

## South Lyon “2012 Arctic Blast” Invitational

Hosted by South Lyon Aquatics  
January 21 and January 22, 2012

**Sanction:** This meet is sanctioned by Michigan Swimming, Inc., as a **Timed Final** meet on behalf of USA Swimming, Sanction Number MI1112039. Michigan swimming rules, safety, and warm up procedures will govern the meet as if fully set forth in these meet rules.

**Location:** South Lyon EAST High School  
52200 West Ten Mile RD.,  
South Lyon, MI 48178

SLE High School is 2 miles west of Beck Road on the north side of 10 Mile Rd. Parking is available in the upper and lower parking lots. The entrance to the pool is from the west side upper parking area.

<b>Times:</b>	Saturday January 21	WARM-UP	7:30 AM	START	8:30 AM
		WARM-UP	12:30PM	START	1:30 PM
	Sunday, January 22	WARM-UP	7:30 AM	START	8:30 AM
		WARM-UP	12:30 PM	START	1:30 PM

**Facilities:** ***South Lyon East HS Pool** is a 25 yard long 11 lane pool, 8 lanes will be used for competition 2 lanes will be available for continuous warm-up and warm down. Depth at start is 8' and 4' at turn. Permanent starting blocks and non-turbulent lane markers will be used. *Colorado timing with an 8 lane display will be used.* There is ample balcony seating for spectators. Lockers are available (**provide your own lock**). Public phones will be available. *The competition course has not been certified in accordance with 104.2.2C(4).**

**Eligibility:** *The 2012 Arctic Blast* is for those swimmers with ABC times. All swimmers must be currently registered with United States of America Swimming (USA). A swimmer's age on January 21, 2012 will determine his/her eligibility for a particular age group. Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**Meet Format:** Timed finals format. This is an age group swim meet. Swimmers are grouped by age and gender; 8 & Under, 10 & Under, 11-12, and Open. The time standards used in this meet are A, B & C.

**Entry Limits:** Entries will be accepted on a first come first serve basis by date of email for electronic entries and date of receipt by the entry chair for hard copy entries until the Michigan Swimming Four (4) hour per session maximum time limit is met. As set forth in entry procedures below, (A) a hard copy of your club's entry summary sheet, (B) a hard copy of your club's signed release/waiver agreement (C) your club's certification of entered athletes and (D) your club's entry and entry fees must be received by the Entry Chair in a timely fashion prior to the start of the meet, or your swimmers will not be allowed to swim in the meet. Entries received after the four (4) hour per session time limit has been met will be returned even if received before the entry deadline.

