



**2014 Motor City Speedway  
ABC Long Course Swim Meet  
Hosted By: Motor City Aquatics  
EMU Jones Natatorium, Ypsilanti, MI  
June 20-22**



<b>Sanction:</b>	This meet is sanctioned by Michigan Swimming, Inc.(MS), as a timed final meet on behalf of USA Swimming (USA-S), Sanction Number <b>MI1314102</b> . In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. MS rules, safety, and warm up procedures will govern the meet as if fully set forth in these meet rules.																				
<b>Location:</b>	Eastern Michigan University Natatorium (Olds-Robb Student Recreation Center) located on the campus of Eastern Michigan University, Ypsilanti, MI 48197. A map to the Pool (Building 29) and Parking Structure (Building 11/D) is available through the following website link: <a href="http://www.emich.edu/maps/">http://www.emich.edu/maps/</a>																				
<b>Times:</b>	<table border="1" data-bbox="456 842 1409 1100"> <thead> <tr> <th>Session</th> <th>Age Group</th> <th>Warm-Up</th> <th>Check-In Deadline</th> <th>Meet Start</th> </tr> </thead> <tbody> <tr> <td>Friday Evening</td> <td>All Ages</td> <td>5:00 PM</td> <td>5:15 PM (Events 1 to 4) 6:30 PM* (Events 5 and 6)</td> <td>6:00PM</td> </tr> <tr> <td>Sat &amp; Sun Morning</td> <td>12 &amp; Under</td> <td>7:30 AM</td> <td>7:45 AM</td> <td>8:30 AM</td> </tr> <tr> <td>Sat &amp; Sun Afternoon</td> <td>13 &amp; Over</td> <td>12:30 AM</td> <td>12:45 PM</td> <td>1:30 PM</td> </tr> </tbody> </table> <p><b>*Note:</b> Friday evening check-in deadline for 1500 events <b>only</b> will be 6:30PM or later based on meet timeline; updates will be posted to the MCA website <a href="http://www.motorcityaquatics.org">www.motorcityaquatics.org</a> after June 18.</p> <p><b>Coaches:</b> Relay cards are due by 10:00AM for morning and 3:00PM for afternoon sessions.</p>	Session	Age Group	Warm-Up	Check-In Deadline	Meet Start	Friday Evening	All Ages	5:00 PM	5:15 PM (Events 1 to 4) 6:30 PM* (Events 5 and 6)	6:00PM	Sat & Sun Morning	12 & Under	7:30 AM	7:45 AM	8:30 AM	Sat & Sun Afternoon	13 & Over	12:30 AM	12:45 PM	1:30 PM
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<b>Motels:</b>	Please see list of area hotels at the end of this document.																				
<b>Facilities:</b>	The Michael Jones pool, in the Olds-Robb Student Recreation Center, is a 10-lane 50-meter pool. Depth at start is 12 feet deep and 4 feet at the turn. 10 lanes of competition are planned with warm up and cool down in the adjacent EMU Club Pool. Permanent starting blocks and non-turbulent lane markers will be used. Daktronics timing and scoreboard will be used with a 10-lane display. There is ample balcony seating for spectators. Lockers are available (provide your own lock). Eastern Michigan University, Michigan Swimming, Inc., and Motor City Aquatics are not responsible for lost or stolen items. The competition course has not been certified in accordance with 104.2.2C(4).																				
<b>Eligibility:</b>	The 2014 MOTOR CITY SPEEDWAY swim meet is an ABC Meet. All swimmers must be currently registered with United States of America Swimming (USA-S). A swimmer's age on June 20, 2014 will determine his/her eligibility for a particular age group.																				



