

**2011 OLY Long Course Senior Challenge**  
**Hosted By: Oakland Live Y'ers**  
**June 10-12, 2011**

**Sanction:** This meet is sanctioned by Michigan Swimming, Inc., as a prelim/final and timed final meet on behalf of USA Swimming, Sanction Number MI101166. Michigan swimming rules, safety, and warm up procedures will govern the meet as if fully set forth in these meet rules.

**Location:** Oakland University Aquatic Center. Oakland University is located in Rochester, Michigan at 2200 N. Squirrel Rd., Rochester, MI 48309. The pool is located in the Athletic and Recreation complex. Oakland University is directly accessible from I-75 at University Drive (East) exit #79. For map directions, please see the Oakland University website ([www2.oakland.edu/map/](http://www2.oakland.edu/map/)).

<b>Times:</b>	Friday, June 10 Evening	Warm-up 4:30 P.M.	Start 5:30 P.M.
	Saturday, June 11 Prelims	Warm-up 7:30 A.M.	Start 9:00 A.M.
	Saturday, June 11 Finals	Warm-up 5:00 P.M.	Start 6:00 P.M.
	Sunday, June 12 Prelims	Warm-up 7:30 A.M.	Start 9:00 A.M.
	Sunday, June 12 Finals	Warm-up 5:00 P.M.	Start 6:00 P.M.

**Hotels:** Please see attached list of area hotels

**Facilities:** The Oakland Aquatic Center, located in the Student Athletic/Recreation Center, is an 8-lane 50-meter pool. Depth at start is 14 feet deep and 4 feet at the turn. Permanent starting blocks and non-turbulent lane markers will be used. Colorado timing and scoreboard will be used. The competition course has not been certified in accordance with 104.2.2C(4). There is ample balcony seating for 1000 spectators. Lockers are available (provide your own lock). Public phones will be available. Oakland University, Michigan Swimming, Inc., and Oakland Live Y'ers are not responsible for lost or stolen items. We will be using 7 lanes for competition and 1 lane for continuous warm-up and warm down on Friday evening. For Saturday and Sunday Preliminaries we will be using all 8 lanes for competition, there will be NO warm up/warm down lanes available. For Finals sessions we will use 6 lanes for competition and 2 lanes will be available for continuous warm up/ warm down. Four heats (A-B-C-D finals) will qualify for Finals on Saturday and Sunday evenings.

**Eligibility:** Approximately National 15-16 “A” time standards will be used for qualifying times for this meet. Some events have been adjusted to help with meet timelines. This meet will be an LSY meet. Entry times may be submitted in LCM, SCM, or SCY. Time conversions will not be allowed. All swimmers must be currently registered with United States of America Swimming (USA). Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**Entry Limits:** Swimmers may enter a maximum of three (3) events per day (not counting relays). Entries will be accepted on a first come first serve basis by date of email for electronic entries and date of postmark for hard entries until the Michigan Swimming four (4) hour per session maximum time limit is met. Specifically, Friday Evenings two events: the 400 Free and 400 IM, we may limit the number of heats, to ensure not exceeding the 4 hour time rule. Entries received after the four (4) hour per session time limit has been met will be returned even if received before the entry deadline. **Time Trials will be offered at the discretion of the Meet Referee and Meet Director after each morning session. Individuals participating in Time Trials will also be subject to the three (3) event per day maximum. If an individual wants to Time Trial an event and they have 3 individual events already scheduled for that day they must scratch out of one of those events to allow for the Time Trial. The cost to swim a Time Trial is \$7.50 per individual per event.**

**Bonus Events:** There will be Bonus Events for this competition. One qualifying time allows 3 Bonus Events. Please indicate bonus events by clicking the Bonus Event indicator in the Team manager entry. ***Please enter all bonus events in LCM (time conversion will be allowed for Bonus Events ONLY).***

**Additional Limits:** If a swimmer is entered in too many events the swimmer will be entered numerically and automatically scratched from excess events without any further notification to the swimmer of scratched events. There are NO REFUNDS from excess events without any further notification to the swimmer of scratched events. Swimmers **must** have a seed time. Entries with NO TIME or “NT” will not be entered in the meet without any further notification to the swimmer. There are NO REFUNDS for “NT” entries. All relays must have a seed time.

