

**“Romeo and Juliet” ABC Meet**  
**Hosted By: Romeo Dolphins Swim Club**  
February 17, 18 and 19, 2012

- Sanction:** This meet is sanctioned by Michigan Swimming, Inc., as a timed final meet on behalf of USA Swimming, Sanction Number MI1112048. Michigan swimming rules, safety, and warm up procedures will govern the meet as if fully set forth in these meet rules.
- Location:** Romeo Senior High School, 11091 West 32 Mile Road, Romeo, MI 48065. Located on 32 Mile Road, one mile west of M-53.
- Times:** Friday PM: Warm-Up 5:00 pm & Meet Start 6:00 pm  
Saturday & Sunday AM: Warm-Up 7:30 am & Meet Start 8:30 am  
Saturday and Sunday PM: Warm-Up 12:30 pm & Meet Start 1:30 pm
- Motels:** Courtyard by Marriott – 4600 Utica Park Blvd., Utica, MI 48315 #586.997.6100  
LaQuinta Inn & Suites – 45311 Utica Park Ave., Utica, MI 48315 #586.731.4700
- Facilities:** Romeo is an 8-lane pool. Depth at start is 11 feet and 3 feet, 6 inches at the turns. Permanent starting blocks and non-turbulent lane markers will be used. Daktronics timing with an 8-lane display will be used. The competition course has not been certified in accordance with 104.2.2C(4). There is bleacher seating for spectators, but due to limited seating, NO bags will be allowed in the bleachers. Lockers for swimmers are available (provide your own lock). Public phones will be available.
- Eligibility:** Romeo and Juliet is an ABC meet for all swimmers. All swimmers must be currently registered with United States of America Swimming (USA). A swimmer's age on February 17, 2012 will determine his/her eligibility for a particular age group. Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- Meet Format:** Timed finals format. This is an age group swim meet. Swimmers are grouped by age and gender: 8 & Under, 10 & Under, 11-12 and Open. The time standards used in this meet are A, B & C.
- Entry Limits:** Entries will be accepted on a first come first serve basis by date of email for electronic entries and date of receipt by the entry chair for hard copy entries until the Michigan Swimming Four (4) hour per session maximum time limit is met. As set forth in entry procedures below, (A) a hard copy of your club's entry summary sheet, (B) a hard copy of your club's signed release/waiver agreement (C) your club's certification of entered athletes and (D) your club's entry and entry fees must be received by the Entry Chair in a timely fashion prior to the start of the meet, or your swimmers will not be allowed to swim in the meet. Entries received after the four (4) hour per session time limit has been met will be returned even if received before the entry deadline.
- Individual Entry Limits:** Swimmer's entries are limited to 5 individual events and 1 relay event per day. “No Time” entries will be accepted, but are NOT eligible for awards.