<b>Deck Registration:</b>	Unregistered swimmers must register on deck at this meet by turning in the athlete registration form and payment to the Meet Referee. The cost of registering on deck is double the normal fee (\$124 per swimmer for 2013-14 registration).
<b>Meet Format:</b>	The 2014 Motor City Speedway is a Timed Finals meet. Selected individual events are offered in the noted age groups; please see page-7 of this meet packet for details.
<b>Entry Limits:</b>	Entries will be accepted on a first come first serve basis by date of email for electronic entries and date of receipt by the entry chair for hard copy entries until the Michigan Swimming Four (4) hour per session maximum time limit is met. As set forth in entry procedures below, (A) a hard copy of your club's entry summary sheet, (B) a hard copy of your club's signed release/waiver agreement (C) your club's certification of entered athletes and (D) your club's entry and entry fees must be received by the Entry Chair in a timely fashion prior to the start of the meet, or your swimmers will not be allowed to swim in the meet. Entries received after the four (4) hour per session time limit has been met will be returned even if received before the entry deadline.
<b>Swimmers Without a Coach:</b>	Any swimmer entered in the meet, unaccompanied by a USA-S member coach, must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
<b>Individual Entry Limits:</b>	<b>Friday:</b> Limit of two entries Friday night. Entries may be limited to the fastest heats to meet the 4-hour time limit and the 10 pm. Rule. It is the intent to offer three heats each for girls and boys in the 1500 Free, however this may be amended based on demand and to maintain a maximum four-hour session. If heats are limited, notification will be given on or before June 13, 2014. <b>Saturday &amp; Sunday:</b> Maximum of three (3) individual events per day plus (1) relay. If timelines allow, swimmers may be allowed to enter one additional event. Coaches and Meet Entry Chairs will be notified one week after the initial entry date has past. If a swimmer is entered in too many events the swimmer will be entered numerically and automatically scratched from excess events without any further notification to the swimmer of scratched events. Times must be submitted in long course meters (LCM). Times may be converted from SCY to LCM to establish a seedtime (See MS Rules).
<b>Electronic Entries:</b>	\$5.00 per individual event and \$12.00 for relays. Please include a \$1.00 Michigan Swimming surcharge for each swimmer entered. Make checks payable to: Motor City Aquatics
<b>Paper Entries:</b>	MS rules regarding non-electronic entries apply. \$6.00 per individual event and \$13.00 for relays. There is a \$1.00 additional charge per individual event and \$1.00 per relay event paid if the entry is not submitted in Hy-Tek format. The Michigan Swimming \$1.00 general surcharge for each swimmer also applies to paper entries. Paper entries may be submitted to the entry chair on a spreadsheet of your choice however the paper entry must be logically formatted and must contain all pertinent information to allow the entry chair to easily enter the swimmer(s) in the correct events with correct seed times.

<p><b>Entry Procedures:</b></p>	<p>Entries may be submitted to the Admin Official as of Friday, May 30, 2014 at 8:00 AM. The AO must receive all entries no later than 11:59 PM, June 13, 2014. Entries must include correct swimmer name (as registered with USA/MS Swimming), age and USA number. You can import the order of events and event numbers from the Michigan Swimming website (<a href="http://www.miswim.org/">http://www.miswim.org/</a>).</p> <p>All individual entries should be submitted via electronic mail to the Admin Official at <a href="mailto:TeamEntriesMpao@gmail.com">TeamEntriesMpao@gmail.com</a> in Hy-Tek format. All entries will be processed in order by email date code or mail date code. Any entries submitted will be considered provisional until such time as the entry office has received a hard copy of: (a) your club's entries (Team Manager Meet Entries Report), (b) a hard copy of your club's signed release/waiver agreement (c) your clubs signed certification of entered athletes and (d) your club's entry fees.</p> <p>This must be received in a timely fashion prior to the start of the meet or your swimmers will not be allowed to swim in the meet. The complete Motor City Speedway entry packet with entry forms is available on the Michigan Swimming Website at <a href="http://www.miswim.org/">http://www.miswim.org/</a></p>
<p><b>Refunds:</b></p>	<p>Once a team or individual entry has been received and processed by the entry chair there are no refunds in full or in part unless the "over qualification exception" applies (see MS Rules).</p>
<p><b>Entries:</b></p>	<p>Your club's Entry, Entry Summary Sheet, Release/Waiver, Certification of Entered Athletes and Check should be sent via U.S. mail or nationally recognized overnight courier to:</p> <p><b>Motor City Aquatics Speedway Entries 4225 Sunningdale Drive Bloomfield Hills, MI 48302</b></p> <p>For Questions, please email: Mary Perczak at <a href="mailto:TeamEntriesMpao@gmail.com">TeamEntriesMpao@gmail.com</a> or call: 248-946-1362 (no calls after 9 PM please)</p>
<p><b>Check In:</b></p>	<p>Check In will be available as of 7:00 AM for morning sessions, 12:00 PM for afternoon sessions and 4:30 PM Friday evening, with the exception of the 1500. Check in is mandatory for all events and is required by the time set forth in this meet announcement. Failure to check in will cause the swimmer to be scratched from all events in that session. Check in will close 15 minutes after the start of warm up for each session. Also note that pursuant to MS Rules that failing to swim an event after checking in for that event will disqualify a swimmer fro his or her next event. Check in sheets will be posted near the Clerk of Course.</p>
<p><b>Scratch Rules:</b></p>	<p>Prior to check in close a swimmer may scratch events at the Clerk of Course. After check in closes, you must see the Meet Referee to scratch an event.</p>
<p><b>Marshaling:</b></p>	<p>All sessions of the meet will be self marshaled. Heat sheets for all events will be posted in the pool area. Swimmers will be responsible for reporting to the starting blocks in time to swim their respective events.</p>

