Short Course Yards

Girls 10 & Under

		AAAA	AAA	AA	Q1	A	Q2	MI A	BB	B	MI B
50	Free	28.29	29.59	30.89	31.49	32.19	33.59	33.79	35.99	39.79	**38.79**
100	Free	1:02.19	1:05.39	1:08.69	1:09.49	1:11.89	1:15.99	1:15.89	1:21.59	1:31.29	**1:28.99**
200	Free	2:14.39	2:21.79	2:29.09	2:31.59	2:36.39	2:50.09	2:46.99	2:58.29	3:20.19	**3:11.99**
500	Free	5:57.39	6:14.39	6:31.39	6:50.59	6:48.39	7:42.89	7:44.89	7:39.49	8:30.49	9:06.19
50	Back	32.79	34.59	36.39	37.09	38.09	40.39	41.09	43.49	48.79	**46.99**
100	Back	1:10.49	1:14.39	1:18.29	1:20.09	1:22.19	1:27.79	1:30.49	1:33.99	1:45.69	**1:44.49**
50	Breast	36.29	38.19	40.09	42.09	41.99	45.59	44.99	47.79	53.59	**51.59**
100	Breast	1:19.99	1:24.49	1:28.89	1:32.49	1:33.39	1:42.79	1:37.99	1:46.69	1:59.99	**1:54.99**
50	Fly	31.49	33.39	35.29	35.89	37.29	39.79	40.09	42.99	48.79	**48.99**
100	Fly	1:11.29	1:16.49	1:21.59	1:26.29	1:26.69	1:40.99	1:34.99	1:42.09	1:57.49	**1:52.99**
100	IM	1:11.49	1:15.19	1:18.89	1:19.99	1:22.59	1:26.59	1:26.49	1:33.79	1:44.99	**1:39.49**
200	IM	2:32.69	2:40.39	2:48.19	2:54.39	2:55.99	3:16.09	3:11.99	3:19.39	3:42.69	**3:40.99**

Girls 11-12

50	Free	25.99	27.09	28.29	27.89	29.49	29.09	29.99	31.89	34.29	**34.09**
100	Free	55.19	57.79	1:00.49	1:00.79	1:03.09	1:05.09	1:05.99	1:08.29	1:13.59	1:16.79
200	Free	2:02.39	2:08.19	2:14.09	2:13.39	2:19.89	2:24.39	2:23.39	2:31.49	2:43.19	2:48.99
500	Free	5:23.09	5:38.49	5:53.89	5:53.49	6:09.29	6:27.99	6:19.99	6:40.09	7:10.79	7:25.59
1000	Free	11:15.19	11:47.39	12:19.49		12:51.69			13:55.99	15:00.29	
1650	Free	18:57.19	19:51.29	20:45.49		21:39.59			23:27.89	25:16.19	
50	Back	29.69	31.09	32.49	32.59	33.89	35.09	36.29	36.79	39.59	40.99
100	Back	1:03.79	1:07.29	1:10.69	1:10.09	1:14.19	1:16.39	1:18.99	1:21.09	1:27.99	1:30.49
200	Back	2:16.49	2:22.99	2:29.39	2:31.19	2:35.89	2:48.09	2:55.89	2:48.89	3:01.89	3:22.29
50	Breast	33.09	34.59	36.19	36.59	37.79	39.99	39.69	40.89	44.09	45.49
100	Breast	1:11.49	1:15.09	1:18.59	1:20.19	1:22.19	1:27.69	1:25.49	1:29.29	1:36.39	1:38.99
200	Breast	2:34.79	2:42.19	2:49.59	2:51.99	2:56.89	3:11.09	3:11.89	3:11.69	3:26.39	3:41.09
50	Fly	28.39	29.69	31.09	31.19	32.39	34.19	33.99	35.09	37.79	40.49
100	Fly	1:02.79	1:06.29	1:09.79	1:11.29	1:13.19	1:22.99	1:18.49	1:20.19	1:27.19	1:35.99
200	Fly	2:18.79	2:25.39	2:31.99	2:45.49	2:38.59	3:12.59	2:56.29	2:51.79	3:04.99	3:33.29
100	IM	1:04.69	1:07.79	1:10.89	1:10.79	1:13.99	1:16.29	1:15.99	1:20.09	1:26.29	1:26.99
200	IM	2:17.89	2:24.39	2:30.99	2:32.89	2:37.59	2:47.59	2:44.99	2:50.69	3:03.79	3:09.99
400	IM	4:54.09	5:08.09	5:22.09	5:25.59	5:36.09	6:19.89	6:06.59	6:04.19	6:32.19	6:49.69

