

Michigan Swimming District Championships
Red Division
Hosted By: East Grand Rapids Aquatics
Feb. 24-26, 2012

Sanction: This meet is sanctioned by Michigan Swimming, Inc. as a timed final swimming meet on behalf of USA Swimming, Sanction #MI1112064 and will also offer time trials of specific events exclusively to age up athletes pursuant to Sanction #MI1112065 if time permits in the sole discretion of the Meet Host and Meet Referee. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. Michigan Swimming rules, safety and warm up procedures govern this meet as if fully set forth in this meet announcement.

Location: East Grand Rapids Community Pool, 2211 Lake Drive SE, East Grand Rapids, MI 49506

Times:	Friday	February 24	Warm Up 5:30 p.m.	Start 6:30 p.m.
	Saturday	February 25	Warm Up 8:30 a.m.	Start 9:30 a.m.
	Saturday	February 25	Warm Up 12:30 p.m.	Start 1:30 p.m.
	Sunday	February 26	Warm Up 8:30 a.m.	Start 9:30 a.m.
	Sunday	February 26	Warm Up 12:30 p.m.	Start 1:30 p.m.

Facilities: East Grand Rapids Community Pool is a 10 lane pool with a diving well which will be available for supervised warm-up and warm down. Depth at start is 7ft ¹ and 7ft at turn. Permanent starting blocks and non-turbulent lane markers will be used. Colorado timing with an 10 lane display will be used. There is ample balcony seating for spectators. Lockers are available (*provide your own lock*). ***[The competition course has not been certified in accordance with 104.2.2C(4)]***

Eligibility: All swimmers registered with Michigan Swimming who have NOT achieved an actual time equal to or faster than the Q2 qualifying standards during the qualifying period (January 1, 2011 to now) are eligible to enter an event. A swimmer's age on the first day of the meet (February 24, 2012) will determine his/her eligibility for a particular age group for the entire meet. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of

¹Depth at Start must meet State of Michigan requirements.

the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Deck Registration: Deck registrations are not accepted at this meet. (see 202.3.5)

Team

Venue : For the 2012 District Championship meets all teams registered with MS will initially be assigned by the MS Programs Operations vice chair to three District "venues". These venues are geographically located throughout the State of Michigan in an effort to equalize the size (total entries) of the meets as well as equalize the travel distance to the meets. The districts are referred to as the "Red, White and Blue" Divisions. Each MS team will send their entries to the initial venue assigned by the Programs Operations vice chair and compete at that venue (i.e. a MS team cannot choose which venue they will compete at). After the entries are received at each venue the Program Operations vice chair in his/her discretion has the right to and may reassign clubs among the meet venues to balance the entries in an equitable manner between each venue. Teams will be notified as soon as possible if their swimming venue has been changed. Please contact Damon Robertson coachdtr1@gmail.com or Heidi Miklos at HeidiMiklos@gmail.com if you have any questions.

Meet

Format: The format at each of the three District Championships is identical. All events are timed finals. 10&U's and 11-12 boys will swim in the AM sessions. 13&18's and 11-12 girls will swim in the PM sessions. Relay events are offered for 10&U and 11-12 age groups only. No relays are offered for 13-18.

Time

Standards: **The District Championships are the beginning level (no minimum entry times) of MS Championship meets. Thus, the District Championships are a "slower than a stated time standard" swim meet.** All swimmers must not have achieved the stated time standard in a particular event to be eligible to enter the event. The "slower than" time standards are listed as "Q3" times. A swimmer may not compete in any event in which they have a Junior Olympic Q2 time or a State Meet Q1 time. This includes any 8 & under swimmer who has achieved 10 & Under Q2 or Q1. A swimmer who achieves a Q2 time or Q1 time after his/her entry has been sent to the entry chair and before the meet must withdraw from the event unless the following age up exception applies. The swimmer may then substitute another event if qualified. Contact the meet host entry chair directly should this occur. The entry fee for the mandatory withdraw event will be refunded if the athlete chooses not to enter a substitute event. **The host club must receive notification by Monday, February 20, 2012 at 9:00 p.m. in order to dispense a refund.**

Age Up

Exception: All swimmers who “age up” after District’s [and before JOs or their respective State Meet (either 12 and Under or 13/14 &Open)] and who don’t have a Q2 (JO) or Q1 (State qualifying) time in their new JO or State Meet age group may enter a particular event in their current age group at Districts at a seed time at or faster than their current age groups Q3 Time. This additional entry option is intended to allow all swimmers an opportunity to qualify for the JO Meets or State Meets in their actual age group at JO’s or the State Meets. Swimmers who enter an event at Districts under the “age up” exception are not, however, eligible for awards at Districts in that event. Please alert the Entry Chair to all “Age Up” entries by enclosing a statement to that effect in your email or US mail entry.

