

2011 Cruisin' Into Summer 14&U ABC Meet
Hosted By: Plymouth Canton Cruisers
May 13, 14, & 15 2011

- Sanction: This meet is sanctioned by Michigan Swimming, Inc., as a timed final meet on behalf of USA Swimming, Sanction Number MI101163. Michigan swimming rules, safety, and warm up procedures will govern the meet as if fully set forth in these meet rules.
- Location: Eastern Michigan University
(Olds-Robb Student Recreation Area)
Located on the campus of Eastern Michigan University
Ypsilanti, Michigan 48197
Directions: <http://www.emich.edu/recim/directions.htm>
- Times: Friday Warm-up Starts: 4:30pm
Friday Events Begin: 5:30pm

Saturday & Sunday Morning Warm-up Starts: 7:30am
Saturday & Sunday Morning Events Begin: 8:30am

Saturday & Sunday Afternoon Warm-up Starts: 12:30pm
Saturday & Sunday Afternoon Events Begin: 1:30pm
- Facilities: The Michael Jones pool, in the Olds-Robb Student Recreation Center, is a 10 lane 50 meter pool. This competition course has not been certified in accordance with USAS 104.2.2c(4). Depth is 12'0" at the start, and 4'0" at the turn. Permanent starting blocks and non-turbulent lane markers will be used. Daktronics timing with a 10 lane display will be used. There is ample balcony seating for spectators. A separate warm-up pool is available at the facility. Lockers are also available (provide your own lock). Neither Eastern Michigan University, nor Michigan Swimming Inc., nor The Plymouth Canton Cruisers are responsible for lost or stolen items. Public phones will be available.
- Eligibility: Cruisin' Into Summer is for those 14 and under swimmers with "A, B, C" times. All swimmers must be currently registered with United States of America Swimming (USA). A swimmer's age on May 13, 2011 will determine his/her eligibility for a particular age group. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement
- Meet Format: Cruisin' Into Summer is a timed finals meet.
10 & Under athletes swim in the morning sessions.
11-12 year old athletes may enter events in either the AM or PM session on Saturday and Sunday. ** PCC does not recommend swimming events in both the AM and PM sessions on the same day.*
13-14 year old athletes swim in the afternoon sessions.

Morning sessions will include shorter 12 & Under events (50m and 100m stroke events plus the 200 free and 200 IM). Afternoon sessions will include longer 11-12 & 13-14 events (100m and 200m stroke events).

Entry Limits: Entries will be accepted on a first come first serve basis by date of email for electronic entries and date of receipt by the entry chair for hard copy entries until the Michigan Swimming four (4) hour per session maximum time limit is met. As set forth in Entry Procedures below, entries are not deemed valid and will not be processed until such time as the entry chairperson has received: (a) a hard copy of your club's entry summary sheet, (b) a hard copy of your club's signed release/waiver agreement (c) your clubs certification of entered athletes and (d) your club's entry and entry fees. Entries received after the four (4) hour per session time limit has been met will be returned even if received before the entry deadline.

Individual Entry Limits: Swimmers may enter a maximum of 2 events on Friday evening and 4 events per day on Saturday and Sunday.

Electronic Entries: \$4 per individual event. Please include a \$1.00 Michigan Swimming surcharge for each swimmer entered. Make checks payable to: Plymouth Canton Cruisers

Paper Entries: MS rules regarding non-electronic entries apply. Cost is \$5 per individual event. There is a \$1.00 additional charge per individual event if the entry is not submitted on Hy-Tek (or compatible) disk. The Michigan Swimming \$1.00 general surcharge for each swimmer also applies to paper entries. Paper entries may be submitted to the entry chair on a spreadsheet of your choice however the paper entry *must* be logically formatted and must contain all pertinent information to allow the entry chair to easily enter the swimmer(s) in the correct events with correct seed times.

Entry Procedures: Entries may be submitted to the entry chairperson beginning at 8:00am on April 28, 2011. The entry chairperson must receive all entries no later than 6:00pm on May 5, 2011. Entries must include correct swimmer name (as registered with USA/MS Swimming), age and USA number. You can import the order of events and event numbers from the Michigan Swimming website (www.uss-michigan.com). All individual entries should be submitted in Hy-Tek format via electronic mail to the entry chairperson at meetentry@cruiserswimming.com. Any entries submitted will be not processed until such time as the entry chairperson has received a hard copy of: (a) your club's entries (Team Manager Meet Entries Report), (b) a hard copy of your club's signed release/waiver agreement (c) your clubs signed certification of entered athletes and (d) your club's entry fees. The complete Cruisin' Into Summer entry packet with entry forms is available on the Michigan Swimming Website at www.uss-michigan.com.