Girls 13-14

50	Free	25.09	26.29	27.49	26.39	28.69	27.59	28.19	30.99	33.39	**32.59**
100	Free	54.39	56.99	59.59	57.09	1:02.19	59.89	1:01.69	1:07.39	1:12.49	**1:09.99**
200	Free	1:57.09	2:02.69	2:08.19	2:03.89	2:13.79	2:11.69	2:16.09	2:24.99	2:36.09	**2:35.99**
500	Free	5:08.79	5:23.49	5:38.29	5:32.99	5:52.99	5:50.99	6:13.99	6:22.39	6:51.79	**6:49.99**
1000	Free	10:36.69	11:06.99	11:37.29	11:35.99	12:07.59		13:09.99	13:08.29	14:08.89	14:59.99
1650	Free	17:40.69	18:31.19	19:21.69	19:35.99	20:12.19	20:57.09	22:34.99	21:53.19	23:34.19	25:59.99
100	Back	59.89	1:02.79	1:05.59	1:05.09	1:08.49	1:09.59	1:13.49	1:14.19	1:19.89	1:24.99
200	Back	2:08.89	2:14.99	2:21.19	2:21.59	2:27.29	2:29.89	2:40.99	2:39.59	2:51.79	3:05.99
100	Breast	1:07.89	1:11.19	1:14.39	1:13.99	1:17.59	1:20.69	1:21.99	1:24.09	1:30.59	1:34.49
200	Breast	2:25.89	2:32.89	2:39.79	2:41.99	2:46.79	2:55.09	2:56.99	3:00.69	3:14.59	3:22.49
100	Fly	59.39	1:02.19	1:04.99	1:05.59	1:07.79	1:10.29	1:11.99	1:13.49	1:19.09	1:24.49
200	Fly	2:10.09	2:16.29	2:22.39	2:27.99	2:28.59	2:48.59	2:44.99	2:40.99	2:53.39	3:22.99
200	IM	2:11.69	2:17.89	2:24.19	2:22.09	2:30.49	2:28.99	2:34.99	2:42.99	2:55.49	3:00.99
400	IM	4:38.09	4:51.29	5:04.59	5:03.89	5:17.79	5:26.89	5:36.99	5:44.29	6:10.79	6:31.99

Girls 15-16 [Use as Open Time Standards]

50	Free	24.49	25.69	26.89	25.79	27.99	27.59	28.39	30.39	32.69	**32.59**
100	Free	53.19	55.69	58.19	55.99	1:00.79	59.89	1:01.49	1:05.79	1:10.89	**1:09.99**
200	Free	1:54.09	1:59.49	2:04.89	2:01.29	2:10.39	2:11.69	2:13.99	2:21.19	2:32.09	2:35.99
500	Free	5:03.99	5:18.49	5:32.89	5:25.29	5:47.39	5:50.99	5:59.99	6:16.29	6:45.29	6:49.99
1000	Free	10:26.39	10:56.19	11:25.99	11:20.99	11:55.89	12:33.39	12:59.99	12:55.49	13:55.19	14:59.99
1650	Free	17:29.09	18:18.99	19:08.99	18:58.89	19:58.89	20:57.09	22:34.99	21:38.89	23:18.79	25:59.99
100	Back	58.29	1:00.99	1:03.79	1:03.99	1:06.59	1:09.59	1:12.99	1:12.09	1:17.69	1:24.99
200	Back	2:05.89	2:11.89	2:17.89	2:18.59	2:23.89	2:29.89	2:39.99	2:35.89	2:47.89	3:05.99
100	Breast	1:06.19	1:09.39	1:12.49	1:13.09	1:15.69	1:20.69	1:21.99	1:21.99	1:28.29	1:34.49
200	Breast	2:22.49	2:29.29	2:35.99	2:39.69	2:42.79	2:55.09	2:55.99	2:56.39	3:09.99	3:22.49
100	Fly	57.99	1:00.79	1:03.59	1:02.99	1:06.29	1:10.29	1:10.49	1:11.79	1:17.39	1:24.49

