"Romeo and Juliet"
ABC Meet
Hosted By: Romeo Dolphins Swim Club
February 18, 19 and 20, 2011

Sanction: This meet is sanctioned by Michigan Swimming, Inc., as a timed final meet on behalf of USA Swimming, Sanction Number M101142. Michigan swimming rules, safety, and warm up procedures will govern the meet as if fully set forth in these meet rules.

Location: Romeo Senior High School, 11091 West 32 Mile Road, Romeo, MI 48065. Located on 32 Mile Road, 1 mile West of M-53.

Times: Friday P.M. Warm-Up 5:00 P.M. Start 6:00 P.M.
Saturday and Sunday A.M. Warm-up 7:30 A.M. Start 8:30 A.M.
Saturday and Sunday P.M. Warm-up 12:30 P.M. Start 1:30 P.M.

Motels: Courtyard by Marriott – 4600 Utica Park Blvd., Utica, MI 48315 #586.997.6100

LaQuinta Inn & Suites – 45311 Utica Park Ave., Utica, MI 48315 #586.731.4700

Facilities: Romeo is an 8 lane pool. Depth at start is 11 feet and 3 feet 6 inches at the turns. Permanent starting blocks and non-turbulent lane markers will be used. Daktronics timing with an 8-lane display will be used. The competition course has not been certified in accordance with 104.2.2C(4). There is bleacher seating for spectators, but due to limited seating, NO bags will be allowed in the bleachers. Lockers for swimmers are available (provide your own lock). Public phones will be available.

Eligibility: Romeo and Juliet is an ABC meet for all swimmers. All swimmers must be currently registered with United States of America Swimming (USA). A swimmer's age on February 18, 2011 will determine his/her eligibility for a particular age group. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Meet Format: Timed finals format. This is an age group swim meet. Swimmers are grouped by age and gender; 8 & Under, 10 & Under, 11-12, 13-14 and Open. The time standards used in this meet are A, B & C.

Entry Limits: Entries will be accepted on a first come first serve basis by date of email for electronic entries and date of receipt by the entry chair for hard copy entries until the Michigan Swimming four (4) hour per session maximum time limit is met. As set forth in Entry Procedures below, entries are not deemed valid and will not be processed until such time as the entry chairperson has received: (a) a hard copy of your club's entry summary sheet, (b) a hard copy of your club's signed release/waiver agreement (c) your clubs certification of entered athletes and (d) your club's entry and entry fees. Entries received after the four (4) hour per session time limit has been met will be returned <u>even if received before the entry deadline</u>.

Individual Entry Limits: **Swimmer's entries are limited to 5 individual events per day. "No Time" entries will be accepted, but are NOT eligible for awards**.

Electronic Entries: $4.00 per individual event. Please include a $1.00 Michigan Swimming surcharge for each swimmer entered. Make checks payable to: RWB Parks & Recreation.

Paper Entries: MS rules regarding non-electronic entries apply. $5.00 per individual event. There is a $1.00 additional charge per individual event paid if the entry is not submitted on Hy-Tek (or compatible) disk. The Michigan Swimming $1.00 general surcharge for each swimmer also applies to paper entries. Paper entries may be submitted to the entry chair on a spreadsheet of your choice however the paper entry *must* be logically formatted and must contain all pertinent information to allow the entry chair to easily enter the swimmer(s) in the correct events with correct seed times.

Entry Procedures: Entries may be submitted to the entry chairperson as of **Friday, January 21, 2011 at 8:00 am**. The entry chairperson must receive all entries no later than **Friday, February 11, 2011**. Entries must include correct swimmer name (as registered with USA/MS Swimming), age and USA number. You can import the order of events and event numbers from the Michigan Swimming website (www.uss-michigan.com). All individual entries should be submitted via electronic mail to the entry chairperson at **lbrcorey@comcast.net**[1] Any entries submitted will be not processed until such time as the entry chairperson has received a hard copy of: (a) your club's entries (Team Manager Meet Entries Report), (b) a hard copy of your club's signed release/waiver agreement (c) your clubs signed certification of entered athletes and (d) your club's entry fees. The complete Romeo & Juliet entry packet with entry forms is available on the Michigan Swimming Website at www.uss-michigan.com.

