



2012 MOTOR CITY SPEEDWAY

ABC Long Course Swim Meet

Hosted By: Motor City Aquatics

EMU Jones Natatorium, Ypsilanti MI

June 22 – 24



Sanction: This meet is sanctioned by Michigan Swimming, Inc., as a timed final meet on behalf of USA Swimming, Sanction Number MI1112086, Michigan Swimming rules, safety, and warm up procedures will govern the meet as if fully set forth in these meet rules.

Location: Eastern Michigan University Natatorium (Olds-Robb Student Recreation Center) located on the campus of Eastern Michigan University, Ypsilanti, MI 48197. A map to the **Pool (Building 29)** and **Parking Structure (Building 11/D)** is available through the following website link: <http://www.emich.edu/maps/>

Times:

Session	Age Group	Warm-Up	Check-In Deadline	Meet Start
Friday Evening	All Ages	5:00 PM	5:15 PM (Events 1 to 6) 6:30 PM* (Events 7 and 8)	6:00PM
Sat & Sun Morning	12 & Under	7:30 AM	7:45 AM	8:30 AM
Sat & Sun Afternoon	13 & Over	12:30 AM	12:45 PM	1:30 PM

***Note:** Friday evening check-in deadline for 1500 events **only** will be 6:30 PM or later based on meet timeline; check MCA website (www.motorcityaquatics.org) for changes after June 20.

Coaches: Relay cards are due by 10:00AM for morning and 3:00PM for afternoon sessions.

Hotels: Please see list of area hotels at the end of this document.

Facilities: The Michael Jones pool, in the Olds-Robb Student Recreation Center, is a 10-lane 50-meter pool. Depth at start is 12 feet deep and 4 feet at the turn. Permanent starting blocks and non-turbulent lane markers will be used. Daktronics timing and scoreboard will be used with a 10-lane display. There is ample balcony seating for spectators. Lockers are available (provide your own lock). Eastern Michigan University, Michigan Swimming, Inc., and Motor City Aquatics are not responsible for lost or stolen items. The competition course has not been certified in accordance with 104.2.2C(4).

Eligibility: The 2012 MOTOR CITY SPEEDWAY swim meet is an **ABC Meet** for all ages of swimmers who meet all USA/Michigan Swimming eligibility requirements. All swimmers must currently be registered with USA Swimming, Inc. A swimmer's age on June 22, 2012 determines their age for the entire meet. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Meet Format: Selected individual events are offered in the noted age groups.

Entry Limits: Entries will be accepted on a first come first serve basis by date of email for electronic entries and date of receipt by the entry chair for hard copy entries until the Michigan Swimming four (4) hour per session maximum time limit is met. As set forth in Entry Procedures below, entries are not deemed valid and will not be

processed until such time as the entry chairperson has received: (a) a hard copy of your club's entry summary sheet, (b) a hard copy of your club's signed release/waiver agreement (c) your club's certification of entered athletes and (d) your club's entry and entry fees. Entries received after the four (4) hour per session time limit has been met will be returned even if received before the entry deadline.

**Individual
Entry Limits:**

Friday: Limit of two entries Friday night. Entries may be limited to the fastest heats to meet the 4-hour time limit. It is the intent to offer three heats each for girls and boys in the 1500 Free, however this may be amended to maintain a maximum four-hour session. If heats are limited, notification will be given on or before June 20, 2012. A full refund will be provided to any swimmers who are shut out of an event due to limitations of heats.

Saturday & Sunday: Maximum of four (4) individual events per day plus relays. If a swimmer is entered in too many events the swimmer will be entered numerically and automatically scratched from excess events without any further notification to the swimmer of scratched events. Times must be submitted in long course meters (LCM). Times may be converted from SCY to LCM to establish a seedtime (See MS Rules). NT entries are allowed but not eligible for awards.

**Time
Conversions:**

Short Course Yards to Long Course Meters:

50y x 1.127 = 50m
100y x 1.143 = 100m
200y x 1.136 = 200m
500y x 0.892 = 400m
1650y x 1.022 = 1500m

**Electronic
Entries:**

\$4.00 per individual event and \$12.00 for relays. Please include a \$1.00 Michigan Swimming surcharge for each swimmer entered. Make checks payable to: **Motor City Aquatics**

Paper Entries:

Michigan Swimming's rules regarding non-electronic entries apply. \$5.00 per individual event and \$13.00 for relays. The Michigan Swimming \$1.00 surcharge for each swimmer will apply. Paper entries may be submitted to the entry chair on a spreadsheet of your choice however the paper entry must be logically formatted and must contain all pertinent information to allow the entry chair to easily enter the swimmer(s) in the correct events with correct seed times.

