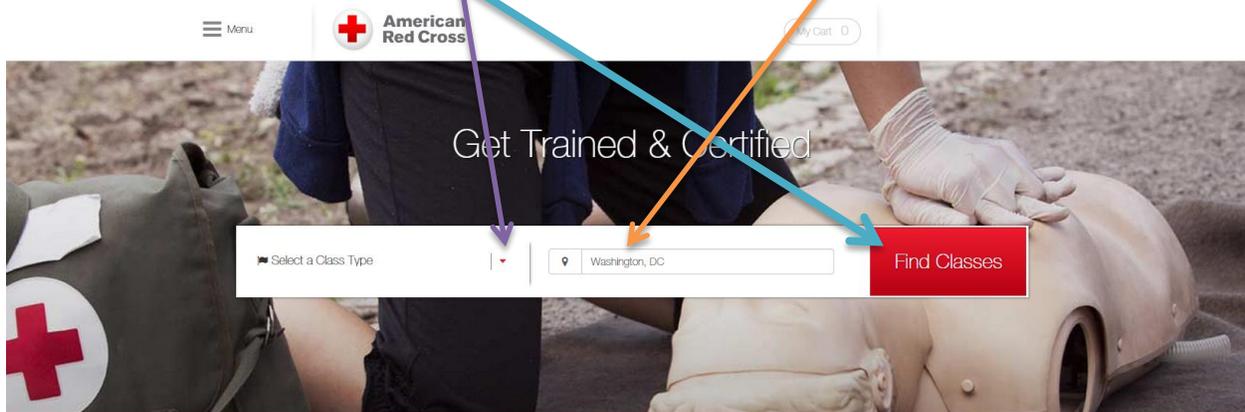


## HOW TO ACCESS STSC ONLINE CONTENT ONLY COURSE:

[WWW.REDCROSS.ORG/TAKEAClass](http://WWW.REDCROSS.ORG/TAKEAClass)

1. Click on Select a Class Type
2. Scroll down and select **“Aquatics”**
3. You can skip the “Washington DC” default because STSC is an online course; location doesn’t matter.
4. Then click on Find Classes



### Why Train with the Red Cross?

Training people how to respond to and prepare for emergencies is a core mission of the American Red Cross. We offer a range of health and safety classes that teach you new skills, keep you knowledgeable, confident and ready to respond in almost any emergency situation. With classes across all key areas of training, available online and in classrooms across the country, the Red Cross delivers the training you seek, when and how you need it.

#### Discover Our Top Programs:

- First Aid, CPR and AED
- Healthcare and Public Safety
- Aquatics
- Babysitting and Child Care

If you scroll further down this home page, you will see the option to select **“Aquatics”**. This is NOT a shortcut! It will take you somewhere that is more difficult to get to where you want to be. Resist the urge to use this option.

Continued on next page.....

- On the next screen, be sure to UNCHECK “Lifeguarding” or you will end up with a long list of lifeguarding classes that you don’t need to scroll through.
- Next, click on “Coaches Training”.

Menu **American Red Cross** My Cart 0

Edit My Choices Sort Results by: Date

1 Select Class 2 Class Type + Location 3 Class Time + Day

Aquatics Any, 50 Miles of Washington, DC Anytime

Program Types

- First Aid, CPR and AED
- Healthcare and Public
- Safety
- Babysitting and Child Care
- Aquatics 1**
- Instructor Training
- B2B Group Training

Choose your preferred classes

Lifeguarding	<input checked="" type="checkbox"/>	Small Craft	<input type="checkbox"/>
Lifeguard Management	<input type="checkbox"/>	Coaches Training	<input type="checkbox"/>
Swim Lessons	<input type="checkbox"/>	Water Safety	<input type="checkbox"/>

Total of 57 Classes Available | Click to Chat Show Search Results ^

MAR 28 SAT +1 Lifeguarding Rockville, MD Classroom \$375 Register

- As soon as you check “Coaches Training”, STSC Online Content Only appears at the bottom of the screen. You’re there! Tell the coach to click on “Take This Class”.

Menu **American Red Cross** My Cart 0

Edit My Choices Sort Results by: Date

1 Select Class 2 Class Type + Location 3 Class Time + Day

Aquatics Any, 50 Miles of Washington, DC Anytime

Program Types

- First Aid, CPR and AED
- Healthcare and Public
- Safety
- Babysitting and Child Care
- Aquatics 1**
- Instructor Training
- B2B Group Training

Choose your preferred classes

Lifeguarding	<input type="checkbox"/>	Small Craft	<input type="checkbox"/>
Lifeguard Management	<input type="checkbox"/>	Coaches Training	<input checked="" type="checkbox"/>
Swim Lessons	<input type="checkbox"/>	Water Safety	<input type="checkbox"/>

Total of 1 Classes Available | Click to Chat Show Search Results ^

Safety Training for Swim Coaches Online Content Only This class can be taken anytime at your convenience. Online \$19 Take This Class

Here are the steps, without the visuals:

1. [www.redcross.org/takeaclass](http://www.redcross.org/takeaclass)
2. Select a Class Type > **Aquatics** > Find Classes
3. **Uncheck** Lifeguarding > check **Coaches Training**
4. STSC Online Content Only appears as only option at bottom of screen > **Take This Class**