- Electronic Entries:** \$4.00 per individual event and \$12.00 for relays. Please include a \$1.00 Michigan Swimming surcharge for each swimmer entered. Make checks payable to: RWB Parks and Recreation.
- Paper Entries:** MS rules regarding non-electronic entries apply. \$5.00 per individual event and \$13.00 for relays. There is a \$1.00 additional charge per individual event and \$1.00 per relay event paid if the entry is not submitted in Hy-Tek format. The Michigan Swimming \$1.00 general surcharge for each swimmer also applies to paper entries. Paper entries may be submitted to the entry chair on a spreadsheet of your choice however the paper entry *must* be logically formatted and must contain all pertinent information to allow the entry chair to easily enter the swimmer(s) in the correct events with correct seed times.
- Entry Procedures:** Entries may be submitted to the entry chairperson as of **Friday, January 20, 2012 at 8:00 am**. The entry chairperson must receive all entries no later than **Friday, February 10, 2012**. Entries must include correct swimmer name (as registered with USA/MS Swimming), age and USA number. You can import the order of events and event numbers from the Michigan Swimming website (<http://www.miswim.org/>). All individual entries should be submitted via electronic mail to the entry chairperson at **lbrcorey@comcast.net**. All entries will be processed in order by email date code or mail date code. Any entries submitted will be considered provisional until such time as the entry chairperson has received a hard copy of: (a) your club's entries (Team Manager Meet Entries Report), (b) a hard copy of your club's signed release/waiver agreement (c) your club's signed certification of entered athletes and (d) your club's entry fees. This must be received in a timely fashion prior to the start of the meet or your swimmers will not be allowed to swim in the meet. The complete "Romeo and Juliet" entry packet with entry forms is available on the Michigan Swimming Website at <http://www.miswim.org/>
- Refunds:** Once a team or individual entry has been received and processed by the entry chair there are no refunds in full or in part unless the "over qualification exception" applies (see MS Rules).
- Entry Chair:** Your club's Entry, Entry Summary Sheet, Release/Waiver, Certification of Entered Athletes and Check should be sent via U.S. mail or nationally recognized overnight courier to:
- Laurie Corey  
307 West St. Clair  
Romeo, MI 48065  
586.453.9944 (No calls after 9 pm please)  
lbrcorey@comcast.net
- Check In:** Check In will be available as of 30 minutes before the start of Warm-Up and will close 45 minutes prior to the Start of each session. Check in is mandatory for all events and is required by the time set forth in this meet announcement. Failure to check in will cause the swimmer to be scratched from **all** events in that session. . Also note that pursuant to MS Rules that failing to swim an event after checking in for that event will disqualify a swimmer fro his or her next event. Check in sheets will be posted in the pool area hallway.
- Scratch Rules:** Prior to check in close, a swimmer may scratch events at the Clerk of Course. After check in closes, you must see the Meet Referee to scratch an event. Once a swimmer has checked in for an event that swimmer must compete in that event or the swimmer will be scratched from his/her next event.
- Marshaling:** This is a self-marshaled meet. Heat sheets will be posted on the pool deck and the main pool area hallway. Swimmers and their coaches will be responsible for getting to their correct heats and lanes. A, B and C events will be separated at the conclusion of the event for placement and awards.

- Seeding:** Seeding will be done after check-in closes. Swimmers who fail to check in for an event will be scratched from that event. All events are timed finals and after the scratches, will be seeded slowest to fastest. Deck entries will be placed in heats with open lanes.
- Deck Entries/  
Time Trials:** **Deck entries will be accepted if the meet is NOT full. Deck entries are \$7.50 for individual events & \$15.00 for relays. You need to see the Clerk of Course to make a deck entry, prior to check-in closing.** Deck entry is subject to the Michigan Swimming \$1.00 general surcharge. For deck entries, registration status must be proven by providing current USA swimming membership card or a current print out of athlete roster from club portal. The club portal is located on the USA Swimming website. Time trials will not be offered.
- Meet Programs/  
Admissions:** Friday night heat sheets are FREE. Saturday all-day programs are \$3.00 and Sunday all-day programs are \$3.00. Admission is \$4.00 per person on Saturday, \$4.00 per person on Sunday and \$2.00 per person on Friday evening. 8-year-olds and under are FREE with a paid adult. REMINDER: NO bags are allowed in the bleachers.
- Scoring:** No individual or team scoring will be kept.
- Awards:** Awards will be made available to be picked up by the coach/designated team representative at the end of the meet. Teams **MUST** pick up awards at the end of the meet. No awards will be mailed. Custom medals will be awarded for 1 – 3 places and ribbons will be awarded for 4 – 8 places, in all three categories. A, B and C events will be separated at the conclusion of the event for placement and awards. 13 – 14 year olds will be awarded separately from the older swimmers in the Open events. **NT (No Time) entries are NOT eligible for awards.**
- Results:** Complete meet results will be posted on the Michigan Swimming Website at <http://www.miswim.org/>. Results will also be available on flash drive (HY-TEK Team Manager result file) upon request. Teams must provide their own flash drive.
- Concessions:** Food and beverages will be available in the auditorium area. No food or beverage will be allowed on the deck of the pool, in the locker rooms or in the spectator areas. A hospitality area will be available for coaches and officials.
- Lost and Found:** Articles may be turned in/picked up at the Clerk of Course. Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days.
- Swimming Safety:** Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. Penalties for violating these rules will be in the sole discretion of the meet referee which may include ejection from the meet.
- Deck Personnel:** Only swimmers, registered coaches and meet officials/workers are allowed on the deck. Coaches and officials must display their registration cards at all times. Coaches must be current in all certifications through the final date of the meet. **NO PARENTS ARE ALLOWED ON THE POOL DECK.**
- Swimmers with Disabilities:** All swimmers are encouraged to participate. If any of your swimmers have special needs or requests please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.