200	Fly	2:06.39	2:12.39	2:18.49	2:23.39	2:24.49	2:48.59	2:44.99	2:36.49	2:48.59	3:22.99
200	IM	2:08.69	2:14.79	2:20.89	2:18.09	2:26.99	2:28.99	2:33.49	2:39.29	2:51.49	3:00.99
400	IM	4:31.19	4:44.09	4:56.99	4:54.29	5:09.89	5:26.89	5:34.99	5:35.69	6:01.49	6:31.99
Girls 17-18											
50	Free	24.29	25.49	26.59		27.79			30.09	32.39	
100	Free	52.39	54.89	57.39		59.89			1:04.89	1:09.89	
200	Free	1:53.29	1:58.69	2:04.09		2:09.49			2:20.29	2:30.99	
500	Free	5:01.79	5:16.19	5:30.59		5:44.99			6:13.69	6:42.39	
1000	Free	10:24.39	10:54.19	11:23.89		11:53.59			12:53.09	13:52.59	
1650	Free	17:19.69	18:09.19	18:58.69		19:48.19			21:27.19	23:06.19	
100	Back	57.89	1:00.59	1:03.39		1:06.19			1:11.69	1:17.19	
200	Back	2:05.49	2:11.49	2:17.39		2:23.39			2:35.39	2:47.29	
100	Breast	1:05.89	1:08.99	1:12.09		1:15.29			1:21.49	1:27.79	
200	Breast	2:21.99	2:28.69	2:35.49		2:42.29			2:55.79	3:09.29	
100	Fly	57.29	59.99	1:02.79		1:05.49			1:10.99	1:16.39	
200	Fly	2:04.89	2:10.79	2:16.69		2:22.69			2:34.59	2:46.49	
200	IM	2:07.19	2:13.19	2:19.29		2:25.29			2:37.39	2:49.49	
400	IM	4:30.99	4:43.89	4:56.79		5:09.69			5:35.49	6:01.29	
Boys 10 & Under											
50	Free	27.99	29.19	30.39	31.29	31.59	34.59	33.29	35.19	38.89	**38.19**
100	Free	1:01.49	1:04.59	1:07.69	1:10.29	1:10.79	1:19.09	1:14.19	1:19.99	1:29.19	1:29.99
200	Free	2:12.89	2:19.29	2:25.59	2:34.99	2:31.89	2:55.69	2:44.99	2:50.89	3:09.89	3:11.29
500	Free	5:54.09	6:10.89	6:27.79	6:55.99	6:44.59	8:05.99	7:42.99	7:35.19	8:25.79	8:58.59
50	Back	32.79	34.59	36.49	37.39	38.29	41.69	40.29	43.69	49.19	**46.49**
100	Back	1:10.49	1:14.09	1:17.69	1:20.59	1:21.29	1:32.29	1:28.99	1:32.09	1:42.89	1:43.99
50	Breast	36.49	38.39	40.29	43.39	42.19	48.09	45.49	47.89	53.59	**51.69**
100	Breast	1:19.79	1:23.79	1:27.79	1:34.19	1:31.79	1:44.29	1:38.89	1:43.69	1:55.69	**1:51.99**
50	Fly	31.29	33.09	34.89	37.19	36.69	42.69	39.99	41.99	47.29	50.49
100	Fly	1:10.79	1:15.69	1:20.59	1:31.29	1:25.59	1:40.59	1:32.99	1:40.39	1:55.19	**1:52.99**
100	IM	1:10.89	1:14.29	1:17.69	1:21.09	1:21.09	1:30.99	1:24.99	1:31.19	1:41.29	**1:39.99**
200	IM	2:32.49	2:40.09	2:47.69	2:56.49	2:55.29	3:24.69	3:11.99	3:18.09	3:40.89	3:44.19
Boys 11-12											
50	Free	25.09	26.19	27.39	28.09	28.59	30.59	29.99	30.99	33.39	34.29