Refunds:	Once a team or individual entry has been received and processed by the entry chair, there are no refunds in full or in part.
Entry Chair:	<p>Your club's Entry, Entry Summary Sheet, Release/Waiver, Certification of Entered Athletes and Check should be sent via U.S. mail or nationally recognized overnight courier to:</p> <p>Karin Patterson 1353 Elm Plymouth, Michigan 48170 entrychair@cruiserswimming.com 734-748-0484</p>
Check In:	Check In will be available as of 15 minutes prior to the start of warm-ups for each session and will close 15 minutes after the start of warm-ups. Check in is mandatory for all events and is required by the time set forth in this meet announcement. Failure to check in will cause the swimmer to be scratched from all events in that session. Also note that pursuant to MS Rules, failing to swim an event <u>after</u> checking in for that event will disqualify a swimmer from his or her next event. Check in sheets will be posted in the hallway near the locker rooms.
Scratch Rules:	<u>Prior</u> to check in close a swimmer may scratch events at the Clerk of Course. <u>After</u> check in closes, you must see the Meet Referee to scratch an event. Once a swimmer has checked in for an event that swimmer must compete in that event or the swimmer will be disqualified from his/her next event.
Marshaling:	All sessions of the meet will be self marshaled. Heat sheets for all events will be posted in the pool area. Swimmers will be responsible for reporting to the starting blocks in time to swim their respective event.
Seeding:	Seeding will be done after check in closes. Swimmers who fail to check in for an event will be scratched from that event. All events are timed finals and will be seeded slowest to fastest. All Friday events will be alternating girls and boys. The Meet Referee reserves the right to combine genders and/or same stroke/distance events in order to reduce the number of heats.
Starts:	Dive-over starts for all events will be used according to Michigan Swimming Rules and Procedures.
Deck Entries:	Deck entries may be accepted at the Clerk of Course if time and space permit, and in the sole discretion of the Meet Referee and Meet Director. Deck entries are \$7 per individual event. Deck entries are subject to MS athlete surcharge if not already entered in the meet. Swimmer should bring his/her USA swimming registration card or print the registration information from the website if he/she is not already entered in the meet. For deck entries, registration status must be proven by providing current USA swimming membership card or a

current print out of athlete roster from club portal. The club portal is located on the USA swimming website.

Time Trials: Time Trials will not be offered.

Meet Programs/
Admissions: Admission is \$4 per person per day for individuals over the age of 12. Children 12 and under are free. Meet program will be available for \$7 each.

Scoring: There will be no scoring of individual or team events.

Awards: Ribbons will be awarded to each age group (8&U, 9-10, 11-12, and 13-14) in all divisions (A, B, C) for 1st through 8th place finishes for individual events. Awards will not be distributed to swimmers. All awards will be given to coaches at the end of the Sunday session. Unattached swimmers may pick up their awards at the Awards Table after the completion of their last session.

Results: Complete meet results will be posted on the Michigan Swimming Website at www.uss-michigan.com. Results will also be available on flash drive (HY-TEK Meet Manager) upon request. Teams must provide their own flash drive.

Concessions: Food and beverages will be available in the Recreation Center. No food or beverage will be allowed on the deck of the pool, in the locker rooms or in the spectator areas. A hospitality area will be available for coaches and officials.

Lost and
Found: Articles may be turned in/picked up at the Lost and Found Table (near the Scorer's Table) during the meet. Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for 14 days. After 14 days the items will be donated to a charitable organization.

Swimming
Safety: Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. The same rules will apply with respect to the warm-down pool and diving well. Penalties for violating these rules will be in the sole discretion of the Meet Referee which may include ejection from the meet.

Warm-Ups: Controlled, supervised warm-up sessions will be utilized in accordance with the "warm-up procedure guidelines" suggested by USA Swimming.

The final 15 minutes of warm-ups will be conducted as follows:

Lanes 1 & 10 push/pace with push off from the start end of the pool or general warm-up lanes at the discretion of the Meet Referee

Lanes 3, 4, 7 and 8 racing start lanes. Sprint lanes for racing starts from the blocks or backstroke starts. One length only and exiting the pool.

Lanes 2, 5, 6, and 9 general warm-up, no diving or racing starts. Any one, or all of these lanes, may be converted to sprint lanes at the discretion of the Meet Referee.

Deck Personnel: Only swimmers, registered coaches and meet officials/workers are allowed on the deck. Coaches and officials must display their registration cards at all times. Coaches must be current in all certifications through the final date of the meet.

