

Michigan Swimming

FORM FOR PROPOSED NEW RULE OR PROCEDURE

Revised 4/10

This form should be submitted a minimum of 20 days prior to the Board of Directors Meeting to be acted upon at that meeting. (Copies of all proposed legislation will be sent to all Board Members for their consideration, recommendation and possible Approval.) This form can also be used to submit Rule and Procedure proposals at the House of Delegates.

Date Submitted: August 13, 2013

Date of Board Meeting to be discussed: September 22, 2013 – House of Delegates

Affected Rule or Procedure

(current page #, or n/a): Page 70: Emergency Action Plans

Description of Issue: (include copy of rule that is being modified, if applicable)

Update Emergency Action Plan rule so that all clubs use a standardized template that will be located on the MS website due to inconsistency between EAP's submitted by clubs.

EMERGENCY ACTION PLANS

Accidents and emergencies at aquatic facilities take many forms. Examples include:

- Drowning
- Head, neck, or back injuries caused by diving into the pool
- Injuries caused by slipping on the pool deck or in the shower
- Water quality emergencies
- Chemical leaks or spills
- Sunburn or heat exhaustion
- Cuts, scrapes, and abrasions
- Seizures
- Diabetic coma or insulin reaction
- Exercise-induced asthma
- Heart attacks
- Assaults and rapes

An emergency action plan consists of the procedures to be followed when accidents or emergencies do occur. This plan should include provisions for:

- Caring for the accident victim - the plan should specify the nature of care to be provided and the person(s) responsible for care.
- Supervising other persons in the facility - the plan should specify the conditions under which the pool area is evacuated, the procedures for evacuation, and the person(s) responsible for supervision.
- Managing deck and locker room access for only registered coaches, athletes, officials, and credentialed volunteers.
- Activating the community's emergency medical system - the plan should specify emergency phone numbers and the location of telephones, as well as the person responsible for notification of the community's emergency medical system.
- Maintaining records of accidents and emergencies - the plan should specify who is responsible for completing accident reports.

Every aquatic facility that your club uses for practices and meets should have an emergency action plan in place. Your club safety coordinator and every member of your coaching staff should be aware of the emergency action plan and should be capable of implementing the plan if an emergency occurs. Members of your coaching staff should practice the emergency procedures, and, when appropriate, should teach swimmers how to follow the emergency action plan.

***Requested New Rule or Procedure:
Use separate page(s) if necessary***

EMERGENCY ACTION PLANS

Michigan Swimming is devoted to the safety of all members and spectators at practices and competitions. Accidents and emergencies at aquatic facilities take many forms. Examples include:

- Drowning
- Head, neck, or back injuries caused by diving into the pool
- Injuries caused by slipping on the pool deck or in the shower
- Water quality emergencies
- Chemical leaks or spills
- Sunburn or heat exhaustion
- Cuts, scrapes, and abrasions
- Seizures
- Diabetic coma or insulin reaction
- Exercise-induced asthma
- Heart attacks
- Assaults and rapes

An emergency action plan consists of the procedures to be followed when accidents or emergencies occur. Clubs shall use the template located under the 'Safety' link on the MS website when submitting an EAP. This template does not dictate the emergency procedures of the facility, but rather assures consistency across the LSC that situations are covered under the plan. The Safe Sport Coordinator may update this template at any time and will notify the Michigan Swimming community when a change has been made. This plan includes provisions for:

- Caring for the accident victim - the plan should specify the nature of care to be provided and the person(s) responsible for care.
- Supervising other persons in the facility - the plan should specify the conditions under which the pool area is evacuated, the procedures for evacuation, and the person(s) responsible for supervision.
- Managing deck and locker room access for only registered coaches, athletes, officials, and credentialed volunteers.
- Activating the community's emergency medical system - the plan should specify emergency phone numbers and the location of telephones, as well as the person responsible for notification of the community's emergency medical system.
- Maintaining records of accidents and emergencies - the plan should specify who is responsible for completing accident reports.

Every aquatic facility that your club uses for practices and meets must have an emergency action plan in place. Your club safety coordinator and every member of your coaching staff should be aware of the emergency action plan and should be capable of implementing the plan

if an emergency occurs. Members of your coaching staff should practice the emergency procedures, and, when appropriate, should teach swimmers how to follow the emergency action plan.

Proposed Effective Date: *September 22, 2013*

Proposed by (must be a current member): ADAM HOPKINS

Club: UN

**Board Action: _____(Adopted by Board)_____(Adopted by Board with
modification)_____(Board recommends rejection)_____(Board
recommends referral to House of Delegates)**