

**Michigan Swimming Age Group District Championships**  
**“West Division”**  
**Hosted By: East Grand Rapids Aquatics**  
**February 22-23, 2013**

**Sanction:** This meet is sanctioned by Michigan Swimming, Inc. as a timed final swimming meet on behalf of USA Swimming, Sanction MI1213073 and will also offer time trials of specific events exclusively to age up athletes pursuant to Sanction MITT1213073 if time permits in the sole discretion of the Meet Host and Meet Referee. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. Michigan Swimming rules, safety and warm up procedures govern this meet as if fully set forth in this meet announcement.

**Location:** East Grand Rapids Community Pool  
2211 Lake Drive SE  
East Grand Rapids, MI 49516  
Pool entrance is located off of Wealthy Street which is one block north of Lake Drive.  
Traveling I-96: Take the E. Beltline exit and go south to Lake Drive. Turn right and you will come to a stop sign. Follow the road to the right and go to the 2<sup>nd</sup> stop light. Turn right (Lakeside Drive SE) and then turn left after the football field (Wealthy Street). The pool is on your left.  
Traveling US-131: Take the Wealthy Street exit and go east. Go several miles and you will see the pool on your right.

|               |          |             |                   |                 |
|---------------|----------|-------------|-------------------|-----------------|
| <b>Times:</b> | Friday   | February 22 | Warm Up 5:00 p.m. | Start 6:00 p.m. |
|               | Saturday | February 23 | Warm Up 7:30 a.m. | Start 8:30 a.m. |
|               | Saturday | February 23 | Warm Up 1:30 p.m. | Start 2:30 p.m. |

**Hotel Info:** Holiday Inn Grand Rapids – Airport  
3063 Lake Eastbrook Blvd SE  
Kentwood, MI 49512  
(616)285-7600  
\$89/night under EGRW Winterwashout

**Facilities:**

East Grand Rapids Community Pool is a 10 lane pool with a diving well which will be available for supervised warm-up and warm down. Depth at start is 7ft\_\_<sup>1</sup> and 7ft at turn. Permanent starting blocks and non-turbulent lane markers will be used. Colorado timing with a 10 lane display will be used. There is ample balcony seating for spectators. Lockers are available, *provide your own lock*. The competition course has not been certified in accordance with 104.2.2C (4)

**Eligibility:** All 12 and under swimmers registered with Michigan Swimming who have NOT achieved an actual time equal to or faster than the Q2 qualifying standards during the qualifying period (January 1, 2012 to now) are eligible to enter an event. A swimmer's age on the first day of the meet (February 22, 2013) will determine his/her eligibility for a particular age group for the entire meet.

**Deck Registration:** Deck registrations are not accepted at this meet. (see 202.3.5)

**Team Venue :** For the 2013 District Championship meets all teams registered with MS will initially be assigned by the MS Programs Operations vice chair to two District “venues”. These venues are geographically located throughout the State of Michigan in an effort to equalize the size (total entries) of the meets as well as equalize the travel distance to the meets. The districts are referred to as the “East and West” Divisions. Each MS team will send their entries to the initial venue assigned by the Programs Operations vice chair and compete at that venue (i.e. a MS team cannot choose which venue they will compete at). After the entries are received at each venue the Program Operations vice chair in his/her discretion has the right to and may reassign clubs among the meet venues to balance the entries in an equitable manner between each venue. Teams will be notified as soon as possible if their swimming venue has been changed. Please contact Damon Robertson [coachdtr1@gmail.com](mailto:coachdtr1@gmail.com) if you have any questions.

**Meet Format:** The format at each of the two District Championships is identical. All events are timed finals. 10&U’s will be swum in the AM and 11-12’s will swim in the PM sessions. Except for the 500 Free, 10& U 200 IM, and 11-12 400 IM which will be swum on Friday night. No relays are offered.

