

2015 Cruisin' Into Summer AB Meet
Hosted By: Plymouth Canton Cruisers (PCC)
May 15-17, 2015
Sanction Number: MI1415097

Sanction:	This meet is sanctioned by Michigan Swimming, Inc. (MS), as a timed final meet on behalf of USA Swimming (USA-S), Sanction Number MI415097. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. MS rules, safety, and warm up procedures will govern the meet as if fully set forth in these meet rules.		
Location:	Eastern Michigan University Olds-Robb Student Recreation Building 100 Olds/Robb Ypsilanti, Michigan 48197 (734) 487-1338 Directions: http://www.emich.edu/recim/directions.htm		
Times:	<u>Session</u>	<u>Warm-Up/Check-in Closes</u>	<u>First Event</u>
	Fri Evening	4:30pm / 4:45pm	5:30pm
	Sat Morning	7:30am / 7:45am	8:30am
	Sat Afternoon	12:30pm / 12:45pm	1:30pm
	Sat Evening	4:30pm / 4:45pm	Not before 5:30pm
	Sun Morning	7:30am / 7:45am	8:30am
	Sun Afternoon	12:30pm / 12:45pm	1:30pm
Motels:	Please consult your favorite travel website.		
Facilities:	The Michael Jones Pool in the Olds-Robb Student Recreation is a 10 lane 50 meter pool. Depth at start is 12'0" and 4'0" at turn. Permanent starting blocks and non-turbulent lane markers will be used. Daktronics timing with a 10 lane display will be used. A separate warm-up pool is available at the facility. There is ample balcony seating for spectators. Lockers are available (provide your own lock). The competition course has not been certified in accordance with 104.2.2C(4).		
Eligibility:	Cruisin' Into Summer is for those swimmers with "B" times or faster. Please see "Meet Format" Section for more specific information about qualifying times. All swimmers must be currently registered with United States of America Swimming (USA-S). A swimmer's age on May 15, 2015, will determine his/her eligibility for a particular age group.		

Deck Registration:	Unregistered swimmers must register on deck at this meet by turning in the athlete registration form and payment to the Meet Referee. The cost of registering on deck is double the normal fee (\$132.00 per swimmer for 2014-15 registration).
Meet Format:	<p>Cruisin' Into Summer is a six (6) session timed finals competition for athletes who have achieved "B" qualifying times for their events, as specified below.</p> <p>Minimum standards are USA Swimming "B" Time Standards for 10 & Under, 11-12, 13-14 & 15 & Older age groups in most events.</p> <p>For Open Events (excluding 800 Free), athletes must meet the 11-12, 13-14 or Open "B" standards as the event qualifying times, based on swimmer age and gender. For Open Events, athletes age 10 and under must meet the 11-12 "B" standard as the event qualifying time.</p> <p>The Open 800 Free (Events 27 & 28 on Saturday evening), will use the 13-14 or Open "B" standards as the event qualifying times, based on swimmer age and gender. For the Open 800 Free, athletes age 12 and under must meet the 13-14 "B" standard as the event qualifying time.</p>
Entry Limits:	Entries will be accepted on a first come first serve basis by date of email for electronic entries and date of receipt by the Administrative Official for hard copy entries until the Michigan Swimming Four (4) hour per session maximum time limit is met. As set forth in entry procedures below, (A) a hard copy of your club's entry summary sheet, (B) a hard copy of your club's signed release/waiver agreement (C) your club's certification of entered athletes and (D) your club's entry and entry fees must be received by the Entry Chair in a timely fashion prior to the start of the meet, or your swimmers will not be allowed to swim in the meet. Entries received after the four (4) hour per session time limit has been met will be returned even if received before the entry deadline.
Swimmers Without A Coach:	Any swimmer entered in the meet, unaccompanied by a USA-S member coach, must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
Individual Entry Limits:	Swimmers may enter and swim a maximum of two (2) events on Friday, three (3) events for Saturday (not including Saturday evening) and three (3) events for Sunday, for a maximum of nine (9) events for the entire meet.

