



**Michigan Swimming
12 & Under Short Course
State Championship
Hosted by: West Michigan Swimmers
& West Ottawa Swim Club**

March 11-13, 2011

Sanction: This meet is sanctioned by Michigan Swimming, Inc., as a championship prelim/finals and timed finals (selected events) swimming meet on behalf of USA Swimming, Sanction # MI101157, Time Trial Sanction # MI101158. All Michigan Swimming, Inc. rules, safety and warm up procedures will govern the meet as if fully set forth in this meet announcement.

Location: [Zeeland West High School Natatorium is located Zeeland Natatorium 3390 - 100th Avenue Zeeland, MI 49464.](#)

Facilities: The Pool, is configured as a ten-lane 25 yard pool. There are also five warm up lanes in the diving area of the pool, beyond the bulkhead. Depth in competition pool is 8ft. Permanent starting blocks and non-turbulent lane markers will be used. Colorado Systems timing and scoreboard will be used with a ten-lane display. Ten lanes will be used in the preliminary sessions. An eight lane championship course will be set-up for finals (with at least one empty lane on either side). The competition course has not been certified in accordance with 104.2.2C(4). There is ample balcony seating for spectators. Lockers are available (provide your own lock). Zeeland West High School, Michigan Swimming, Inc., West Michigan Swimmers, West Ottawa Swim Club are not responsible for lost or stolen items.

***COOLERS ARE PROHIBITED IN THE SPECTATOR AREA. THE WALKWAY IN BEHIND THE SPECTATOR AREA MUST REMAIN CLEAR AT ALL TIMES.**

Parking: The Zeeland West High School Natatorium is located in a high school that will be in session on Friday, March 11. The academic school day begins at 7:35 a.m. and parking will be based on a first come first served basis. You are recommended to park immediately after dropping your swimmer(s) off for warm-up at 7:15 a.m. on Friday! If you leave and try to park when the meet begins at 9:00 a.m., you may have to park at a distance and walk to the building. **Carpooling is also recommended for the Friday AM session if possible.**

Hotels: See hotel list and blocked rooms on Page 14.

State Meet Apparel: See pre-order form on Page 10.

Eligibility: All swimmers registered with Michigan Swimming who have achieved an actual short course yards, short course meters or long course meters time equal to or faster than the qualifying standards (referred to as **Q1** times) during the qualifying period are eligible to enter an event.

Event Schedule

Friday Prelims:

7:00 – 7:20 a.m.

7:30 – 8:50 a.m.

7:35 a.m.

9:00 a.m.

General Meeting

Warm Up

Scratch Box closes for Friday Prelims and 500 Free

Events Start

Friday Finals:

4:30 – 5:20 p.m.

5:30 p.m.

6:00 p.m.

6:00 p.m.

No Finals Check-In Required.

Warm Up

Events Start

Scratch Box closes for Sat Prelims

Sat 200 Free Relay Check In (by Coaches only) or they will be scratched

Saturday Prelims:

7:30- 8:50 a.m.

9:00 a.m.

10:00 a.m.

Warm Up

Events Start

Saturday Relays Declared

Saturday Finals:

4:30 – 5:20 p.m.

5:30 p.m.

6:00 p.m.

6:00 p.m.

No Finals Check-In Required.

Warm Up

Events Start

Scratch Box Closes for Sunday Prelims and 400 IM

Sun 200 Med Relay Check In (by Coaches only) or they will be scratched

Sunday Prelims:

7:30 – 8:50 a.m.

9:00 a.m.

10:00 a.m.

Warm Up

Events Start

Sunday Relays Declared

Sunday Finals:

4:00 - 4:50 p.m.

5:00 p.m.

No Finals Check-In Required / **Note that this Session starts ½ hour earlier than Fri and Sat Finals Sessions**

Warm Up

Events Start

***Note Sunday is the first day of day light savings time**

Age Group: A swimmer's age on March 11, 2011 will determine his/her eligibility for a particular age group for the entire meet. You must swim your own age group.

Format: (1) All Michigan Swimming LSC individual events in the specified age groups are offered in this three day meet. (2) All individual events are prelim – final events with two selected timed finals exceptions (500 Free and the 400 IM) with the preliminaries swum in the morning and the finals at night. (3) All relays are timed finals. The fastest seeded heats of the relay events will be swum during the finals sessions in the evening as stated in the schedule of events.

Qualifying Period: The qualifying time must have been achieved on or since January 1, 2010.