<b>Individual Entry Limits:</b>	Swimmers are limited to four (4) individual events per day
<b>Electronic Entries:</b>	\$4 per individual event and \$ 12 for relays. Please include a \$1.00 Michigan Swimming surcharge for each swimmer entered. Make checks payable to: South Lyon Aquatics.
<b>Paper Entries:</b>	MS rules regarding non-electronic entries apply. \$ 5 per individual event and \$13 for relays. There is a \$1.00 additional charge per individual event and \$1.00 per relay event paid if the entry is not submitted in Hy-Tek format. The Michigan Swimming \$1.00 general surcharge for each swimmer also applies to paper entries. Paper entries may be submitted to the entry chair on a spreadsheet of your choice however the paper entry <i>must</i> be logically formatted and must contain all pertinent information to allow the entry chair to easily enter the swimmer(s) in the correct events with correct seed times.
<b>Entry Procedures:</b>	<p>Entries may be submitted to the entry chairperson as <b>of 8 am Thursday, January 5th, 2012</b>. The entry chairperson must receive all entries no later than <b>Sunday, January 15<sup>th</sup>, 2012</b>. Entries must include correct swimmer name (as registered with USA/MS Swimming), age and USA number. You can import the order of events and event numbers from the Michigan Swimming website (<a href="http://www.miswim.org/">http://www.miswim.org/</a>). All individual entries should be submitted via electronic mail to the entry chairperson at <b><i>Entries@southlyonaquatics.com</i></b>. All entries will be processed in order by email date code or mail date code. Any entries submitted will be considered provisional until such time as the entry chairperson has received a hard copy of: (a) your club's entries (Team Manager Meet Entries Report), (b) a hard copy of your club's signed release/waiver agreement (c) your club's signed certification of entered athletes and (d) your club's entry fees. This must be received in a timely fashion prior to the start of the meet or your swimmers will not be allowed to swim in the meet. The complete <b>Arctic Blast</b> entry packet with entry forms is available on the Michigan Swimming Website at <a href="http://www.miswim.org/">http://www.miswim.org/</a></p>
<b>Refunds:</b>	Once a team or individual entry has been received and processed by the entry chair there are no refunds in full or in part unless the "over qualification exception" applies (see MS Rules).
<b>Entry Chair:</b>	<p>Your club's Entry, Entry Summary Sheet, Release/Waiver, Certification of Entered Athletes and Check should be sent via U.S. mail or nationally recognized overnight courier to:</p> <p><b>Lynne Bischoff</b>  <b>P.O. Box 291</b>  <b>South Lyon, MI 48178</b>  <a href="mailto:Entries@southlyonaquatics.com"><b><u>Entries@southlyonaquatics.com</u></b></a></p> <p><b>248-761-7455      No calls after 9pm Please</b></p>
<b>Check In:</b>	Check In will be available as of <b>7:00 am</b> . Check in is mandatory for all events and is required by the time set forth in this meet announcement. Failure to check in will cause the swimmer to be scratched from <b>all</b> events in that session. . Also note that pursuant to MS Rules that failing to swim an event <u>after</u> checking in for that event will disqualify a swimmer from his or her next event. Check in sheets will be posted on the wall in pool vestibule. Check in will close 45 minutes prior to the start of each session.

<b>Scratch Rules:</b>	<u>Prior</u> to check in close a swimmer may scratch events at the Clerk of Course. <u>After</u> check in closes, you must see the Meet Referee to scratch an event. Once a swimmer has checked in for an event that swimmer must compete in that event or the swimmer will be scratched from his/her next event.
<b>Marshaling:</b>	<b>This is a self- marshaled meet.</b> . All swimmers will be expected to find their heat and lane independently. Heat sheets will be posted on the pool deck.
<b>Seeding:</b>	Seeding will be done after check in closes. Swimmers who fail to check in for an event will be scratched from that event. <i>All events are timed finals and will be seeded slowest to fastest other than the 500 Free event which will be seeded fastest to slowest for each gender. (alternating genders-women/men).</i> The Meet Director reserves the right to limit event heats for the 11-12 yr. old 500 Yd. Free (on Saturday), the Open 400 Yd. I.M. (on Saturday) and the Open 500 Yd Free ( on Sunday afternoon) by order of meet entry, so that the four hour timeline session rule is not violated.
<b>Deck Entries/ Time Trials:</b>	Deck Entries may be allowed depending on the timeline of the meet and at the discretion of the Meet Referee and Meet Director. The deck entry fee will be \$6.00 per individual event and \$15.00 per relay. <b><i>For deck entries, registration status must be proven by providing a current USA Swimming membership card or a current print out of an athlete roster from the Club Portal. The Club Portal is located on the USA Swimming website.</i></b> Time trials will not be offered at this meet.
<b>Meet Programs/ Admissions:</b>	Admission is \$4 per person 12 and over. <b>Full weekend programs will be \$6.00 each.</b>
<b>Scoring:</b>	<i>No individual or team scoring that will be kept</i>
<b>Awards:</b>	For ages groups 12 and Under complete Medals will be awarded for 1 <sup>st</sup> – 3 <sup>rd</sup> place and ribbons for 4 <sup>th</sup> – 8 <sup>th</sup> place A, B, and C finishers. Relays will be awarded medals for 1 <sup>st</sup> – 3 <sup>rd</sup> . <b>Awards will be available to be picked up by swimmers and or coaches/designated team representative prior to the end of each session. Teams MUST pick up remaining awards at the end of the meet. No awards will be mailed.</b> Please remember pursuant to MS Rules; any swimmers entered as a “NT” are not eligible for awards meet results will be posted on the Michigan Swimming Website at <a href="http://www.miswim.org/">http://www.miswim.org/</a> . Results will also be available on flash drive (HY-TEK Team Manager result file) upon request. Teams must provide their own flash drive.
<b>Concessions:</b>	Food and beverages will be available for purchase outside of spectator seating. No food or beverage will be allowed on the deck of the pool, in the locker rooms or in the spectator areas. A hospitality area will be available for coaches and officials.
<b>Lost and Found:</b>	Articles may be turned in/picked up outside of the pool office. Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days <b><i>(any longer period shall be in the sole discretion of the Meet Director).</i></b>
<b>Swimming Safety:</b>	Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. <b><i>[The same rules will apply with respect to the warm-down lanes].</i></b> Penalties for violating these rules will be in the sole discretion of the meet referee which may include ejection from the meet.

