

May-Hem BC

Hosted By: USSC

May 10-11, 2013

Sanction:	This meet is sanctioned by Michigan Swimming, Inc.(MS), as a timed final meet on behalf of USA Swimming (USA-S), Sanction Number MI1213088 . In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. MS rules, safety, and warm up procedures will govern the meet as if fully set forth in these meet rules.
Location:	Stoney Creek High School 575 Tienken Rd. Rochester, MI 48307
Times:	<i>Friday, May 10, 2013 5pm warm-up, 6pm Start</i> <i>Saturday AM, May 11 8am Warm-up, 9am Start</i> <i>Saturday PM, May 11 1pm Warm-up, 2pm Start</i>
Motels:	Please use your favorite hotel booking site.
Facilities:	Stoney Creek High School is a 8 lane 25 yard pool with a diving well for warm-up and warm-down with supervised warm-up and warm-down, feet first entry... Depth at start is 8 feet ¹ and 4 feet at turn. Permanent starting blocks and non-turbulent lane markers will be used. Colorado timing with an 8 lane display will be used. There is ample balcony seating for spectators. Lockers are available (provide your own lock). Public phones will be available. The competition course has not been certified in accordance with 104.2.2C(4)

¹Depth at Start must meet State of Michigan requirements.

Eligibility:	<i>May-Hem BC</i> is for swimmers with slower than "A" times. All swimmers must be currently registered with United States of America Swimming (USA-S). A swimmer's age on May 10 th , 2013 will determine his/her eligibility for a particular age group.
Deck Registration:	Unregistered swimmers <i>must</i> register on deck at this meet <i>by turning in the athlete registration form and payment to the Meet Referee. The cost of registering on deck is double the normal fee (\$118 per swimmer for 2012-13 registration).</i>
Meet Format:	Timed Finals
Entry Limits:	Entries will be accepted on a first come first serve basis by date of email for electronic entries and date of receipt by the entry chair for hard copy entries until the Michigan Swimming Four (4) hour per session maximum time limit is met. As set forth in entry procedures below, (A) a hard copy of your club's entry summary sheet, (B) a hard copy of your club's signed release/waiver agreement (C) your club's certification of entered athletes and (D) your club's entry and entry fees must be received by the Entry Chair in a timely fashion prior to the start of the meet, or your swimmers will not be allowed to swim in the meet. Entries received after the four (4) hour per session time limit has been met will be returned even if received before the entry deadline.
Swimmers Without A Coach:	Any swimmer entered in the meet, unaccompanied by a USA-S member coach, must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Individual Entry Limits:	<i>Friday maximum of 2 individual events. 4 individual events and 2 relays per day for Saturday.</i>
Electronic Entries:	\$5 per individual event and \$5 for relays. Please include a \$1.00 Michigan Swimming surcharge for each swimmer entered. Make checks payable to: USSC .
Paper Entries:	MS rules regarding non-electronic entries apply. \$6 per individual event and \$6 for relays. There is a \$1.00 additional charge per individual event and \$1.00 per relay event paid if the entry is not submitted in Hy-Tek format. The Michigan Swimming \$1.00 general surcharge for each swimmer also applies to paper entries. Paper entries may be submitted to the entry chair on a spreadsheet of your choice however the paper entry <i>must</i> be logically formatted and must contain all pertinent information to allow the entry chair to easily enter the swimmer(s) in the correct events with correct seed times.
Entry Procedures:	Entries may be submitted to the entry chairperson as of Monday, April 15, at 12noon. The entry chairperson must receive all entries no later than Wednesday, May 1st . Entries must include correct swimmer name (as registered with USA/MS Swimming), age and USA number. You can import the order of events and event numbers from the Michigan Swimming website (http://www.miswim.org/). All individual entries should be submitted via electronic mail to the entry chairperson at usscmeetentry@gmail.com . All entries will be processed in order by email date code or mail date code. Any entries submitted will be considered provisional until such time as the entry chairperson has received a hard copy of: (a) your club's entries (Team Manager Meet Entries Report), (b) a hard copy of your club's signed release/waiver agreement (c) your clubs signed certification of entered athletes and (d) your club's entry fees. This must be received in a timely fashion prior to the start of the meet or your swimmers will not be allowed to swim in the meet. The complete May-hem BC entry packet with entry forms is available on the Michigan Swimming Website at http://www.miswim.org/
Refunds:	Once a team or individual entry has been received and processed by the entry chair there are no refunds in full or in part unless the "over qualification exception" applies (see MS Rules).
Entry Chair:	Your club's Entry, Entry Summary Sheet, Release/Waiver, Certification of Entered Athletes and Check should be sent via U.S. mail or nationally recognized overnight courier to:

