

**3rd Annual Spring Tune-up
ABC Short Course Meet
Hosted By: Lakeview Aquatic Club
May 18-20, 2012**

- Sanction:** This meet is sanctioned by Michigan Swimming, Inc., as a timed final meet on behalf of USA Swimming, Sanction Number #MI1112072. Michigan swimming rules, safety, and warm up procedures will govern the meet as if fully set forth in these meet rules.
- Location:** Lakeview High School, 15060 Helmer Road, Battle Creek. MI 49015
- Times:** May 18: Warm-up 4pm; Start 5pm
May 19 & 20: Warm-up 8:00 am; Start 9:00 am *13-14 and Open*
May 19 & 20: Warm-up 12:00 pm; Start 1:00 pm *12 & Under*
- Motels:** Holiday Inn
12812 Harper Village Drive
Battle Creek, MI 49014
(269) 979-0500
- Facilities:** The Lakeview High School Natatorium is an 8 lane pool with a 3 lane supervised warm-up and cool-down area separated by a bulkhead. Depth at start is 7 ft and 8 ft to 12.5 ft at turn. Permanent starting blocks and non-turbulent lane markers will be used. Daktronics timing with an 8 lane display will be used. The competition course has not been certified in accordance with 104.2.2C. There is ample balcony seating for spectators. Lockers are available (provide your own lock).
- Eligibility:** The LAC Spring Tune-up is for those swimmers with A, B and C times. All swimmers must be currently registered with United States of America Swimming (USA). A swimmer's age on May 18, 2012 will determine his/her eligibility for a particular age group. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement

Format: ABC Meet. Timed finals

Entry Limits: Entries will be accepted on a first come first serve basis by date of email for electronic entries and date of receipt by the entry chair for hard copy entries until the Michigan Swimming four (4) hour per session maximum time limit is met. As set forth in Entry Procedures below, entries are not deemed valid and will not be processed until such time as the entry chairperson has received: (a) a hard copy of your club's entry summary sheet, (b) a hard copy of your club's signed release/waiver agreement (c) your clubs certification of entered athletes and (d) your club's entry and entry fees. Entries received after the four (4) hour per session time limit has been met will be returned even if received before the entry deadline.

Individual Entry Limits: Swimmers may enter a maximum of 2 events on Friday and 4 events on Saturday and Sunday.

Electronic Entries: \$4.00 per individual event. Please include a \$1.00 Michigan Swimming surcharge for each swimmer entered. Make checks payable to: ***Lakeview School District***

Paper Entries: MS rules regarding non-electronic entries apply. \$5.00 per individual event. There is a \$1.00 additional charge per individual event and \$1.00 per relay event paid if the entry is not submitted on Hy-Tek (or compatible) disk. The Michigan Swimming \$1.00 general surcharge for each swimmer also applies to paper entries. Paper entries may be submitted to the entry chair on a spreadsheet of your choice however the paper entry *must* be logically formatted and must contain all pertinent information to allow the entry chair to easily enter the swimmer(s) in the correct events with correct seed times.

Entry Procedures: Entries may be submitted to the entry chairperson beginning April 20, 2012 at 7:00 am. The entry chairperson must receive all entries no later than May 11, 2012. Entries must include correct swimmer name (as registered with USA/MS Swimming), age and USA number. You can import the order of events and event numbers from the Michigan Swimming website (<http://www.miswim.org>). All individual entries should be submitted via electronic mail to the entry chairperson at marylakeviewswimming@gmail.com . Any entries submitted will not be processed until such time as the entry chairperson has received a hard copy of: (a) your club's entries (Team Manager Meet Entries Report), (b) a hard copy of your club's signed release/waiver agreement (c) your clubs signed certification of entered athletes and (d) your club's entry fees. The complete Spring Tune-up entry packet with entry forms is available on the Michigan Swimming Website at www.miswim.org

Refunds: Once a team or individual entry has been received and processed by the entry chair there are no refunds in full or in part.

