



2012 Michigan Swimming Eastern Junior Olympics

Hosted By: Kingfish Aquatics of Waterford

March 2, 2012 – March 4, 2012 Friday, Saturday and Sunday

*****Q1 TIMES ACHIEVED AT THIS MEET QUALIFY FOR THE STATE MEET**

Sanction: This meet is sanctioned by Michigan Swimming, Inc., as a Timed Final swimming meet on behalf of USA Swimming, Sanction # MI 1112066 and will also offer time trials pursuant to Sanction # MI1112067 if time permits in the sole discretion of the Meet Host and Meet Referee. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. Michigan Swimming rules, safety, and warm up procedures will govern the meet as fully set forth in this meet announcement.

Location: Waterford Kettering High School, 2800 Kettering Dr., Waterford, MI 48329
Map link- <http://www.waterford.K12.mi.us/pfc/kingfish/facilities/KetteringHS.html>

Times:	Friday PM	Warm up 5:00	Meet Start 6:00
	Saturday AM	Warm up 8:00	Meet Start 9:00
	Saturday PM	Warm up 12:30	Meet Start 1:30
	Sunday AM	Warm up 8:00	Meet Start 9:00
	Sunday PM	Warm up 12:30	Meet Start 1:30

Facilities: The Waterford Kettering High School pool is an 8 lane pool. This facility has a separate 3 lane 25yd. pool for supervised warm-up and warm down. Depth at start is 8-14 feet, and 3.5-14 feet at turn. Permanent starting blocks, non-turbulent lane markers, and a Colorado timing system with an 8 lane display will be used. There is ample balcony seating for spectators. Lockers (**provide your own lock**) and public phones will be available for use. **The competition course has not been certified in accordance with 104.2.2C(4) .**

****Volunteers:** Parents, family, and friends of swimmers - would you like to be down on the pool deck and involved in all of the action? If you answer is YES!, and you would like to volunteer, please contact the meet director via phone or email no later than February 15th, 2012 and indicate for which session(s) you would be available. Thank You!!!

Meet Hotels: Please refer to page 9 of the meet packet.

Meet Format: This Junior Olympic meet is the ‘middle level’ meet (above Districts Meets and below State Meets) of the Michigan Swimming, Inc. Championship Meets. Thus, it is a “Faster than/Slower than” a stated time standard swim meet. All individual events are timed finals. There is a Friday evening session in addition to an AM and PM session to be held on Saturday and Sunday. The specified age groups include; 10 and Under, 11-12, and 13-18. For this meet, 10 and Under (boys/girls) and 11-12 Girls swim in the morning sessions, with 11-12 boys and 13-18 (boys/girls) swimming in the afternoon sessions.

Deck

Registration: Deck registrations are not accepted at this meet. (Please see 202.3.5)

Team Venue: The MS Junior Olympics will be split into two meets (East/West). Please refer to the Michigan Swimming website to verify to which meet you have been assigned.

Eligibility: All swimmers must be currently registered with Michigan Swimming. A swimmer's age on the first day of the meet (March 2, 2012) will determine his/her eligibility for a particular age group for the entire meet.

Time

Standards: To enter a particular event, the swimmer’s fastest time achieved between January 1, 2011 and March 2, 2012 must fall between the “Q2” (JO minimum qualifying) and the “Q1” (State qualifying) time standard (a “Faster than/Slower than” situation). A swimmer may only compete in events for which they have not achieved a Q1 State Championship qualifying time. **Any swimmer who has achieved a SCM or LCM Q1 time cut which will allow the swimmer to enter an event in the 2012 short course State Meet is ineligible to enter or compete in the same event in the JO meet.** This includes any 8 & under swimmer who has achieved the 10 & under Q1 standard and any 13-18 swimmer who has made the Q1 standards for their age group.

If a swimmer achieves a Q1 time in a particular event after his/her entry has been sent to the JO Entry Chair but before March 2, 2012, the swimmer must withdraw from the event unless the “Age Up” exception below applies. Should a swimmer be required to withdraw, they will be refunded the event fee.

