

**Best Valen-Times Ever ABC Meet 2014**

**Hosted By Huron Valley Penguins**

**January 24-26, 2014**

<b>Sanction:</b>	This meet is sanctioned by Michigan Swimming, Inc. (MS), as a <i>timed final</i> meet on behalf of USA Swimming (USA-S), Sanction Number <b>MI1314046</b> . In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. MS rules, safety, and warm up procedures will govern the meet as if fully set forth in these meet rules.
<b>Location:</b>	Lakeland High School 1630 Bogie Lake Road White Lake, MI 48383
<b>Times:</b>	<b><i>Session 1-Friday PM Warm-up Starts: 5:00pm and Events Begin:6:00pm</i></b> <b><i>Session 2-Saturday AM Warm-up Starts: 7:30am and Events Begin: 8:30am</i></b> <b><i>Session 3-Saturday PM Warm-up Starts: 12:30pm and Events Begin: 1:30pm</i></b> <b><i>Session 4-Sunday AM Warm-up Starts: 7:30am and Events Begin: 8:30am</i></b> <b><i>Session 5-Sunday PM Warm-up Starts: 12:30pm and Events Begin: 1:30pm</i></b>
<b>Motels:</b>	<b>Hampton Inn</b> 169 Loop Rd. Commerce Township, MI 48390 Hamptoninn.com, <b>Holiday Inn Express Hotel &amp; Suites Waterford</b> 4350 Pontiac Lake Road, Waterford, MI (248)674-3434 Hiexpress.com <b>Comfort Inn</b> 7076 Highland Rd., Waterford, MI (248)666-8555 Comfortinn.com

<b>Facilities:</b>	<b><i>Lakeland High School Pool</i></b> is a 8 lane pool <b><i>with a diving well which will be available for supervised warm-up and warm down.</i></b> Depth at start is 8ft. and 4ft. at turn. Permanent starting blocks and non-turbulent lane markers will be used. <b><i>Colorado timing with an 8 lane display will be used.</i></b> There is ample balcony seating for spectators. Lockers are available <b><i>provide your own lock.</i></b> Public phones will be available. <b><i>The competition course has not been certified in accordance with 104.2.2C(4)</i></b>
<b>Eligibility:</b>	<i>Best Valen-Times Ever ABC Meet is for all swimmers All swimmers must be currently registered with United States of America Swimming (USA-S). A swimmer's age on Friday, January 24th, 2014 will determine his/her eligibility for a particular age group.</i>
<b>Deck Registration:</b>	<i>Unregistered swimmers must register on deck at this meet by turning in the athlete registration form and payment to the Meet Referee. The cost of registering on deck is double the normal fee (\$124.00 per swimmer for 2013-14 registration).</i>
<b>Meet Format:</b>	<i>Timed Finals</i>
<b>Entry Limits:</b>	<i>Entries will be accepted on a first come first serve basis by date of email for electronic entries and date of receipt by the entry chair for hard copy entries until the Michigan Swimming Four (4) hour per session maximum time limit is met. As set forth in entry procedures below, (A) a hard copy of your club's entry summary sheet, (B) a hard copy of your club's signed release/waiver agreement (C) your club's certification of entered athletes and (D) your club's entry and entry fees must be received by the Entry Chair in a timely fashion prior to the start of the meet, or your swimmers will not be allowed to swim in the meet. Entries received after the four (4) hour per session time limit has been met will be returned even if received before the entry deadline.</i>
<b>Swimmers Without A Coach:</b>	<i>Any swimmer entered in the meet, unaccompanied by a USA-S member coach, must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</i>