Conversion/Entry Times: No time conversions are permitted. Times must be submitted in short course yards, short course meters, or long course meters. Entry times for individual and relay events shall (a) be achieved during the qualifying period (b) be submitted to the hundredths of a second and (c) be the fastest achieved time by the swimmer/relay during the qualifying period. Exception for the two individual Timed Finals Events and all Relays: A swimmer, if entered in two or more events on the day of the 500 Free or the 400 IM, may enter the 500 Free and/or 400 IM timed final event at his/her fastest time or at the Q1 time standard at his/her discretion.

Relays may enter at either fastest time or at the Q1 time standard. **THIS MUST BE DONE WITH YOUR ORIGINAL ENTRIES AND NOT CHANGED AT THE MEET.**

Entry Procedures: Michigan swimming has adopted USA Swimming's OME (Online Meet Entry) as the sole process for entering teams and individuals swimmers into the State Meet. Times achieved at any USA Swimming sanctioned, observed or approved meet will appear in OME. Follow the step by step instructions to complete your entries:

- Step 1** Go to www.usaswimming.org/OME
- Step 2** Click on "Available Meets", select Michigan Swimming LSC, and then click on "Search". The Michigan Swimming 12 and Under State Meet will appear.
- Step 3** Click on "Enter team" and login using your team login; or you may need to create an account for your team, then login. A pick list of your athletes who have qualifying times in SWIMS will appear. From here, select the events you want to enter. Athletes whose times are not in SWIMS must enter using the custom time option and send a proof of time to the Michigan Swimming office. See the Proof of Time section for further instruction. Relay only swimmers must enter by listing in the Relay Only section for your team.
- Step 4** Double click on the athletes who you want to enter into the meet and complete your entry. You may add to your entry. It does not have to be completed at one time.
- Step 5** You will receive an email confirming your entries.
- Step 6** Mail your completed athlete waiver, certification of athletes, and check to the meet entry chair. Mail or email any necessary proof of time documents to the Michigan Swimming office.

Proof of Times: Michigan swimming will accept all qualifying times contained in USA swimming's SWIMS database, as well as times from meets sanctioned by other national governing bodies including college, high school, Masters, YMCA, and foreign meets approved by FINA that have been run on approved meet management software within the qualifying period (on or after January 1, 2010). The SWIMS database contains results of all sanctioned, observed and approved meets held in the USA for athletes who are registered USA swim member at the time of the swim. Times from the SWIMS database are proven times and do not require any further proof. If a time does not appear in OME it is **NOT** a proven time. Use the custom time entry function to enter the meet with this time and send in a proof of time. **EVENT ENTRIES USING THE CUSTOM TIME PROCESS ARE NOT PROVEN AND REQUIRE A PROOF OF TIME SUBMISSION TO THE MICHIGAN SWIMMING OFFICE. IF YOU DO NOT SUPPLY AN ACCEPTABLE PROOF OF TIME BEFORE THE DEADLINE THE SWIMMER WILL BE SCRATCHED FROM ANY AND ALL EVENTS REQUIRING THE PROOF OF TIME. REFUNDS WILL NOT BE ISSUED FOR FAILURE TO SUPPLY A PROOF OF TIME.**

ACCEPTABLE PROOFS include printed meet results which clearly identify the meet host, meet location and meet date (swim date must be on or after January 1, 2010) as well as the name of the event and the names, clubs and times of other swimmers in the event. The **PREFERRED PROOF** is a locked Meet Manager backup of the meet results. Team manager export files are also accepted but are not preferred. Computer printed award labels and/or time cards signed by a meet referee are **NOT** acceptable for proof purposes.

DEADLINE: All proofs, and a **Meet Entry Report** from Team Manager or Team Unify, which includes the name and dates of the meet where the swimmers achieved the times being proven must be received by the Michigan Swimming office by Monday, February 28th 2011. It is preferred that clubs send only one packet containing all of their proofs to the MS office.

Swimmers whose times cannot be proven will be rejected and will not be entered in that event. The Michigan Swimming office will notify the swimmer's club entry chair of the rejection using the email address provided in OME.

Mail or email all proofs and the Meet Entry Report to the Michigan Swimming Office, P.O. Box 1784, Midland, Mi 48641-1784, or to JBCartmill@hughes.net. DO NOT SEND THESE TO THE MEET ENTRY COORDINATOR.