<b>Seeding:</b>	Seeding will be done after check in closes. Swimmers who fail to check in for an event will be scratched from that event. All events are timed finals. Friday events will be seeded fastest to slowest (400 Free and 1500 Free will alternate girls and boys). Saturday and Sunday events will be seeded slowest to fastest. The Meet Referee and Meet Director reserve the right to combine genders and/or same stroke/distance events in order to reduce the number of heats.
<b>Deck Entries and Time Trials:</b>	Deck entries may be accepted at the Clerk of the Course and may swim if time and space permit at the sole discretion of the Meet Referee and Meet Director. Deck entries are \$7 per individual event and \$14 for relays. Deck entries are subject to the Michigan Swimming \$1.00 athlete surcharge if the athlete is not already in the meet.  For deck entries, registration status must be proven by providing a current USA Swimming membership card or a current print out of an athlete roster from the Club Portal. The Club Portal is located on the USA Swimming website. The athlete may also enter by using or showing their Deck Pass by way of their smart phone.  <b>Time trials will not be offered.</b>
<b>Meet Programs / Admissions:</b>	Admissions will be \$5.00 per person Friday, Saturday and Sunday for all persons aged 13 and over. All 12 & Unders and anyone swimming in the meet can enter the spectator area free of charge. Meet heat sheets will be available near the start of each session for \$3.00.
<b>Scoring:</b>	No scoring at this meet.
<b>Awards:</b>	Ribbons will be awarded for individual events and ONLY for all 12 & Under athletes in the 8 & U, 9-10 and 11-12 age groups. Individual Awards A, B, C Times: 1st thru 8th place  Awards will not be distributed to swimmers. All awards will be given to coaches at the end of the Sunday session. Unattached swimmers may pick up their awards at the awards table after finishing their last session.
<b>Results:</b>	Complete meet results will be posted on the Michigan Swimming Website at <a href="http://www.miswim.org/">http://www.miswim.org/</a> . Results will also be available on flash drive (HY-TEK Team Manager result file) upon request. Teams must provide their own flash drive.
<b>Concessions:</b>	Food and beverages will be available in EMU concession stand. No food or beverage will be allowed on the deck of the pool, in the locker rooms or in the spectator areas. A hospitality area will be available for coaches and officials.
<b>Lost and Found:</b>	Articles may be turned in/picked up at scorer's table. Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days. After 14 days the items will be donated to a charitable organization.
<b>Swimming Safety:</b>	Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. The same rules will apply with respect to the warm-down pool and diving well. Penalties for violating these rules will be in the sole discretion of the meet referee which may include ejection from

	the meet.
<b>Deck Personnel/ Locker Rooms/ Credentials:</b>	<p>Only registered and current coaches, athletes, officials and meet personnel are allowed on the deck or in locker rooms. Access to the pool deck may only be granted to any other individual in the event of emergency through approval by the Meet Director or the Meet Referee. The General Chair of MS and the Program Operations Vice-Chair of MS are authorized deck personnel at all MS meets. Personal assistants/helpers of athletes with a disability shall be permitted when requested by an athlete with a disability or a coach of an athlete with a disability.</p> <p>Lists of registered coaches, certified officials and meet personnel will be placed outside the entrance to the locker rooms / pool deck. Meet personnel will check the list of approved individuals and issue a credential to be displayed at all times during the meet. This credential will include the host team logo as well as the function of the individual being granted access to the pool deck (Coach, Official, Timer, or Meet Personnel). In order to obtain a credential, Coaches and Officials must be current in all certifications through the final date of the meet. Meet personnel must return the credential at the conclusion of working each day and be reissued a credential daily.</p> <p>All access points to the pool deck and locker rooms will either be secured or staffed by a meet worker checking credentials throughout the duration of the meet.</p>
<b>Swimmers with Disabilities:</b>	All swimmers are encouraged to participate. If any of your swimmers have special needs or requests please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.
<b>General Info:</b>	Any errors or omissions in the program will be documented and signed by the meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting.
<b>First Aid:</b>	Supplies will be kept in the pool office, to be administered by the Eastern Michigan University Lifeguard Staff.
<b>Facility Items:</b>	<p>(A) No smoking is allowed in the building or on the grounds of Rec/IM building of Eastern Michigan University.</p> <p>(B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.</p> <p>(C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.</p> <p>(D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection at the pool director's office at Eastern Michigan University.</p> <p>(E) To comply with USA Swimming privacy and security policy, the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.</p>

	(F) Except where venues require otherwise changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.
<b>Meet Director:</b>	Andy Paulson; <a href="mailto:apaulson811@gmail.com">apaulson811@gmail.com</a> , 248-417-8493
<b>Meet Referee:</b>	Fang Liu; <a href="mailto:fangliu579@yahoo.com">fangliu579@yahoo.com</a>
<b>Administrative Official:</b>	Mary Perczak TeamEntriesMpao@gmail.com 248-946-1362 (no calls after 9 PM please)
<b>Safety Marshal:</b>	Michael Guttilla; <a href="mailto:mguttilla@comcast.net">mguttilla@comcast.net</a>
<b>Meet Vendor:</b>	Sun & Snow Sports Ann Arbor: 734-663-9515 or Plymouth: 734-927-0007