	USSC c/o Christine Kingsley PO Box 182032 Shelby Township, MI 48316 usscmeetentry@gmail.com 586-264-4936, no calls after 9:30pm
Check In:	Check in will be available 30 minutes prior to warm-up for each session and will close 15 minutes after warm-up begins.
Scratch Rules:	<u>After</u> check in closes, you must see the Meet Referee to scratch an event. Once a swimmer has checked in for an event that swimmer must compete in that event or the swimmer will be scratched from his/her next event.
Marshaling:	This meet is self-marshaled.

Seeding:	Seeding will be done after check in closes. Swimmers who fail to check in for an event will be scratched from that event.
Deck Entries / Time Trials:	<p><i>For deck entries, registration status must be proven by providing a current USA Swimming membership card or a current print out of an athlete roster from the Club Portal. The Club Portal is located on the USA Swimming website.</i></p> <p>Deck entries and Time Trials offered at the discretion of the Meet Referee and Meet Director.</p>
Meet Programs / Admissions:	\$3 for Heat Sheets, No admission
Scoring:	No Scoring
Awards:	<i>Awards for Top 8 in individual entries for "B" and "C" categories in the following age groups: 8 & Under, 9-10, 11-12. No awards for 13 and over swimmers. Top 8 relays will be awarded.</i>
Results:	Complete meet results will be posted on the Michigan Swimming Website at http://www.miswim.org/ . Results will also be available on flash drive (HY-TEK Team Manager result file) upon request. Teams must provide their own flash drive.
Concessions:	Food and beverages will be available in the hallway directly outside of the pool area.. No food or beverage will be allowed on the deck of the pool, in the locker rooms or in the spectator areas. A hospitality area will be available for coaches and officials.

Lost and Found:	Articles may be turned in/picked up at <i>Clerk of Course</i> . Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days
Swimming Safety:	Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving, the same rules apply to the warm-down area. Penalties for violating these rules will be in the sole discretion of the meet referee which may include ejection from the meet.
Deck Personnel / Locker Rooms / Credentialing:	<p>Only registered and current coaches, athletes, officials and meet personnel are allowed on the deck or in locker rooms. Access to the pool deck may only be granted to any other individual in the event of emergency through approval by the Meet Director or the Meet Referee. The General Chair of MS and the Program Operations Vice-Chair of MS are authorized deck personnel at all MS meets. Personal assistants/helpers of athletes with a disability shall be permitted when requested by an athlete with a disability or a coach of an athlete with a disability.</p> <p>Lists of registered coaches, certified officials and meet personnel will be placed outside the hallway to the locker rooms / pool deck. Meet personnel will check the list of approved individuals and issue a credential to be displayed at all times during the meet. This credential will include the host team USSC as well as the function of the individual being granted access to the pool deck (Coach, Official, Timer, or Meet Personnel). In order to obtain a credential, Coaches and Officials must be current in all certifications through the final date of the meet. Meet personnel must return the credential at the conclusion of working each day and be reissued a credential daily.</p> <p>All access points to the pool deck and locker rooms will either be secured or staffed by a meet worker checking credentials throughout the duration of the meet.</p>
Swimmers with Disabilities:	All swimmers are encouraged to participate. If any of your swimmers have special needs or requests please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.
General Info:	Any errors or omissions in the program will be documented and signed by the meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting.
First Aid:	Supplies will be kept at the Clerk of Course.