Entry Limits: A swimmer may enter any number of individual events in which the qualifying time standard has been met. However, a swimmer may swim no more than three individual events per day. A swimmer may swim no more than six individual events for the entire three day meet. If a swimmer is entered in more than three individual events per day, he/she must scratch out of the desired excess event(s) by using a scratch card dropped in the scratch box by the stated time. Failure to properly scratch excess events will result in an automatic scratch of all events that exceed the event per day limit.

Entry Fees: \$7.50 per individual event and \$12.00 per relay. Please include a \$3.00 Michigan Swimming Athlete Surcharge for each swimmer entered. Please make checks payable to WMS. Only checks will be accepted as payment, you may NOT pay by credit card on OME.

Paper Entry: Paper entries are not accepted for this meet. All Entries must be processed using Online Meet Entry (OME).

Entry Deadline: The OME entries will close at midnight on February 28th, 2011. Entries submitted will not be considered as officially received until the entry chairperson has received: (a) the signed release/waiver agreement, (b) the certification of entered athletes form, and (c) the team check. All paperwork must be received by Wednesday March 9, 2011 in order for your team to participate in the meet. If overnight courier is used, you must waive the signature requirement.

Entry Extension: NEW CUTS achieved at meets occurring between February 28th and March 6, 2011 must be processed using OME. Follow the entry procedure instruction and use the OME file called "Michigan 12 and Under State Meet Entry Extension". This file is the ONLY file that will show the SWIMS times achieved during this time period. The OME custom time's option may NOT be used for entries during the entry extension. THE ENTRY EXTENSION OME FILE WILL OPEN ON MARCH 7, 2011 AT 9:00a.m. AND CLOSE ON MARCH 8, 2011 AT 9:00a.m. THIS 24 HOUR PERIOD IS THE ONLY TIME NEW CUT ENTRIES WILL BE ACCEPTED.

Deck Entry: There are no deck entries for this meet.

Entry Chair: Your Club's entry package and check should be sent via U.S. mail or nationally recognized overnight courier to the entry chair. **If sending the entry by overnight courier/express mail, you must waive the signature requirement.**

Send to: West Michigan Swimmers
Lou Hallacy / Mike Torrey
Zeeland Natatorium
3390 - 100th Avenue
Zeeland, MI 49464
(616.389.4843 no calls after 8:30 PM)
z.entries@gmail.com

Refunds: There are no refunds in full or in part once a team or individual entry has been received and processed by the Entry Chair.

Finals Info:

Individual Events: There will be two heats of individual finals 10 and under and 11/12 – each heat is comprised of a maximum of eight (8) swimmers. These will be referred to as "A, B" Finals or "Championship Finals and

Consolation Finals.” These will swim in a B-Consolation, A-Championship Finals order.

Relay Events: The fastest seeded heat (top eight) of all relays will swim in the evening Finals session. The remainder of the relays swim during the morning prelims.

Order of Events: Note the order of events as stated in the schedule of events for Finals. Finals are not necessarily swum in the same order as they are swum in the Prelims. Consult the heat sheet.

Scratch Rules/Individual Events: (1) All individual events will conform to the USA National Scratch Procedure **with the exception of the 400 IM and 500 Free**. With these rules in effect you are no longer required to “check in” for any individual events – you are already “checked in” by virtue of your entry and thus expected to swim the event. If you are entered in an event you must swim the event, or if desired, scratch the event correctly in order to avoid being penalized. To scratch a preliminary or timed finals event you must drop a scratch card in a scratch box by the time stated. To scratch from a Finals event (that you have qualified for) you must scratch or declare your intention to scratch within 30 minutes after the qualifiers are announced pursuant to 207.7.9 (E). If you fail to scratch out of any individual event correctly and fail to compete in the event you will be penalized. (2) Once a scratch card is dropped in the scratch box the swimmer is declared scratched from the event. Only Coaches and swimmers may use a scratch card to scratch an event. (3) A separate scratch card must be used to scratch each individual event a swimmer desires to scratch. Exception: A Coach may use a single scratch card to scratch a swimmer from all events the swimmer is entered in (ie. remove the swimmer from the entire meet).

Penalties for Failure to Compete:

Preliminary Events: If a swimmer fails to drop his/her scratch card by the time stated for the event and fails to compete in that event, the swimmer will be barred from all further preliminary individual and relay events of that day. Additionally, the swimmer will not be seeded in any further individual events on succeeding days unless that swimmer declares intent to swim prior to the close of the scratch box for that day’s event. (See Meet Referee or his/her designee).