**Electronic Entries:** \$7.50 per individual event and \$12.00 per relay. Please include a \$1.00 Michigan Swimming surcharge for each swimmer entered. Make checks payable to: **OAKLAND LIVE Y'ERS.**

**Paper Entries:** MS rules regarding non-electronic entries apply. \$8.50 per individual event and \$13.00 per relay if the entry is not submitted on Hy-Tek (or compatible) disk. The Michigan Swimming \$1.00 general surcharge for each swimmer also applies to paper entries. **Individual entry by email or by phone is not allowed.** Paper entries may be submitted to the entry chair on a spreadsheet of your choice however the paper entry *must* be logically formatted and must contain all pertinent information to allow the entry chair to easily enter the swimmer(s) in the correct events with correct seed times.

**Entry Procedure:** Entries may be submitted to the entry chairperson beginning on May 13, 2011 at 7:00 AM. **The entry chairperson must receive all entries no later than June 1, 2011.** *Due to time line restrictions, certain events may close before the last day for entries. Please check the OLY website (OLYSWIM.COM) for updated event information.*

Entries must include correct swimmer name (as registered with USA/MS Swimming), age and USA number. You can import the order of events and event numbers from the Michigan Swimming website ([www.uss-michigan.com](http://www.uss-michigan.com)). All individual entries should be submitted via electronic mail to the entry chairperson at [olymeetentry@gmail.com](mailto:olymeetentry@gmail.com) in Hy-Tek format.

Any entries submitted will be processed provisionally until the entry chairperson has received a hard copy of (a) your club's signed release/waiver agreement, (b) your club's signed certification of entered athletes and (c) your club's entry and entry fees. The complete 2011 OLY Long Course Senior Challenge entry packet with entry forms is available on the Michigan Swimming Website at [www.uss-michigan.com](http://www.uss-michigan.com).

**All ages may enter Open events but must meet the time standards.**

**Updating Seed Times:**

Seed times may be updated only by your club's entry chair to conform to an actual achieved time that occurred between the time your club's entry was sent and Tuesday, June 1, 2011 (the entry cutoff date). **IMPORTANT – SEED TIME UPDATES WILL ONLY BE PROCESSED ONE (1) TIME FOR EACH TEAM! OUR MEET ENTRY PERSON WILL DISREGARD ALL TIME UPDATES AFTER THE FIRST ONE RECEIVED FOR YOUR TEAM! ONLY SEND ONE (1) UPDATE OR YOUR COACHES AND SWIMMERS WILL BE DISAPPOINTED!** Seed time updates will only be accepted between May 27 and June 1, 2011 by email and must be in Hy-Tek format. Send your updated entry file to [olymeetentry@gmail.com](mailto:olymeetentry@gmail.com), Please include "Seed Time Update" in the subject area of your email. No phone calls please. Seed time updates will not be accepted after June 1, 2011.

**Refunds:**

Once a team or individual entry has been received and processed there are no refunds in full or in part, except as explained in the Entry Limits paragraph.

**Changes:**

All team changes must be sent via Hy-Tek file. Changes are allowed until the entry deadline. No additional updates to seeded times or event changes are allowed after this deadline.