100	Free	54.79	57.39	59.99	1:01.59	1:02.69	1:09.19	1:05.99	1:07.89	1:13.09	1:16.99
200	Free	1:59.19	2:04.89	2:10.49	2:14.59	2:16.19	2:32.99	2:22.99	2:27.49	2:38.89	2:48.99
500	Free	5:19.09	5:34.29	5:49.49	6:00.59	6:04.69	6:42.19	6:17.99	6:35.09	7:05.49	7:21.99
1000	Free	11:07.59	11:39.29	12:11.09		12:42.89			13:46.49	14:50.09	
1650	Free	18:43.09	19:36.59	20:30.09		21:23.59			23:10.49	24:57.49	
50	Back	28.99	30.49	31.99	33.29	33.49	37.09	36.29	36.49	39.49	42.19
100	Back	1:02.19	1:05.59	1:08.89	1:11.69	1:12.29	1:20.19	1:18.29	1:19.09	1:25.79	1:32.99
200	Back	2:13.79	2:20.19	2:26.49	2:34.79	2:32.89	3:09.59	2:55.09	2:45.59	2:58.39	3:32.99
50	Breast	32.09	33.79	35.59	37.79	37.29	41.99	39.39	40.79	44.29	46.19
100	Breast	1:09.69	1:13.29	1:16.89	1:21.69	1:20.49	1:32.09	1:26.19	1:27.79	1:35.09	1:40.99
200	Breast	2:31.29	2:38.49	2:45.69	2:59.99	2:52.89	3:25.79	3:12.89	3:07.29	3:21.69	3:45.79
50	Fly	27.59	29.09	30.59	32.29	32.09	36.29	34.09	35.19	38.19	41.99
100	Fly	1:01.09	1:04.59	1:08.19	1:13.99	1:11.69	1:26.69	1:19.09	1:18.69	1:25.79	1:38.99
200	Fly	2:15.89	2:22.39	2:28.79	2:55.89	2:35.29	3:23.99	2:56.89	2:48.29	3:01.19	3:40.69
100	IM	1:02.39	1:05.39	1:08.49	1:12.79	1:11.49	1:20.29	1:16.49	1:17.59	1:23.69	1:27.99
200	IM	2:14.99	2:21.79	2:28.69	2:35.49	2:35.59	2:55.69	2:44.69	2:49.39	3:03.09	3:11.99
400	IM	4:47.79	5:01.49	5:15.19	5:35.79	5:28.89	6:30.89	6:07.09	5:56.29	6:23.69	7:09.99
Boys 13-14											
50	Free	22.99	24.09	25.19	25.29	26.29	27.09	27.09	28.49	30.69	**30.49**
100	Free	50.29	52.69	55.09	54.89	57.39	58.89	59.09	1:02.19	1:06.99	1:06.99
200	Free	1:49.59	1:54.79	1:59.99	1:59.99	2:05.29	2:11.09	2:09.99	2:15.69	2:26.09	2:27.99
500	Free	4:53.29	5:07.29	5:21.29	5:25.09	5:35.19	5:53.69	5:54.99	6:03.19	6:31.09	6:34.99
1000	Free	10:09.39	10:38.39	11:07.39	11:19.99	11:36.39		12:39.99	12:34.39	13:32.49	13:59.99
1650	Free	16:51.29	17:39.39	18:27.59	19:17.99	19:15.69	21:19.99	21:19.99	20:51.99	22:28.29	23:44.99
100	Back	56.19	58.89	1:01.49	1:04.09	1:04.19	1:10.99	1:12.49	1:09.59	1:14.89	1:20.99
200	Back	2:00.99	2:06.69	2:12.49	2:18.09	2:18.19	2:35.99	2:33.99	2:29.79	2:41.29	2:59.99
100	Breast	1:03.09	1:06.09	1:09.09	1:12.49	1:12.09	1:19.49	1:18.49	1:18.09	1:24.09	1:27.99

