

BEAT THE HEAT CHALLENGE
ABC Meet
Hosted By: Saginaw Bay Y Sharks
July 11, 12 & 13, 2014

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| Sanction: | This meet is sanctioned by Michigan Swimming, Inc. (MS), as a timed final meet on behalf of USA Swimming (USA-S), Sanction Number MI1314106. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. MS rules, safety, and warm up procedures will govern the meet as if fully set forth in these meet rules. | | | | | | | | | | | | | | | |
| Location: | Bay County Community Center, 800 JF Kennedy Drive, Bay City, Michigan 48706. | | | | | | | | | | | | | | | |
| Times: | <table style="width: 100%; border: none;"> <tr> <td style="width: 33%;">Friday July 11.</td> <td style="width: 33%;">Warm-up: 4:00 PM</td> <td style="width: 33%;">Start: 5:00 PM</td> </tr> <tr> <td>Saturday July 12</td> <td>Warm-up: 7:30 AM</td> <td>Start: 8:30 AM</td> </tr> <tr> <td>Saturday July 12</td> <td>Warm-up: 12:30 PM</td> <td>Start: 1:30 PM</td> </tr> <tr> <td>Sunday July 13:</td> <td>Warm-up: 7:30 AM</td> <td>Start: 8:30 AM</td> </tr> <tr> <td>Sunday July 13:</td> <td>Warm-up: 12:30 PM</td> <td>Start: 1:30 PM</td> </tr> </table> | Friday July 11. | Warm-up: 4:00 PM | Start: 5:00 PM | Saturday July 12 | Warm-up: 7:30 AM | Start: 8:30 AM | Saturday July 12 | Warm-up: 12:30 PM | Start: 1:30 PM | Sunday July 13: | Warm-up: 7:30 AM | Start: 8:30 AM | Sunday July 13: | Warm-up: 12:30 PM | Start: 1:30 PM |
| Friday July 11. | Warm-up: 4:00 PM | Start: 5:00 PM | | | | | | | | | | | | | | |
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| Sunday July 13: | Warm-up: 7:30 AM | Start: 8:30 AM | | | | | | | | | | | | | | |
| Sunday July 13: | Warm-up: 12:30 PM | Start: 1:30 PM | | | | | | | | | | | | | | |
| Motels: | <p>Fairfield Inn 4105 E Wilder Rd, Bay City, MI (989-667-7050) Room Block under SBYS (\$99 + tax/night). Block deadline 6/12/2013.</p> <p>Holiday Inn Express, 3959 Traxler Court, Bay City, MI (989-667-3800) Room Block under SBYS (\$99+ tax/night). Block deadline 6/11/2014.</p> <p>DoubleTree Hotel, 1 Wenonah Park Place, Bay City, MI (989-891-6000) Room block under SBYS (\$124/night). Block deadline 6/13/2014</p> | | | | | | | | | | | | | | | |
| Facilities: | The Bay County Community Center Pool is a 6 lane 50 meter outdoor pool with a diving well which will be available for supervised warm-up and warm down. Depth at start is 6' 6" and 3' 6" at turn. Permanent starting blocks and non-turbulent lane markers will be used. Colorado timing with a one lane display will be used. There is limited bleacher seating for spectators and they are urged to bring their own deck chairs. Lockers are available (provide your own lock). Public phones will be available. The competition course has not been certified in accordance with 104.2.2C(4). | | | | | | | | | | | | | | | |

