast	90
91	13 & 14 100m Breast	92
93	OPEN 200m Back (IMX)	94
95	13 & 14 200m Back (IMX)	96
97	OPEN 50m Free	98
99	13 & 14 50m Free	100
101	OPEN 200m Fly (IMX)	102
103	13 & 14 200m Fly (IMX)	104



