

### **APPENDIX 3: AVAILABILITY FOR RELAYS FORM**

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##### **14 & U Central Zone Meet Participants:**

The Zone Coaches will set up all of the relays; however, they would like you to provide information as to what days you will be attending, etc. Therefore, please fill out this form and submit it with your entry.

Name: \_\_\_\_\_

Gender: \_\_\_\_\_

Home Club: \_\_\_\_\_

Birth Date: \_\_\_\_\_

Age: \_\_\_\_\_

Which days will you be at the CZ Meet and available for relays? \_\_\_\_\_

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