Finals: If a swimmer qualifies for a finals event as a result of his/her preliminary swim and fails to properly scratch, or fails to properly declare an intention to scratch pursuant to the rule within 30 minutes after the final qualifiers are announced, and fails to compete in that event final, the swimmer will be barred from further competition for the remainder of the meet. NOTE: If a swimmer declares that he/she may want to scratch an event but does not return to confirm that scratch within 30 minutes following the conclusion of the swimmer’s last event, the swimmer will be seeded into the Finals event, and will be similarly penalized if the swimmer does not compete in Finals. (See Meet Referee or his/her designee).

Scratch Deadlines:

Scratch deadline for Prelim Events: All prelim scratch times are specifically listed above in the “Times” section.

Scratch deadline for all Final events: Thirty minutes after the qualifiers for the event are announced. (See USA Rule 207.7.9 D and E).

Additional \$50 Penalty: In addition to the procedures and penalties stated above, if a swimmer participates in any event in this meet and then fails to compete in his/her last scheduled individual event of the meet without being properly scratched for that event, he/she shall be fined \$50 payable immediately to MS. The swimmer is not allowed to compete in any subsequent MS sanctioned events until the fine is paid.

Relay Entry:

A. Each team may enter no more than two (2) relays in a relay event. Relay entries must be designated as “A” and/or “B”.

B. A and/or B relays must be entered with a seed time, and the seed time must be at or faster than the qualifying standard for the relay event. A and/or B relays may be entered without proof of a qualifying time. Relays missing a qualifying time standard must prove that the qualifying standard had been achieved during the qualifying period or pay a fine. (See Proof of Time paragraph). Therefore, it is highly suggested that all relay seed times as submitted on the entry have a provable aggregate time.

C. Swimmers participating in an individual event(s) and “Relay Only Swimmers” are eligible to compete on an A or B relay.

D. ALL RELAY SWIMMERS MUST BE ENTERED IN THE MEET USING OME. ATHLETES NOT ON THE OME ENTRY REPORT ARE NOT ELIGIBLE TO SWIM.

Relay Proof of Time: If the relay actually swims slower than the qualifying standard, proof of time is required. This is done by proving the aggregate time for the four individuals who actually swam on the particular relay within 30 days following the conclusion of the meet to the Michigan Swimming office. The aggregate time to be proved need not be equivalent to the submitted entry time for the relay, however, the time must be at or faster than the qualifying standard for the relay event. Aggregate proof times must all be equivalent (i.e. all SCY, all LCM, all SCM), all times must have been achieved during the qualifying period (on or after January 1, 2010), and may not use conversions in determining the submitted proof of time. Failure to prove a qualifying aggregate time within the 30 days will result in a fine of \$100 payable immediately to Michigan Swimming. Failure to pay the \$100 fine will result in that team being barred from participating in any future events sanctioned or approved by Michigan Swimming until the fine is paid.

Relay Check In: All relay check in times are listed in the “Times” section. Failure to check in the relay (to be seeded) by the time stated will result in the relay being scratched and the relay barred from swimming that event. Coaches should declare the actual swimmers (when they check the relays in) that will swim on the relay by writing the names and the order they will swim on the relay card and returning the card to the designated Meet official. Coaches may, at their discretion, delay the declaration of relay swimmers (Relays Declared) until a stated time.

Declaration of Relay Swimmers: In addition to the relay check in requirement, the names and order of relay swimmers and alternates must initially be declared (**Relays Declared**) by accurately writing all the swimmers names and order on a relay card provided for that purpose. The names and order of four relay swimmers must be declared for seeding purposes by: (1) 10 a.m Saturday for the 200 Free and (2) 10 a.m. Sunday for the 200 Medley Relays. The order of relay swimmers may be changed (by coaches only) up to the start of the heat. If a coach wishes to change the order of the four swimmers that will actually swim, the coach must indicate the change to the Deck Referee or his/her designee sufficiently in advance to the start of the heat so as not to delay the heat. The Deck Referee or his/her designee in the coach’s presence will alter the order of swimmers on the relay card. If the relay fails to actually swim in the final order as declared on the relay card - the relay will be disqualified.