Refunds: Once a team or individual entry has been received and processed by the entry chair there are no refunds in full or in part.

Entry Chair: Your club's Entry, Entry Summary Sheet, Release/Waiver, Certification of Entered Athletes and Check should be sent via U.S. mail or nationally recognized overnight courier to:

Laurie Corey
68624 Meadowood
Washington, MI 48095
586.453.9944 No calls after 9pm please
lbrcorey@comcast.net

Check-In: Check-In will be available as of 30 minutes before the start of warm-up and will close 45 minutes prior to the start of each session. Check in is mandatory for all events and is required by the time set forth in this meet announcement. Failure to check in will cause the swimmer to be scratched from **all** events in that session. Also note that pursuant to MS Rules that failing to swim an event after checking in for that event will disqualify a

swimmer from his or her next event. Check in sheets will be posted in the pool area hallway.

Scratch Rules: Prior to check in close, a swimmer may scratch events at the Clerk of Course. After check in closes, you must see the Meet Referee to scratch an event. Once a swimmer has checked in for an event that swimmer must compete in that event or the swimmer will be scratched from his/her next event.

Marshaling: This is a self-marshaled meet. Heat sheets will be posted on the pool deck and the main pool area hallway. Swimmers and their coaches will be responsible for getting to their correct heats and lanes. A, B and C events will be separated at the conclusion of the event for placement and awards.

Seeding: Seeding will be done after check in closes. Swimmers who fail to check in for an event will be scratched from that event. All events are timed finals and after the scratches, will be seeded slowest to fastest. Deck entries will be placed in heats with open lanes.

Deck Entries/ Time Trials: **Deck entries will be accepted if the meet is NOT full. Deck entries are $6.00 and you need to see the Clerk of Course to make a deck entry, prior to check-in closing.** Deck entry is subject to the Michigan Swimming $1.00 general surcharge. For deck entries, registration status must be proven by providing current USA swimming membership card or a current print out of athlete roster from club portal. The club portal is located on the USA Swimming website. Time trials will not be offered.

Meet Programs/ Admissions: Friday night heat sheets are FREE. Saturday all day programs are $3.00 and Sunday all day programs are $3.00. Admission is $4.00 per person on Saturday and Sunday and $2.00 per person on Friday evening. 8 years and under are FREE with a paid adult. REMINDER: NO bags are allowed in the bleachers.

Scoring: No individual or team scoring will be kept.

Awards: **Awards will be made available to be picked up by the coach/designated team representative at the end of each day. Teams MUST pick up remaining awards at the end of the meet. No awards will be mailed.** Custom medals will be awarded for 1-3 places and ribbons will be awarded for 4-8 places, in all three categories. A, B and C events will be separated at the conclusion of the event for placement and awards. **NT entries are NOT eligible for awards.**

Results: Complete meet results will be posted on the Michigan Swimming Website at www.uss-michigan.com. Results will be posted in the pool hallway throughout the meet, once awards have been processed. Results will also be available on flash drive (HY-TEK Meet Manager) upon request. Teams must provide their own flash drive.

Concessions: Food and beverages will be available in the auditorium area. No food or beverage will be allowed on the deck of the pool, in the locker rooms or in the spectator areas. A hospitality area will be available for coaches and officials.

Lost and Found: Articles may be turned in/picked up at the Clerk of Course. Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days (any longer period shall be in the sole discretion of the Meet Director).

Swimming Safety: Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. Penalties for violating these rules will be in the sole discretion of the meet referee which may include ejection from the meet.

Deck Personnel: Only swimmers, registered coaches and meet officials/workers are allowed on the deck. Coaches and officials must display their registration cards at all times. Coaches must be current in all certifications through the final date of the meet. **NO PARENTS ARE ALLOWED ON THE POOL DECK.**

Swimmers with Disabilities: All swimmers are encouraged to participate. If any of your swimmers have special needs or requests please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.

General Info: Any errors or omissions in the program will be documented and signed by the Meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting.

First Aid: Supplies will be kept in the pool office.

Facility Items:

(A) No smoking is allowed in the building or on the grounds of Romeo Community Schools.

(B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.

(C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.

(D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection on the pool window.