<b>Individual Entry Limits:</b>	<i>Swimmers may enter a maximum of four (4) individual events and (1) relay with a maximum total of (5) five events for each day Saturday and Sunday. Entry Limits for Friday's session are a maximum of two (2) events. The meet maximum for all sessions is twelve (12) events total for the whole meet.</i>
<b>Electronic Entries:</b>	\$4.00 per individual event and \$12.00 for relays. Please include a \$1.00 Michigan Swimming surcharge for each swimmer entered. Make checks payable to: <b>Huron Valley Schools</b>
<b>Paper Entries:</b>	MS rules regarding non-electronic entries apply. \$5.00 per individual event and \$13.00 for relays. There is a \$1.00 additional charge per individual event and \$1.00 per relay event paid if the entry is not submitted in Hy-Tek format. The Michigan Swimming \$1.00 general surcharge for each swimmer also applies to paper entries. Paper entries may be submitted to the entry chair on a spreadsheet of your choice however the paper entry <i>must</i> be logically formatted and must contain all pertinent information to allow the entry chair to easily enter the swimmer(s) in the correct events with correct seed times.
<b>Entry Procedures:</b>	Entries may be submitted to the entry chairperson as of Friday, January 3 <sup>rd</sup> , 2014 at 12:00pm The entry chairperson must receive all entries no later than January 17 <sup>th</sup> , 2014 Entries must include correct swimmer name (as registered with USA/MS Swimming), age and USA number. You can import the order of events and event numbers from the Michigan Swimming website ( <a href="http://www.miswim.org/">http://www.miswim.org/</a> ). All individual entries should be submitted via electronic mail to the entry chairperson at <a href="mailto:hvpmeetentries@gmail.com">hvpmeetentries@gmail.com</a> All entries will be processed in order by email date code or mail date code. Any entries submitted will be considered provisional until such time as the entry chairperson has received a hard copy of: (a) your club's entries (Team Manager Meet Entries Report), (b) a hard copy of your club's signed release/waiver agreement (c) your clubs signed certification of entered athletes and (d) your club's entry fees. This must be received in a timely fashion prior to the start of the meet or your swimmers will not be allowed to swim in the meet. The complete <b>Best Valen-Times Ever ABC Meet</b> entry packet with entry forms is available on the Michigan Swimming Website at <a href="http://www.miswim.org/">http://www.miswim.org/</a>
<b>Refunds:</b>	Once a team or individual entry has been received and processed by the entry chair there are no refunds in full or in part unless the "over qualification exception" applies (see MS Rules).

<b>Entry Chair:</b>	<p>Your club's Entry, Entry Summary Sheet, Release/Waiver, Certification of Entered Athletes and Check should be sent via U.S. mail or nationally recognized overnight courier to:</p> <p>Jim Tulpa  802 Chatham, Milford, MI 48381  <a href="mailto:hvpmeetentries@gmail.com">hvpmeetentries@gmail.com</a>  (248)685-3774 No calls after 9pm</p>
<b>Check In:</b>	<p>Check In will be available as of 30mins before warm-up begins. Check in is mandatory for all events and is required by the time set forth in this meet announcement. Failure to check in will cause the swimmer to be scratched from all events in that session. Check in will close 15 minutes after the start of warm up for each session. Check in sheets will be posted outside Locker room entrances in the main hallway.</p>
<b>Scratch Rules:</b>	<p>Prior to check in close a swimmer may scratch events at the Clerk of Course located at check-in. After check in closes, you must see the Meet Referee to scratch an event.</p>
<b>Marshaling:</b>	<p>All session of the meet will be self marshaled.</p>
<b>Seeding:</b>	<p>Seeding will be done after check in closes. Swimmers who fail to check in for an event will be scratched from that event. All events are timed finals and will be seeded slowest to fastest other than distance events in the Friday session. The all the events in the Friday session will be seeded fastest to slowest The 1000 Free will also alternate genders-women/men and the 1000 may be limited to two heats of each gender additional heats will be allowed if time permits.</p>