Electronic Entries:	\$5.00 per individual event. Please include a \$1.00 Michigan Swimming surcharge for each swimmer entered. Make checks payable to: Plymouth Canton Cruisers.
Paper Entries:	MS rules regarding non-electronic entries apply. \$6.00 per individual event. There is a \$1.00 additional charge per individual event paid if the entry is not submitted in Hy-Tek format. The Michigan Swimming \$1.00 general surcharge for each swimmer also applies to paper entries. Paper entries may be submitted to the entry chair on a spreadsheet of your choice however the paper entry must be logically formatted and must contain all pertinent information to allow the entry chair to easily enter the swimmer(s) in the correct events with correct seed times.
Entry Procedures:	Entries may be submitted to the Administrative Official as of <i>April 24, 2015 at 8:00am.</i> The Administrative Official must receive all entries no later than 8:00am on May 1, 2015. Entries must include correct swimmer name (as registered with USA/MS Swimming), age and USA number. You can import the order of events and event numbers from the Michigan Swimming website (http://www.miswim.org/). All individual entries should be submitted via electronic mail to the Administrative Official at aobillcase@gmail.com. All entries will be processed in order by email date code or mail date code. Any entries submitted will be considered provisional until such time as the entry chairperson has received a hard copy of: (a) your club's entries (Team Manager Meet Entries Report), (b) a hard copy of your club's signed release/waiver agreement (c) your clubs signed certification of entered athletes and (d) your club's entry fees. This must be received in a timely fashion prior to the start of the meet or your swimmers will not be allowed to swim in the meet. The complete 2015 Cruisin' into Summer AB Meet entry packet with entry forms is available on the Michigan Swimming Website at http://www.miswim.org/ .
Refunds:	Once a team or individual entry has been received and processed by the Administrative Official there are no refunds in full or in part unless the "over qualification exception" applies (see MS Rules).
Entries:	Your club's Entry, Entry Summary Sheet, Release/Waiver, Certification of Entered Athletes and Check should be sent via U.S. mail or nationally recognized overnight courier to: Bill Case 11876 Beacon Hill Drive Plymouth, MI 48170 (734) 751-1702 aobillcase@gmail.com

Check In:	Check In will be available at least 15 minutes prior to the start of Warm-Up. Check in is mandatory for all events and is required by the time set forth in this meet announcement. Failure to check in will cause the swimmer to be scratched from all events in that session. Check in will close 15 minutes after the start of warm up for each session. Check in sheets will be posted in the hallway near the entrance to the locker rooms.
Scratch Rules:	<u>Prior</u> to check in close a swimmer may scratch events at the Clerk of Course. <u>After</u> check in closes, you must see the Deck Referee to scratch an event.
Marshaling:	This is a self-marshaled meet. Heat sheets will be posted in well-trafficked areas around the pool deck.
Seeding:	<p>Seeding will be done after positive check-in closes. Swimmers who fail to check in for an event will be scratched from that event.</p> <p>All events are timed finals and will be seeded slowest to fastest except for the 400 Free (Events 3, 4, 25 & 26 on Friday and Saturday evenings), the 400 IM (Events 5 & 6 on Friday evening), and the 800 Free (Events 27 & 28 on Saturday evening), which will be seeded fastest to slowest. In addition, the 800 Free (only) will alternate heats by gender, girls followed by boys.</p> <p>The Meet Referee reserves the right to combine genders and/or same stroke/distance events in order to reduce the number of heats.</p>
Deck Entries/ Time Trials:	<p>Deck entries may be accepted if time and space permit, and at the sole discretion of the Meet Referee and Meet Director. Deck entries are \$7.00 per individual event. Deck entries are subject to Michigan Swimming \$1.00 general surcharge if athlete is not already entered in the meet.</p> <p>For deck entries, registration status must be proven by providing a current USA Swimming membership card or a current print out of an athlete roster from the Club Portal, the Club Portal is located on the USA Swimming website. The athlete may also enter by showing their membership from USA Swimming's DECK PASS on a smart phone. Name, athlete ID and club affiliation should then be added to your database just as it appears on the card or list or the swimmer may compete unattached (UN) if they request to do so.</p> <p>Time Trials may be offered at the discretion of the Meet Referee and Meet Director. If offered, Time Trials will be \$7.</p>