**Time Standards:** The District Championships are the beginning level (no minimum entry times) of MS Championship meets. Thus, the District Championships are a “slower than a stated time standard” swim meet. All swimmers must not have achieved the stated time standard in a particular event to be eligible to enter the event. The “slower than” time standards are listed as “Q3” times. A swimmer may not compete in any event in which they have a Junior

Olympic Q2 time or a State Meet Q1 time. This includes any 8 & under swimmer who has achieved 10 & Under Q2 or Q1. A swimmer who achieves a Q2 time or Q1 time after his/her entry has been sent to the entry chair and before the meet must withdraw from the event unless the following age up exception applies. The swimmer may then substitute another event if qualified. Contact the meet host entry chair directly should this occur. The entry fee for the mandatory withdraw event will be refunded if the athlete chooses not to enter a substitute event. **The host club must receive notification by Monday, February 18, 2013, at 9:00 p.m. in order to dispense a refund.**

**Age Up Exception:** All swimmers who “age up” after District’s [and before JOs or their respective State Meet (12 and Under)] and who don’t have a Q2 (JO) or Q1 (State qualifying) time in their new JO or State Meet age group may enter a particular event in their current age group at Districts at a seed time at or faster than their current age groups Q3 Time. This additional entry option is intended to allow all swimmers an opportunity to qualify for the JO Meets or State Meets in their actual age group at JO’s or the State Meets. Swimmers who enter an event at Districts under the “age up” exception are not, however, eligible for awards at Districts in that event. Please alert the Entry Chair to all “Age Up” entries by enclosing a statement to that effect in your email or US mail entry.

**Individual Entry**

**Limits:** Swimmers may enter a maximum of 5 events with no more than 3 in any 1 session.

**Swimmers without a coach:** Any swimmer entered in the meet, unaccompanied by a USA-S member coach, must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

**Electronic Entries:** \$5.00 per individual event. Please include a \$5.00 Michigan Swimming athlete surcharge for each swimmer entered. Make checks payable to:  
**East Grand Rapids Aquatics**

**Paper Entries:** MS rules regarding non-electronic entries apply. \$6.00 per individual event. The Michigan Swimming \$5.00 athlete surcharge for each swimmer also applies to paper entries. Paper entries may be submitted to the entry chair on a spreadsheet of your choice; however, the paper entry must be logically formatted and must contain all pertinent information to allow the entry chair to easily enter the swimmer(s) in the correct events with correct seed times.

**Time Conversions:** Time conversions are allowed. Convert to SCY.

**Seed Times:** Please submit an accurate seed time for each individual event entry. NT entries are acceptable if the swimmer has not swum the event before.

**Swimmers entered with NO ENTRY TIME are eligible for awards.**

**Entry Procedures:** Entries may be submitted to the Entry Chairperson starting Monday, January 28, 2013. **The entry chairperson must receive all entries (whether by E-Mail or regular mail) no later than Monday, February 18, 2013.** Entries must include correct swimmer name (as registered with USA/MS Swimming), age and USA number. You can import the order of events and event numbers from the Michigan Swimming website ([www.miswim.org](http://www.miswim.org)). All individual entries should be submitted via electronic mail to [coachcarson@egrawaves.com](mailto:coachcarson@egrawaves.com). Entries submitted will be processed provisionally pending receipt by the entry chairperson of: (a) a hard copy of your club's signed released/waiver agreement (b) your club's signed certification of athletes and (c) your club's entry and entry fees.

**Refunds:** Once a team or individual entry has been received and processed by the entry chair there are no refunds in full or in part except as specified in the Time Standards paragraph.

**Entry Chair:** Your club's Entry, Release/Waiver, Certification of Entered Athletes and check should be sent via E-Mail, U.S. mail or nationally recognized overnight courier with **no signature required** to:  
**Dave Carson**  
**1331 Cambridge Drive SE**  
**Grand Rapids, MI 49506**  
**(734)649-9740 – please no calls after 9pm.**

**\*\*MUST BE SENT WITH NO SIGNATURE REQUIRED\*\***

**Check In:** Check in, located in the hallway outside the locker rooms, is mandatory for all events and will be available 30 minutes before each warm up and is required by the time set forth in this meet announcement. **CHECK IN WILL CLOSE 15 MINUTES AFTER THE START OF WARM UP.** Failure to check in will cause the swimmer to be scratched from all events in that session. Pursuant to MS Rules, failing to swim an event after checking in for that event will disqualify a swimmer from his or her next event.