(E) Those participating in this meet agree to release the Romeo-Washington-Bruce Parks and Recreation Department, the Romeo Community Schools, all participating facilities, the employees and volunteers, from any liability for any and all injuries that may occur in connection with this meet.

Meet Director: Laurie Corey
586.453.9944 No calls after 9pm please
lbrcorey@comcast.net

Meet Referee: Pete Olson

Safety Marshall: Diane Sage

RELEASE AND WAIVER

Enclosed is a total of $_____ covering fees for all the above entries. In consideration of acceptance of this entry I/We hereby, for ourselves, our heirs, administrators, and assigns, waive and release any and all claims against Romeo Dolphins Swim Club, RWB Parks & Recreation, Romeo Community Schools, Michigan Swimming, Inc., and United States Swimming, Inc. for injuries and expenses incurred by Me/Us at or traveling to said swim meet.

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Certification of Registration Status
Of All Entered Athletes
Romeo & Juliet ABC Invitational

Michigan Swimming Clubs must register and pay for the registration of all athletes that are contained in the electronic TM Entry File or any paper entries that are submitted to the Meet Host with the Office of Michigan Swimming **prior to submitting the meet entry to the meet host**. Clubs from other LSCs must register and pay for the registration of their athletes with their respective LSC Membership Coordinator.

A penalty fee of $100.00 per unregistered athlete will be levied against any Club found to have **entered** an athlete in a meet without first registering the athlete and paying for that registration with the Office of Michigan Swimming or their respective LSC Membership Coordinator.

Submitting a meet entry without the athlete being registered and that registration paid for beforehand may also subject the Club to appropriate Board of Review sanctions.

The authority for these actions is:
UNITED STATES SWIMMING RULES AND REGULATIONS 302.4 FALSE REGISTRATION – A host LSC may impose a fine of up to $100.00 per event against a member Coach or a member Club submitting a meet entry which indicates a swimmer is registered with USA Swimming when that swimmer or the listed Club is not properly registered. The host LSC will be entitled to any fines imposed.
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ROMEO & JULIET ABC INVITATIONAL
Sanction # M101142
February 18-20, 2011

Session 1 Friday Evening – 5:00 p.m. Warm-up/ 6:00 p.m. Start

EVENT

Event 1 Girls 10&U 200 IM
Event 2 Boys 10&U 200 IM
Event 3 Girls 11-12 400 IM
Event 4 Boys 11-12 400 IM
Event 5 Girls Open 400 IM
Event 6 Boys Open 400 IM
Event 7 Girls 10&U 500 Free
Event 8 Boys 10&U 500 Free
Event 9 Girls 11-12 500 Free
Event 10 Boys 11-12 500 Free
Event 11 Girls Open 500 Free
Event 12 Boys Open 500 Free

ROMEO & JULIET ABC INVITATIONAL
Sanction # M101142
February 18-20, 2011

Session 2 Saturday Morning-*7:30 a.m. Warm-up /8:30 a.m. Start*

EVENT

Event 13 Girls 8&U 25 Back
Event 14 Boys 8&U 25 Back
Event 15 Girls 10&U 50 Back
Event 16 Boys 10&U 50 Back
Event 17 Boys 11-12 50 Back
Event 18 Girls 8&U 25 Free
Event 19 Boys 8&U 25 Free
Event 20 Boys 11-12 200 Back
Event 21 Girls 10&U 100 Free
Event 22 Boys 10&U 100 Free
Event 23 Boys 11-12 100 Free
Event 24 Girls 8&U 50 Fly
Event 25 Boys 8&U 50 Fly
Event 26 Girls 10&U 100 Fly
Event 27 Boys10&U 100 Fly
Event 28 Boys 11-12 100 Fly
Event 29 Girls 8&U 25 Breast
Event 30 Boys 8&U 25 Breast
Event 31 Girls 10&U 50 Breast
Event 32 Boys 10&U 50 Breast
Event 33 Boys 11-12 50 Breast
Event 34 Girls 8&U 100 Free
Event 35 Boys 8&U 100 Free
Event 36 Boys 11-12 200 Breast
Event 37 Girls 10&U 200 Free
Event 38 Boys 10&U 200 Free
Event 39 Boys 11-12 200 Free