Age Up

Exception: All swimmers who “age up” after the first day of JOs (on or after March 2, 2012) and before their respective state meets and who don’t have a Q1 time in their new (State Meet) age group, may enter a particular event in their current age group at JO’s at a seed time at or faster than their current age group’s Q1 time standard. **All of these entries must be entered as Exhibition swims.** This additional entry option is intended to allow all swimmers an opportunity to qualify for the State Meets in their actual State Meet age group. Swimmers who enter an event at JO’s under this section are not, however, eligible for awards at JO’s in that event. Please alert the entry chair to all “Age Up” entries by enclosing a statement to that effect in your email or US mail entry.

Achieved

Times: Q1 times achieved at JO’s qualify for the State Meet so long as the entry is received by the State Meet hosts by the entry cutoff date as described in the State Meet announcements.

Individual

Entry

Limits: A swimmer may enter a maximum of 1 individual event Friday, 3 individual events Saturday, and 3 individual events Sunday. Once entered in the meet, a swimmer may not substitute one event for another.

Swimmers

without

a coach:

Any swimmer entered in the meet, unaccompanied by a USA-S member coach, must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Distance

Exception:

If a 13-18 year old swimmer has achieved the Q2 time for the 1000 yd freestyle and does not have a state time (Q1) in the 1650 yd freestyle they may choose to enter the 1650 yd freestyle at the Q2 cutoff time.

Relays:

There will be relays offered this year at the Junior Olympics Meet. Swimmers may enter 1 relay per day. Swimmers must be entered into the meet in at least 1 individual event in order to swim a relay. (NO RELAY ONLY SWIMMERS) Additionally, teams are limited to an A and B relay for each relay event.

Age Groups:

There is a 13-18 Age Group in this meet (not 13/14 and 15-18). Make sure you check your Q2 qualifying times carefully in the Time Standards portion of this meet announcement. Use the time standards corresponding to your actual age on March 2, 2012.

Entry Fees

Electronic:

\$5.00 per individual event. \$12.00 per relay event. Please include a \$1.00 Michigan Swimming surcharge for each swimmer entered. Please make checks payable to: **Waterford School District**. For an entry to be considered an 'electronic entry', it must be submitted in Hy-Tek team manager format or similar software.

Paper Entry

Fees:

\$6.00 per individual Event and \$13 per relay. Please include a \$1.00 Michigan Swimming Surcharge for each swimmer entered. Please make checks payable to: **Waterford School District**. Please submit this entry by submitting a spreadsheet (program of your choice) via email. Make sure to include all the information necessary to complete the entry, and the data must be in a format such that it may be readily uploaded into a master file. (Please see entry procedures listed below)

Time

Conversions:

Time conversions are allowed. Convert to SCY.

Seed Times:

Please submit an accurate seed time for each entry.

Entry

Procedures:

Entries may be submitted to the Entry Chairperson starting on January 30, 2012 at 8 am. Entries must include correct swimmer name (as registered with USA/MS Swimming), age and USA Swimming number. You can import the order of events and event numbers from the Michigan Swimming website (www.miswim.org). Entries are not deemed valid until such time as the entry chairperson has received: (a) your entry, (b) the signed release/waiver, (c) your club's certification of entered athletes, and (d) your entry fees.

Refunds:

Once a team or individual entry has been received and processed by the entry chair there are no refunds in full or in part, except as specified in the Time Standards paragraph.

Payment/**Entry****Summary:**

Your entry, release/waiver should be delivered to
Chi Yang
1562 Hamlet Dr.
Troy, MI 48084
Ph # 248-622-3051 (No calls after 10:00pm)
Email: CHIYANG2@gmail.com

Entries will not be accepted if signature is required for delivery.

Entry**Deadline:**

Entries may be submitted to the entry chairperson starting on January 30, 2012 at 8 am. All entries, whether they are by mail or email, must be received no later than **Monday, February 27, 2012, 11:59 PM.** **If at all possible please send one entry file after the District Meet.** No fax or telephone entries accepted. A team's coach or meet entry chair should submit all entries, with the exception of unattached swimmers who are not affiliated with a team. Please send one check for each team—do not send multiple checks. No fax or telephone entries accepted.