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| Eligibility: | Beat The Heat Challenge is an "ABC" format. All swimmers must be currently registered with United States of America Swimming (USA-S). A swimmer's age on July 11, 2014 will determine his/her eligibility for a particular age group. |
| Deck Registration: | Unregistered swimmers <i>must</i> register on deck at this meet <i>by turning in the athlete registration form and payment to the Meet Referee. The cost of registering on deck is double the normal fee (\$124.00 per swimmer for 2013-14 registration).</i> |
| Meet Format: | The Beat The Heat Challenge is a timed finals format. 10 & Under's and 11-12 boys and girls swim in the AM sessions and the 13-14 and Open boys and girls will swim in the PM sessions. |
| Entry Limits: | Entries will be accepted on a first come first serve basis by date of email for electronic entries and date of receipt by the entry chair for hard copy entries until the Michigan Swimming Four (4) hour per session maximum time limit is met. As set forth in entry procedures below, (A) a hard copy of your club's entry summary sheet, (B) a hard copy of your club's signed release/waiver agreement (C) your club's certification of entered athletes and (D) your club's entry and entry fees must be received by the Entry Chair in a timely fashion prior to the start of the meet, or your swimmers will not be allowed to swim in the meet. Entries received after the four (4) hour per session time limit has been met will be returned even if received before the entry deadline. |
| Swimmers Without A Coach: | Any swimmer entered in the meet, unaccompanied by a USA-S member coach, must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. |
| Individual Entry Limits: | Swimmers may enter a maximum of 2 events on Friday evening and a maximum of 3 events per day on Saturday and Sunday. Saginaw Bay Y Sharks reserves the right to limit the number of heats of the Open 800 Free to comply with time limits. Should the 4 hour time limit not be met within 72 hrs the number of entries will be increased to 5 entries. |

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| Electronic Entries: | \$5.00 per individual event. Please include a \$1.00 Michigan Swimming surcharge for each swimmer entered. Make checks payable to: Saginaw Bay Y Sharks. |
| Paper Entries: | MS rules regarding non-electronic entries apply. \$6.00 per individual event. There is a \$1.00 additional charge per individual event paid if the entry is not submitted in Hy-Tek format. The Michigan Swimming \$1.00 general surcharge for each swimmer also applies to paper entries. Paper entries may be submitted to the entry chair on a spreadsheet of your choice however the paper entry <i>must</i> be logically formatted and must contain all pertinent information to allow the entry chair to easily enter the swimmer(s) in the correct events with correct seed times. |
| Entry Procedures: | Entries may be submitted to the entry chairperson as of 8:00 am June 16, 2014. The entry chairperson must receive all entries no later than July 2, 2014. Entries must include correct swimmer name (as registered with USA/MS Swimming), age and USA number. You can import the order of events and event numbers from the Michigan Swimming website (http://www.miswim.org/). All individual entries should be submitted via electronic mail to the entry chairperson at vsvillalon@yahoo.com . All entries will be processed in order by email date code or mail date code. Any entries submitted will be considered provisional until such time as the entry chairperson has received a hard copy of: (a) your club's entries (Team Manager Meet Entries Report), (b) a hard copy of your club's signed release/waiver agreement (c) your clubs signed certification of entered athletes and (d) your club's entry fees. This must be received in a timely fashion prior to the start of the meet or your swimmers will not be allowed to swim in the meet. The complete Beat The Heat Challenge entry packet with entry forms is available on the Michigan Swimming Website at http://www.miswim.org/ |
| Refunds: | Once a team or individual entry has been received and processed by the entry chair there are no refunds in full or in part unless the "over qualification exception" applies (see MS Rules). |

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| Entry Chair: | Your club's Entry, Entry Summary Sheet, Release/Waiver, Certification of Entered Athletes and Check should be sent via U.S. mail or nationally recognized overnight courier to: Tina Dowe Saginaw YMCA 1915 Fordney Saginaw, MI email: TDowe@saginawymca.org Telephone: 989- 753-7721 ext 215 |
| Check In: | Check In will be available as of 30 minutes before warm-ups begin and will close 15 minutes after the start of warm-ups. Check in is mandatory for all events and is required by the time set forth in this meet announcement. Failure to check in will cause the swimmer to be scratched from all events in that session. . Check in sheets will be posted at the west end of the gymnasium. |
| Scratch Rules: | <u>Prior</u> to check in close a swimmer may scratch events at the Clerk of Course. <u>After</u> check in closes, you must see the Meet Referee to scratch an event. |
| Marshaling: | All sessions will be self marshaled. |
| Seeding: | Seeding will be done after check in closes. Swimmers who fail to check in for an event will be scratched from that event. All events are timed finals and will be seeded slowest to fastest other than the 800 meter freestyle and the 400 meter freestyle which will be seeded fastest to slowest (alternating genders-women/men). |