<b>Deck Personnel:</b>	Only swimmers, registered coaches and meet officials/workers are allowed on the deck. Coaches and officials must display their registration cards at all times. Coaches must be current in all certifications through the final date of the meet.
<b>Swimmers with Disabilities:</b>	All swimmers are encouraged to participate. If any of your swimmers have special needs or requests please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.
<b>General Info:</b>	Any errors or omissions in the program will be documented and signed by the meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting.
<b>First Aid:</b>	Supplies will be kept in [describe location].
<b>Facility Items:</b>	<p>(A) No smoking is allowed in the building or on the grounds of <b>South Lyon East High School</b>.</p> <p>(B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.</p> <p>(C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.</p> <p>(D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection at the <i>[location]</i>.</p> <p>(E) <b>ONLY PARTICIPATING ATHLETES WILL BE ALLOWED IN THE LOCK ROOMS AT ANY TIME.</b></p> <p>(F) <b><i>Only credentialed team photographers will be allowed on the pool deck. There will be NO photography at any time from behind the blocks.</i></b> For credentialing see meet director.</p> <p>(G) To comply with USA Swimming privacy and security policy, <u><b>NO CELL PHONES WITH CAMERAS OR ANY TYPE OF CAMERA OR VIDEO IS ALLOWED IN THE LOCKER ROOMS AT ANYTIME.</b></u></p>
<b>Meet Director:</b>	<b>Michelle Hutter</b> ( <a href="mailto:Meetdirector@southlyonaquatics.com">Meetdirector@southlyonaquatics.com</a> ) <b>248-535-1153</b> (No calls after 9pm please)
<b>Meet Referee:</b>	<b>Jeff Wilkins</b> ( <a href="mailto:Jeffrey.wilkins@comcast.net">Jeffrey.wilkins@comcast.net</a> )
<b>Safety Marshall:</b>	Mary Perczak ( <a href="mailto:maryp@southlyonaquatics.com">maryp@southlyonaquatics.com</a> )

## **Saturday A.M**

Warm-up: **7:30am**

Check in closed at **7:45am**

Events begin: **8:30am**

Girls Event #	Age	Events	Boys Event #
-	12 & Under	500 Free	1
-	11-12	50 Back	2
3	9-10	50 Back	4
5	8 & Under	50 Back	6
-	11-12	50 Free	7
8	9-10	50 Free	9
10	8 & Under	25 Free	11
-	11-12	100 IM	12
13	9-10	100 IM	14
15	8 & Under	25 breast	16
-	11-12	100 Breast	17
18	9-10	100 Breast	19
20	8 & Under	100 Free	21
-	11-12	200 Free	22
23	10 & Under	200 Free	24
25	8 & Under	50 Fly	26
-	11-12	200 Fly	27
28	10 & Under	200 Medley Relay	29
-	11-12	200 Medley Relay	30

## **Saturday P.M**

Warm-up: **12:30pm**

Check in closed at **12:45pm**

Events begin: **1:30pm**

Girls Event #	Age	Events	Boys Event #
31	Open	200 Back	32
33	11-12	50 Back	-+
34	Open	50 Free	35
36	11-12	50 Free	-
37	Open	400 IM	38
39	11-12	100 IM	-
40	Open	100 Breast	41
42	11-12	100 Breast	-
43	Open	200 Free	44
45	11-12	200 Free	-
46	Open	200 Fly	47
48	11-12	200 Medley Relay	-
49	Open	200 Medley Relay	50