Meet Programs/ Admissions:	Admission costs \$4.00 per person per day for individuals over the age of 12. There is no admission charge for children age 12 and under. Heat Sheets will be available for purchase (\$2) shortly after the beginning of each session.
Scoring:	No team scores will be kept.
Awards:	<p>Ribbons will be awarded to athletes age 12 and younger only. The top 8 swimmers in both the A and B divisions will be awarded.</p> <p>All awards will be given to coaches at the end of the Sunday session. Unattached swimmers may pick up their awards at the Awards Table after the completion of their last session. Awards will not be mailed.</p>
Results:	Complete meet results will be posted on the Michigan Swimming Website at http://www.miswim.org/ . Unofficial results will also be available on flash drive (HY-TEK Team Manager result file) upon request. Teams must provide their own flash drive.
Concessions:	Food and beverages will be available at the EMU concession counter in the Rec/IM lobby. No food or beverage will be allowed on the deck of the pool, in the locker rooms or in the spectator areas. A hospitality area will be available for coaches and officials.
Lost & Found:	Articles may be turned in/picked up at the Lost and Found table on deck. Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days (any longer period shall be in the sole discretion of the Meet Director).
Swimming Safety:	Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. The same rules will apply with respect to the warm-down pool and diving well. Penalties for violating these rules will be in the sole discretion of the Meet Referee which may include ejection from the meet.
Deck Personnel/ Locker Rooms/ Credentialing:	Only registered and current coaches, athletes, officials and meet personnel are allowed on the deck or in locker rooms. Access to the pool deck may only be granted to any other individual in the event of emergency through approval by the Meet Director or the Meet Referee. The General Chair of MS and the Program Operations Vice-Chair of MS are authorized deck personnel at all MS meets. Personal assistants/helpers of athletes with a disability shall be permitted when requested by an athlete with a disability or a coach of an athlete with a disability.

	<p>Lists of registered coaches, certified officials and meet personnel will be placed outside the entrance to the hallway leading to the locker rooms. Meet personnel will check the list of approved individuals and issue a credential to be displayed at all times during the meet. This credential will include the host team (PCC) as well as the function of the individual being granted access to the pool deck (Coach, Official, Timer, or Meet Personnel). In order to obtain a credential, Coaches and Officials must be current in all certifications through the final date of the meet. Meet personnel must return the credential at the conclusion of working each day and be reissued a credential daily.</p> <p>All access points to the pool deck and locker rooms will either be secured or staffed by a meet worker checking credentials throughout the duration of the meet.</p>
Swimmers with Disabilities:	All swimmers are encouraged to participate. If any of your swimmers have special needs or requests please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.
General Info:	Any errors or omissions in the program will be documented and signed by the Meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting.
First Aid:	Supplies will be kept on deck with the EMU Rec/IM personnel.
Facility Items:	<ul style="list-style-type: none"> (A) No smoking is allowed in the building or on the grounds of Eastern Michigan University. (B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms. (C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions. (D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection at the <i>EMU Rec/IM</i>. (E) To comply with USA Swimming privacy and security policy, the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. (F) Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.
Meet Director:	Matt Pulick / (313) 475-5596 / mpulick@walbridge.com

Meet Referee:	Jeff Wilkins / (313) 574-3638 / Jeffrey.Wilkins@comcast.net
Safety Marshal:	Mike Breda / (248) 635-2387 / mbbreda@wowway.com
Admin. Official:	Bill Case / (734) 751-1702 / aobillcase@gmail.com