Seeding:

Individual Events:

- (1) Individual events will be swum in preliminary/final format except for the 10 & Under and 11/12 500 Free and the 11/12 400 IM which will be swum in a Timed Finals format.
- (2) These two Timed Final events (10 and Under and 11/12 500 Free and 11/12 400 IM) will be seeded after the scratch box closes for the event. The fastest seeded heat (top 8) after scratches (if any) of these events will swim during the finals sessions on Friday night (500 Free) and during the Finals on Sunday night (400 IM). The remaining heats of these two timed finals events will swim in the morning sessions. The heats of the 400 IM swum in the morning sessions will be seeded slowest to fastest and will not alternate gender. The heats of the 500 Free swum in the morning sessions will be seeded fastest to slowest and will alternate genders (Girls then Boys). Swimmers should consult the heat sheets carefully for their heat and lane. Awards and scoring/place for these two timed finals events are determined by all the athletes’ performances in all the heats (i.e. times achieved in the preliminary heats are used to determine the top 16 finishers even though the time was not achieved in the Finals.)
- (3) The final three heats of all other prelim/final events will be circle seeded slowest to fastest.

Relay Events:

- (1) All relay events will be timed finals.
- (2) The fastest seeded heats (top eight) of the relay events will be swum during the finals sessions in the evening as stated in the schedule of events.
- (3) Relays will be standard seeded slowest to fastest.

Protests: USA Swimming Rule 102.11 shall be used.

Marshaling: This is a self-marshaled meet. All swimmers will be expected to find their heat and lane independently. Heats will not be delayed. Heat cards will not be used. Heat sheets will be posted underneath the flag on the east side of the pool and underneath the scoreboard on the west side of the pool.

Time Trials: At the discretion of the Meet Referee and Meet Director, and if time permits, time trials may be offered for all events immediately following the conclusion of the day's preliminary heats. However, time trials for the 500 Free / 400 IM will be offered only on the days those events are swum in prelims. Athletes swimming time trials for the 500 Free / 400 IM will be placed in the slowest heats with open lanes in the preliminary events, regardless of gender. Time trials are \$7.50 for an individual event and \$15 for a relay. Time trials are subject to the Michigan Swimming Championship Time Trial Rules which are reviewable in full on the Michigan Swimming website. Notable portions of the rule include: (1) To participate in time trials the swimmer must be already participating in this Short Course State Meet, either in an individual event or a relay event (including relay only athletes) (2) Swimmers are limited to two time trials for the entire meet (3) Time trials count against the total number of individual events per day (no more than 3 individual per day) but not toward the total number of individual events for the entire meet (6). If an athlete has entered the maximum number of individual events allowed per day and wants to swim a time trial, the athlete must scratch an event using the scratch box by the stated deadline or not swim the time trial in order to assure the limit of swims per day is not exceeded.

Awards: Michigan Swimming provides medals for 1st – 8th place finishers in both individual and relay events, and ribbons for 9th – 16th in all individual events. Engraving will be on site to engrave individual and relay medals. There are individual high point awards for 1st – 3rd place finishers in each age group. There is an overall Team State Champion and runner-up trophy.

Award Presentation: There will be a formal awards presentation in each session as described in the meet program and/or heat sheet. It is expected that athletes will appear on time for awards so as not to delay the meet.

Award Distribution: Awards for 9th – 16th place will be bagged for each team and available for immediate pickup at the end of the meet on Sunday evening. No awards will be mailed. No exceptions.

Programs: Meet Programs are \$8.00. Coupons for free preliminary heat sheets will be located on the back page of the program. Once an announcement is made that the session's heat sheets are available, return the appropriate heat sheet coupon to the admissions table to receive that session's heat sheet. Preliminary heat sheets are \$2.00 (without a coupon). Final session heat sheets are \$1.00 and can be purchased at admissions.

Admissions: \$5.00 per person/per day (one-time fee for the day's prelims and finals). Children age 10 and under are free. All Session Passes (wristband) are available for \$15.00 on Friday. Although there is no discount associated with the All Session Pass it will eliminate the need to stand in the admission line. The wristband must be worn on one of your wrists. No exceptions. Please do not abuse this family friendly policy.

Gift Bag: Swimmers' Gift will be available for pick up near the admissions table during all prelim sessions.

Scoring: Individual events points: 20,17,16,15,14,13,12,11,9,7,6,5,4,3,2,1 for 1st-16th respectively. Relays: 40,34,32,30,28,26,24,22,18,14,12,10,8,6,4,2 for 1st – 16th respectively. Relay points affect team scoring only and are not counted toward individual high point.

Results: Results will also be posted following the conclusion of the meet on the Michigan Swimming Website at www.uss-michigan.com. Results will also be available (HY-TEK Meet Manager) to coaches only (Coaches must provide a flash drive). Live results will be posted on www.2011statemeet.com.

