

EGRA Waves Winter Washout
Hosted By: East Grand Rapids Aquatics
Dec. 2-4, 2011

- Sanction:** This meet is sanctioned by Michigan Swimming, Inc., as a ***timed final*** meet on behalf of USA Swimming, Sanction Number MI1112013. Michigan swimming rules, safety, and warm up procedures will govern the meet as if fully set forth in these meet rules.
- Location:** East Grand Rapids Community Pool
2211 Lake Drive SE
East Grand Rapids, MI 49506
The entrance to the pool is on Wealthy Street which is one block north of Lake Drive.
Directions:
Traveling I-96: Take the E. Beltline exit and go south to Lake Drive. Turn right and you will come to a stop sign. Follow the road to the right and go to the 2nd stop light. Turn right (Lakeside Drive SE) and then turn left after the football field (Wealthy Street). The pool is on your left.
Traveling US-131: Take the Wealthy Street exit and go east. Go several miles and you will see the pool on your right.
- Times:** ***All ages (12&Under and Open)***
Friday: Warm-up, 5pm; Start , 6pm
10 and unders
Sat. and Sun.: Warm-up, 7:30am; Start, 8:30am
11-12, Open
Sat. and Sun.: Warm-up, 12:30pm; Start, 1:30pm
Sun. AM (Open 500 Free only, swum at the end of Sunday AM session)
- Hotel:** **HILTON GRAND RAPIDS AIRPORT**
4747 28th Street SE
Grand Rapids, Michigan 49546
Phone: 616-957-0100 Fax: 616-977-5632
Hilton Grand Rapids Airport is your “Sports Friendly” Hotel. Located one-half mile off I-96 at Exit 43A West. Our Southeast Metro location is minutes from local tournament venues. Indoor Pool, fitness center, Spinnaker Restaurant and Lounge, with comfortable seating and flat screen TV’s. Pre or post game meals. **\$82.00 special rate.**
Rooms are held under East Grand Rapids Aquatics
- Facilities:** East Grand Rapids Community Pool is a 10 lane pool with a diving well which will be available for supervised warm-up and warm down. Depth at start is 7ft¹ and 7ft at turn. Permanent starting blocks and non-turbulent lane markers will be used. Colorado timing with an 10 lane display will be used. There is ample balcony seating for spectators. Lockers are available (***provide your own lock***). ***[The competition course has not been certified in accordance with 104.2.2C(4)]***
- Eligibility:** EGRA Winter Washout is for all USA Swimmers. All swimmers must be currently registered with United States of America Swimming (USA). A swimmer's age on December 2, 2011 will determine his/her eligibility for a particular age group. Any

¹Depth at Start must meet State of Michigan requirements.

swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

- Meet Format:** This meet is an ABC format using the Michigan Swimming ABC time standards (C standards are slower than B) with the following age groupings:
6&Under (25 Free and Back only)
8&Under, 10&Under, 11-12 and Open
- Mixed relays may consist of any combination of boys and girls.
- Entry Limits:** Entries will be accepted on a first come first serve basis by date of email for electronic entries and date of receipt by the entry chair for hard copy entries until the Michigan Swimming Four (4) hour per session maximum time limit is met. As set forth in entry procedures below, (A) a hard copy of your club's entry summary sheet, (B) a hard copy of your club's signed release/waiver agreement (C) your club's certification of entered athletes and (D) your club's entry and entry fees must be received by the Entry Chair in a timely fashion prior to the start of the meet, or your swimmers will not be allowed to swim in the meet. Entries received after the four (4) hour per session time limit has been met will be returned even if received before the entry deadline.
- Individual Entry Limits:** Swimmers may enter a maximum of 4 individual events plus one relay per day on Saturday and Sunday. Swimmers may enter 2 individual events on Friday.
- Electronic Entries:** \$4.00 per individual event and \$10.00 for relays. Please include a \$1.00 Michigan Swimming surcharge for each swimmer entered. Make checks payable to: East Grand Rapids Aquatics.
- Paper Entries:** MS rules regarding non-electronic entries apply. \$5.00 per individual event and \$11.00 for relays. There is a \$1.00 additional charge per individual event and \$1.00 per relay event paid if the entry is not submitted in Hy-Tek format. The Michigan Swimming \$1.00 general surcharge for each swimmer also applies to paper entries. Paper entries may be submitted to the entry chair on a spreadsheet of your choice however the paper entry *must* be logically formatted and must contain all pertinent information to allow the entry chair to easily enter the swimmer(s) in the correct events with correct seed times.
- Entry Procedures:** Entries may be submitted to the entry chairperson as of Monday, November 7 at 8am. The entry chairperson must receive all entries no later than Friday, November 25, 2011 11:59pm. Entries must include correct swimmer name (as registered with USA/MS Swimming), age and USA number. You can import the order of events and event numbers from the Michigan Swimming website (<http://www.miswim.org/>). All individual entries should be submitted via electronic mail to the entry chairperson at coachconverse@egrawaves.com. All entries will be processed in order by email date code or mail date code. Any entries submitted will be considered provisional until such time as the entry chairperson has received a hard copy of: (a) your club's entries (Team Manager Meet Entries Report), (b) a hard copy of your club's signed release/waiver agreement (c) your club's signed certification of entered athletes and (d) your club's entry fees. This must be received in a timely fashion prior to the start of the meet or your swimmers will not be allowed to swim in the meet. The complete EGRA Winter Washout entry packet with entry forms is available on the Michigan Swimming Website at <http://www.miswim.org/>
- Refunds:** Once a team or individual entry has been received and processed by the entry chair there are no refunds in full or in part unless the "over qualification exception" applies (see MS Rules).

Entry Chair:	<p>Your club's Entry, Entry Summary Sheet, Release/Waiver, Certification of Entered Athletes and Check should be sent via U.S. mail or nationally recognized overnight courier to:</p> <p>Brandon Converse 1327 Plymouth Avenue SE Grand Rapids, MI 49506 616-460-5630 (No calls after 9pm)</p>
Check In:	<p>Check In will be available as of 15 minutes before warm-up and will close 45 minutes prior to the start of each session. There will be a separate check-in for the Open 500 Free which will close at 10am on Sunday, Dec. 4. Check in is mandatory for all events and is required by the time set forth in this meet announcement. Failure to check in will cause the swimmer to be scratched from all events in that session. Also note that pursuant to MS Rules that failing to swim an event <u>after</u> checking in for that event will disqualify a swimmer from his or her next event. Check in sheets will be posted in hallway entrance to locker rooms.</p>
Scratch Rules:	<p><u>Prior</u> to check in close a swimmer may scratch events at the Clerk of Course. <u>After</u> check in closes, you must see the Meet Referee to scratch an event. Once a swimmer has checked in for an event that swimmer must compete in that event or the swimmer will be scratched from his/her next event.</p>
Marshaling:	<p>All events will be self-marshall.</p>
Seeding:	<p>Seeding will be done after check in closes. Swimmers who fail to check in for an event will be scratched from that event. All events are timed finals and will be seeded slowest to fastest other than the 1000 Free which will be seeded fastest to slowest (alternating genders-women/men).</p>
Deck Entries/ Time Trials:	<p>Deck entries will be taken if time permits. Deck entries will close when check-in closes. The cost is \$7.50 per event. For deck entries, registration status must be proven by providing a current USA Swimming membership card or a current print out of an athlete roster from the Club Portal. The Club Portal is located on the USA Swimming website.</p>
Meet Programs/ Admissions:	<p>\$4 per person. 10&Unders are free. Meet program is \$6.</p>
Scoring:	<p>Team score will be kept. 1st – 3rd will be awarded trophies at the end of the meet.</p>
Awards:	<p>6&Under 25 Free/25 Back 1-8 medals, 9-16 ribbons 8&Under 1-8 medals, 9-16 ribbons 10&Under A 1st-8th medals, 9-16 ribbons; B/C 1st-16th ribbons 11-12 A 1st-8th medals, 9-16 ribbons; B/C 1st-16th ribbons Relays 1st-3rd medals No awards for Open events except for High Point</p> <p><u>High Point awards</u> – Point totals will come from state recognized events for each age-group. A total of 9 events will be used to total high point scores. High Point awards will take place following the Sunday AM session for 10&unders and following the Sunday PM session for 11-12, 13-14 and 15-18. 1st-3rd place for each gender of the following age-groups: 10&U, 11-12, 13-14 and 15-18.</p>