Individual Entry

Limits: Swimmers may enter one (1) event on Friday afternoon/evening and a maximum of three (3) individual events and one (1) relay event per day on Saturday and Sunday.

Swimmers without a coach:

Any swimmer entered in the meet, unaccompanied by a USA-S member coach, must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

Relays: Relay events are offered for 10&U and 11-12 age groups only. There are no relay-only swimmers at MS District Championship Meets. All relay participants must also swim at least one individual event.

Electronic

Entries: \$5.00 per individual event and \$12.00 for relays. Please include a \$1.00 Michigan Swimming athlete surcharge for each swimmer entered. Make checks payable to:
East Grand Rapids Aquatics

Paper

Entries: MS rules regarding non-electronic entries apply. \$6.00 per individual event and \$13.00 for relays. The Michigan Swimming \$1.00 athlete surcharge for each swimmer also applies to paper entries. Paper entries may be submitted to the entry chair on a spreadsheet of your choice, however, the paper entry must be logically formatted and must contain all pertinent information to allow the entry chair to easily enter the swimmer(s) in the correct events with correct seed times.

Time

Conversions: Time conversions are allowed. Convert to SCY.

Seed Times: Please submit an accurate seed time for each entry – individual or relay event. NT entries are acceptable if the swimmer has not swum the event before.

Entry

Procedures: Entries may be submitted to the Entry Chairperson starting Monday, January 30, 2012. **The entry chairperson must receive all entries (whether by E-Mail or regular mail) no later than Monday, February 20, 2012.** Entries must include correct swimmer name (as registered with USA/MS Swimming), age and USA number. You can import the order of events and event numbers from the Michigan Swimming website (www.miswim.com). All individual entries should be submitted via electronic mail to [entry chair name and email]. Entries submitted will be processed provisionally pending receipt by the entry chairperson of: (a) a hard copy of your club's signed released/waiver agreement (b) your club's signed certification of athletes and (c) your club's entry and entry fees.

Refunds: Once a team or individual entry has been received and processed by the entry chair there are no refunds in full or in part except as specified in the Time Standards paragraph.

Entry Chair: Your club's Entry, Release/Waiver, Certification of Entered Athletes and check should be sent via E-Mail, U.S. mail or nationally recognized overnight courier with **no signature required** to:

Brandon Converse
1327 Plymouth Avenue SE, Grand Rapids, MI 49506
(616)460-5630
coachconverse@egrawaves.com

****MUST BE SENT WITH NO SIGNATURE REQUIRED****

Check In: Check in is mandatory for all events and is required by the time set forth in this meet announcement. **CHECK IN WILL CLOSE 15 MINUTES AFTER THE START OF WARM UP.** Failure to check in will cause the swimmer to be scratched from all events in that session. Pursuant to MS Rules, failing to swim an event after checking in for that event will disqualify a swimmer from his or her next event.

Scratch

Rules: Prior to check in closing, a swimmer may scratch events at the Clerk of Course. After check in closes, you must see the Meet Referee to scratch an event.

Marshaling: All events will be self-marshaled. Heat sheets will be posted in conspicuous places on deck and distributed to coaches as soon as possible. All swimmers will be expected to find their heat and lane independently. If a swimmer does not show up for the correct heat of the event, that swimmer will be scratched from his/her next scheduled event.

Seeding: Seeding will be done after check in closes. All events will be seeded slowest to fastest other than the Friday Night 1000 Freestyle that will be seeded fastest to slowest and will alternate gender (girls then boys). Genders may also be combined to reduce the number of heats in the 1000.