Check In:

Check-in will be available as of 30 minutes before start of warm up. **CHECK-IN IS REQUIRED NO LATER THAN 15 MINUTES AFTER THE START OF WARMUP FOR EACH SESSION. CHECK-IN MUST COMPLY WITH THE MICHIGAN SWIMMING APPROVED CHECK- IN RULES.** Failing to swim an event after check-in will disqualify a swimmer from his or her next event. Check-in will be located in the Commons outside of the pool entrance.

Marshaling:

All events will be self-marshaled. Heat sheets will be posted in conspicuous places on deck and distributed to coaches as soon as possible. All swimmers will be expected to find their heat and lane independently. Heat cards will not be used.

Time Trials:

Time Trials will be offered at the discretion of the meet director and meet referee, only if time permits. The cost is \$7 per individual event \$15 for a relay. **Only 1 Time Trial will be allowed per swimmer per day, Time Trials do not count toward the 3 events per day limitation.**

Deck Entries: No deck entries will be allowed.

Scratch Rules: Once a swimmer has checked-in and is seeded, that swimmer must compete in that event or the swimmer will be scratched from his/her next scheduled event. **Prior** to check-in closing, a swimmer may scratch events at the Clerk of Course. **After** check-in closes, a swimmer must see the Meet Referee to scratch an event.

Seeding:

All events are timed finals, and will be seeded slowest to fastest other than in the 500 and 1650 freestyles, which will be seeded fastest to slowest. The 13-18 500 Free and 1650 Free will be swum alternating genders (women-men). Genders may be combined to reduce the number of heats.

Admissions:

Fri. Eve. \$4 (includes heat sheet)
Sat & Sun: \$4 per person. (12 & under free)
Full weekend program \$6.00 each

Scoring/**Awards:**

Custom Michigan Swimming Medals will be awarded for 1st through 8th place. Custom Ribbons will be awarded 9th through 16th place for all individual events and will be available for pick up during the meet. Relays will be awarded custom Michigan swimming Medals for 1st – 3rd place and custom ribbons for 4th-8th place. **No awards ceremony will be held as mandated by Michigan Swimming.** No awards will be mailed. No individual or team scoring will be kept.

Results:

Complete meet results will be posted on the Michigan Swimming Website at www.miswim.org . Teams bringing to the meet a formatted 3.5" disk or a thumb drive may make a copy of results after each day's session.

Concessions:

Food and beverages will be available in the Waterford Kettering High School Commons area. No food or beverage will be allowed on the deck of the pool, in the locker rooms or in the spectator areas. A hospitality area will be available for coaches and officials.

Lost and**Found:**

Articles may be turned in/picked up at the pool office. Articles not picked up by the end of the meet will be retained in the home of the Concessions Manager for at least 14 days (any longer period shall be in the sole discretion of the Meet Director).

Swimming**Safety:**

Michigan Swimming warm-up rules will be followed. To protect all swimmers during warm-ups, swimmers will be required to slip into the pool except when sprint lanes have been designated. Penalties for violating these rules will be in the sole discretion of the meet referee. To comply with the USA Swimming privacy and security policy, **NO CELL PHONES WITH CAMERAS OR ANY TYPE OF CAMERA OR VIDEO ARE ALLOWED IN THE LOCKER ROOMS AT ANYTIME.**

Deck**Personnel:**

Only swimmers, registered coaches and meet officials/workers are allowed on the pool deck. Coaches and officials must display their registration cards at all times. Coaches must be current in all certifications through the final date of the meet.

Swimmers**With****Disabilities:**

All swimmers are encouraged to participate. If any of your swimmers have special needs or requests please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.

Info:

Any errors or omissions in the program will be documented by the Meet Referee and will be available for review at the Clerk of Course. Information will also be covered at the Coaches' Meeting.

First Aid:

Supplies will be kept in the pool office.