**Scratch Rules:** **Prior** to check in closing, a swimmer may scratch events at the Clerk of Course. **After** check in closes, you must see the Meet Referee to scratch an event.

**Marshaling:** All events will be self-marshaled. Heat sheets will be posted in conspicuous places on deck and distributed to coaches as soon as possible. All swimmers will be expected to find their heat and lane independently. If a swimmer does not show up for the correct heat of the event, that swimmer will be scratched from his/her next scheduled event.

**Seeding:** Seeding will be done after check in closes. All events will be seeded slowest to fastest.

**Deck Entries:** Deck Entries will be allowed at the Clerk of Course, if time and space permit, and at the discretion of the Meet Referee and Meet Director. Cost of a deck entry is \$7.50 for an individual event. There is also a \$5 per swimmer Michigan Swimming Surcharge. For deck entries, registration status must be proven by providing a current USA Swimming membership card or a current print out of an athlete roster from the Club Portal. The Club Portal is located on the USA Swimming website.

**Time Trials:** There are no time trials at the MS District Championships, with the following exception:

10 year old athletes who will be aging up to 11-12 prior to Junior Olympic Meets may Time Trial the following:

200 Breaststroke

200 Backstroke

200 Butterfly

12 year old athletes who will be aging up to 13 prior to Senior Festival Meet may time trial the following FRIDAY NIGHT ONLY:

1000 Free

1650 Free

in order to achieve qualifying times in these events for the J.O./Senior Festival and/ or State Meet.

Entry into one or more of these time trials will NOT count as an individual entry. Registration status must be proven by providing a current USA Swimming membership card or a current print out of the athlete roster from the club portal. The club portal is located on the USA Swimming website.

**Programs/** \$4.00 per person on Friday and \$4.00 per person on Saturday.

**Admissions:** Children 12 & under (with adult) free. Heat Sheets will be for sale as soon as they are available. Cost will be \$2.00 per set of heat sheets.

**Scoring:** No individual or team scoring will be kept.

**Awards:** Individual Events: 1<sup>st</sup>-8<sup>th</sup>: Medals  
9<sup>th</sup>-16<sup>th</sup>: Ribbons

*There will be an awards ceremony that all athletes who are eligible to participate in are encouraged to do so but are NOT required to. Swimmers entered with NT entries are eligible for awards at District Meets.*

**Results:** Complete meet results will be posted on the Michigan Swimming Website at [www.miswim.org](http://www.miswim.org). Results will be available upon request for coaches. Coaches must provide a flash drive.

**Concessions:** Will be available and provided by host club.

**Lost & Found:** Articles may be turned in/picked up by the announcer table. Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days (any longer period shall be in the sole discretion of the Meet Director).

**Swimming Safety:** Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. The same rules will apply with respect to the warm-down area. No jumping or diving. Penalties for violating these rules will be in the sole discretion of the Meet Referee that may include ejection from the meet.

**Deck Personnel /  
Locker Rooms /  
Credentialing:**

Only registered and current coaches, athletes, officials and meet personnel are allowed on the deck or in locker rooms. Access to the pool deck may only be granted to any other individual in the event of emergency through approval by the Meet Director or the Meet Referee. The General Chair of MS and the Program Operations Vice-Chair of MS are authorized deck personnel at all MS meets. Personal assistants/helpers of athletes with a disability shall be permitted when requested by an athlete with a disability or a coach of an athlete with a disability. Lists of registered coaches, certified officials and meet personnel will be placed outside the Entrance to the locker rooms/ pool deck. Meet personnel will check the list of approved individuals and issue a credential to be displayed at all times during the meet. This credential will include the host team as well as the function of the individual being granted access to the pool deck (Coach, Official, Timer, or Meet Personnel). In order to obtain a credential, Coaches and Officials must be current in all certifications through the final date of the meet. Meet personnel must return the credential at the conclusion of working each day and be reissued a credential daily. All access points to the pool deck and locker rooms will either be secured or staffed by a meet worker checking credentials throughout the duration of the meet.