**Entry
Procedures:**

Entries may be submitted to the entry chairperson as of Friday, May 25, 2012 at 8:00 AM. The entry chairperson must receive all entries, whether by mail or email, no later than Monday, 11:59 PM, June 11, 2012. **Due to time line restrictions, certain events may close before the last day for entries. Please check the MCA website (www.motorcityaquatics.org) for updated event information.**

Entries must include correct swimmer name (as registered with USA/MS Swimming), age and USA number. You can import the order of events and event numbers from the Michigan Swimming website (www.miswim.org).

All individual entries should be submitted via electronic mail to the entry chairperson at 4_sambels@comcast.net in Hy-Tek format. Any entries submitted will not be processed until such time as the entry chairperson has received a hard copy of: (a) the attached signed release/waiver agreement (b) the signed certification of entered athletes form and (c) a check for the full entry fee. The complete 2012 MCA MOTOR CITY SPEEDWAY entry packet with entry forms is available on the Michigan Swimming Website at www.miswim.org.

- Refunds:** Once a team or individual entry has been received and processed by the entry chair there are no refunds in full or in part.
- Entry Chair:** Petra Sambel
For Questions, please email: 4_sambels@comcast.net
or call: 248-885-8458 (no calls after 9 p.m. please)
- Your club's Entry, Release/Waiver, Certification of Entered Athletes and check for full entry fees should be sent via U.S. mail or nationally recognized overnight courier to:
- Motor City Aquatics
Speedway Entries
4225 Sunningdale Drive
Bloomfield Hills, MI 48302
- IF YOU USE EXPRESS MAIL, FED EX, UPS OR SOME OTHER DELIVERY SERVICE, YOU MUST CHECK THE BOX "NO SIGNATURE REQUIRED." IF THIS BOX IS NOT CHECKED, WE CANNOT GUARANTEE YOUR ENTRY INTO THE MEET.**
- Check In:** Check-in is mandatory for all events and is required by the time set forth in the schedule of events and this meet announcement. **PLEASE FOLLOW THE POSTED CHECK IN PROCEDURE AND MICHIGAN SWIMMING CHECK IN RULES.** Complete failure to check in prior to the stated time will cause a swimmer to be scratched from all events in the session. Also, failing to swim an event after checking in will disqualify a swimmer from his or her next event. Check-in sheets will be posted near the Clerk of the Course. **Coaches:** Relay cards are due at 10:00am for AM sessions and 3:00pm for PM sessions.
- Scratch Rules:** Prior to check in close, a swimmer may scratch events at the Clerk of Course. After check in closes, you must see the Meet Referee to scratch an event. If a swimmer fails to compete in his/her scheduled event without having properly scratched that event, he/she will be disqualified from his/her next event.
- Marshaling:** All sessions of the meet will be self marshaled. Heat sheets for all events will be posted in the pool area. Swimmers will be responsible for reporting to the starting blocks in time to swim their respective event.
- Seeding:** All events are timed finals. Friday events will be seeded fastest to slowest (400 Free and 1500 Free will alternate girls and boys). Saturday and Sunday events will be seeded slowest to fastest. The Meet Referee and Meet Director reserve the right to combine genders and/or same stroke/distance events in order to reduce the number of heats.
- Starts:** Dive-over starts for all events will be used according to MI Swimming Rules and Procedures.
- Deck Entry:** Deck entries may be accepted at the Clerk of the Course and may swim if time and space permit at the sole discretion of the Meet Referee and Meet Director. Deck entries are \$7 per individual event and \$14 for relays. Deck entries are subject to the Michigan Swimming \$1.00 athlete surcharge if the athlete is not already in the meet. For deck entries, registration status must be proven by providing current USA swimming membership card or a current print out of athlete roster from club portal. The club portal is located on the USA swimming website.

