

**22nd Annual Fall Pentathlon**  
**Hosted By: Spartan Swim Club**  
**HOLT HIGH SCHOOL**  
**Saturday, October 5, 2013 and Sunday, October 6, 2013**

<b>Sanction:</b>	This meet is sanctioned by Michigan Swimming, Inc.(MS), as a timed final meet on behalf of USA Swimming (USA-S), Sanction Number <b>MI1314002</b> . In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. MS rules, safety, and warm up procedures will govern the meet as if fully set forth in these meet rules.
<b>Location:</b>	Holt High School Pool, 5885 W. Holt rd, Holt, Michigan 48842  Exit I-96 at Martin Luther King. Go South to Bishop Road and turn left on Bishop. At the dead end, turn right on Grovenburg Road. Turn left on Holt Road. The school is on the right side of Holt Road. The pool is on the east end of the school.  Exit I-127 at Holt Road. The school is on the left side of Holt Road. The pool is on the east end of the school.
<b>Times:</b>	Saturday, October 5 AM Warm Up starts: 8:30 a.m.; events begin 9:30 a.m. Saturday, October 5 PM, Warm Up starts: 11:30 p.m.; events begin 12:30 p.m. Sunday, October 6 AM Warm Up starts 8:00 a.m.; events begin 9:00 a.m. Sunday, October 6 PM Warm Up starts 11:30 a.m.; events begin 12:30 p.m.  8 & Under Novice, 8 & Under, 9 - 10 Novice swim Saturday morning 11 - 12 year olds swim Saturday afternoon 9 - 10 year olds (except Novice) swim Sunday morning. 13 - 14 Year Olds and Open swimmers Sunday afternoon.
<b>Motels:</b>	There are several local hotels. Use your favorite search engine to find the one you like best.
<b>Facilities:</b>	Holt High School is an 8 lane pool with a diving well which will be available for supervised warm-up and warm down. Depth at start is between 8 and 14 feet and 4ft at the turn. Permanent starting blocks and non-turbulent lane markers will be used. Colorado timing with an 8 lane display will be used There is ample balcony seating for spectators. Lockers are available (provide your own lock). Public phones will be available. The competition course has not been certified in accordance with 104.2.2C(4)

<b>Eligibility:</b>	The Spartan Pentathlon is for those swimmers who want to swim at it and is open to all swimmers. There is no minimum or maximum time standards. All swimmers must be currently registered with United States of America Swimming (USA-S). A swimmer's age on October 5, 2013 will determine his/her eligibility for a particular age group.
<b>Deck Registration:</b>	Unregistered swimmers <i>must</i> register on deck at this meet <i>by turning in the athlete registration form and payment to the Meet Referee. The cost of registering on deck is double the normal fee (\$124.00 per swimmer for 2013-14 registration).</i>
<b>Meet Format:</b>	This meet is a Pentathlon. Each swimmer (other than novice divisions) will be required to compete in five events, one in each of the four stroke disciplines and an IM of applicable distance. Distance will vary with age groupings. The 8 and under novice division will swim three events: 25 free, 25 back, and 50 free. The 9 - 10 novice division will swim three events: 50 free, 50 back and 100 free. The novice divisions are intended for beginning swimmers who do not feel comfortable with butterfly and breaststroke. <i>If the size warrants the Meet Referee in conjunction with the Meet Director may decide to run the meet in six (6) lanes instead of eight (8). Any decision to use 6 lanes will be communicated by email to all teams as soon as the decision is made.</i>
<b>Entry Limits:</b>	Entries will be accepted on a first come first serve basis by date of email for electronic entries and date of receipt by the entry chair for hard copy entries until the Michigan Swimming Four (4) hour per session maximum time limit is met. As set forth in entry procedures below, (A) a hard copy of your club's entry summary sheet, (B) a hard copy of your club's signed release/waiver agreement (C) your club's certification of entered athletes and (D) your club's entry and entry fees must be received by the Entry Chair in a timely fashion prior to the start of the meet, or your swimmers will not be allowed to swim in the meet. Entries received after the four (4) hour per session time limit has been met will be returned even if received before the entry deadline.
<b>Swimmers Without A Coach:</b>	Any swimmer entered in the meet, unaccompanied by a USA-S member coach, must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