**Swimmers with Disabilities:** All swimmers are encouraged to participate. If any of your swimmers have special needs or requests please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.

**General Info:** Any errors or omissions in the meet announcement will be documented by the Meet Referee and available at the Clerk of Course for review. Information will also be covered at the Coaches' Meeting.

**First Aid:** Supplies will be kept in the control room on deck.

- Facility Items:**
- (A) No smoking is allowed in the building or on the grounds.
  - (B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.
  - (C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway (to go anywhere other than the pool deck and locker rooms).
  - (D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection in the office.
  - (E) To comply with USA Swimming privacy and security policy, the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

**Vendors:** Earthbound Screen Printing  
MC Sports

**Meet Director:** Brandon Converse

**Meet Referee:** Steve Potter

**Safety Marshall:** Andy Milnes

# Michigan Swimming District Championships “West Division”

## Schedule of Events Friday Evening, Session 1

Warm-Up 5:00 pm, **Check In Closes 5:15 pm**, Start 6:00 pm

| <b>Girls<br/>Event #</b> | <b>Age</b> | <b>Event</b> | <b>Boys<br/>Event #</b> |
|--------------------------|------------|--------------|-------------------------|
| 1                        | 10&U       | 500 Free     | 2                       |
| 3                        | 11-12      | 500 Free     | 4                       |
| 5                        | 10&U       | 200 IM       | 6                       |
| 7                        | 11-12      | 400 IM       | 8                       |

## Saturday Morning, Session 2

Warm-Up 7:30 am, **Check In Closes 7:45 am**, Start 8:30 am

| <b>Girls<br/>Event #</b> | <b>Age</b> | <b>Event</b> | <b>Boys<br/>Event #</b> |
|--------------------------|------------|--------------|-------------------------|
| 9                        | 10&U       | 200 Free     | 10                      |
| 11                       | 10&U       | 50 Fly       | 12                      |
| 13                       | 10&U       | 100 Back     | 14                      |
| 15                       | 10&U       | 50 Breast    | 16                      |
| 17                       | 10&U       | 100 Free     | 18                      |
| 19                       | 10&U       | 100 Fly      | 20                      |
| 21                       | 10&U       | 50 Back      | 22                      |
| 23                       | 10&U       | 100 Breast   | 24                      |
| 25                       | 10&U       | 50 Free      | 26                      |
| 27                       | 10&U       | 100 IM       | 28                      |

## Saturday Afternoon, Session 3

Warm-Up 1:30 pm, **Check In Closes 1:45pm**, Start 2:30 pm

| <b>Girls<br/>Event #</b> | <b>Age</b> | <b>Event</b> | <b>Boys<br/>Event #</b> |
|--------------------------|------------|--------------|-------------------------|
| 29                       | 11-12      | 200 IM       | 30                      |
| 31                       | 11-12      | 50 Fly       | 32                      |
| 33                       | 11-12      | 100 Back     | 34                      |
| 35                       | 11-12      | 200 Breast   | 36                      |
| 37                       | 11-12      | 100 Free     | 38                      |
| 39                       | 11-12      | 100 Fly      | 40                      |
| 41                       | 11-12      | 200 Back     | 42                      |
| 43                       | 11-12      | 50 Breast    | 44                      |
| 45                       | 11-12      | 200 Free     | 46                      |
| 47                       | 11-12      | 200 Fly      | 48                      |
| 49                       | 11-12      | 50 Back      | 50                      |
| 51                       | 11-12      | 100 Breast   | 52                      |
| 53                       | 11-12      | 50 Free      | 54                      |
| 55                       | 11-12      | 100 IM       | 56                      |



# Michigan Swimming District Championships “West Division”

## Slower Than 10 & UNDER GIRLS

33.59  
1:15.99  
2:50.09  
7:42.89  
40.39  
1:27.79  
45.59  
1:42.79  
39.79  
1:40.99  
1:26.59  
3:16.09