**Entry Chair:**

Your club's Entry, Release/Waiver, Certification of Entered Athletes and Check should be sent via U.S. mail or nationally recognized overnight courier to:

**Joe Pang**

**P.O. Box1384**

**Troy, MI 48099**

**Phone: 586-634-8437**

**(Only to be used by your club's Entry Chair and before 9 PM no exceptions!)**

**[olymeetentry@gmail.com](mailto:olymeetentry@gmail.com)**

**Check In:**

Check In will be available as of 30 minutes prior to warm-up. Check in is mandatory for all events and is required by the time set forth in this meet announcement. Failure to check in will cause the swimmer to be scratched from **all** events in that session. **CHECK IN IS REQUIRED NO LATER THAN 15 MINUTES AFTER THE BEGINNING OF WARM-UP. PLEASE FOLLOW THE POSTED CHECK IN PROCEDURE AND MICHIGAN SWIMMING CHECK IN RULES.** Also note that pursuant to MS Rules that failing to swim an event after checking in for that event will disqualify a swimmer from his or her next event. **Check in sheets will be posted at the entrance to the locker rooms on the pool deck.**

**Scratch Rules:** Prior to check in close, a swimmer may scratch events at the Clerk of Course. After check in closes, you must see the Meet Referee to scratch an event. Once a swimmer has checked in for an event that swimmer must compete in that event or the swimmer will be scratched from his/her next event.

Bonus (D & C), Consolation and Championship Finals: USS Rule 207.7.9 D and E will be used. Coaches and swimmers should familiarize themselves with this rule as failing to scratch properly for Finals can result in the swimmer being barred from further competition in the meet. A swimmer qualifying for the finals (top 6), consolation finals (7-12<sup>th</sup>), or bonus finals (C, 13-18<sup>th</sup> and D, 19-24<sup>th</sup>) must notify the Clerk of Course within 30 minutes after announcement of the qualifiers for the race of their scratch or declaration of intent to scratch. In addition, a swimmer who violates this scratch rule in his/her last event of the meet shall result in a \$50 fine payable by the swimmer or that swimmers club. The fine must be paid before that swimmer or any swimmer from that swimmers club may compete in any MS sanctioned meet following the conclusion of 2011 OLY Long Course Senior Challenge.

**Marshaling:** **This is a self-marshalled event.** Heat sheets will be displayed in multiple places on the pool deck. All swimmers will be expected to find their heat and lane independently, ***NO PARENTS WILL BE ALLOWED ON THE POOL DECK!***

**Seeding:** Seeding will be done after check in closes. This is a Prelim/Final meet and will be circle seeded accordingly. Events will be seeded Bonus, non-conforming cuts then conforming cuts. Swimmers who fail to check in for an event will be scratched from that event. **The 400 Free and 400 IM are timed final events on Friday evening and will be swum fastest to slowest, alternating women and men. ALL relays will be swam at night in finals.**

**Deck Entries:** Deck Entries may be allowed depending on the timeline of the meet and the decision of the Meet Referee and Meet Director. Registration status must be proven by providing current USA swimming membership card or a current print out of athlete roster from club portal. The club portal is located on the USA swimming website. The Deck Entry fee will be \$7.50 per event. Deck entry swimmers are subject to the Michigan Swimming \$1.00 general surcharge.

**Meet Programs/  
Admissions:**

Meet Programs: \$7.00 for a 3 day program/coupon for heat sheets in program. Heat sheet for Saturday and Sunday's Finals are \$2.00.

Admissions: \$5.00 per day and a wrist band will be provided for that day's swimming.