<b>Deck Entries / Time Trials:</b>	<i>Deck entries may be allowed depending on the timeline of the meet and the decision of the Meet Referee and Meet Director. The deck entry fee will be For deck entries individual events are \$7.50 and relays are \$15.00. Registration status must be proven by providing a current USA Swimming membership card or a current print out of an athlete roster from the Club Portal, the Club Portal is located on the USA Swimming website. The athlete may also enter by showing their membership from USA Swimming's DECK PASS on a smart phone. Name, athlete ID and club affiliation should then be added to your database just as it appears on the card or list or the swimmer may compete unattached (UN) if they request to do so.</i>
<b>Meet Programs / Admissions:</b>	Admission is \$4.00 per person, per day on Saturday and Sunday, \$2.00 per person Friday. 10 & Under are free. A 3-day program will be available for \$6.00.
<b>Scoring:</b>	Individual High Point trophies will be awarded to top scoring swimmers, both genders in the following age groups: 8 & U, 9-10, 11-12, 13-14, Open
<b>Awards:</b>	Huron Valley Penguin medals will be awarded for 1-3 place and ribbons awarded 4-16 <sup>th</sup> place for A, B, and C divisions for individual events. Relays will be awarded medals for 1-3 place and ribbons 4-8 <sup>th</sup> place.
<b>Results:</b>	Complete meet results will be posted on the Michigan Swimming Website at <a href="http://www.miswim.org/">http://www.miswim.org/</a> . Results will also be available on flash drive (HY-TEK Team Manager result file) upon request. Teams must provide their own flash drive.
<b>Concessions:</b>	Food and beverages will be available in the upper hallway just outside balcony doors. No food or beverage will be allowed on the deck of the pool, in the locker rooms or in the spectator areas. A hospitality area will be available for coaches and officials.
<b>Lost and Found:</b>	<i>Articles may be turned in/picked up at the Pool front desk. Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days (any longer period shall be in the sole discretion of the Meet Director).</i>

<b>Swimming Safety:</b>	Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. <b><i>The same rules will apply with respect to the warm-down pool and diving well.</i></b> Penalties for violating these rules will be in the sole discretion of the meet referee which may include ejection from the meet.
<b>Deck Personnel / Locker Rooms / Credentialing:</b>	<p>Only registered and current coaches, athletes, officials and meet personnel are allowed on the deck or in locker rooms. Access to the pool deck may only be granted to any other individual in the event of emergency through approval by the Meet Director or the Meet Referee. The General Chair of MS and the Program Operations Vice-Chair of MS are authorized deck personnel at all MS meets. Personal assistants/helpers of athletes with a disability shall be permitted when requested by an athlete with a disability or a coach of an athlete with a disability.</p> <p>Lists of registered coaches, certified officials and meet personnel will be placed outside the pool deck at the entrance from leisure pool to lap pool. Meet personnel will check the list of approved individuals and issue a credential to be displayed at all times during the meet. This credential will include the host team <b>logo, name</b> as well as the function of the individual being granted access to the pool deck (Coach, Official, Timer, or Meet Personnel). In order to obtain a credential, Coaches and Officials must be current in all certifications through the final date of the meet. Meet personnel must return the credential at the conclusion of working each day and be reissued a credential daily.</p> <p>All access points to the pool deck and locker rooms will either be secured or staffed by a meet worker checking credentials throughout the duration of the meet.</p>
<b>Swimmers with Disabilities:</b>	All swimmers are encouraged to participate. If any of your swimmers have special needs or requests please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.
<b>General Info:</b>	Any errors or omissions in the program will be documented and signed by the meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting.
<b>First Aid:</b>	Supplies will be kept in Lap pool office.