Facility Items:

- (A) No smoking is allowed in the building or on the grounds.
- (B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.
- (C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.
- (D) An Emergency Action Plan has been submitted by the Host Club to the Safety Marshall and the Program Operations Chair of Michigan Swimming prior to the sanctioning of this meet, and is available for review and inspection at the pool office.
- (E) To comply with the USA Swimming privacy and security policy, use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.

Meet Director: Melissa Millerick-May
2745 W. Commerce Rd.
Milford, MI 48380
(c) 248.807.6253
Email: milleric@msu.edu

Clerk of Course: James May

Meet

Referee: John Loria (248) 763-4909, jlora1@aol.com

Safety

Marshall: James Barnthouse

Vendors:

Michael Mousigian, TCS Photography (www.TCSpictures.com), Different Strokes Swim Shop (www.different-strokes.com), JBL Medal Engravers (www.jbl-enterprises.net), Fine Designs Imprinted Sportswear (www.finedesignsinc.com), Tropical Smoothies (www.tropicalsmoothie.com)

T-Shirts:

A wide variety of event apparel will be provided by Fine Designs Imprinted Sportswear. Pre-orders may be placed online by clicking on <http://www.fdsportswear.com/> → Swim & Dive → 2012 Michigan Swimming Junior Olympic logo and further following the prompts. In addition, Fine Designs will be on-site (March 3-4) and will provide a full range of meet apparel in an assortment of colors/styles, and a myriad of options for customization (names, decals, etc.).



FRIDAY EVENING

Warm-up 5:00 Check-In Closes 5:15 Start 6:00

Girls	EVENTS	Boys
EVENT #		EVENT #
1	11 -12 400 IM	2
3	10&U 500 FREE	4
5	13-18 1650 FREE**	6

**** If a swimmer has the 1000 yd freestyle Q2 time they can enter the 1650 at the Q2 cutoff Time.**

SATURDAY MORNING

Warm-up 8:00 Check-In Closes 8:15 Start 9:00a.m.

Girls	EVENTS	Boys
EVENT #		EVENT #
7	11-12 Girls 200 Back	
8	10 & Under 50 Free	9
10	11-12 Girls 50 Free	
11	10 & Under 100 IM	12
13	11-12 Girls 100 IM	
14	10 & Under 50 Fly	15
16	11-12 Girls 50 Fly	
17	10 & Under 200 Free	18
19	11-12 Girls 200 Free	
20	10 & Under 100 Breast	21
22	11-12 Girls 100 Breast	
23	10 & Under 50 Back	24
25	11-12 Girls 50 Back	
26	11-12 Girls 200 Fly	
27	10 & Under 200 Med Rel	28
29	11-12 Girls 200 Med Rel	

SATURDAY AFTERNOON

Warm-up 12:30p.m. Check-In Closes 12:45 Start 1:30p.m.

Girls	EVENTS	Boys
EVENT #		EVENT #
	11-12 Boys 100 I.M.	30
31	13-18 400 IM*	32
	11-12 Boys 50 Back	33
34	13-18 200 Back*	35
	11-12 Boys 200 Free	36
37	13-18 200 Free*	38
	11-12 Boys 50 Fly	39
40	13-18 200 Fly*	41
	11-12 Boys 200 Back	42
43	13-18 50 Free*	44
	11-12 Boys 50 Free	45
46	13-18 100 Breast*	47
	11-12 Boys 100 Breast	48
	11-12 Boys 200 Fly	49
50	13-18 400 Med Relay	51
	11-12 Boys 200 Med Rel	52

*** Must be slower than Q1 (state qualifying) time for their age group**

SUNDAY MORNING

Warm-up 8:00 a.m. Check-In Closes 8:15 Start 8:30a.m.