## **Sunday A.M.**

Warm-up: **7:30am**

Check in Closed at **7:45am**

Events begin: **8:30am**

Girls Event #	Age	Events	Boys Event #
-	11-12	200 Breast	51
-	11-12	100 Back	52
53	10 & Under	100 Back	54
55	8 & Under	25 Back	56
-	11-12	200 IM	57
58	9-10	200 IM	59
60	8 & Under	100 IM	61
-	11-12	100 Free	62
63	9-10	100 Free	64
65	8 & Under	50 Free	66
-	11-12	100 Fly	67
68	10 & Under	100 Fly	69
70	8 & Under	25 Fly	71
-	11-12	50 Breast	72
73	9-10	50 Breast	74
75	8 & Under	50 Breast	76
-	11-12	200 Back	77
78	10 & Under	200 Free Relay	79
-	11-12	200 Free Relay	80

## **Sunday P.M.**

Warm-up: **12:30pm**

Check in closed at **12:45pm**

Events begin: **1:30pm**

Girls Event #	Age	Events	Boys Event #
81	Open	500 Free	82
83	11-12	100 Back	-
84	Open	100 Back	85
86	11-12	200 IM	-
87	Open	200 IM	88
89	11-12	100 Free	-
90	Open	100 Free	91
92	11-12	100 Fly	-
93	Open	100 Fly	94
95	11-12	50 Breast	-
96	Open	200 Breast	97
98	11-12	200 Free Relay	-
99	Open	200 Free Relay	100

## RELEASE AND WAIVER

Enclosed is a total of \$\_\_\_\_\_ covering fees for all the above entries. In consideration of acceptance of this entry I/We hereby, for ourselves, our heirs, administrators, and assigns, waive and release any and all claims against South Lyon Aquatics, *South Lyon Community Schools*, Michigan Swimming, Inc., and United States Swimming, Inc. for injuries and expenses incurred by Me/Us at or traveling to said swim meet.

[illegible]

In granting the sanction it is understood and agreed that USA Swimming and Michigan Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

Signature: \_\_\_\_\_

Position: \_\_\_\_\_

Street Address: \_\_\_\_\_

City, State, Zip \_\_\_\_\_

E-mail: \_\_\_\_\_

Coach Name: \_\_\_\_\_

Coach Phone: \_\_\_\_\_

Coach E-Mail:

Club Name: \_\_\_\_\_

Club Code:





## **Hotels**

### **Comfort Suites**

28049 Wixom Road  
Wixom, MI 48393  
(248) 504-5080  
[comfortsuitesnovi.net](http://comfortsuitesnovi.net)

### **Holiday Inn Express**

48953 Alpha Dr.  
Wixom, MI 48393  
(248) 735-2781

## Meet Evaluation Form

Name of Meet \_\_\_\_\_

Date of Meet \_\_\_\_\_

Host of Meet \_\_\_\_\_

Place of Meet \_\_\_\_\_

Who do you represent (circle)?      the host club      a visiting club      unattached

Describe yourself (circle)    athlete      coach      official      meet worker  
spectator

### Please rate the overall quality of this meet:

(Please write any compliments or suggestions below or on the reverse side)

	Low				High
1. Swimming pool (e.g., water quality, ventilation)	1	2	3	4	5
2. Equipment (e.g., timing system, PA system):	1	2	3	4	5
3. Swimmer facilities (e.g., locker rooms, rest areas):	1	2	3	4	5
4. Spectator facilities (e.g., seating, rest rooms):	1	2	3	4	5
5. Meet services (e.g., concessions, admissions, programs):	1	2	3	4	5
6. Officiating	1	2	3	4	5
7. Awards and award presentations:	1	2	3	4	5
8. Safety provisions:	1	2	3	4	5
9. Overall success of the meet:	1	2	3	4	5
10. Other (please specify):	1	2	3	4	5

**Return this completed evaluation to a representative of the Meet Host. Thank you. Meet Host: Copy all of these submitted Meet Evaluations to the current Program Operations Vice-Chair within 30 days.**