<b>Facility Items:</b>	<p>(A) No smoking is allowed in the building or on the grounds of Lakeland High School.</p> <p>(B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.</p> <p>(C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.</p> <p>(D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection at the lap pool office.</p> <p>(E) To comply with USA Swimming privacy and security policy, the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.</p> <p>(F) Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.</p>
<b>Meet Director:</b>	Janette Heaton (248)790-5607 coach_janette@yahoo.com
<b>Meet Referee:</b>	John Loria (734)744-5150 jloria1@aol.com
<b>Safety Marshal:</b>	Irene Kennedy
<b>Administrative Official:</b>	Jim Tulpa <a href="mailto:hvpmeetentries@gmail.com">hvpmeetentries@gmail.com</a> <b>(248)685-3774 No calls after 9pm</b>
<b>Entry Chair:</b>	Jim Tulpa <a href="mailto:hvpmeetentries@gmail.com">hvpmeetentries@gmail.com</a> <b>(248)685-3774 No calls after 9pm</b>

**BEST VALEN-TIMES EVER MEET 2014****MI1314046**

Friday, January 24<sup>th</sup>, 2014  
Warm up 5:00pm, Start 6:00pm

Boys Event #	Age	Event	Girls Event #
1	12 & UNDER	400 IM	2
3	Open	400 IM	4
5	12 & UNDER	500 FREE	6
7	Open	1000 FREE	8

**Saturday, January 25<sup>th</sup>, 2014**

Warm up 7:30am, Start 8:30am

Boys Event#	Age	Event	Girls Event#
9	11-12	200 Medley Relay	*
10	10&U	200 Medley Relay	11
12	11-12	100 FREE	*
13	10 & U	100 FREE	14
15	8 & U	50 FREE	16
17	11-12	50 BACK	*
18	10 & U	50 BACK	19
20	8 & U	25 BACK	21
22	11-12	200 IM	*
23	10 & U	200 IM	24
25	8 & U	100 IM	26
27	11-12	50 FLY	*
28	10 & U	50 FLY	29
30	8 & U	25 FLY	31
32	11 & 12	100 BREAST	*
33	10 & U	100 BREAST	34
35	8 & U	50 BREAST	36

Warm up 12:30pm, Start 1:30pm

Boys Event#	Age	Event	Girls Event#
*	11-12	200 Medley Relay	37
38	Open	200 Medley Relay	39
*	11-12	100 BREAST	40
41	OPEN	100 BREAST	42
*	11-12	50 BACK	43
44	OPEN	200 BACK	45
*	11-12	200 IM	46
47	OPEN	200 IM	48
*	11-12	100 FREE	49
50	OPEN	100 FREE	51
*	11-12	50 FLY	52
53	OPEN	100 FLY	54

**BEST VALEN-TIMES EVER MEET 2014****MI1314046**

Sunday, January 26<sup>th</sup>, 2014  
Warm up 7:30am, Start 8:30am

Boys Event #	Age	Event	Girls Event #
55	11-12	200 FREE RELAY	*
56	10 & U	200 FREE RELAY	57
58	11-12	200 FREE	*
59	10 & U	200 FREE	60
61	8 & U	100 FREE	62
63	11-12	50 BREAST	*
64	10 & U	50 BREAST	65
66	8 & U	25 BREAST	67
68	11-12	100 BACK	*
69	10 & U	100 BACK	70
71	8 & U	50 BACK	72
73	11-12	100 IM	*
74	10 & U	100 IM	75
76	8 & U	25 FREE	77
78	11-12	100 FLY	*
79	10 & U	100 FLY	80
81	8 & U	50 FLY	82
83	11-12	50 FREE	*
84	10 & U	50 FREE	85

Warm up 12:30pm, Start 1:30pm

Boys Event#	Age	Event	Girls Event#
*	11-12	200 FREE RELAY	86
87	OPEN	200 FREE RELAY	88
*	11-12	200 FREE	89
90	OPEN	200 FREE	91
*	11-12	50 BREAST	92
93	OPEN	200 BREAST	94
*	11-12	100 BACK	95
96	OPEN	100 BACK	97
*	11-12	100 IM	98
99	OPEN	50 FREE	100
*	11-12	100 FLY	101
102	OPEN	200 FLY	103
*	11-12	50 FREE	104

## RELEASE AND WAIVER

**Sanction Number**

**MI1314046**

Enclosed is a total of \$\_\_\_\_\_ covering fees for all the above entries. In consideration of acceptance of this entry I/We hereby, for ourselves, our heirs, administrators, and assigns, waive and release any and all claims against Huron Valley Penguins, Huron Valley Schools, Michigan Swimming, Inc., and United States Swimming, Inc. for injuries and expenses incurred by Me/Us at or traveling to said swim meet.