Girls	EVENTS	Boys
EVENT #		EVENT #
53	11-12 Girls 200 Breast	
54	10 & Under 200 IM	55
56	11-12 Girls 200 IM	
57	10 & Under 100 Back	58
59	11-12 Girls 100 Back	
60	10 & Under 100 Free	61
62	11-12 Girls 100 Free	
63	10 & Under 50 Breast	64
65	11-12 Girls 50 Breast	
66	10 & Under 100 Fly	67
68	11-12 Girls 100 Fly	
69	10 & Under 200 Free Rel	70
71	11-12 Girls 200 Free Rel	
72	11-12 Girls 500 Free	

SUNDAY AFTERNOON

Warm-up 12:30p.m. Check-In Closes 12:45 Start 1:30p.m

Girls	EVENTS	Boys
EVENT #		EVENT #
	11-12 Boys 200 Breast	73
74	13-18 200 Breast*	75
	11-12 Boys 200 IM	76
77	13-18 200 IM*	78
	11-12 Boys 100 Back	79
80	13-18 100 Back*	81
	11-12 Boys 100 Free	82
83	13-18 100 Free*	84
	11-12 Boys 50 Breast	85
86	13-18 100 Fly*	87
	11-12 Boys 100 Fly	88
89	13-18 400 Free Rel	90
	11-12 Boys 200 Free Rel	91
92	13-18 500 Free*	93
	11-12 Boys 500 Free	94

*** Must be slower than Q1 (state qualifying) time for their age group**

HOTELS – all within 10 miles from the pool.

Courtyard Detroit - Auburn Hills (248) 373-4100

(8 miles from the pool)

1296 Opdyke Rd.

Auburn Hills, MI 48236

<http://www.marriott.com/hotels/travel/dtwab-courtyard-detroit-auburn-hills>

Fairfield Inn Detroit - Auburn Hills (248) 373-2228

(8 miles from the pool)

1294 Opdyke Rd.

Auburn Hills, MI 48236

<http://www.marriott.com/hotels/travel/dtwah-fairfield-inn-detroit-auburn-hills>

Crowne Plaza Hotels – Auburn Hills (248) 373-4550

(9 miles from the pool)

1500 N. Opdyke Rd.

Auburn Hills, MI 48236

<http://www.ichotelsgroup.com/h/d/sl/1/en/hotel/dttah?rpb=hotel&crUrl=/h/d/sl/1/en/hotelsearchresults>

Holiday Inn Express - Waterford (248) 674-3434

4350 Pontiac Lake Rd

Waterford, MI 48328

<http://www.hiexpress.com/hotels/us/en/waterford/wtrmi/hoteldetail>

Comfort Inn - Waterford (248) 666-8555

7076 Highland Rd.

Waterford, MI 48327

<http://www.comfortinn.com/hotel-waterford-michigan-MI080?promo=gglocal>

JUNIOR OLYMPIC GOOD LUCK ADS



If you would like to place an ad to wish you swimmer good luck and well wishes, we will include it in our commemorative program.

All good luck ads are approximately business card sized and cost \$5.00 for three lines.

Please fill out the lines below and mail your check payable to Waterford School District:

JO good luck ads
c/o Melissa Millerick-May
2745 W. Commerce Rd.
Milford, MI 48380

Name _____ Phone # _____

AD: _____

(Order form and payment must be received by February 17th, 2012)

Attachment 5 -- 2012 MS Swim Guide
Michigan Swimming, Inc.
2012 MS Junior Olympic Short Course Championship Meet Standards
Q2 Time Standards

Qualifying Period:
January 1, 2011 to
entry deadline

Posted October 2011

10 & Under GIRLS SCY			10 & Under BOYS SCY	
(Q1) Slower than	(Q2) Faster than or equal to	EVENT	(Q2) Faster than or equal to	(Q1) Slower than
31.49	33.59	50 Freestyle	34.59	31.59*
1:09.49	1:15.99	100 Freestyle	1:19.09	1:10.29
2:31.59	2:50.09	200 Freestyle	2:55.69	2:34.99
6:50.59	7:42.89	500 Freestyle	8:05.99	6:55.99
37.09	40.39	50 Backstroke	41.69	37.39
1:20.09	1:27.79	100 Backstroke	1:32.29	1:20.59
42.09	45.59	50 Breaststroke	48.09	43.39
1:32.49	1:42.79	100 Breaststroke	1:44.29	1:34.19
35.89	39.79	50 Butterfly	42.69	36.89*
1:26.29	1:40.99	100 Butterfly	1:40.59	1:29.99*
1:19.99	1:26.59	100 IM	1:30.99	1:21.09
2:54.39	3:16.09	200 IM	3:24.69	2:56.49

