BBD Day After Meet Hosted By: Birmingham Blue Dolphins
March 11th 2012

Sanction: This meet is sanctioned by Michigan Swimming, Inc., as a timed final meet on behalf of USA Swimming, Sanction Number MI1112071**.** Michigan swimming rules, safety, and warm up procedures will govern the meet as if fully set forth in these meet rules.

Location: Cranbrook Schools, Williams Natatorium. 550 Lone Pine Rd, Bloomfield Hills, Michigan 48304

Times: Warm Up Starts: 8:00am and Events Begin: 9:00am

Facilities: Williams Natatorium is an 8 lane pool (lanes one and eight will be available for supervised warm-up and warm-down). Depth at start is 12' and 4' at turn. Permanent starting blocks and non-turbulent lane markers will be used. Colorado timing with an 8 lane display will be used. There is ample balcony seating for spectators. Lockers are available (provide your own lock). The competition course has not been certified in accordance with 104.2.2C(4).

Eligibility: The Day After meet is for those swimmers with "A" times or faster***.*** All swimmers must be currently registered with United States of America Swimming (USA). A swimmer's age on November 20, 2011 will determine his/her eligibility for a particular age group. Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Meet Format: Timed finals all events.

Individual Entry Limits: Maximum of 5 individual events

Electronic Entries: No electronic entries.

Entry Procedures: Entry into meet is by deck entry only. $7.00 per individual event and 12.00 per relay. Please visit www.birminghambluedolphins.com and follow the "Day After" link. If you know you will be attending, please email your name, birth date and club code to the meet director, Jeffrey Watzman at **dayaftermeet@gmail.com**, so we may speed up the process of registering the morning of the swim meet. Coaches will be required to sign the Release and Waiver and the Certification of Registration Status Forms which are at the end of this document. Parents of swimmers will be expected to sign these if the coach is not present. It will speed up the entry process if these would be completed prior to arriving at the entry table.

Marshaling: Self Marshalling

Seeding: Seeding will be done prior to each event

Deck Entries/ Time Trials: This is a deck entry only meet. Registration status must be proven by providing a current USA Swimming membership card or a current print out of an athlete roster from the Club Portal. The Club Portal is located on the USA-S website and available to all coaches and club administrators for their club. Swimmers who cannot prove they are registered but want to compete must register on deck (see below). If it is later determined that they were previously registered with USA-S, their registration fee will be returned.

Deck Registration: Swimmers who are not registered with USA-S may register on deck. The fee for deck registration at this meet is $56 payable with check, money order or cash. Checks and money orders for deck registration should be payable to Birmingham Blue Dolphins or BBD. Please have the 2012 USA-S Athlete Application filled out prior to arriving at the entry table. These applications are available from the MS website at http://www.miswim.org)/

Awards: Awards will not be given for this meet.

Results: Complete meet results will be posted on the Michigan Swimming Website at http://www.miswim.org/ . Results will also be available on flash drive (HY-TEK Team Manager result file) upon request. Teams must provide their own flash drive.

Concessions: There will be a limited concession stand

Lost and Found: Articles may be turned in/picked up at the pool office. Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days

Swimming Safety: Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. Penalties for violating these rules will be in the sole discretion of the meet referee which may include ejection from the meet.

Deck Personnel: Only swimmers, registered coaches and meet officials/workers are allowed on the deck. Coaches and officials must display their registration cards at all times. Coaches must be current in all certifications through the final date of the meet.

Swimmers with Disabilities: All swimmers are encouraged to participate. If any of your swimmers have special needs or requests please indicate them to the Clerk of Course and/or the Meet Referee during warm ups.

General Info: Any errors or omissions in the program will be documented and signed by the meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting.

First Aid: Supplies will be kept in the pool office..

Facility Items:

(A) No smoking is allowed in the building or on the grounds of The Williams Natatorium

(B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.

(C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.