Concessions/Hospitality: Concessions for swimmers and spectators is available at the snack bar in the balcony Spectators Area and Friday night, Saturday and Sunday in the School Cafeteria. Food and beverages in plastic containers will be allowed on the deck. NO glass containers will be allowed on the pool deck and will be

confiscated if found. Violators of the No Glass Rule face ejection from the meet (either spectator or athlete) at the discretion of the Meet Referee. Violators may also face further sanctions from Michigan Swimming. A hospitality area will be available for coaches & officials.

Lost and Found: Articles may be turned in to a designated lost and found area on the pool deck. The Meet host will retain articles not picked up by the end of the meet for 14 days. Articles will be donated to a charitable organization after 14 days.

Safety: Michigan Swimming safety and warm up rules will be followed. In the event of a medical emergency the swimmer's coach is responsible for the care of the athlete. The participating athlete and/or the athlete's USA Swim Club will be responsible for any costs incurred if it is necessary to call 911, EMS, etc. If the athlete is participating without a parent present it is highly suggested that the coach have the athlete's insurance cards and signed releases allowing them to direct medical care.

Deck Personnel: Only swimmers, registered and certified coaches and meet officials/workers are allowed on the pool deck. Coaches must be current in all certifications through the final date of the meet. *NO PARENTS ARE ALLOWED ON DECK OR IN LOCKER ROOMS.*

General Info: Any errors or omissions in this meet announcement will be documented by the Meet Referee and available for review at the Clerk of Course. Information will also be covered at the Coaches' Meeting.

Facility Items:

- (A) First Aid supplies will be kept with the lifeguard on duty.
- (B) No smoking is allowed in the building or on the grounds.
- (C) No glass or coolers are allowed anywhere in the aquatics center.
- (D) No folding chairs/bag chairs/camping chairs will be allowed in the balcony.
- (E) No bare feet allowed outside of the pool area.
- (F) An Emergency Action Plan is available for review near the Clerk of the Course.

Meet Referee: Steve Potter

Meet Directors: Lou Hallacy (616- 389-4843) (Only coaches may contact / no calls after 8:30pm)
z.entries@gmail.com

Clerk of Course: Lori Gras

Safety Marshall: Lynn Demarse

Swim Vendor Different Strokes
Livonia, Michigan
Phone: 800-828-2623
Contact: Alexis Kraatz

Engraving: JBL Enterprises
Email: JBL@JBL-enterprises.com
Phone: 616-530-8647
Web site: www.jbl-enterprises.net

Food Vendor Maui Wowi (smoothies)
BearClaw Coffee Co. (specialty coffees)

Michigan Swimming, Inc.
2011 MS 12 & Under Short Course State Championship Meet Standards
Q1 Time Standards