## SCHEDULE OF EVENTS

### Friday PM

Warm-Up - 5:00 PM

Meet Start - 6:00 PM

Girls Event #	Event	Boys Event #
1	Open 200 IM	2
3	12 & U 400 Free	4
5	13 & O 1500 Free	6

### Saturday AM

Warm-Up - 7:30 AM

Meet Start - 8:30 AM

Girls Event #	Event	Boys Event #
7	11-12 200 Back	8
9	12 & U 100 Breast	10
11	11-12 200 Fly	12
13	12 & U 100 Free	14
15	12 & U 50 Back	16
17	12 & U 50 Fly	18
19	10 & U 400 Free Relay	20
21	11-12 400 Free Relay	22

### Sunday AM

Warm-Up - 7:30 AM

Meet Start - 8:30 AM

Girls Event #	Event	Boys Event #
35	11-12 200 Breast	36
37	12 & U 100 Fly	38
39	12 & U 200 Free	40
41	12 & U 100 Back	42
43	12 & U 50 Breast	44
45	12 & U 50 Free	46
47	10 & U 400 Medley Relay	48
49	11-12 400 Medley Relay	50

### Saturday PM

Warm-Up - 12:30 PM

Meet Start - 1:30 PM

Girls Event #	Event	Boys Event #
23	13 & O 200 Fly	24
25	13 & O 100 Free	26
27	13 & O 200 Breast	28
29	13 & O 100 Back	30
31	13 & O 400 Free	32
33	13 & O 400 Free Relay	34

### Sunday PM

Warm-Up - 12:30 PM

Meet Start - 1:30 PM

Girls Event #	Event	Boys Event #
51	13 & O 200 Back	52
53	13 & O 100 Fly	54
55	13 & O 200 Free	56
57	13 & O 100 Breast	58
59	13 & O 400 IM	60
61	13 & O 50 Free	62
63	13 & O 400 Medley Relay	64







## Meet Evaluation Form

Name of Meet Motor City Speedway

Date of Meet June, 20, 21 & 22, 2014

Host of Meet Motor City Aquatics

Place of Meet Eastern Michigan University

Who do you represent (circle)?      the host club              a visiting club              unattached

Describe yourself (circle)      athlete      coach      official meet      worker      spectator

**Please rate the overall quality of this meet:**

(Please write any compliments or suggestions below or on the reverse side)

	Low				High
1. Swimming pool (e.g., water quality, ventilation)	1	2	3	4	5
<hr/>					
2. Equipment (e.g., timing system, PA system):	1	2	3	4	5
<hr/>					
3. Swimmer facilities (e.g., locker rooms, rest areas):	1	2	3	4	5
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4. Spectator facilities (e.g., seating, rest rooms):	1	2	3	4	5
<hr/>					
5. Meet services (e.g., concessions, admissions, programs):	1	2	3	4	5
<hr/>					
6. Officiating	1	2	3	4	5
<hr/>					
7. Awards and award presentations:	1	2	3	4	5
<hr/>					
8. Safety provisions:	1	2	3	4	5
<hr/>					
9. Overall success of the meet:	1	2	3	4	5
<hr/>					
10. Other (please specify):	1	2	3	4	5
<hr/>					

**Return this completed evaluation to a representative of the Meet Host. Thank you.**

## HOTEL INFORMATION

### Recommended Hotels & Links to Driving Directions

#### **Marriott Ypsilanti**

1275 S. Huron Street  
Ypsilanti, MI 48197  
734-487-2000

<http://www.marriott.com/hotels/travel/dtwys-ann-arbor-marriott-ypsilanti-at-eagle-crest/>

3.0 Miles to Pool (est. 9 minutes)

Link to Google directions: <http://g.co/maps/yzjvd>

#### **Sheraton Ann Arbor**

3200 Boardwalk  
Ann Arbor, MI 48108  
(734) 996-0600

<http://www.sheratonannarbor.com/>

6.1 Miles to Pool (est. 15 minutes)

Link to Google directions: <http://g.co/maps/e9b92>

#### **Holiday Inn Express & Suites**

600 Briarwood Circle  
Ann Arbor, MI 48108  
800-315-2605

6.5 Miles to Pool (est. 15 minutes)

Link to Google directions: <http://g.co/maps/szywf>

For a Map to Eastern Michigan University Michael Jones Natatorium please visit <http://www.emich.edu/maps/>. The **Pool (Building 29)** and **Parking Structure (Building 11/D)** can be located on the interactive map.