50 Freestyle  
100 Freestyle  
200 Freestyle  
500 Freestyle  
50 Backstroke  
100 Backstroke  
50 Breaststroke  
100 Breaststroke  
50 Butterfly  
100 Butterfly  
100 IM  
200 IM

## 11-12 GIRLS

29.09  
1:05.09  
2:24.39  
6:27.99  
35.09  
1:16.39  
2:48.09  
39.99  
1:27.69  
3:11.09  
34.19  
1:22.99  
3:12.59  
1:16.29  
2:47.59  
6:19.89

50 Freestyle  
100 Freestyle  
200 Freestyle  
500 Freestyle  
50 Backstroke  
100 Backstroke  
200 Backstroke  
50 Breaststroke  
100 Breaststroke  
200 Breaststroke  
50 Butterfly  
100 Butterfly  
200 Butterfly  
100 IM  
200 IM  
400 IM

## Slower Than 10 & UNDER BOYS

34.59  
1:19.09  
2:55.69  
8:05.99  
41.69  
1:32.29  
48.09  
1:44.29  
42.69  
1:40.59  
1:30.99  
3:24.69

## 11-12 BOYS

30.59  
1:09.19  
2:32.99  
6:42.19  
37.09  
1:20.19  
3:09.59  
41.99  
1:32.09  
3:25.79  
36.29  
1:26.69  
3:23.99  
1:20.29  
2:55.69  
6:30.89

The District Meet(s) are the beginning level of the MS Championship meets. Those with a Q3 time which is any time **slower than** the JO (Q2) time standard are eligible to swim that event at a District Championship Meet. Once a swimmer has **met or surpassed** the time standard listed above the swimmer is eligible to swim at the next level championship meet.

## RELEASE AND WAIVER

Enclosed is a total of \$\_\_\_\_\_ covering fees for all the above entries. In consideration of acceptance of this entry I/We hereby, for ourselves, our heirs, administrators, and assigns, waive and release any and all claims against East Grand Rapids Aquatics, East Grand Rapids Community Pool, Michigan Swimming, Inc., and United States Swimming, Inc. for injuries and expenses incurred by Me/Us at or traveling to said swim meet.

[illegible]

In granting the sanction it is understood and agreed that USA Swimming and Michigan Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

Signature: \_\_\_\_\_

Position: \_\_\_\_\_

Street Address: \_\_\_\_\_

City, State, Zip\_\_\_\_\_

E-mail: \_\_\_\_\_

Coach Name: \_\_\_\_\_

Coach Phone: \_\_\_\_\_

### Coach E-Mail

Club Name: \_\_\_\_\_

Club Code: \_\_\_\_\_

## 2013 Districts West Division hosted by East Grand Rapids Aquatics

Michigan Swimming Clubs must register and pay for the registration of all athletes that are contained in the electronic TM Entry File or any paper entries that are submitted to the Meet Host with the Office of Michigan Swimming **prior to submitting the meet entry to the meet host**. Clubs from other LSCs must register and pay for the registration of their athletes with their respective LSC Membership Coordinator.

A penalty fee of \$100.00 per unregistered athlete will be levied against any Club found to have **entered** an athlete in a meet without first registering the athlete and paying for that registration with the Office of Michigan Swimming or their respective LSC Membership Coordinator.

Submitting a meet entry without the athlete being registered and that registration paid for beforehand may also subject the Club to appropriate Board of Review sanctions.

The authority for these actions is:

UNITED STATES SWIMMING RULES AND REGULATIONS 302.4 FALSE REGISTRATION – A host LSC may impose a fine of up to \$100.00 per event against a member Coach or a member Club submitting a meet entry which indicates a swimmer is registered with USA Swimming when that swimmer or the listed Club is not properly registered. The host LSC will be entitled to any fines imposed.

[illegible]

I certify that **all** athletes submitted **with this meet entry** are currently registered members of USA Swimming and that I am authorized by my Club to make this representation in my listed capacity.

By: \_\_\_\_\_  
(Signature)

(Printed Name of person signing above)

Capacity: \_\_\_\_\_

Club Name: \_\_\_\_\_

Date: \_\_\_\_\_

**This form must be signed and returned with the entry or the entry will not be accepted.**