<b>Individual Entry Limits:</b>	Participants in the full pentathlon will swim 5 events, 1 of each stroke and an IM, participants in the novice pentathlon will swim 3 events – 2 freestyle and 1 backstroke event.
<b>Electronic Entries:</b>	\$25.00 per swimmer except the 8 and under Novice and the 9 - 10 Novice, which are \$15.00 per swimmer. A swimmer must pay the full amount <i>even if s/he does not intend to swim all events in an age group</i> . For example, if a novice swimmer plans to swim only the 50 back and 50 free, his/her entry fee is still \$15.00. Please include an additional \$1.00 Michigan Swimming surcharge for each swimmer entered. Make checks payable to: Spartan Swim Club.
<b>Paper Entries:</b>	MS rules regarding non-electronic entries apply. \$6 per individual event. There is a \$1.00 additional charge per individual event and \$1.00 per relay event paid if the entry is not submitted in Hy-Tek format. The Michigan Swimming \$1.00 general surcharge for each swimmer also applies to paper entries. Paper entries may be submitted to the entry chair on a spreadsheet of your choice however the paper entry <i>must</i> be logically formatted and must contain all pertinent information to allow the entry chair to easily enter the swimmer(s) in the correct events with correct seed times.
<b>Entry Procedures:</b>	Entries may be submitted to the entry chairperson as of September 14, 2013 at 12pm (noon). The entry chairperson must receive all entries no later than September 27, 2013. Entries must include correct swimmer name (as registered with USA/MS Swimming), age and USA number. You can import the order of events and event numbers from the Michigan Swimming website ( <a href="http://www.miswim.org/">http://www.miswim.org/</a> ). All individual entries should be submitted via electronic mail to the entry chairperson at coachdtr1@gmail.com. All entries will be processed in order by email date code or mail date code. Any entries submitted will be considered provisional until such time as the entry chairperson has received a hard copy of: (a) your club's entries (Team Manager Meet Entries Report), (b) a hard copy of your club's signed release/waiver agreement (c) your club's signed certification of entered athletes and (d) your club's entry fees. This must be received in a timely fashion prior to the start of the meet or your swimmers will not be allowed to swim in the meet. The complete Spartan Pentathlon entry packet with entry forms is available on the Michigan Swimming Website at <a href="http://www.miswim.org/">http://www.miswim.org/</a>
<b>Refunds:</b>	Once a team or individual entry has been received and processed by the entry chair there are no refunds in full or in part unless the "over qualification exception" applies (see MS Rules).
<b>Entry Chair:</b>	Your club's Entry, Entry Summary Sheet, Release/Waiver, Certification of Entered Athletes and Check should be sent via U.S.

	<p>mail or nationally recognized overnight courier to:</p> <p>Damon Robertson</p> <p>329 Smith Ave</p> <p>Lansing MI 48910</p> <p><a href="mailto:Coachdtr1@gmail.com">Coachdtr1@gmail.com</a></p> <p>517 402-2557</p> <p><b>Please send one check to cover all entries.</b>  <b>Entries will not be accepted if signature is required for delivery</b></p>
<b>Check In:</b>	<p>Check In will be available as of <i>45 minutes before warm-up begins</i>. Check in is mandatory for all events and is required by the time set forth in this meet announcement. Failure to check in will cause the swimmer to be scratched from all events in that session. <i>Check in will close 15 minutes after the start of warm up for each session</i>. Also note that pursuant to MS Rules that failing to swim an event <u>after</u> checking in for that event will disqualify a swimmer from his or her next event. Check in sheets will be posted <i>commons area next to the pool</i>.</p>
<b>Scratch Rules:</b>	<p><u>Prior</u> to check in close a swimmer may scratch events at the Clerk of Course. <u>After</u> check in closes, you must see the Meet Referee to scratch an event. Once a swimmer has checked in for an event that swimmer must compete in that event or the swimmer will be scratched from his/her next event.</p>
<b>Marshaling:</b>	<p><b>The meet will be self-marshaled.</b> All self-marshaled swimmers will be expected to find their heat and lane independently. Heat sheets will be posted on the pool deck and in the spectator area.</p>

<b>Seeding:</b>	<p>Seeding will be done after check in closes. Swimmers who fail to check in for an event will be scratched from that event. All events are timed finals and will be seeded slowest to fastest .</p>
<b>Deck Entries / Time Trials:</b>	<p>Deck entries will be accepted as time allows and at the discretion of the meet director and meet referee. Deck entries are \$36 for 5-events (regular swimmers) and \$22 for 3 (novice swimmers) events. Deck entries will not be accepted other than for 5 or 3 events. Time Trials will not be offered For deck entries, registration status must be proven by providing a current USA Swimming membership card or a current print out of an athlete roster from the Club Portal. The Club Portal is located on the USA Swimming website.</p>
<b>Meet Programs / Admissions:</b>	<p>\$4 per person. A heat sheet will be available for \$2 asap after check in closes.</p>