Deck Entries: Deck Entries will be allowed. Cost of a deck entry is \$7.50 for an individual event and \$15 for a relay event. There is also a \$1 per swimmer Michigan Swimming Surcharge. For deck entries, registration status must be proven by providing a current USA Swimming membership card or a current print out of an athlete roster from the Club Portal. The Club Portal is located on the USA Swimming website.

Time Trials: There are no time trials at the MS District Championships, with the following exception:
10 year old athletes who will be aging up to 11-12 prior to Junior Olympic Meets may Time Trial the following:
200 Breaststroke
200 Backstroke
200 Butterfly
12 year old athletes who will be aging up to 13 prior to Junior Olympic Meets may time trial the following FRIDAY NIGHT ONLY:
1000 Free
1650 Free

in order to achieve qualifying times in these events for the J.O. and/ or State Meet. **Entry into one or more of these time trials will NOT count as an individual entry.** Registration status must be proven by providing a current USA Swimming membership card or a current print out of the athlete roster from the club portal. The club portal is located on the USA Swimming website.

Programs/

Admissions: \$4.00 per person on Friday and \$5.00 per person on Saturday and Sunday. Children 12 & under (with adult) free. Heat sheets will be available for \$2.00.

Scoring: No individual or team scoring will be kept.

Awards: Individual Events: 1st-8th: Medals
9th-16th: Ribbons
Relays: 1st-3rd: Medals
4th-8th: Ribbons

Coaches must pick up all awards at the conclusion of the meet. If a coach needs to pick up awards early the office must be given advance notice. Awards will not be mailed.

Swimmers entered with NO ENTRY TIME are eligible for awards.

Results: Complete meet results will be posted on the Michigan Swimming Website at www.miswim.org. Results will be emailed out to all Entry Chairs at the conclusion of the meet and posted on the main page of www.jenisonaquatics.org

Concessions: Food and beverages will be available in the upstairs balcony. No outside food or drinks are allowed in. No food or beverage will be allowed on the deck of the pool or in the locker rooms. A hospitality area will be available for coaches and officials.

Lost & Found: Articles may be turned in/picked up at the pool office. Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days (any longer period shall be in the sole discretion of the Meet Director).

Swimming Safety: Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. Penalties for violating these rules will be in the sole discretion of the Meet Referee that may include ejection from the meet.

Deck Personnel: Only participating swimmers, registered coaches and meet officials/workers are allowed on the deck. Coaches and officials must display their registration cards at all times. Coaches must be current in all certifications through the final date of the meet.

Swimmers with Disabilities: All swimmers are encouraged to participate. If any of your swimmers have special needs or requests please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.

General Info: Any errors or omissions in the meet announcement will be documented by the Meet Referee and available at the Clerk of Course for review. Information will also be covered at the Coaches' Meeting.

First Aid: Supplies will be kept with the lifeguards on duty.

Facility Items: (A) No smoking is allowed in the building or on the grounds.
(B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.
(C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway (to go anywhere other than the pool deck and locker rooms).
(D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming

prior to sanction of this meet and is available for review and inspection in the office.

- (E) To comply with USA Swimming privacy and security policy, the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

Meet Director: Brandon Converse
coachconverse@egrawaves.com

Meet Referee: Steve Potter

Safety Marshall: Andy Milnes

Apparel Vendor: Earthbound Printing

Michigan Swimming District Championships “Red Division”

Schedule of Events Friday Evening, Session 1

Warm-Up 5:30 pm, Check In Closes 5:45 pm, Start 6:30 pm

Girls Event #	Age	Event	Boys Event #
1	11-12	400 IM	2
3	10&U	500 Free	4
5	13-18	1000 Free	6

Saturday Morning, Session 2

Warm-Up 8:30 am, Check In Closes 8:45 am, Start 9:30 am

Girls Event #	Age	Event	Boys Event #
	11-12	200 Back	7
8	10&U	50 Free	9
	11-12	50 Free	10
11	10&U	100 IM	12
	11-12	100 IM	13
14	10&U	50 Fly	15
	11-12	50 Fly	16
17	10&U	200 Free	18
	11-12	200 Free	19
20	10&U	100 Breast	21
	11-12	100 Breast	22
23	10&U	50 Back	24
	11-12	50 Back	25
	11-12	200 Fly	26
27	10&U	200 Medley Relay	28
	11-12	200 Medley Relay	29