Entry Chair: Your club's Entry, Entry Summary Sheet, Release/Waiver, Certification of Entered Athletes and Check should be sent via U.S. mail or nationally recognized overnight courier to:

Mary Vann
5683 6 Mile Road
East Leroy, MI 49051
(269) 967-2772
marylakeviewswimming@gmail.com

Check In: Check In will be available beginning 30 minutes prior to the warm-up session and will close 15 minutes after warm-up begins. Check in is mandatory for all events and is required by the time set forth in this meet announcement. Failure to check in will cause the swimmer to be scratched from **all** events in that session. Also note that pursuant to MS Rules that failing to swim an event after checking in for that event will disqualify a swimmer from his or her next event. Check in sheets will be posted on the pool deck.

Scratch Rules: Prior to check in close a swimmer may scratch events at the Clerk of Course. After check in closes, you must see the Meet Referee to scratch an event. Once a swimmer has checked in for an event that swimmer must compete in that event or the swimmer will be scratched from his/her next event.

Marshaling: All events will be self-marshaled.

Seeding: Seeding will be done after check in closes. Swimmers who fail to check in for an event will be scratched from that event. All events are timed finals and will be seeded slowest to fastest other than 400 IM and 1000 freestyle which will be seeded fastest to slowest (alternating genders-women/men).

**Deck Entries/
Time Trials:** Deck entries may be accepted, if time and space permit, at the discretion of the Meet Referee and Meet Director. Deck entries are \$7.50 per individual event. Registration status must be proven by providing current USA swimming membership card or a current print out of athlete roster from club portal. The club portal is located on the USA swimming website and the athlete roster is in the reports section

Meet Programs/

Admissions: \$4 per person. 10 & Unders are free. Meet program is \$5.

Scoring: No scoring will be kept.

Awards: 10 & Under and 11-12 age groups will be awarded
A, B & C individual events will receive 1-8th place ribbons.
No awards for 13-14 and Open events.

Results: Complete meet results will be posted on the Michigan Swimming Website at www.miswim.org. Results will also be available on flash drive (HY-TEK Meet Manager) upon request. Teams must provide their own flash drive.

Concessions: Food and beverages will be available in the Lakeview High School concession stand just outside the stands. No food or beverage will be allowed on the deck of the pool, in the locker rooms or in the spectator areas. A hospitality area will be available for coaches and officials.

Lost and Found: Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days (any longer period shall be in the sole discretion of the Meet Director).

Swimming Safety: Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. [The same rules will apply with respect to the warm-down pool and diving well]. Penalties for violating these rules will be in the sole discretion of the meet referee which may include ejection from the meet.

Deck Personnel: Only swimmers, registered coaches and meet officials/workers are allowed on the deck. Coaches and officials must display their registration cards at all times. Coaches must be current in all certifications through the final date of the meet.

Swimmers with Disabilities: All swimmers are encouraged to participate. If any of your swimmers have special needs or requests please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.

General Info: Any errors or omissions in the program will be documented and signed by the meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting.

First Aid: Supplies will be kept in pool deck office.

Facility Items: (A) No smoking is allowed in the building or on the grounds of Lakeview High School.

- (B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.
- (C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.
- (D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection at the [location].

Meet Director: Julie Youngquist
<mailto:coachyoungquist@yahoo.com>
(269) 873-2557

Meet Referee: Scott Appleyard
<mailto:scott.appleyard@asmnet.com>

Safety Marshall: Blewett Smyth
(269) 788-7911

Friday, May 18th: Warm- up 4:00

Start: 5:00

Girl's event #	Event	Boy's Event #
1	Open 400 IM	2
3	12&Under 200 IM	4
5	12&Under 500 Free	6
7	Open 1000 Free	8