<b>Scoring:</b>	There will be no team or individual scores kept.
<b>Awards:</b>	<b>There will be NO awards given at this meet.</b>
<b>Results:</b>	Real-time results will be available at <a href="http://www.olysswim.com">www.olysswim.com</a> . Results will be posted on the Michigan Swimming Website at <a href="http://www.uss-michigan.com">www.uss-michigan.com</a> . HY-TEK results will also be available to coaches upon request following the conclusion of the meet.
<b>Concessions / Hospitality:</b>	Food and beverages will be available in the concession area just inside the entry to the seating area. Food and beverage will be allowed on the deck of the pool and in the spectator area ONLY. You will be expected to assist in the cleaning up of any waste that you or your swimmer has created in the spectator area. Your swimmer will be responsible for cleaning up any waste they may have created on the pool deck. <i><b>The Meet Director appreciates all of your assistance in this area as we will treat your hosted meets with the same respect you treat ours!</b></i> A hospitality area will be available for coaches and officials.
<b>Lost and Found:</b>	Articles may be turned in/picked up near the Clerk of Course. Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days (any longer period shall be in the sole discretion of the Meet Director).
<b>Swimming Safety:</b>	Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. The same rules will apply with respect to the warm-down pool and diving well. Penalties for violating these rules will be in the sole discretion of the meet referee which may include ejection from the meet.
<b>Deck Personnel:</b>	Only swimmers, registered coaches and meet officials/workers are allowed on the deck. Coaches and officials must display their registration cards at all times. Coaches must be current in all certifications through the final date of the meet.
<b>Swimmers with Disabilities:</b>	All swimmers are encouraged to participate. If any of your swimmers have special needs or requests, please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.
<b>General Info:</b>	Any errors or omissions in the program will be documented and signed by the Meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting.
<b>First Aid:</b>	Supplies will be kept with the Clerk of Course.

- Facility Items:**
- (A) No smoking is allowed in the building or on the grounds of the Oakland University Aquatic Center.
  - (B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.
  - (C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to concessions.
  - (D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection at the pool.

**Meet Director:**       **Mike Costello**  
**Phone: 248-808-8621**  
**Email address: ciginic@hotmail.com**

**Meet Referee:**       **Pete Olson**

**Meet Manager:**       **Donna Kniffen**  
**Email address: kniffed@gmail.com**

**Safety Marshall:**     **Mike Costello**

## **FRIDAY EVENING**

*ALL EVENTS FRIDAY EVENING ARE TIMED FINALS.*

Warm-ups begin at 4:30 PM. Check-in deadline is 4:45 p.m. Meet starts at 5:30 PM

<b>WOMEN</b>		<b>MEN</b>
<b><u>EVENT #</u></b>	<b><u>EVENT NAME</u></b>	<b><u>EVENT #</u></b>
<b>1</b>	400 FREE	<b>2</b>
<b>3</b>	400 IM	<b>4</b>

## **SATURDAY MORNING**

Check-in Deadline 7:45: a.m.

Prelims - Warm-ups begin at 7:30 AM, Events start at 9:00 AM

<b>WOMEN</b>		<b>EVENT</b>	<b>MEN</b>
<b><u>EVENT #</u></b>	<b><u>NAME</u></b>	<b><u>EVENT #</u></b>	
<b>5</b>	200 IM	<b>6</b>	
<b>7</b>	100 BACK	<b>8</b>	
<b>9</b>	100 BREAST	<b>10</b>	
<b>11</b>	100 FREE	<b>12</b>	
<b>13</b>	200 FLY	<b>14</b>	
<b>25</b>	400 FREE RELAY	<b>18</b>	

## **SATURDAY EVENING**

Warm-ups begin 5:00 PM Events start 6:00 PM

## **SUNDAY MORNING**

Check-in Deadline 7:45 a.m.

Prelims - Warm-ups begin at 7:30 AM, Events start at 9:00 AM

<b>WOMEN</b>		<b>EVENT</b>	<b>MEN</b>
<b><u>EVENT #</u></b>	<b><u>NAME</u></b>	<b><u>EVENT #</u></b>	
<b>15</b>	200 FREE	<b>16</b>	
<b>17</b>	200 BREAST	<b>18</b>	
<b>19</b>	100 FLY	<b>20</b>	
<b>21</b>	200 BACK	<b>22</b>	
<b>23</b>	50 FREE	<b>24</b>	
<b>27</b>	400 MED RELAY	<b>28</b>	

## **SUNDAY EVENING**

Warm-ups begin 5:00 PM Events start 6:00 PM

**QUALIFYING TIMES FOR EACH EVENT**  
**IN LCM, SCM AND SCY ARE ON THE NEXT PAGE**



## 2011 Qualifying Time Standards

No time conversions are permitted, however for Bonus Events ONLY please enter those as LCM times, even if a time conversion is required. See the meet document if any questions. There are no qualifying standards for relays that are offered per the meet announcement; however, there are no 'relay only swimmers.' Athletes must be entered in the meet to swim a relay. For seeding purposes coaches should submit a reasonably accurate aggregate seed time for relays rather than a NT.