Results:	Complete meet results will be posted on the Michigan Swimming Website at http://www.miswim.org/ . Results will also be available on flash drive (HY-TEK Team Manager result file) upon request. Teams must provide their own flash drive.
Concessions:	Food and beverages will be available in concession area located near the entrance. No food or beverage will be allowed on the deck of the pool, in the locker rooms or in the spectator areas. A hospitality area will be available for coaches and officials.
Lost and Found:	Articles may be turned in/picked up at awards area. Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days <i>(any longer period shall be in the sole discretion of the Meet Director)</i> .
Swimming Safety:	Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. <i>[The same rules will apply with respect to the warm-down pool and diving well]</i> . Penalties for violating these rules will be in the sole discretion of the meet referee which may include ejection from the meet.
Deck Personnel:	Only swimmers, registered coaches and meet officials/workers are allowed on the deck. Coaches and officials must display their registration cards at all times. Coaches must be current in all certifications through the final date of the meet.
Swimmers with Disabilities:	All swimmers are encouraged to participate. If any of your swimmers have special needs or requests please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.
General Info:	Any errors or omissions in the program will be documented and signed by the meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting.
First Aid:	Supplies will be kept in lifeguard office.
Facility Items:	<ul style="list-style-type: none"> (A) No smoking is allowed in the building or on the grounds of the East Grand Rapids Community Pool. (B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms. (C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions. (D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection at the lifeguard office. (E) To comply with USA Swimming privacy and security policy, <u>NO CELL PHONES WITH CAMERAS OR ANY TYPE OF CAMERA OR VIDEO IS ALLOWED IN THE LOCKER ROOMS AT ANYTIME.</u>
Meet Director:	Brandon Converse coachconverse@egrawaves.com 616-460-5630
Meet Referee:	Steve Potter
Safety Marshall:	Andy Milnes

Order of Events:**Friday, Dec. 2**
Warm-up 5:00pm, Start 6:00pm

Girls		Boys
1	Open 400 IM	2
3	12&Under 200 IM	4
5	12&Under 500 Free	6
7	Open 1000	8

Saturday, December 3

Girls	<i>Warm-up, 7:30am; Start, 8:30am</i>	Boys
9	10&U 100 Free	10
11	8&U 25 Free*	12
13	10&U 50 Back	14
15	8&U 50 Back	16
17	10&U 100 Fly	18
19	8&U 25 Fly	20
21	10&U 50 Breast	22
23	8&U 25 Back*	24
25	10&U 100 IM	26
27	8&U 200 Free Relay Mixed	27
28	10&U 200 Free Relay Mixed	28

Saturday, December 3

Girls	<i>Warm-up, 12:30pm; Start, 1:30pm</i>	Boys
29	Open 100 Breast	30
31	11-12 100 Free	32
33	Open 50 Free	34
35	11-12 50 Back	36
37	Open 200 Back	38
39	11-12 100 Fly	40
41	Open 100 Fly	42
43	11-12 50 Breast	44
45	Open 200 IM	46
47	11-12 200 Free Relay Mixed	47
48	Open 200 Free Relay Mixed	48

Girls	Sunday, December 4	Boys
	<i>Warm-up, 7:30am; Start 8:30am</i>	
49	10&U 100 Back	50
51	8&U 100 IM	52
53	10&U 50 Free	54
55	8&U 50 Free	56
57	10&U 100 Breast	58
59	8&U 25 Breast	60
61	10&U 50 Fly	62
63	8&U 100 Free	64
65	10&U 200 Free	66
67	8&U 200 Medley Relay Mixed	67
68	10&U 200 Medley Relay Mixed	68
69	Open 500 Free	70