Saturday, May 19th: Warm-up: 8:00 am

Start: 9:00 am

Girl's event #	Event	Boy's event #
9	13-14 200 Free	10
11	Open 200 Free	12
13	13-14 100 Back	14
15	Open 100 Back	16
17	13-14 200 IM	18
19	Open 200 IM	20
21	13-14 100 Breast	22
23	Open 100 Breast	24
25	13-14 100 Free	26
27	Open 100 Free	28
29	13-14 200 Fly	30
31	Open 200 Fly	32

Saturday, May 19th: Warm-up: 12:00 pm

Start: 1:00 pm

Girl's event #	Event	Boy's Event #
33	11-12 200 Free	34
35	10&Under 200 Free	36
37	11-12 100 Back	38
39	10&Under 100 Back	40
41	11-12 50 Free	42
43	10&Under 50 Free	44
45	11-12 50 Breast	46
47	10&Under 50 Breast	48
49	11-12 100 Fly	50
51	10&Under 100 Fly	52
53	11-12 200 Back	54

Sunday, May 20th Warm-up: 8:00 am
 Start: 9:00 am

Girl's event #	Event	Boy's event #
55	13-14 500 Free	56
57	Open 500 Free	58
59	13-14 200 Back	60
61	Open 200 Back	62
63	13-14 100 Fly	64
65	Open 100 Fly	66
67	13-14 200 Breast	68
69	Open 200 Breast	70
71	13-14 50 Free	72
73	Open 50 Free	74

Sunday 20th Warm-up: 12:00 pm
 Start: 1:00 pm

Girl's event #	Event	Boy's event #
75	11-12 200 Breast	76
77	10&Under 100 IM	78
79	11-12 100IM	80
81	10&Under 50 Fly	82
83	11-12 50 Fly	84
85	10&Under 50 Back	86
87	11-12 50 Back	88
89	10&Under 100 Free	90
91	11-12 100 Free	92
93	10&Under 100 Breast	94
95	11-12 100 Breast	96
97	11-12 200 Fly	98

RELEASE AND WAIVER

Enclosed is a total of \$_____ covering fees for all the above entries. In consideration of acceptance of this entry I/We hereby, for ourselves, our heirs, administrators, and assigns, waive and release any and all claims against Lakeview Aquatic Club-Lakeview School District, Michigan Swimming, Inc., and United States Swimming, Inc. for injuries and expenses incurred by Me/Us at or traveling to said swim meet.

[illegible]

In granting the sanction it is understood and agreed that USA Swimming and Michigan Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

Signature: _____

Position: _____

Street Address: _____

City, State, Zip_____

E-mail: _____

Coach Name: _____

Coach Phone: _____

Coach E-Mail _____

Club Name: _____

Club Code: _____

Certification of Registration Status Of All Entered Athletes LAC Spring Tune-up

Michigan Swimming Clubs must register and pay for the registration of all athletes that are contained in the electronic TM Entry File or any paper entries that are submitted to the Meet Host with the Office of Michigan Swimming **prior to submitting the meet entry to the meet host**. Clubs from other LSCs must register and pay for the registration of their athletes with their respective LSC Membership Coordinator.

A penalty fee of \$100.00 per unregistered athlete will be levied against any Club found to have **entered** an athlete in a meet without first registering the athlete and paying for that registration with the Office of Michigan Swimming or their respective LSC Membership Coordinator.

Submitting a meet entry without the athlete being registered and that registration paid for beforehand may also subject the Club to appropriate Board of Review sanctions.

The authority for these actions is:

UNITED STATES SWIMMING RULES AND REGULATIONS 302.4 FALSE REGISTRATION – A host LSC may impose a fine of up to \$100.00 per event against a member Coach or a member Club submitting a meet entry which indicates a swimmer is registered with USA Swimming when that swimmer or the listed Club is not properly registered. The host LSC will be entitled to any fines imposed.

[illegible]

I certify that **all** athletes submitted **with this meet entry** are currently registered members of USA Swimming and that I am authorized by my Club to make this representation in my listed capacity.

By: _____
(Signature)

(Printed Name of person signing above)
Capacity: _____

Club Name: _____

Date: _____

This form must be signed and returned with the entry or the entry will not be accepted