<b>Scoring:</b>	Points will be awarded by place in each event as follows: 32 points for 1 <sup>st</sup> place, 29 points for 2 <sup>nd</sup> place, 28 points for 3 <sup>rd</sup> place, etc. Individual high point will determine overall pentathlon placing in each age grouping. Only the top 30 swimmers in each age group will be scored. In the event of a tie, the IM will be used to determine the places of the tied swimmers. In the 8 and under Novice, the 50 free will be used to break ties. In the 9 - 10 Novice, the 100 freestyle will be used to break ties, <b>If still tied after that then we will proceed through the IM order of events till it is broken</b>
<b>Awards:</b>	Points will be given for each event and then combined for all five events (three events for Novice). Awards will be for the combined points not for each individual event. For each age grouping: 1 <sup>st</sup> through 6 <sup>th</sup> place trophies will be awarded; 7 <sup>th</sup> through 12 <sup>th</sup> place will receive custom medals; and 13 <sup>th</sup> through 24 <sup>th</sup> place will receive custom ribbons. Awards must be picked up at the meet. No awards will be mailed.
<b>Results:</b>	Complete meet results will be posted on the Michigan Swimming Website at <a href="http://www.miswim.org/">http://www.miswim.org/</a> . Results will also be available on flash drive (HY-TEK Team Manager result file) upon request. Teams must provide their own flash drive.
<b>Concessions:</b>	Food and beverages will be available in the commons area outside the pool. No food or beverage will be allowed on the deck of the pool, in the locker rooms or in the spectator areas. A hospitality area will be available for coaches and officials.

<b>Lost and Found:</b>	Articles may be turned in/picked up at concessions. Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days (any longer period shall be in the sole discretion of the Meet Director).
<b>Swimming Safety:</b>	Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. The same rules will apply with respect to the warm-down pool and diving well. Penalties for violating these rules will be in the sole discretion of the meet referee which may include ejection from the meet.
<b>Deck Personnel / Locker Rooms / Credentialing:</b>	<p>Only registered and current coaches, athletes, officials and meet personnel are allowed on the deck or in locker rooms. Access to the pool deck may only be granted to any other individual in the event of emergency through approval by the Meet Director or the Meet Referee. The General Chair of MS and the Program Operations Vice-Chair of MS are authorized deck personnel at all MS meets. Personal assistants/helpers of athletes with a disability shall be permitted when requested by an athlete with a disability or a coach of an athlete with a disability.</p> <p>Lists of registered coaches, certified officials and meet personnel will be placed outside the door to the locker rooms / pool deck. Meet personnel will check the list of approved individuals and issue a credential to be displayed at all times during the meet. This credential will include the host team logo and name as well as the function of the individual being granted access to the pool deck (Coach, Official, Timer, or Meet Personnel). In order to obtain a credential, Coaches and Officials must be current in all certifications through the final date of the meet. Meet personnel must return the credential at the conclusion of working each day and be reissued a credential daily.</p> <p>All access points to the pool deck and locker rooms will either be secured or staffed by a meet worker checking credentials throughout the duration of the meet.</p>
<b>Swimmers with Disabilities:</b>	All swimmers are encouraged to participate. If any of your swimmers have special needs or requests please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.
<b>General Info:</b>	Any errors or omissions in the program will be documented and signed by the meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting.

<b>First Aid:</b>	Supplies will be kept in the pool office.
<b>Facility Items:</b>	<p>(A) No smoking is allowed in the building or on the grounds of Holt High School.</p> <p>(B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.</p> <p>(C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions. No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.</p> <p>(D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection at the pool office.</p> <p>(E) To comply with USA Swimming privacy and security policy, <u>the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.</u></p> <p>(F) Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.</p>
<b>Meet Director:</b>	Patrick Saucedo 517-488-3485 saucedop@msu.edu
<b>Meet Referee:</b>	Casey Kern, ckern1213@sbcglobal.net
<b>Safety Marshal:</b>	Christina Abbott cabbott128@gmail.com
<b>Administrative Official</b>	Damon Robertson 517 402-2557, coachdtr1@gmail.com

**22nd ANNUAL FALL PENTATHLON**  
**HOSTED BY Spartan Swim Club**  
**October 5 and 6, 2013**  
**Sanctioned by Michigan Swimming, Inc. # MI1314002**

<u>GIRLS</u>	<u>EVENT</u>	<u>BOYS</u>
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**SATURDAY AM START 9:30 a.m. (WARM UP 8:30 a.m.)**

1	8 & Under 100 I.M.	2
3	8 & Under Novice 50 Free	4
5	9 - 10 Novice 100 Free	6
7	8 & Under 25 Fly	8
9	8 & Under Novice 25 Back	10
11	9 - 10 Novice 50 Back	12
13	8 & Under 25 Back	14
15	8 & Under 25 Breast	16
17	8 & Under Novice 25 Free	18
19	9 - 10 Novice 50 Free	20
21	8 & Under 25 Free	22