11-12 GIRLS SCY			11-12 BOYS SCY	
(Q1) Slower than	(Q2) Faster than or equal to	EVENT	(Q2) Faster than or equal to	(Q1) Slower than
27.89	29.09	50 Freestyle	30.59	28.09
1:00.79	1:05.09	100 Freestyle	1:09.19	1:01.59
2:13.39	2:24.39	200 Freestyle	2:32.99	2:14.59
5:53.49	6:27.99	500 Freestyle	6:42.19	6:00.59
32.59	35.09	50 Backstroke	37.09	33.29
1:10.09	1:16.39	100 Backstroke	1:20.19	1:11.69
2:30.89*	2:48.09	200 Backstroke	3:09.59	2:34.79
36.59	39.99	50 Breaststroke	41.99	37.79
1:20.19	1:27.69	100 Breaststroke	1:32.09	1:21.69
2:51.99	3:11.09	200 Breaststroke	3:25.79	2:59.99
31.09	34.19	50 Butterfly	36.29	32.09*
1:11.29	1:22.99	100 Butterfly	1:26.69	1:13.99
2:45.49	3:12.59	200 Butterfly	3:23.99	2:55.89
1:10.79	1:16.29	100 IM	1:20.29	1:12.79
2:32.09*	2:47.59	200 IM	2:55.69	2:35.49
5:25.59	6:19.89	400 IM	6:30.89	5:35.79

The Junior Olympic Meet is the next level of Championship Meet after the District Championship Meet. Those with times **slower than the Q1** time but **faster than or equal to the Q2** (JO standards) as listed above are eligible to swim that event at the JO Championship Meet. Swimmers who have met or surpassed the Q1 State Meet time standard (the "slower than" column) are **not** eligible to swim that event in the JOs. Once a swimmer has **met or surpassed** the Q1 time standard in an event the swimmer is eligible for the State Championship Meet. The JO Meet has a 13-18 age group which differs from the State Championship Meet (which is 13-14 and Open).

*** = standard revised this year**

Attachment 5 -- 2012 MS Swim Guide
Michigan Swimming, Inc.
2012 MS Junior Olympic Short Course Championship Meet Standards
Q2 Time Standards

Qualifying
Period: January
1, 2011 to entry
deadline

13-18 WOMEN SCY					13-18 MEN SCY	
(Q1) Slower than	(Q2) Faster than or equal to	EVENT	(Q2) Faster than or equal to	(Q1) Slower than		
26.39	27.59	50 Free, 13-14	27.09	25.29		
25.59*	27.59	50 Free, 15-18	27.09	23.29*		
57.09	59.89	100 Free, 13-14	58.89	54.89		
55.59*	59.89	100 Free, 15-18	58.89	50.59*		
2:03.89	2:11.69	200 Free, 13-14	2:11.09	1:59.99		
2:00.79*	2:11.69	200 Free, 15-18	2:11.09	1:51.89		
5:32.99	5:50.99	500 Free, 13-14	5:53.69	5:25.09		
5:23.29*	5:50.99	500 Free, 15-18	5:53.69	5:03.99		
11:35.99	12:33.39	1000 Free, 13-14	12:35.59	11:19.99		
11:20.99	12:33.39	1000 Free, 15-18	12:35.59	10:40.19		
19:35.99	20:57.09	1650 Free, 13-14	21:19.99	19:17.99		
18:58.89	20:57.09	1650 Free, 15-18	21:19.99	18:10.49		
1:05.09	1:09.59	100 Back, 13-14	1:10.99	1:04.09		
1:03.09*	1:09.59	100 Back, 15-18	1:10.99	58.99*		
2:20.99*	2:29.89	200 Back, 13-14	2:35.99	2:18.09		
2:16.99*	2:29.89	200 Back, 15-18	2:35.99	2:09.19		
1:13.99	1:20.69	100 Breast, 13-14	1:19.49	1:12.49		
1:13.09	1:20.69	100 Breast, 15-18	1:19.49	1:06.69		
2:41.99	2:55.09	200 Breast, 13-14	2:54.49	2:38.09		
2:39.69	2:55.09	200 Breast, 15-18	2:54.49	2:27.99		
1:04.79*	1:10.29	100 Fly, 13-14	1:09.99	1:02.39		
1:02.09*	1:10.29	100 Fly, 15-18	1:09.99	57.09		
2:27.99	2:48.59	200 Fly, 13-14	2:41.99	2:26.69		
2:23.39	2:48.59	200 Fly, 15-18	2:41.99	2:15.99		
2:22.09	2:28.99	200 IM, 13-14	2:28.99	2:16.89		
2:16.99*	2:28.99	200 IM, 15-18	2:28.99	2:06.99		
5:03.89	5:26.89	400 IM, 13-14	5:24.99	4:59.99		
4:54.29	5:26.89	400 IM, 15-18	5:24.99	4:40.99		