**General Info:** Any errors or omissions in the program will be documented and signed by the meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting.

**First Aid:** Supplies will be kept in the pool office.

- Facility Items:**
- (A) No smoking is allowed in the building or on the grounds of Romeo Community Schools.
  - (B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.
  - (C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.
  - (D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection on the pool window.
  - (E) To comply with USA Swimming privacy and security policy, NO CELL PHONES WITH CAMERAS OR ANY TYPE OF CAMERA OR VIDEO IS ALLOWED IN THE LOCKER ROOMS AT ANYTIME.
  - (F) Those participating in this meet agree to release the Romeo-Washington-Bruce Parks and Recreation Department, the Romeo Community Schools, all participating facilities, the employees and volunteers, from any liability for any and all injuries that may occur in connection with this meet.

**Meet Director:** Laurie Corey, [lbrcorey@comcast.net](mailto:lbrcorey@comcast.net), 586.453.9944 (no calls after 9 pm please)

**Meet Referee:** Pete Olson

**Safety Marshal:** Diane Sage

**Session One: Friday Evening**

Warm-Up 5:00 pm

Meet Start 6:00 pm

Mandatory Check-In Closes 5:15 pm

Event 1: Girls 10 & Under 200 IM

Event 2: Boys 10 & Under 200 IM

Event 3: Girls 12 & Under 400 IM

Event 4: Boys 12 & Under 400 IM

Event 5: Girls Open 400 IM

Event 6: Boys Open 400 IM

Event 7: Girls 12 & Under 500 Free

Event 8: Boys 12 & Under 500 Free

Event 9: Girls Open 500 Free

Event 10: Boys Open 500 Free

**Session Two: Saturday Morning**

Warm-Up 7:30 am

Meet Start 8:30 am

Mandatory Check-In Closes 7:45 am

Event 11: Girls 8 & Under 25 Back

Event 12: Boys 8 & Under 25 Back

Event 13: Girls 10 & Under 50 Back

Event 14: Boys 10 & Under 50 Back

Event 15: Boys 11-12 50 Back

Event 16: Girls 8 & Under 25 Free

Event 17: Boys 8 & Under 25 Free

Event 18: Boys 11-12 200 Back

Event 19: Girls 10 & Under 100 Free

Event 20: Boys 12 & Under 100 Free

Event 21: Girls 8 & Under 50 Fly

Event 22: Boys 8 & Under 50 Fly

Event 23: Girls 10 & Under 100 Fly

Event 24: Boys 12 & Under 100 Fly

Event 25: Girls 8 & Under 25 Breast

Event 26: Boys 8 & Under 25 Breast

Event 27: Girls 10 & Under 50 Breast

Event 28: Boys 12 & Under 50 Breast

Event 29: Boys 11-12 200 Breast

Event 30: Girls 10 & Under 200 Free

Event 31: Boys 12 & Under 200 Free

Event 32: Girls 10 & Under 200 Medley Relay

Event 33: Boys 12 & Under 200 Medley Relay

**Session Three: Saturday Afternoon**

Warm-Up 12:30 pm

Meet Start 1:30 pm

Mandatory Check-In Closes 12:45 pm

Event 34: Girls 11-12 100 Back

Event 35: Girls Open 100 Back

Event 36: Boys Open 100 Back

Event 37: Girls 11-12 200 Free

Event 38: Girls Open 200 Free

Event 39: Boys Open 200 Free

Event 40: Girls 11-12 50 Fly

Event 41: Girls 11-12 200 Fly

Event 42: Girls Open 200 Fly

Event 43: Boys Open 200 Fly

Event 44: Girls 11-12 100 Breast