Time Trials:	Time trials will not be offered.
Changing Events (Scratch/Add):	At the discretion of the Meet Director, swimmers already in the meet may be allowed to scratch an existing event and "deck enter" a new event (both events must be in the same session). If available, event changing must be completed prior to check in close. The fee for changing events is the deck entry fee of \$7. Event changes are made at the Clerk of Course.
Admissions:	\$4 per person Friday, Saturday and Sunday for all persons aged 13 and over. All 12 & unders and anyone swimming in the meet can enter the spectator area free of charge. Meet heat sheets will be available near the start of each session for \$2.
Scoring:	No scoring at this meet.
Awards:	<p>Ribbons will be awarded ONLY for all 12 & Under athletes in the 8 & U, 9-10 and 11-12 age groups.</p> <p>Individual Awards A, B, C Times: 1st thru 8th place; Relays: 1st thru 6th place</p> <p>Awards will not be distributed to swimmers. All awards will be given to coaches at the end of the Sunday session. Unattached swimmers may pick up their awards at the awards table after the completion of their last session.</p>
Results:	<p>Results will be separated and posted by age group for all combined events. For example, 12 & Under events will be separated into 8 & U, 9-10, and 11-12 age groups. Likewise, the 13 & Over events will be separated into 13-14 and 15 & O.</p> <p>Real-time results will be available at www.motorcityaquatics.org. Complete results will be posted on the Michigan Swimming Website at www.miswim.org. HY-TEK results will also be available to coaches upon request following the conclusion of the meet.</p>
Concessions/Hospitality:	Food and beverages will be available at the meet at the EMU concession stand. A hospitality area will be available for coaches, officials and meet volunteers working dual sessions.
Lost & Found:	Articles may be turned in/picked up near the scorer's table. Articles not picked up by the end of the meet will be retained by the Meet Director for 14 days. After 14 days the items will be donated to a charitable organization.
Swimming Safety:	Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. The same rules will apply with respect to the warm-down pool and diving well. Penalties for violating these rules will be in the sole discretion of the meet referee which may include ejection from the meet.
Deck Personnel:	Only swimmers, registered coaches and meet officials/workers are allowed on the deck. Coaches and officials must display their registration cards at all times. Coaches must be current in all certifications through the final date of the meet. Parents not working the meet are not allowed on deck and in the locker rooms.
Swimmers With Disabilities:	All swimmers are encouraged to participate. If any of your swimmers have special needs or requests please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.

- General Information:** Any errors or omissions in the program will be documented and signed by the meet Referee and available for review at the announcer's table. Information will also be covered at the Coaches' Meeting.
- First Aid:** Supplies will be kept at the first-aid station on the pool deck, to be administered by Eastern Michigan University Lifeguard Staff.
- Facility Items:**
- (A) No smoking is allowed in the Rec/IM building of Eastern Michigan University.
 - (B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.
 - (C) No food or beverage (except plastic water/sports drink bottles) or coolers will be allowed on the deck of the pool or in the locker rooms.
 - (D) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway, the bleachers, the warm-up pool, or concessions.
 - (E) Locker rooms in the competition side of the building are provided to change clothes. Bring all property onto the pool deck for safekeeping. Eastern Michigan University REC/IM is not responsible for lost or stolen property. **DECK CHANGING IS STRICTLY FORBIDDEN.**
 - (F) Bleacher seating will be provided on the pool deck for team use. Teams are responsible to clean up their area before leaving the facility.
 - (G) No balloons are permitted in the pool area/building.
 - (H) Noisemakers and flash photography are prohibited.
 - (I) Limited room is available for folding chairs in the spectator area and they must be removed at the end of each day.
 - (J) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection at the pool director's office at Eastern Michigan University.
 - (K) To comply with USA Swimming privacy and security policy, **NO CELL PHONES WITH CAMERAS OR ANY TYPE OF CAMERA OR VIDEO IS ALLOWED IN THE LOCKER ROOMS AT ANYTIME.**
 - (L) Safety marshals will be stationed and easily identifiable throughout the pool to assist in applying the safety and first aid rules.
- Meet Director:** Michael Guttilla; mguttilla@comcast.net, (248) 761-3150
- Meet Referee:** Fang Liu; fangliu579@yahoo.com
- Meet Manager:** Shawn Letwin; sletwin@chartermi.net
- Safety Marshall:** Andy Paulson; apaulson811@gmail.com

2012 MOTOR CITY SPEEDWAY

EMU Jones Natatorium, Ypsilanti MI

June 22 – 24

SCHEDULE OF EVENTS

Friday PM

Warm-Up - 5:00 PM

Meet Start - 6:00 PM

Girls Event #	Event	Boys Event #
1	Open 200 IM	2
3	12 & U 400 Free	4
5	13 & O 1500 Free	6

Saturday AM

Warm-Up - 7:30 AM

Meet Start - 8:30 AM

Girls Event #	Event	Boys Event #
7	11-12 200 Back	8
9	12 & U 100 Breast	10
11	11-12 200 Fly	12
13	12 & U 100 Free	14
15	12 & U 50 Back	16
17	12 & U 50 Fly	18
19	10 & U 400 Free Relay	20
21	11-12 400 Free Relay	22