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| <p>Deck Entries / Time Trials:</p> | <p>Deck entries will be offered if time is available within the Michigan Swimming four hour per session maximum time limit. This will be at the discretion of the Meet Director and the Meet Referee. For deck entries, registration status must be proven by providing current USA Swimming membership card or a current print out of athlete roster from club portal. The club portal is located on the USA Swimming website. Deck entries are \$7.50 per event and will be subject to the Michigan Swimming \$1.00 general surcharge. If you need to deck enter a swimmer please do so at the sign-in table in the gym.</p> <p>Time Trials will be offered if time is available within the Michigan Swimming four hour per session maximum time limit. This will be at the discretion of the Meet Director and Meet Referee. Time Trials are \$7.50 per event and will be subject to the Michigan Swimming \$1.00 general surcharge. You may inquire about Time Trials at the sign-in table in the gym. Time trials count toward the individual entry limit for each day. If need be, events can be scratch from regularly entered events.</p> |
| <p>Meet Programs / Admissions:</p> | <p>Admission is \$5.00 per person over the age of 12. Children 12 and under, with Adult, are free. Full three day meet programs are \$5.00.</p> |
| <p>Scoring:</p> | <p>No individual or team scoring will be kept.</p> |
| <p>Awards:</p> | <p>Medals will be awarded for 1st – 3rd places and ribbons 4th – 8th places for all 12 and under events. No awards will be given for 13 and over events. All awards must be picked up by the coach at the end of the meet – they will not be mailed.</p> |
| <p>Results:</p> | <p>Complete meet results will be posted on the Michigan Swimming Website at http://www.miswim.org/. Results will also be available on flash drive (HY-TEK Team Manager result file) upon request. Teams must provide their own flash drive.</p> |
| <p>Concessions:</p> | <p>Food and beverages will be available in the gymnasium during warm-ups and swimming competition. No food or beverage will be allowed on the deck of the pool, in the locker rooms or in the spectator areas. A hospitality area will be available for coaches and officials.</p> |
| <p>Lost and Found:</p> | <p>Articles may be turned in/picked up in the gymnasium. Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days (any longer period shall be at the sole discretion of the Meet Director).</p> |

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| <p>Swimming Safety:</p> | <p>Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. The same rules will apply with respect to the warm-down pool and diving well. Penalties for violating these rules will be in the sole discretion of the Meet Referee which may include ejection from the meet.</p> |
| <p>Deck Personnel / Locker Rooms / Credentialing:</p> | <p>Only registered and current coaches, athletes, officials and meet personnel are allowed on the deck or in locker rooms. Access to the pool deck may only be granted to any other individual in the event of emergency through approval by the Meet Director or the Meet Referee. The General Chair of MS and the Program Operations Vice-Chair of MS are authorized deck personnel at all MS meets. Personal assistants/helpers of athletes with a disability shall be permitted when requested by an athlete with a disability or a coach of an athlete with a disability.</p> <p>Lists of registered coaches, certified officials and meet personnel will be placed outside the entrance to the locker rooms / pool deck. Meet personnel will check the list of approved individuals and issue a credential to be displayed at all times during the meet. This credential will include the host team logo as well as the function of the individual being granted access to the pool deck (Coach, Official, Timer, or Meet Personnel). In order to obtain a credential, Coaches and Officials must be current in all certifications through the final date of the meet. Meet personnel must return the credential at the conclusion of working each day and be reissued a credential daily.</p> <p>Access points to the north side pool deck from the girls locker rooms to lane one start end will either be secured or staffed by a meet worker checking credentials throughout the duration of the meet.</p> |
| <p>Swimmers with Disabilities:</p> | <p>All swimmers are encouraged to participate. If any of your swimmers have special needs or requests please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.</p> |
| <p>General Info:</p> | <p>Any errors or omissions in the program will be documented and signed by the meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting.</p> |
| <p>First Aid:</p> | <p>Supplies will be kept in lifeguard office near the scorer's table.</p> |