(D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection at the ***[location].***

(E) To comply with USA Swimming privacy and security policy, NO CELL PHONES WITH CAMERAS OR ANY TYPE OF CAMERA OR VIDEO IS ALLOWED IN THE LOCKER ROOMS AT ANYTIME.

Meet Director: Jeff Watzman. dayaftermeet@gmail.com (248) 470-1105

Meet Referee: Bob Merchant

Safety Marshall: Jeff Watzman

Schedule of Events:

(Will be run through 3 times- may swim in all 3 rounds)

1650 YD FREESTYLE
200 YD FREESTYLE RELAY
500 YD FREESTYLE
200 YD INDIVIDUAL MEDLEY
50 YD FREESTYLE
400 YD MEDLEY RELAY
--------BREAK--------
200 YD MEDLEY RELAY
400 YD INDIVIDUAL MEDLEY
100 YD BUTTERFLY
200 YD FREESTYLE
100 YD BREASTROKE
100 YD BACKSTROKE
800 YD FREESTYLE RELAY
--------BREAK--------
1000 YD FREESTYLE
200 YD BACKSTROKE
100 YD FREESTYLE
200 YD BREASTROKE
200 YD BUTTERFLY
400 YD FREESTYLE RELAY

RELEASE AND WAIVER

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Enclosed is a total of $_____ covering fees for all the above entries. In consideration of acceptance of this entry I/We hereby, for ourselves, our heirs, administrators, and assigns, waive and release any and all claims against Birmingham Blue Dolphins, Cranbrook Schools Williams Natatorium, Michigan Swimming, Inc., and United States Swimming, Inc. for injuries and expenses incurred by Me/Us at or traveling to said swim meet.

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Certification of Registration Status
Of All Entered Athletes
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Hosted by Birmingham Blue Dolphins (BBD)

Michigan Swimming Clubs must register and pay for the registration of all athletes that are contained in the electronic TM Entry File or any paper entries that are submitted to the Meet Host with the Office of Michigan Swimming **prior to submitting the meet entry to the meet host**. Clubs from other LSCs must register and pay for the registration of their athletes with their respective LSC Membership Coordinator.

A penalty fee of $100.00 per unregistered athlete will be levied against any Club found to have **entered** an athlete in a meet without first registering the athlete and paying for that registration with the Office of Michigan Swimming or their respective LSC Membership Coordinator.

Submitting a meet entry without the athlete being registered and that registration paid for beforehand may also subject the Club to appropriate Board of Review sanctions.

The authority for these actions is:

UNITED STATES SWIMMING RULES AND REGULATIONS 302.4 FALSE REGISTRATION – A host LSC may impose a fine of up to $100.00 per event against a member Coach or a member Club submitting a meet entry which indicates a swimmer is registered with USA Swimming when that swimmer or the listed Club is not properly registered. The host LSC will be entitled to any fines imposed.
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Meet Evaluation Form
BBD Day After Meet, March 11th 2012

Name of Meet_____

Date of Meet_____

Host of Meet_____

Place of Meet _____

Who do you represent (circle)? the host club a visiting club unattached

Describe yourself (circle) athlete coach official meet worker spectator

Please rate the overall quality of this meet:

(Please write any compliments or suggestions below or on the reverse side)

	Low				High
1. Swimming pool (e.g., water quality, ventilation)	1	2	3	4	5
2. Equipment (e.g., timing system, PA system):	1	2	3	4	5
3. Swimmer facilities (e.g., locker rooms, rest areas):	1	2	3	4	5
4. Spectator facilities (e.g., seating, rest rooms):	1	2	3	4	5
5. Meet services (e.g., concessions, admissions, programs):	1	2	3	4	5
6. Officiating	1	2	3	4	5
7. Awards and award presentations:	1	2	3	4	5
8. Safety provisions:	1	2	3	4	5
9. Overall success of the meet:	1	2	3	4	5
10. Other (please specify):	1	2	3	4	5

Return this completed evaluation to a representative of the Meet Host. Thank you. Meet Host: Copy all of these submitted Meet Evaluations to the current Program Operations Vice-Chair within 30 days.