Event 45: Girls Open 100 Breast

Event 46: Boys Open 100 Breast

Event 47: Girls 11-12 100 Free

Event 48: Girls Open 100 Free

Event 49: Boys Open 100 Free

Event 50: Girls Open 400 Medley Relay

Event 51: Boys Open 400 Medley Relay

**Session Four: Sunday Morning**

Warm-Up 7:30 am

Meet Start 8:30 am

Mandatory Check-In Closes 7:45 am

Event 52: Girls 8 & Under 25 Fly

Event 53: Boys 8 & Under 25 Fly

Event 54: Girls 10 & Under 50 Fly

Event 55: Boys 12 & Under 50 Fly

Event 56: Girls 8 & Under 50 Back

Event 57: Boys 8 & Under 50 Back

Event 58: Boys 11-12 200 Fly

Event 59: Girls 10 & Under 100 Back

Event 60: Boys 12 & Under 100 Back

Event 61: Girls 8 & Under 50 Free

Event 62: Boys 8 & Under 50 Free

Event 63: Girls 10 & Under 50 Free

Event 64: Boys 12 & Under 50 Free

Event 65: Girls 8 & Under 50 Breast

Event 66: Boys 8 & Under 50 Breast

Event 67: Girls 10 & Under 100 Breast

Event 68: Boys 12 & Under 100 Breast

Event 69: Girls 10 & Under 100 IM

Event 70: Boys 10 & Under 100 IM

Event 71: Boys 11-12 200 IM

Event 72: Girls 10 & Under 200 Free Relay

Event 73: Boys 12 & Under 200 Free Relay

**Session Five: Sunday Afternoon**

Warm-Up 12:30 pm

Meet Start 1:30 pm

Mandatory Check-In Closes 12:45 pm

Event 74: Girls 11-12 100 Fly

Event 75: Girls Open 100 Fly

Event 76: Boys Open 100 Fly

Event 77: Girls 11-12 50 Back

Event 78: Girls 11-12 200 Back

Event 79: Girls Open 200 Back

Event 80: Boys Open 200 Back

Event 81: Girls 11-12 50 Free

Event 82: Girls Open 50 Free

Event 83: Boys Open 50 Free

Event 84: Girls 11-12 50 Breast

Event 85: Girls 11-12 200 Breast

Event 86: Girls Open 200 Breast

Event 87: Boys Open 200 Breast

Event 88: Girls 11-12 200 IM

Event 89: Girls Open 200 IM

Event 90: Boys Open 200 IM

Event 91: Girls Open 400 Free Relay

Event 92: Boys Open 400 Free Relay





## Meet Evaluation Form

Name of Meet \_\_\_\_\_

Date of Meet \_\_\_\_\_

Host of Meet \_\_\_\_\_

Place of Meet \_\_\_\_\_

Who do you represent (circle)?      the host club      a visiting club      unattached

Describe yourself (circle)    athlete      coach      official      meet worker  
spectator

### Please rate the overall quality of this meet:

(Please write any compliments or suggestions below or on the reverse side)

	Low				High
1. Swimming pool (e.g., water quality, ventilation)	1	2	3	4	5
2. Equipment (e.g., timing system, PA system):	1	2	3	4	5
3. Swimmer facilities (e.g., locker rooms, rest areas):	1	2	3	4	5
4. Spectator facilities (e.g., seating, rest rooms):	1	2	3	4	5
5. Meet services (e.g., concessions, admissions, programs):	1	2	3	4	5
6. Officiating	1	2	3	4	5
7. Awards and award presentations:	1	2	3	4	5
8. Safety provisions:	1	2	3	4	5
9. Overall success of the meet:	1	2	3	4	5
10. Other (please specify):	1	2	3	4	5

**Return this completed evaluation to a representative of the Meet Host. Thank you. Meet Host: Copy all of these submitted Meet Evaluations to the current Program Operations Vice-Chair within 30 days.**