**SATURDAY PM START 12:30 p.m. (WARM UP 11:30 p.m.)**

23	11 Year 50 Fly	24
25	12 Year 50 Fly	26
27	11 Year 50 Back	28
29	12 Year 50 Back	30
31	11 Year 50 Breast	32
33	12 Year 50 Breast	34
35	11 Year 100 Free	36
37	12 Year 100 Free	38
39	11 Year 100 I.M.	40
41	12 Year 100 I.M.	42



**22nd Annual Fall Pentathlon**  
**HOSTED BY Spartan Swim Club**  
**October 5 and 6, 2013**

Sanctioned by Michigan Swimming, Inc.# **MI1314002**

<u>GIRLS</u>	<u>EVENT</u>	<u>BOYS</u>
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**SUNDAY AM START 9:00 a.m. (WARM UP 8:00 a.m.)**

43	9 Year 50 Fly	44
45	10 Year 50 Fly	46
47	9 Year 50 Back	48
49	10 Year 50 Back	50
51	9 Year 50 Breast	52
53	10 Year 50 Breast	54
55	9 Year 50 Free	56
57	10 Year 59 Free	58
59	9 Year 100 I.M.	60
61	10 Year 100 I.M.	62

**SUNDAY PM START 12:30 p.m. (WARM UP 11:30 a.m.)**

63	13-14 100 Fly	64
65	Open 100 Fly	66
67	13-14 100 Back	68
69	Open 100 Back	70
71	13-14 100 Breast	72
73	Open 100 Breast	74
75	13-14 100 Free	76
77	Open 100 Free	78
79	13-14 200 I.M.	80
81	Open 200 I.M.	82

**Sanction Number MI1314002**

[illegible]

Club Code: \_\_\_\_\_

**Certification of Registration Status  
Of All Entered Athletes  
Spartan Pentathlon  
Sanction Number MI1314002**

Michigan Swimming Clubs must register and pay for the registration of all athletes that are contained in the electronic TM Entry File or any paper entries that are submitted to the Meet Host with the Office of Michigan Swimming **prior to submitting the meet entry to the meet host.** Clubs from other LSCs must register and pay for the registration of their athletes with their respective LSC Membership Coordinator.

A penalty fee of \$100.00 per unregistered athlete will be levied against any Club found to have **entered** an athlete in a meet without first registering the athlete and paying for that registration with the Office of Michigan Swimming or their respective LSC Membership Coordinator.

Submitting a meet entry without the athlete being registered and that registration paid for beforehand may also subject the Club to appropriate Board of Review sanctions.

The authority for these actions is:

UNITED STATES SWIMMING RULES AND REGULATIONS 302.4 FALSE REGISTRATION – A host LSC may impose a fine of up to \$100.00 per event against a member Coach or a member Club submitting a meet entry which indicates a swimmer is registered with USA Swimming when that swimmer or the listed Club is not properly registered. The host LSC will be entitled to any fines imposed.

[illegible]

I certify that **all** athletes submitted **with this meet entry** are currently registered members of USA Swimming and that I am authorized by my Club to make this representation in my listed capacity.

By: \_\_\_\_\_  
(Signature)

(Printed Name of person signing above)

Capacity: \_\_\_\_\_

Club Name: \_\_\_\_\_

Date: \_\_\_\_\_

**This form must be signed and returned with the entry or the entry will not be accepted.**

**Meet Evaluation Form**  
**Sanction Number:**

**Name of Meet** \_\_\_\_\_

**Date of Meet** \_\_\_\_\_

**Host of Meet** \_\_\_\_\_

**Place of Meet** \_\_\_\_\_

Who do you represent (circle)?      the host club      a visiting club      unattached

Describe yourself (circle)    athlete    coach    official    meet worker    spectator

**Please rate the overall quality of this meet:**

(Please write any compliments or suggestions below or on the reverse side)

	Low				High
1. Swimming pool (e.g., water quality, ventilation)	1	2	3	4	5
2. Equipment (e.g., timing system, PA system):	1	2	3	4	5
3. Swimmer facilities (e.g., locker rooms, rest areas):	1	2	3	4	5
4. Spectator facilities (e.g., seating, rest rooms):	1	2	3	4	5
5. Meet services (e.g., concessions, admissions, programs):	1	2	3	4	5
6. Officiating	1	2	3	4	5
7. Awards and award presentations:	1	2	3	4	5
8. Safety provisions:	1	2	3	4	5
9. Overall success of the meet:	1	2	3	4	5
10. Other (please specify):	1	2	3	4	5

**Return this completed evaluation to a representative of the Meet Host. Thank you.**

**Meet Host: Copy all of these submitted Meet Evaluations to the current Program Operations Vice-Chair and the Michigan Swimming Office within 30 days.**