Swimmers with Disabilities: All swimmers are encouraged to participate. If any of your swimmers have special needs or requests please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.

General Info: Any errors or omissions in the program will be documented and signed by the Meet Referee and available at the Clerk of Course for Coach's review. Information will also be covered at the Coaches' Meeting.

First Aid: Supplies will be kept at the Announcer's Table or in the First-Aid Station.

Facility Items:

- (A) No smoking is allowed in the building or on the grounds of Olds-Robb Student Recreation Center.
- (B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.
- (C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.
- (D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection at the main office of the Olds-Robb Student Recreation Center.

Motels: Please consult a popular travel website such as TripAdvisor.com, Orbitz.com, or Expedia.com for the best selection and rates. Specify Ypsilanti, Michigan, in the vicinity of the State Street (I-94) Exit.

Meet Director: Charles Liu / Morgan Li / pccswimmeet@hotmail.com

Meet Referee: Fang Liu / fangliu579@yahoo.com

Safety Marshall: Brian Madison

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Friday Evening Events		
Warm-up: 4:30pm Event: 5:30pm		
Girls	Event	Boys
1	11-14 200 IM	2
3	9-14 400 Freestyle	4
5	11-14 400 IM	6

Saturday Morning Events		
Warm-Up: 7:30am Event: 8:30am		
Girls	Event	Boys
7	9-12 200 Freestyle	8
9	12 Under 100 Breaststroke	10
11	12 Under 50 Freestyle	12
13	12 Under 100 Backstroke	14
15	12 Under 50 Butterfly	16

Saturday Afternoon Events		
Warm-Up: 12:30pm Event: 1:30pm		
Girls	Event	Boys
17	11-14 200 Freestyle	18
19	11-14 100 Backstroke	20
21	11-14 200 Butterfly	22
23	11-14 100 Breaststroke	24

Sunday Morning Events		
Warm-Up: 7:30am Event: 8:30am		
Girls	Event	Boys
25	9-12 200 IM	26
27	12 Under 100 Freestyle	28
29	12 Under 50 Backstroke	30
31	100 Butterfly	32
33	12 Under 50 Breaststroke	34

Sunday Afternoon Events		
Warm-Up: 12:30pm Event: 1:30pm		
Girls	Event	Boys
35	11-14 200 Backstroke	36
37	11-14 100 Butterfly	38
39	11-14 50 Freestyle	40
41	11-14 200 Breaststroke	42
43	11-14 100 Freestyle	44

RELEASE AND WAIVER

Enclosed is a total of \$_____ covering fees for all the above entries. In consideration of acceptance of this entry I/We hereby, for ourselves, our heirs, administrators, and assigns, waive and release any and all claims against Plymouth Canton Cruisers, Eastern Michigan University, Michigan Swimming, Inc., and United States Swimming, Inc. for injuries and expenses incurred by Me/Us at or traveling to said swim meet.

[illegible]

Signature: _____

Position: _____

Street Address:

City, State, Zip _____

E-mail: _____

Coach Name: _____

Coach Phone: _____

Coach E-Mail _____

Club Name: _____

Club Code:

Certification of Registration Status Of All Entered Athletes

Michigan Swimming Clubs must register and pay for the registration of all athletes that are contained in the electronic TM Entry File or any paper entries that are submitted to the Meet Host with the Office of Michigan Swimming prior to submitting the meet entry to the meet host. Clubs from other LSCs must register and pay for the registration of their athletes with their respective LSC Membership Coordinator.

A penalty fee of \$100.00 per unregistered athlete will be levied against any Club found to have entered an athlete in a meet without first registering the athlete and paying for that registration with the Office of Michigan Swimming or their respective LSC Membership Coordinator.

Submitting a meet entry without the athlete being registered and that registration paid for beforehand may also subject the Club to appropriate Board of Review sanctions.

The authority for these actions is:

UNITED STATES SWIMMING RULES AND REGULATIONS 302.4 FALSE REGISTRATION – A host LSC may impose a fine of up to \$100.00 per event against a member Coach or a member Club submitting a meet entry which indicates a swimmer is registered with USA Swimming when that swimmer or the listed Club is not properly registered. The host LSC will be entitled to any fines imposed.

[illegible]

I certify that all athletes submitted with this meet entry are currently registered members of USA Swimming and that I am authorized by my Club to make this representation in my listed capacity.

By: _____
(Signature)

(Printed Name of person signing above)
Capacity: _____

Club Name: _____

Date: _____

This form must be signed and returned with the entry, or the entry will not be accepted.