Girls	Sunday, December 4	Boys
	<i>Warm-up, 12:30pm; Start 1:30pm</i>	
71	11-12 200 Free	72
73	Open 200 Free	74
75	11-12 50 Free	76
77	Open 100 Back	78
79	11-12 100 Back	80
81	Open 200 Breast	82
83	11-12 100 Breast	84
85	Open 100 Free	86
87	11-12 50 Fly	88
89	Open 200 Fly	90
91	11-12 200 Medley Relay Mixed	91
92	Open 200 Medley Relay Mixed	92

*Please note that for the 8&Under 25 Free and Back there will be awards for 6&Unders. They will swim together and be scored separately.

RELEASE AND WAIVER

Enclosed is a total of \$_____ covering fees for all the above entries. In consideration of acceptance of this entry I/We hereby, for ourselves, our heirs, administrators, and assigns, waive and release any and all claims against East Grand Rapids Aquatics, East Grand Rapids, MI, Michigan Swimming, Inc., and United States Swimming, Inc. for injuries and expenses incurred by Me/Us at or traveling to said swim meet.

[illegible]

In granting the sanction it is understood and agreed that USA Swimming and Michigan Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

Signature: _____

Position: _____

Street Address: _____

City, State, Zip _____

E-mail: _____

Coach Name: _____

Coach Phone: _____

Coach E-Mail: _____

Club Name: _____

Club Code: _____

Certification of Registration Status Of All Entered Athletes EGRA WinterWashout

Michigan Swimming Clubs must register and pay for the registration of all athletes that are contained in the electronic TM Entry File or any paper entries that are submitted to the Meet Host with the Office of Michigan Swimming **prior to submitting the meet entry to the meet host.** Clubs from other LSCs must register and pay for the registration of their athletes with their respective LSC Membership Coordinator.

A penalty fee of \$100.00 per unregistered athlete will be levied against any Club found to have **entered** an athlete in a meet without first registering the athlete and paying for that registration with the Office of Michigan Swimming or their respective LSC Membership Coordinator.

Submitting a meet entry without the athlete being registered and that registration paid for beforehand may also subject the Club to appropriate Board of Review sanctions.

The authority for these actions is:

UNITED STATES SWIMMING RULES AND REGULATIONS 302.4 FALSE REGISTRATION – A host LSC may impose a fine of up to \$100.00 per event against a member Coach or a member Club submitting a meet entry which indicates a swimmer is registered with USA Swimming when that swimmer or the listed Club is not properly registered. The host LSC will be entitled to any fines imposed.

[illegible]

I certify that **all** athletes submitted **with this meet entry** are currently registered members of USA Swimming and that I am authorized by my Club to make this representation in my listed capacity.

By: _____
(Signature)

(Printed Name of person signing above)

Capacity: _____

Club Name:

Date: _____

This form must be signed and returned with the entry or the entry will not be accepted.

Meet Evaluation Form

Name of Meet _____

Date of Meet _____

Host of Meet _____

Place of Meet _____

Who do you represent (circle)? the host club a visiting club unattached

Describe yourself (circle) athlete coach official meet worker
spectator

Please rate the overall quality of this meet:

(Please write any compliments or suggestions below or on the reverse side)

	Low				High
1. Swimming pool (e.g., water quality, ventilation)	1	2	3	4	5
2. Equipment (e.g., timing system, PA system):	1	2	3	4	5
3. Swimmer facilities (e.g., locker rooms, rest areas):	1	2	3	4	5
4. Spectator facilities (e.g., seating, rest rooms):	1	2	3	4	5
5. Meet services (e.g., concessions, admissions, programs):	1	2	3	4	5
6. Officiating	1	2	3	4	5
7. Awards and award presentations:	1	2	3	4	5
8. Safety provisions:	1	2	3	4	5
9. Overall success of the meet:	1	2	3	4	5
10. Other (please specify):	1	2	3	4	5

Return this completed evaluation to a representative of the Meet Host. Thank you. Meet Host: Copy all of these submitted Meet Evaluations to the current Program Operations Vice-Chair within 30 days.