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May 15-17, 2015

Friday, May 15th Evening Events		
Warm-up: 4:30pm		Events: 5:30pm
Girls	Event	Boys
1	12 & Under 200IM	2
3	11 & Older 400 Free	4
5	11 & Older 400 IM	6

Saturday, May 16th Morning Events		
Warm-Up: 7:30am		Events: 8:30am
Girls	Event	Boys
7	14 & Under 200 Free	8
9	14 & Under 50 Breast	10
11	14 & Under 100 Butterfly	12
13	14 & Under 50 Backstroke	14

Saturday, May 16th Afternoon Events		
Warm-Up: 12:30pm		Events: 1:30pm
Girls	Event	Boys
15	Open 200 Free	16
17	Open 100 Butterfly	18
19	Open 200 Breaststroke	20
21	Open 100 Backstroke	22
23	Open 50 Free	24

Saturday, May 16th Evening Event		
Warm-Up: 4:30pm (Club Pool)		Events: Not before 5:30pm
No Earlier Than 30 Minutes After Sat Afternoon Session		
Girls	Event	Boys
25	12 & Under 400 Free	26
27	Open 800m Freestyle	28

Sunday, May 17th Morning Events		
Warm-Up: 7:30am		Events: 8:30am
Girls	Event	Boys
29	14 & Under 100 Free	30
31	14 & Under 50 Butterfly	32
33	14 & Under 100 Breaststroke	34
35	14 & Under 50 Freestyle	36
37	14 & Under 100 Backstroke	38

Sunday, May 17th Afternoon Events		
Warm-Up: 12:30pm		Events: 1:30pm
Girls	Event	Boys
39	Open 200 IM	40
41	Open 100 Breaststroke	42
43	Open 200 Butterfly	44
45	Open 100 Freestyle	46
47	Open 200 Backstroke	48