Facility Items:	<p>(A) No smoking is allowed in the building or on the grounds <i>of Stoney Creek HS</i></p> <p>(B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.</p> <p>(C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions. No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.</p> <p>(D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection at <i>Stoney Creek High School.</i></p> <p>(E) To comply with USA Swimming privacy and security policy, <u>the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.</u></p>
Meet Director:	<p>[Name/Phone/E-Mail] [Note: Must be USA Swimming Member]</p> <p>Becky Bouchey bbouchey1954@gmail.com 586-588-0477</p> <p>Erica Zuercher coach_eric@yahoo.com</p>
Meet Referee:	<p>Paul Jones Plus3@comcast.net</p>
Safety Marshal:	<p>Frank DiCosmo</p>

Friday PM

Girls	Events	Boys
1	8 & Under 100 IM	2
3	10 & Under 200 IM	4
5	11-12 200 IM	6
7	13 & Over 200 IM	8
9	8 & Under 100 Free	10
11	9-10 200 Free	12
13	11-12 200 Free	14
15	13 & Over 200 Free	16

Saturday AM

Girls	Event	Boys
17	10 & Under 200 Medley Relay	18
19	10 & Under 100 Free	20
21	8 & Under 25 Free	22
23	10 & Under 50 Fly	24
25	10 & Under 100 Back	26
27	8 & Under 25 Back	28
29	10 & Under 50 Back	30
31	10 & Under 100 Breast	32
33	8 & Under 25 Breast	34
35	10 & Under 50 Breast	36
37	10 & Under 100 Fly	38
39	8 & Under 25 Fly	40
41	9-10 100 IM	42
43	8 & Under 50 Free	44
45	9-10 50 Free	46
47	10 & Under 200 Free Relay	48

Saturday PM

Girls	Event	Boys
49	11-12 200 Medley Relay	50
51	13 & Over 200 Medley Relay	52
53	11-12 100 IM	54
55	11 & Over 100 Free	56
57	11-12 50 Breast	58
59	11 & Over 100 Breast	60
61	11 & Over 200 Breast	62
63	11-12 50 Back	64
65	11 & Over 100 Back	66
67	11 & Over 200 Back	68
69	11-12 50 Fly	70

71	11 & Over 100 Fly	72
73	11 & Over 200 Fly	74
75	11 & Over 50 Free	76
77	11-12 200 Free Relay	78
79	13 & Over 400 Free Relay	80

RELEASE AND WAIVER

Enclosed is a total of \$_____ covering fees for all the above entries. In consideration of acceptance of this entry I/We hereby, for ourselves, our heirs, administrators, and assigns, waive and release any and all claims against **USSC, Stoney Creek High School**, Michigan Swimming, Inc., and United States Swimming, Inc. for injuries and expenses incurred by Me/Us at or traveling to said swim meet.

[illegible]

In granting the sanction it is understood and agreed that USA Swimming and Michigan Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

Signature: _____

Position: _____

Street Address: _____

City, State, Zip _____

E-mail: _____

Coach Name: _____

Coach Phone: _____

Coach E-Mail: _____

Club Name: _____

Club Code: _____

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Meet Evaluation Form

Name of Meet _____

Date of Meet _____

Host of Meet _____

Place of Meet _____

Who do you represent (circle)? the host club a visiting club unattached

Describe yourself (circle) athlete coach official meet worker
spectator

Please rate the overall quality of this meet:

(Please write any compliments or suggestions below or on the reverse side)

	Low				High
1. Swimming pool (e.g., water quality, ventilation)	1	2	3	4	5
2. Equipment (e.g., timing system, PA system):	1	2	3	4	5
3. Swimmer facilities (e.g., locker rooms, rest areas):	1	2	3	4	5
4. Spectator facilities (e.g., seating, rest rooms):	1	2	3	4	5
5. Meet services (e.g., concessions, admissions, programs):	1	2	3	4	5
6. Officiating	1	2	3	4	5
7. Awards and award presentations:	1	2	3	4	5
8. Safety provisions:	1	2	3	4	5
9. Overall success of the meet:	1	2	3	4	5
10. Other (please specify):	1	2	3	4	5

Return this completed evaluation to a representative of the Meet Host. Thank you. Meet Host: Copy all of these submitted Meet Evaluations to the current Program Operations Vice-Chair within 30 days.