[illegible]

In granting the sanction it is understood and agreed that USA Swimming and Michigan Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

Signature: \_\_\_\_\_

Position:

Street Address:

City, State, Zip

E-mail:

Coach Name: \_\_\_\_\_

Coach Phone: \_\_\_\_\_

Coach E-Mail:

Club Name: \_\_\_\_\_

Club Code: \_\_\_\_\_

## Certification of Registration Status Of All Entered Athletes

## Best Valen-Times Ever ABC Meet 2014

**Sanction Number**

**MI1314046**

Michigan Swimming Clubs must register and pay for the registration of all athletes that are contained in the electronic TM Entry File or any paper entries that are submitted to the Meet Host with the Office of Michigan Swimming **prior to submitting the meet entry to the meet host.** Clubs from other LSCs must register and pay for the registration of their athletes with their respective LSC Membership Coordinator.

A penalty fee of \$100.00 per unregistered athlete will be levied against any Club found to have **entered** an athlete in a meet without first registering the athlete and paying for that registration with the Office of Michigan Swimming or their respective LSC Membership Coordinator.

Submitting a meet entry without the athlete being registered and that registration paid for beforehand may also subject the Club to appropriate Board of Review sanctions.

The authority for these actions is:

UNITED STATES SWIMMING RULES AND REGULATIONS 302.4 FALSE REGISTRATION – A host LSC may impose a fine of up to \$100.00 per event against a member Coach or a member Club submitting a meet entry which indicates a swimmer is registered with USA Swimming when that swimmer or the listed Club is not properly registered. The host LSC will be entitled to any fines imposed.

[illegible]

I certify that **all** athletes submitted **with this meet entry** are currently registered members of USA Swimming and that I am authorized by my Club to make this representation in my listed capacity.

By: \_\_\_\_\_  
(Signature)

(Printed Name of person signing above)

Capacity: \_\_\_\_\_

Club Name: \_\_\_\_\_

Date: \_\_\_\_\_

**This form must be signed and returned with the entry or the entry will not be accepted.**

**Meet Evaluation Form**  
**Sanction Number: MI1314046**

**Name of Meet: Best Valen-Times Ever ABC Meet**

**Date of Meet: January 24 through 26, 2014**

**Host of Meet: Huron Valley Penguins (HVP)**

**Place of Meet: Lakeland High School Pool**

Who do you represent (circle)?      the host club      a visiting club      unattached

Describe yourself (circle)    athlete    coach    official    meet worker    spectator

**Please rate the overall quality of this meet:**

(Please write any compliments or suggestions below or on the reverse side)

	Low				High
1. Swimming pool (e.g., water quality, ventilation)	1	2	3	4	5
2. Equipment (e.g., timing system, PA system):	1	2	3	4	5
3. Swimmer facilities (e.g., locker rooms, rest areas):	1	2	3	4	5
4. Spectator facilities (e.g., seating, rest rooms):	1	2	3	4	5
5. Meet services (e.g., concessions, admissions, programs):	1	2	3	4	5
6. Officiating	1	2	3	4	5
7. Awards and award presentations:	1	2	3	4	5
8. Safety provisions:	1	2	3	4	5
9. Overall success of the meet:	1	2	3	4	5
10. Other (please specify):	1	2	3	4	5

**Return this completed evaluation to a representative of the Meet Host. Thank you.**

**Meet Host: Copy all of these submitted Meet Evaluations to the current Program Operations Vice-Chair and the Michigan Swimming Office within 30 days.**