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| Facility Items: | <p>(A) No smoking is allowed in the building or on the grounds of Bay County Community Center and Veterans Memorial Park.</p> <p>(B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.</p> <p>(C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.</p> <p>(D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection at the Bay County Community Center Office.</p> <p>(E) To comply with USA Swimming privacy and security policy, the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.</p> <p>(F) Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.</p> |
| Meet Director: | Tina Dowe email: TDowe@saginawymca.org Telephone: 989- 753-7721 ext 215 |
| Meet Referee: | Dan Meconis e-mail: Daniel.meconis@sbcglobal.net Telephone: 248- 417-9703 |
| Safety Marshal: | Andre Borrella e-mail: jborrello@gmail.com Telephone: 989-245-5182 |
| Administrative Official: | Vincent Villalon vsvillalon@yahoo.com |
| Entry Chair: | Vincent Villalon vsvillalon@yahoo.com |

BEAT THE HEAT CHALLENGE
ABC Meet
Hosted By: Saginaw Bay Y Sharks
July 11, 12 & 13, 2014
Sanction Number MI1314106

SCHEDULE OF EVENTS:

Friday Evening Events, Warm-up: 4:00p.m., Events: 5:00 p.m.

Check In 3:30 PM to 4:15 PM

| <u>Girls</u> | | <u>Boys</u> |
|----------------|---------------|----------------|
| <u>Event #</u> | <u>Event</u> | <u>Event #</u> |
| 1 | 13-14 200 IM | 2 |
| 3 | Open 200 IM | 4 |
| 5 | 13-14 400 IM | 6 |
| 7 | Open 400 IM | 8 |
| 9 | Open 800 Free | 10 |

Saturday Morning Events, Warm-up: 7:30 a.m., Events: 8:30 a.m.

Check In 7:00 AM to 7:45 AM

| <u>Girls</u> | | <u>Boys</u> |
|----------------|-----------------------|----------------|
| <u>Event #</u> | <u>Event</u> | <u>Event #</u> |
| 11 | 10 & Under 200 Free | 12 |
| 13 | 11-12 200 Free | 14 |
| 15 | 10 & Under 100 Back | 16 |
| 17 | 11-12 100 Back | 18 |
| 19 | 8 & Under 50 Free | 20 |
| 21 | 9-10 50 Free | 22 |
| 23 | 11-12 50 Free | 24 |
| 25 | 10 & Under 100 Breast | 26 |
| 27 | 11-12 100 Breast | 28 |
| 29 | 8 & Under 50 Fly | 30 |
| 31 | 9-10 50 Fly | 32 |
| 33 | 11-12 50 Fly | 34 |
| 35 | 12 & Under 200 IM | 36 |

Saturday Afternoon Events, Warm-up: 12:30 p.m., Events: 1:30 p.m.

Check In 12:00 noon to 12:45 PM

| <u>Girls</u> | | <u>Boys</u> |
|-----------------|------------------|----------------|
| <u>Events #</u> | <u>Event</u> | <u>Event #</u> |
| 37 | 13-14 100 Back | 38 |
| 39 | Open 100 Back | 40 |
| 41 | 13-14 200 Breast | 42 |
| 43 | Open 200 Breast | 44 |
| 45 | 13-14 100 Free | 46 |
| 47 | Open 100 Free | 48 |
| 49 | 13-14 200 Fly | 50 |
| 51 | Open 200 Fly | 52 |
| 53 | 13-14 50 Free | 54 |
| 55 | Open 50 Free | 56 |

BEAT THE HEAT CHALLENGE
ABC Meet
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Sanction Number MI1314106

Sunday Morning Events, Warm-up: 7:30 a.m., Events: 8:30 a.m.