<b>Time Standards for 2011 OLY Long Course Senior Challenge</b>						
	<b>Women</b>				<b>Men</b>	
<b>LCM</b>	<b>SCM</b>	<b>SCY</b>	<b>Event</b>	<b>SCY</b>	<b>SCM</b>	<b>LCM</b>
30.99	30.99	25.79	50 Freestyle	22.99	27.99	28.79
1:04.09	1:07.09	55.19	100 Freestyle	50.19	1:00.99	1:01.99
2:19.99	2:23.99	1:59.99	200 Freestyle	1:49.09	2:12.69	2:13.99
5:03.29	5:03.99	5:23.99	400 Freestyle	4:58.99	4:43.79	4:50.19
1:16.29	1:13.59	1:03.99	100 Backstroke	57.99	1:07.49	1:10.59
2:44.29	2:38.99	2:16.59	200 Backstroke	2:08.99	2:26.29	2:31.29
1:26.69	1:23.59	1:12.39	100 Breaststroke	1:05.99	1:16.09	1:19.69
3:05.69	2:59.89	2:36.99	200 Breaststroke	2:23.39	2:45.89	2:54.29
1:14.19	1:13.29	1:02.99	100 Butterfly	56.19	1:06.39	1:07.69
2:42.69	2:39.59	2:23.39	200 Butterfly	2:13.39	2:27.39	2:30.59
2:41.89	2:42.49	2:17.59	200 IM	2:05.59	2:29.29	2:29.69
5:50.59	5:42.39	4:51.79	400 IM	4:36.99	5:18.09	5:27.09
			400 Free Relay			
			400 Medley Relay			

## RELEASE AND WAIVER

[illegible]

Signature: \_\_\_\_\_

Position: \_\_\_\_\_

Street Address: \_\_\_\_\_

City, State, Zip \_\_\_\_\_

E-mail: \_\_\_\_\_

Coach Name: \_\_\_\_\_

Coach Phone: \_\_\_\_\_

Coach E-Mail \_\_\_\_\_

Club Name: \_\_\_\_\_

Club Code: \_\_\_\_\_

**2011 Long Course Senior Challenge  
Hosted By: Oakland Live Y'ers  
June 10-12, 2011**

**Certification of Entered Athletes**

Group members must submit full registries and dues prior to entering any sanctioned competition. A penalty fee of \$100.00 per illegal athlete will be levied against any group member found to have illegally entered a non-member athlete in a meet and also subject the athlete and Club to MS Board of Review sanctions. Illegal entry means entry of an unregistered athlete into a Michigan swimming sanctioned competition.

The authority for these actions is:

UNITED STATES SWIMMING RULES AND REGULATIONS 302.4 FALSE REGISTRATION. A LSC may impose a fine up to \$100.00 per event against a member or coach or a member club representative signing a document which indicates a swimmer is registered with USA Swimming for a meet when the swimmer is not properly registered. This will be enforced by LSC and the LSC will be entitled to the fines imposed.

I certify that **all** athletes entered are current members of USA Swimming.

By: \_\_\_\_\_  
(Signature)

\_\_\_\_\_  
(Printed Name of person signing above)

Club Name: \_\_\_\_\_

Date: \_\_\_\_\_

\*Note: This form must be signed and returned with the entry or the entry will not be accepted.

## HOTEL INFORMATION

We have 10 Double Queen rooms reserved for 6/9-6/12 at the rate of \$79 including breakfast for 4. Deadline is May 19, 2011.

Courtyard Detroit Auburn Hills

1296 Opdyke Road

Auburn Hills, MI 48326

248-373-4100

1-800-321-2211

[Marriott.com/dtwab](http://Marriott.com/dtwab)