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Time Standards

10 & Under Girls				10 & Under Boys		13 & 14 Girls				13 & 14 Boys	
B	A			A	B	B	A			A	B
44.99*	36.29*	50	Free	35.69*	43.79*	37.59*	32.19*	50	Free	29.49*	34.39*
1:43.09*	1:21.19*	100	Free	1:20.39*	1:41.29*	1:21.29*	1:09.69*	100	Free	1:05.29*	1:16.19*
3:48.49*	2:58.39*	200	Free	2:51.89*	3:34.79*	2:55.19*	2:30.19*	200	Free	2:21.99*	2:45.69*
7:37.29	6:05.89	400	Free	5:59.59*	7:29.49*	6:07.39*	5:14.89*	400	Free	5:02.69*	5:53.19*
55.69*	43.49*	50	Back	43.29*	55.69*	12:36.0	10:47.99	800	Free	10:29.39	12:14.3
2:01.89*	1:34.79*	100	Back	1:31.69*	1:56.09*	1:30.09*	1:17.19*	100	Back	1:12.89*	1:24.99*
1:01.29*	48.09*	50	Breast	48.19*	1:01.19*	3:13.19*	2:45.59*	200	Back	2:36.79*	3:02.99*
2:16.89*	1:46.49*	100	Breast	1:44.69*	2:11.99*	1:42.89*	1:28.19*	100	Breast	1:21.29	1:34.89
54.39*	41.49*	50	Fly	40.89*	52.79*	3:42.59*	3:10.79*	200	Breast	2:59.49*	3:29.49*
2:11.19*	1:36.79*	100	Fly	1:36.09*	2:09.39*	1:28.09*	1:15.49*	100	Fly	1:10.39*	1:22.19*
4:10.09*	3:17.59*	200	IM	3:16.89*	4:08.09*	3:13.29*	2:45.69*	200	Fly	2:36.59*	3:02.59*
						3:19.49*	2:50.99*	200	IM	2:40.39*	3:07.09*
						7:00.49*	6:00.39*	400	IM	5:40.39*	6:37.09*
11 & 12 Girls				11 & 12 Boys		15 & Older Girls				15 & Older Boys	
B	A			A	B	B	A			A	B
38.69*	33.39*	50	Free	32.49*	37.79*						
1:24.99*	1:12.89*	100	Free	1:10.49*	1:22.19*						
3:03.79*	2:37.59*	200	Free	2:33.39*	2:58.99*	36.99*	31.69*	50	Free	27.89*	32.59*
6:23.89*	5:29.09*	400	Free	5:21.89*	6:15.49*	1:19.79*	1:08.39*	100	Free	1:02.19*	1:12.59*
13:27.89*	11:32.49*	800	Free	11:22.69*	13:16.49*	2:51.79	2:27.19	200	Free	2:16.49*	2:39.19*
44.89*	38.49*	50	Back	37.99*	44.89*	6:00.39	5:08.89	400	Free	4:48.69*	5:36.79*
1:38.89	1:23.29	100	Back	1:22.39*	1:37.79*	12:23.29	10:37.09	800	Free	10:00.69*	11:40.79*
3:27.69*	2:57.99*	200	Back	2:53.79*	3:22.79*	1:28.69*	1:15.99*	100	Back	1:09.69*	1:21.29*
49.09	42.09	50	Breast	41.99*	49.89*	3:09.29*	2:42.29*	200	Back	2:28.89*	2:53.79*
1:49.99	57:36.0	100	Breast	1:31.69*	1:48.29*	1:14.09	1:26.69	100	Breast	1:18.89*	1:31.99*
3:54.59*	3:21.09*	200	Breast	3:17.09*	3:49.99*	3:36.59	3:05.69	200	Breast	2:49.99*	3:18.29*
41.79*	35.79*	50	Fly	35.89*	42.69*	1:26.09*	1:13.89*	100	Fly	1:07.09*	1:18.19*
1:37.49*	1:21.89*	100	Fly	1:20.39*	1:36.19*	3:09.39*	2:42.29*	200	Fly	2:29.09*	2:53.89*
3:29.09	2:59.29	200	Fly	2:53.59*	3:22.49*	3:14.19*	2:46.39*	200	IM	2:32.79*	2:58.19*
3:28.39*	2:58.59*	200	IM	2:55.89*	3:26.99*	5:47.89*	5:49.69*	400	IM	5:24.49*	6:18.59*
7:23.79*	6:20.39*	400	IM	6:11.49*	7:13.49*						

RELEASE AND WAIVER
Sanction Number: MI1415097

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Club Code:

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Meet Evaluation Form

Name of Meet 2015 Cruisin' Into Summer AB Meet

Date of Meet May 15-17, 2015

Host of Meet Plymouth Canton Cruisers (PCC)

Place of Meet Eastern Michigan University

Who do you represent (circle)? Host Club Visiting Club Unattached

Describe yourself (circle) Athlete Coach Official Meet Worker Spectator

Please rate the overall quality of this meet:

(Please write any compliments or suggestions below or on the reverse side)

	Low			High	
1. Swimming pool (e.g., water quality, ventilation)	1	2	3	4	5
2. Equipment (e.g., timing system, PA system):	1	2	3	4	5
3. Swimmer facilities (e.g., locker rooms, rest areas):	1	2	3	4	5
4. Spectator facilities (e.g., seating, rest rooms):	1	2	3	4	5
5. Meet services (e.g., concessions, admissions):	1	2	3	4	5
6. Officiating	1	2	3	4	5
7. Awards and award presentations:	1	2	3	4	5
8. Safety provisions:	1	2	3	4	5
9. Overall success of the meet:	1	2	3	4	5
10. Other (please specify):	1	2	3	4	5

Return this completed evaluation to a representative of the Meet Host. Thank you.