Qualifying Period: January 1, 2010 to entry deadline							
	October 2010						
10 & UNDER GIRLS			10 & UNDER BOYS				
LCM	SCM	SCY	EVENT	SCY	SCM	LCM	
37.19*	36.39	31.49*	50 Freestyle	31.29*	36.49	37.09*	
1:21.79	1:19.49	1:09.49	100 Freestyle	1:10.29	1:20.29	1:22.69	
3:00.19	2:56.09	2:31.59	200 Freestyle	2:34.99*	2:54.69	2:58.59*	
6:18.99	6:07.59	6:50.59	400/500 Freestyle	6:55.99*	6:25.99	6:38.09*	
43.89*	42.99	37.09*	50 Backstroke	37.39*	43.99	44.79*	
1:36.89*	1:34.39	1:20.09*	100 Backstroke	1:20.59*	1:36.59	1:38.39*	
50.69	49.69	42.09	50 Breaststroke	43.39*	50.69	51.89*	
1:48.39	1:44.69	1:32.49	100 Breaststroke	1:34.19*	1:50.79	1:53.99*	
43.79	42.59	35.89	50 Butterfly	37.19	44.29	44.99	
1:46.39	1:45.19	1:26.29	100 Butterfly	1:31.29	1:49.49	1:49.89	
Not Offered	1:30.79	1:19.99	100 IM	1:21.09*	1:32.59	Not Offered	
3:24.49	3:17.39	2:54.39	200 IM	2:56.49*	3:24.49	3:31.39*	
2:32.79*	2:31.79	2:11.99*	200 Free Relay	2:14.99	2:32.49	2:36.09	
2:57.69*	2:54.19	2:31.99*	200 Medley Relay	2:42.99*	3:05.39	3:10.39*	
11-12 GIRLS			11-12 BOYS				
LCM	SCM	SCY	EVENT	SCY	SCM	LCM	
32.09	31.49	27.89	50 Freestyle	28.09*	32.59	33.49	
1:10.39	1:08.39	1:00.79	100 Freestyle	1:01.59*	1:11.49	1:13.59	
2:31.59	2:28.29	2:13.39	200 Freestyle	2:14.59	2:36.69	2:39.49	
5:16.59	5:06.19	5:53.49	400/500 Freestyle	6:00.59*	5:12.49	5:23.09	
37.99	36.89	32.59	50 Backstroke	33.29	38.89	39.59	
1:22.39	1:20.29	1:10.09	100 Backstroke	1:11.69	1:24.89	1:26.89	
2:56.99	2:51.89	2:31.19	200 Backstroke	2:34.79	2:57.19	3:02.39	
42.79	41.59	36.59	50 Breaststroke	37.79	44.49	45.39	
1:31.99	1:28.79	1:20.19	100 Breaststroke	1:21.69	1:37.99	1:40.29	
3:21.69	3:15.49	2:51.99	200 Breaststroke	2:59.99	3:32.29	3:36.79	
35.79*	35.09	31.09*	50 Butterfly	32.29	36.99	38.09	
1:23.19	1:22.19	1:11.29	100 Butterfly	1:13.99	1:28.89	1:29.59	
3:23.09	3:19.49	2:45.49	200 Butterfly	2:55.89	3:27.49	3:31.29	
Not Offered	1:19.69	1:10.79	100 IM	1:12.79*	1:22.59	Not Offered	
2:53.19*	2:47.99	2:32.49*	200 IM	2:35.49	2:54.99	3:00.39	
6:16.89	6:05.99	5:25.59	400 IM	5:35.79*	6:30.19	6:34.79	
2:11.79	2:07.49	1:53.99	200 Free Relay	1:57.99	2:15.09	2:16.49	
2:31.69	2:23.99	2:09.99	200 Medley Relay	2:15.99	2:32.89	2:38.69	
* = standard revised this year							

SCHEDULE OF EVENTS

Friday - March 11, 2011

Friday Preliminaries:

7:00 – 7:20 a.m. General Meeting (In the hospitality room)
7:30 – 8:50 a.m. Warm Up
7:35 a.m. Scratch Box closes for Friday Prelims and 500 Free
9:00 a.m. **Events Start**

If you qualify for Finals and don't want to compete in the event in the evening session you must scratch or declare your intention to scratch within 30 minutes after the qualifiers for finals in the event are announced. See the Meet Referee or his/her designee.

Girls		Boys
<u>Event #</u>	<u>Event Name</u>	<u>Event #</u>
1	11/12 200 Breast	2
3	11/12 50 Free	4
5	10&U 50 Free	6
7	11/12 100 IM	8
9	10&U 100 Back	10
11	11/12 100 Back	12
13	10&U 50 Fly	14
15	11/12 50 Fly	16
17	10&U 500 Free	18
19	11/12 500 Free	20

Friday Finals:

4:30 – 5:20 p.m. Warm-up
5:30 p.m. **Events Start**

No Friday Finals Check In Required

Scratch Box closes for Saturday Prelims at 6:00 pm

Saturday 200 Free Relays must be checked in by Coaches by 6:00 pm

Event order: 1 thru 20
Fastest seeded heat (Top 8) of Events 17 – 20 (500 Free) swim in Finals

Saturday, March 12, 2010

Saturday Prelims:

7:30- 8:50 a.m.

Warm Up

9:00 a.m.

Events Start

10:00 a.m.

Saturday Relays Declared

If you qualify for Finals and do not want to compete in the event in the evening session you must scratch or declare your intention to scratch within 30 minutes after the qualifiers for the finals in the event are announced. See the Meet Referee or his/her designee.

Girls		Boys
<u>Event #</u>	<u>Event Name</u>	<u>Event #</u>
21	11/12 200 Free	22
23	10&U 200 Free	24
25	11/12 100 Breast	26
27	10&U 100 Breast	28
29	11/12 200 Fly	30
31	10&U 50 Back	32
33	11/12 50 Back	34
35	10&U 100 IM	36
37	11/12 200 IM	38
39	10&U 200 Free Relay	40
41	11/12 200 Free Relay	42

Saturday Finals:

4:30 - 5:20 p.m.

Warm-up

5:30 p.m.