ROMEO & JULIET ABC INVITATIONAL
Sanction # M101142
February 18-20, 2011

Session 3 Saturday Afternoon- 12:30 p.m. Warm-up/ 1:30 p.m. Start

EVENT

Event 40 Girls 11-12 100 Back
Event 41 Girls 13-14 100 Back
Event 42 Boys 13-14 100 Back
Event 43 Girls Open 100 Back
Event 44 Boys Open 100 Back
Event 45 Girls 11-12 200 Free
Event 46 Girls 13-14 200 Free
Event 47 Boys 13-14 200 Free
Event 48 Girls Open 200 Free
Event 49 Boys Open 200 Free
Event 50 Girls 11-12 50 Fly
Event 51 Girls 13-14 200 Fly
Event 52 Boys 13-14 200 Fly
Event 53 Girls 11-12 200 Fly
Event 54 Girls Open 200 Fly
Event 55 Boys Open 200 Fly
Event 56 Girls 11-12 100 Breast
Event 57 Girls 13-14 100 Breast
Event 58 Boys 13-14 100 Breast
Event 59 Girls Open 100 Breast
Event 60 Boys Open 100 Breast
Event 61 Girls 11-12 100 Free
Event 62 Girls 13-14 100 Free
Event 63 Boys 13-14 100 Free
Event 64 Girls Open 100 Free
Event 65 Boys Open 100 Free

ROMEO & JULIET ABC INVITATIONAL
Sanction # M101142
February 18-20, 2011

Session 4 Sunday Morning-7:30 a.m. Warm-up/ 8:30 a.m. Start

EVENT

Event 66 Girls 8&U 25 Fly
Event 67 Boys 8&U 25 Fly
Event 68 Girls 10&U 50 Fly
Event 69 Boys 10&U 50 Fly
Event 70 Boys 11-12 50 Fly
Event 71 Girls 8&U 50 Back
Event 72 Boys 8&U 50 Back
Event 73 Boys 11-12 200 Fly
Event 74 Girls 10&U 100 Back
Event 75 Boys 10&U 100 Back
Event 76 Boys 11-12 100 Back
Event 77 Girls 8&U 50 Free
Event 78 Boys 8&U 50 Free
Event 79 Girls 10&U 50 Free
Event 80 Boys 10&U 50 Free
Event 81 Boys 11-12 50 Free
Event 82 Girls 8&U 50 Breast
Event 83 Boys 8&U 50 Breast
Event 84 Girls 10&U 100 Breast
Event 85 Boys 10&U 100 Breast
Event 86 Boys 11-12 100 Breast
Event 87 Girls 8&U 100 IM
Event 88 Boys 8&U 100 IM
Event 89 Girls 10&U 100 IM
Event 90 Boys 10&U 100 IM
Event 91 Boys 11-12 200 IM

ROMEO & JULIET ABC INVITATIONAL
Sanction # M101142
February 18-20, 2011

Session 5 Sunday Afternoon- 12:30 p.m. Warm-up/ 1:30 p.m. Start

EVENT

Event 92 Girls 11-12 100 Fly
Event 93 Girls 13-14 100 Fly
Event 94 Boys 13-14 100 Fly
Event 95 Girls Open 100 Fly
Event 96 Boys Open 100 Fly
Event 97 Girls 11-12 50 Back
Event 98 Girls 13-14 200 Back
Event 99 Boys 13-14 200 Back
Event 100 Girls 11-12 200 Back
Event 101 Girls Open 200 Back
Event 102 Boys Open 200 Back
Event 103 Girls 11-12 50 Free
Event 104 Girls 13-14 50 Free
Event 105 Boys 13-14 50 Free
Event 106 Girls Open 50 Free
Event 107 Boys Open 50 Free
Event 108 Girls 11-12 50 Breast
Event 109 Girls 13-14 200 Breast
Event 110 Boys 13-14 200 Breast
Event 111 Girls 11-12 200 Breast
Event 112 Girls Open 200 Breast
Event 113 Boys Open 200 Breast
Event 114 Girls 11-12 200 IM
Event 115 Girls 13-14 200 IM
Event 116 Boys 13-14 200 IM
Event 117 Girls Open 200 IM
Event 118 Boys Open 200 IM

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