200	Breast	2:16.79	2:23.29	2:29.79	2:38.09	2:36.29	2:54.49	2:52.99	2:49.39	3:02.39	3:11.99
100	Fly	54.99	57.59	1:00.29	1:02.39	1:02.89	1:09.99	1:08.99	1:08.09	1:13.29	1:22.99
200	Fly	2:02.79	2:08.59	2:14.39	2:26.69	2:20.29	2:41.99	2:39.99	2:31.99	2:43.69	3:09.99
200	IM	2:02.79	2:08.59	2:14.39	2:17.89	2:20.29	2:28.99	2:29.99	2:31.99	2:43.69	2:53.49
400	IM	4:22.89	4:35.49	4:47.99	4:59.99	5:00.49	5:24.99	5:21.99	5:25.49	5:50.59	6:19.99
Boys 15-16 [Use as Open Time Standards]											
50	Free	22.19	23.19	24.29	23.49	25.29	27.09	26.39	27.39	29.49	30.49
100	Free	48.29	50.59	52.89	50.89	55.19	58.89	57.09	59.79	1:04.39	1:06.99
200	Free	1:45.09	1:50.09	1:55.09	1:51.89	2:00.09	2:11.09	2:06.99	2:10.09	2:20.09	2:27.99
500	Free	4:43.79	4:57.29	5:10.79	5:03.99	5:24.29	5:53.69	5:44.99	5:51.29	6:18.39	6:34.99
1000	Free	9:48.19	10:16.19	10:44.19	10:40.19	11:12.19	12:35.59	12:19.99	12:08.19	13:04.19	13:59.99
1650	Free	16:26.99	17:13.99	18:00.99	18:10.49	18:47.99	21:19.99	20:39.99	20:21.89	21:55.89	23:44.99
100	Back	53.49	55.99	58.59	59.19	1:01.09	1:10.99	1:09.99	1:06.19	1:11.29	1:20.99
200	Back	1:55.79	2:01.29	2:06.79	2:09.19	2:12.39	2:35.99	2:31.99	2:23.39	2:34.39	2:59.99
100	Breast	1:00.29	1:03.19	1:05.99	1:06.69	1:08.89	1:19.49	1:15.49	1:14.69	1:20.39	1:27.99
200	Breast	2:11.39	2:17.59	2:23.89	2:27.99	2:30.09	2:54.49	2:44.99	2:42.59	2:55.09	3:11.99
100	Fly	52.59	55.09	57.59	57.09	1:00.09	1:09.99	1:05.99	1:05.09	1:10.09	1:22.99
200	Fly	1:56.69	2:02.29	2:07.79	2:15.99	2:13.39	2:41.99	2:32.99	2:24.49	2:35.59	3:09.99
200	IM	1:58.29	2:03.89	2:09.49	2:06.99	2:15.09	2:28.99	2:24.99	2:26.39	2:37.69	2:53.49
400	IM	4:11.89	4:23.89	4:35.79	4:40.99	4:47.79	5:24.99	5:14.99	5:11.79	5:35.79	6:19.99
Boys 17-18											
50	Free	21.49	22.49	23.49		24.49			26.59	28.59	
100	Free	46.89	49.19	51.39		53.59			58.09	1:02.59	
200	Free	1:43.29	1:48.19	1:53.19		1:58.09			2:07.89	2:17.69	
500	Free	4:37.99	4:51.19	5:04.49		5:17.69			5:44.19	6:10.59	
1000	Free	9:40.89	10:08.49	10:36.19		11:03.89			11:59.19	12:54.49	
1650	Free	16:08.79	16:54.89	17:41.09		18:27.19			19:59.39	21:31.69	
100	Back	51.79	54.29	56.79		59.19			1:04.19	1:09.09	
200	Back	1:52.99	1:58.29	2:03.69		2:09.09			2:19.89	2:30.59	
100	Breast	59.09	1:01.89	1:04.79		1:07.59			1:13.19	1:18.79	
200	Breast	2:08.69	2:14.79	2:20.89		2:27.09			2:39.29	2:51.59	
100	Fly	51.29	53.79	56.19		58.69			1:03.59	1:08.39	
200	Fly	1:53.39	1:58.79	2:04.19		2:09.59			2:20.39	2:31.19	
200	IM	1:55.19	2:00.69	2:06.19		2:11.69			2:22.59	2:33.59	
400	IM	4:07.09	4:18.89	4:30.69		4:42.39			5:05.99	5:29.49	