Saturday Afternoon, Session 3

Warm-Up 12:30 pm, Check In Closes 12:45pm, Start 1:30 pm

Girls Event #	Age	Event	Boys Event #
30	11-12	100 IM	
31	13-18	400 IM	32
33	11-12	50 Back	
34	13-18	200 Back	35
36	11-12	200 Free	
37	13-18	200 Free	38
39	11-12	50 Fly	
40	13-18	200 Fly	41
42	11-12	200 Back	
43	13-18	50 Free	44
45	11-12	50 Free	
46	13-18	100 Breast	47
48	11-12	100 Breast	
49	11-12	200 Fly	
50	11-12	200 Medley Relay	

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Sunday Morning, Session 4

Warm-Up 8:30 am, Check In Closes 8:45 am, Start 9:30 am

Girls Event #	Age	Event	Boys Event #
	11-12	200 Breast	51
52	10&U	200 IM	53
	11-12	200 IM	54
55	10&U	100 Back	56
	11-12	100 Back	57
58	10&U	100 Free	59
	11-12	100 Free	60
61	10&U	50 Breast	62
	11-12	50 Breast	63
64	10&U	100 Fly	65
	11-12	100 Fly	66
67	10&U	200 Free Relay	68
	11-12	200 Free Relay	69
	11-12	500 Free	70

Sunday Afternoon, Session 5

Warm-Up 12:30 pm, Check In Closes 12:45 pm, Start 1:30 pm

Girls Event #	Age	Event	Boys Event #
71	11-12	200 Breast	
72	13-18	200 Breast	73
74	11-12	200 IM	
75	13-18	200 IM	76
77	11-12	100 Back	
78	13-18	100 Back	79
80	11-12	100 Free	
81	13-18	100 Free	82
83	11-12	50 Breast	
84	13-18	100 Fly	85
86	11-12	100 Fly	
87	11-12	200 Free Relay	
88	13-18	500 Free	89
90	11-12	500 Free	

Q3 (Districts) Time Standards

10&Under Girls

Slower than

33.59
1:15.99
2:50.09
7:42.89
40.39
1:27.79
45.59
1:42.79
39.79
1:40.99
1:26.59
3:16.09

EVENT

50 Freestyle
100 Freestyle
200 Freestyle
500 Freestyle
50 Backstroke
100 Backstroke
50 Breaststroke
100 Breaststroke
50 Butterfly
100 Butterfly
100 IM
200 IM

10&Under Boys

Slower than

34.59
1:19.09
2:55.69
8:05.99
41.69
1:32.29
48.09
1:44.29
42.69
1:40.59
1:30.99
3:24.69

11-12 GIRLS

Slower than

29.09
1:05.09
2:24.39
6:27.99
35.09
1:16.39
2:48.09
39.99
1:27.69
3:11.09
34.19
1:22.99
3:12.59
1:16.29
2:47.59
6:19.89

EVENT

50 Freestyle
100 Freestyle
200 Freestyle
500 Freestyle
50 Backstroke
100 Backstroke
200 Backstroke
50 Breaststroke
100 Breaststroke
200 Breaststroke
50 Butterfly
100 Butterfly
200 Butterfly
100 IM
200 IM
400 IM

11-12 BOYS

Slower than

30.59
1:09.19
2:32.99
6:42.19
37.09
1:20.19
3:09.59
41.99
1:32.09
3:25.79
36.29
1:26.69
3:23.99
1:20.29
2:55.69
6:30.89

13-18 WOMEN

Slower than

27:59
59:89
2:11.69
5:50.99
12:33.39
20:57.09
1:09.59
2:29.89
1:20.69
2:55.09
1:10.29
2:48.59
2:28.99
5:26.89

EVENT

50 Freestyle
100 Freestyle
200 Freestyle
500 Freestyle
1000 Freestyle
1650 Freestyle
100 Backstroke
200 Backstroke
100 Breaststroke
200 Breaststroke
100 Butterfly
200 Butterfly
200 IM
400 IM

13-18 MEN

Slower than

27.09
58.89
2:11.09
5:53.69
12:35.59
21:19.99
1:10.99
2:35.99
1:19.49
2:54.49
1:09.99
2:41.99
2:28.99
5:24.99