Check In 7:00 AM to 7:45 AM

| <u>Girls</u> <u>Event #</u> | <u>Event</u> | <u>Boys</u> <u>Event #</u> |
|--------------------------------|---------------------|-------------------------------|
| 57 | 8 & Under 50 Back | 58 |
| 59 | 9-10 50 Back | 60 |
| 61 | 11-12 50 Back | 62 |
| 63 | 8 & Under 100 Free | 64 |
| 65 | 9-10 100 Free | 66 |
| 67 | 11-12 100 Free | 68 |
| 69 | 8 & Under 50 Breast | 70 |
| 71 | 9-10 50 Breast | 72 |
| 73 | 11-12 50 Breast | 74 |
| 75 | 9-10 100 Fly | 76 |
| 77 | 11-12 100 Fly | 78 |
| 79 | 10 & Under 400 Free | 80 |
| 81 | 12 & Under 400 Free | 82 |

Sunday Afternoon Events, Warm-up: 12:30 p.m., Events: 1:30 p.m.

Check In 12:00 noon to 12:45 PM

| <u>Girls</u> <u>Event #</u> | <u>Event</u> | <u>Boys</u> <u>Event #</u> |
|--------------------------------|------------------|-------------------------------|
| 83 | 13-14 200 Free | 84 |
| 85 | Open 200 Free | 86 |
| 87 | 13-14 100 Fly | 88 |
| 89 | Open 100 Fly | 90 |
| 91 | 13-14 200 Back | 92 |
| 93 | Open 200 Back | 94 |
| 95 | 13-14 100 Breast | 96 |
| 97 | Open 100 Breast | 98 |
| 99 | 13-14 400 Free | 100 |
| 101 | Open 400 Free | 102 |

Meet Evaluation Form
Sanction Number MI1314106

Name of Meet Beat the Heat

Date of Meet July 11, 12 & 13, 2014

Host of Meet Saginaw Bay Y Sharks

Place of Meet Bay County Community Center

Who do you represent (circle)? the host club a visiting club unattached

Describe yourself (circle) athlete coach official meet worker spectator

Please rate the overall quality of this meet:

(Please write any compliments or suggestions below or on the reverse side)

| | Low | | | High | |
|---|-----|---|---|------|---|
| | | | | | |
| 1. Swimming pool (e.g., water quality, ventilation) | 1 | 2 | 3 | 4 | 5 |
| <hr/> | | | | | |
| 2. Equipment (e.g., timing system, PA system): | 1 | 2 | 3 | 4 | 5 |
| <hr/> | | | | | |
| 3. Swimmer facilities (e.g., locker rooms, rest areas): | 1 | 2 | 3 | 4 | 5 |
| <hr/> | | | | | |
| 4. Spectator facilities (e.g., seating, rest rooms): | 1 | 2 | 3 | 4 | 5 |
| <hr/> | | | | | |
| 5. Meet services (e.g., concessions, admissions, programs): | 1 | 2 | 3 | 4 | 5 |
| <hr/> | | | | | |
| 6. Officiating | 1 | 2 | 3 | 4 | 5 |
| <hr/> | | | | | |
| 7. Awards and award presentations: | 1 | 2 | 3 | 4 | 5 |
| <hr/> | | | | | |
| 8. Safety provisions: | 1 | 2 | 3 | 4 | 5 |
| <hr/> | | | | | |
| 9. Overall success of the meet: | 1 | 2 | 3 | 4 | 5 |
| <hr/> | | | | | |
| 10. Other (please specify): | 1 | 2 | 3 | 4 | 5 |
| <hr/> | | | | | |

Return this completed evaluation to a representative of the Meet Host. Thank you.

Meet Host: Copy all of these submitted Meet Evaluations to the current Program Operations Vice-Chair and the Michigan Swimming Office within 30 days.