Events Start

No Saturday Finals Check In Required

Scratch Box closes for Sun Prelims and 400 IM at 6:00 pm

Sunday 200 Medley Relays must be checked in by Coaches by 6:00 pm

Event order: 21 thru 42
Fastest seeded heats of relays swim in Finals

Sunday, March 13, 2011

(Note: This is the first day of Daylight Savings Time)

Sunday Prelims:

7:30 – 8:50 a.m.	Warm Up
9:00 a.m.	Events Start
10:00 a.m.	Sunday Relays Declared

If you qualify for Finals and do not want to compete in the event in the evening session you must scratch or declare your intention to scratch within 30 minutes after the qualifiers for the finals in the event are announced. See the Meet Referee or his/her designee.

Girls		Boys
Event #	Event Name	Event #
43	11/12 100 Free	44
45	10&U 100 Free	46
47	11/12 200 Back	48
49	10&U 50 Breast	50
51	11/12 50 Breast	52
53	10&U 100 Fly	54
55	11/12 100 Fly	56
57	10&U 200 IM	58
59	11/12 400 IM	60
61	10&U 200 Med Rel	62
63	11/12 200 Med Rel	64

Sunday Finals:

Note that this session starts ½ hour earlier than Fri and Sat

4:00 - 4:50 p.m.	Warm-up
5:00 p.m.	Events Start

No Finals Check In Required

Event Order: 43 thru 64

Fastest seeded heats of relays swim in Finals

Fastest seeded heats (Top 8) of events 59 and 60 (400 IM) swim in Finals

Hotels Near Zeeland Natatorium:

Comfort Suites

4520 Kenowa Ave SW

Grandville, MI, US, 49418 Phone: (616) 667-0733

Located 20 minutes from Zeeland Natatorium

Ask for the swim meet discount

Super 8

3005 Corporate Grove Drive

Hudsonville, MI 49426

Phone: (616) 896-6710

Located 16 minutes from the Zeeland Natatorium

Ask for the swim meet discount

Quality Inn

3301 Highland Dr.

Hudsonville, MI 49426

Phone: (616) 662-4000

Located 16 minutes from Zeeland Natatorium



(design for tank top)

12 & UNDER STATE MEET APPAREL Pre-ORDER FORM

Pre-orders **MUST** be completed through **ONE** team representative and must be **RECEIVED** by February 24th.



Additional orders will be taken and filled on-site on **SATURDAY MARCH 12TH ONLY**.
Orders filled on-site will **NOT** be multi-colored. They will be screened with light blue ink only.

Swimmer's Name _____ Phone _____

All T-shirts and sweatshirts will have State Logo screened on the front and teams on back.

All shorts and tanks will have the one color design shown above.

Item	YS	YM	YL	S	M	L	XL	XXL	Price	QTY	Total
Black T-shirt									\$15.00 (XXL \$17.00) \$18.00 on-site (XXL \$20.00)		
Grey T-shirt									\$15.00 (XXL \$17.00) \$18.00 on-site (XXL \$20.00)		
Pink T-shirt									\$15.00 (XXL \$17.00) \$18.00 on-site (XXL \$20.00)		
Green T-shirt									\$15.00 (XXL \$17.00) \$18.00 on-site (XXL \$20.00)		
Black Hooded Sweatshirt									\$30.00 (XXL \$32.00) \$35.00 on-site (XXL \$37.00)		
Pink Hooded Sweatshirt									\$30.00 (XXL \$32.00) \$35.00 on-site (XXL \$37.00)		
White Tank Top									\$10.00 (XXL \$12.00) \$12.00 on-site (XXL \$15.00)		
Black Mesh Shorts									\$15.00 (XXL \$17.00) \$18.00 on-site (XXL \$20.00)		
Black Cheer Shorts									\$12.00 (XXL - NA) \$15.00 on-site		

Note to swimmers and parents:

Complete this order form and send to your team representative by deadline specified by your team.

ONLY team reps will be able to pick up orders, which will be available beginning Friday morning, March 11th, during warm-up.
Note to Team Representative:

Please gather orders from your team and send **ONE** order form with **ONE** check payable to West Michigan Swimmers.

Please keep individual order forms for distribution to your team.

Mail to: West Michigan Swimmers P.O. Box 166 Zeeland, MI 49464

Pre-orders MUST be RECEIVED (not postmarked) by February 24th.

Team Name: _____ Team Rep: _____

Team Rep Phone: _____ Team Rep email: _____

Questions: Contact Nancy DeJonge, state2011apparel@gmail.com