The Junior Olympic Meet is the next level of Championship Meet after the District Championship Meet. Those with times **slower than the Q1** time but **faster than or equal to the Q2** (JO standards) as listed above are eligible to swim that event at the JO Championship Meet. Swimmers who have met or surpassed the Q1 State Meet time standard (the "slower than" column) are **not** eligible to swim that event in the JOs. Once a swimmer has **met or surpassed** the Q1 time standard in an event the swimmer is eligible for the State Championship Meet. The JO Meet has a 13-18 age group which differs from the State Championship Meet (which is 13-14 and Open).

* = standard revised this year

RELEASE

Enclosed is a total of \$_____ covering fees for all entries to this meet submitted by the team or individual listed below. In consideration of acceptance of this entry I/We hereby, for ourselves, our heirs, administrators, and assign, waive and release any and all claims against Kingfish Aquatics of Waterford, Waterford Kettering High School, Michigan Swimming, Inc., and United States Swimming, Inc. for injuries and expenses incurred by Me/Us at or traveling to/from said swim meet. In granting this sanction it is understood and agreed that USA swimming and Michigan Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

Signature: _____

Entry Chair: _____

Position: _____

Street Address: _____

Phone: _____

City, State, Zip: _____

E-mail: _____

Coach Name: _____

Club Name: _____

Coach Phone: _____

Club Code: _____

Coach E-Mail: _____

**Certification of Registration Status
Of All Entered Athletes
EASTERN Junior Olympics March 2-4, 2012**

Michigan Swimming Clubs must register and pay for the registration of all athletes that are contained in the electronic TM Entry File or any paper entries that are submitted to the Meet Host with the Office of Michigan Swimming **prior to submitting the meet entry to the meet host**. Clubs from other LSCs must register and pay for the registration of their athletes with their respective LSC Membership Coordinator.

A penalty fee of \$100.00 per unregistered athlete will be levied against any Club found to have **entered** an athlete in a meet without first registering the athlete and paying for that registration with the Office of Michigan Swimming or their respective LSC Membership Coordinator.

Submitting a meet entry without the athlete being registered and that registration paid for beforehand may also subject the Club to appropriate Board of Review sanctions.

The authority for these actions is:

UNITED STATES SWIMMING RULES AND REGULATIONS 302.4 FALSE REGISTRATION – A host LSC may impose a fine of up to \$100.00 per event against a member Coach or a member Club submitting a meet entry which indicates a swimmer is registered with USA Swimming when that swimmer or the listed Club is not properly registered. The host LSC will be entitled to any fines imposed.

[illegible]

I certify that **all** athletes submitted **with this meet entry** are currently registered members of USA Swimming and that I am authorized by my Club to make this representation in my listed capacity.

By: _____
(Signature)

(Printed Name of person signing above)

Capacity: _____

Club Name: _____

Date: _____

This form must be signed and returned with the entry or the entry will not be accepted.