Sunday AM

Warm-Up - 7:30 AM

Meet Start - 8:30 AM

Girls Event #	Event	Boys Event #
35	11-12 200 Breast	36
37	12 & U 100 Fly	38
39	12 & U 200 Free	40
41	12 & U 100 Back	42
43	12 & U 50 Breast	44
45	12 & U 50 Free	46
47	10 & U 400 Medley Relay	48
49	11-12 400 Medley Relay	50

Saturday PM

Warm-Up - 12:30 PM

Meet Start - 1:30 PM

Girls Event #	Event	Boys Event #
23	13 & O 200 Fly	24
25	13 & O 100 Free	26
27	13 & O 200 Breast	28
29	13 & O 100 Back	30
31	13 & O 400 Free	32
33	13 & O 400 Free Relay	34

Sunday PM

Warm-Up - 12:30 PM

Meet Start - 1:30 PM

Girls Event #	Event	Boys Event #
51	13 & O 200 Back	52
53	13 & O 100 Fly	54
55	13 & O 200 Free	56
57	13 & O 100 Breast	58
59	13 & O 400 IM	60
61	13 & O 50 Free	62
63	13 & O 400 Medley Relay	64

RELEASE AND WAIVER

Enclosed is a total of \$_____ covering fees for all the above entries. In consideration of acceptance of this entry I/We hereby, for ourselves, our heirs, administrators, and assigns, waive and release any and all claims against Motor City Aquatics, Eastern Michigan University, Michigan Swimming, Inc., and United States Swimming, Inc. for injuries and expenses incurred by Me/Us at or traveling to said swim meet.

[illegible]

In granting the sanction it is understood and agreed that USA Swimming and Michigan Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

Signature: _____

Position: _____

Street Address: _____

City, State, Zip _____

E-mail: _____

Coach Name: _____

Coach Phone: _____

Coach E-Mail: _____

Club Name: _____

Club Code: _____

Certification of Registration Status Of All Entered Athletes 2012 MOTOR CITY SPEEDWAY

Michigan Swimming Clubs must register and pay for the registration of all athletes that are contained in the electronic TM Entry File or any paper entries that are submitted to the Meet Host with the Office of Michigan Swimming **prior to submitting the meet entry to the meet host.** Clubs from other LSCs must register and pay for the registration of their athletes with their respective LSC Membership Coordinator.

A penalty fee of \$100.00 per unregistered athlete will be levied against any Club found to have **entered** an athlete in a meet without first registering the athlete and paying for that registration with the Office of Michigan Swimming or their respective LSC Membership Coordinator.

Submitting a meet entry without the athlete being registered and that registration paid for beforehand may also subject the Club to appropriate Board of Review sanctions.

The authority for these actions is:

UNITED STATES SWIMMING RULES AND REGULATIONS 302.4 FALSE REGISTRATION – A host LSC may impose a fine of up to \$100.00 per event against a member Coach or a member Club submitting a meet entry which indicates a swimmer is registered with USA Swimming when that swimmer or the listed Club is not properly registered. The host LSC will be entitled to any fines imposed.

[illegible]

I certify that **all** athletes submitted **with this meet entry** are currently registered members of USA Swimming and that I am authorized by my Club to make this representation in my listed capacity.

By: _____
(Signature)

(Printed Name of person signing above)

Capacity: _____

Club Name: _____

Date: _____

This form must be signed and returned with the entry or the entry will not be accepted.

HOTEL INFORMATION

Recommended Hotels & Links to Driving Directions

Marriott Ypsilanti

1275 S. Huron Street
Ypsilanti, MI 48197
734-487-2000

<http://www.marriott.com/hotels/travel/dtwys-ann-arbor-marriott-ypsilanti-at-eagle-crest/>

3.0 Miles to Pool (est. 9 minutes)

Link to Google directions: <http://g.co/maps/yzjvd>

Sheraton Ann Arbor

3200 Boardwalk
Ann Arbor, MI 48108
(734) 996-0600

<http://www.sheratonannarbor.com/>

6.1 Miles to Pool (est. 15 minutes)

Link to Google directions: <http://g.co/maps/e9b92>

Holiday Inn Express & Suites

600 Briarwood Circle
Ann Arbor, MI 48108
800-315-2605

6.5 Miles to Pool (est. 15 minutes)

Link to Google directions: <http://g.co/maps/szywf>

For a Map to Eastern Michigan University Michael Jones Natatorium please visit

<http://www.emich.edu/maps/>. The **Pool (Building 29)** and **Parking Structure (Building 11/D)** can be located on the interactive map.