

Attachment 8 – 2017 MS Swim Guide
Michigan Swimming, Inc.
Long Course State Championship Meet Standards

GIRLS			EVENT	BOYS		
SCY	SCM	LCM	10 & UNDER	LCM	SCM	SCY
30.99*	34.59	35.09	50 Freestyle	36.99	36.49	31.29*
1:08.89*	1:17.39	1:18.29	100 Freestyle	1:21.69	1:20.79	1:09.49*
2:29.39*	2:50.19	2:51.19	200 Freestyle	2:58.79	2:57.79	2:32.89*
6:40.09*	6:01.89	6:05.69	400/500 Freestyle	6:28.99	6:25.19	6:52.79*
36.39*	42.09	42.79	50 Backstroke	44.29	43.59	37.49*
1:18.49*	1:29.69	1:31.19	100 Backstroke	1:34.39	1:32.89	1:20.89*
41.69*	48.59	49.19	50 Breaststroke	52.19	51.59	43.29*
1:31.09*	1:45.19	1:46.69	100 Breaststroke	1:52.59	1:51.09	1:33.99*
35.09*	39.59	40.19	50 Butterfly	43.69	43.09	36.09*
1:22.89*	1:38.49	1:39.79	100 Butterfly	1:44.99	1:43.69	1:27.09*
2:51.19*	3:14.19	3:17.79	200 Individual Medley	3:27.49	3:23.89	2:56.49*
2:10.99*	2:32.39	2:37.99	200 Free Relay *	2:39.49	2:33.49	2:13.99*
2:30.99*	2:55.19	3:03.09	200 Medley Relay *	3:15.29	3:06.39	2:41.99*

GIRLS			EVENT	BOYS		
SCY	SCM	LCM	11 - 12	LCM	SCM	SCY
27.49*	31.09	31.59	50 Freestyle	32.29	31.79	27.69*
1:00.29*	1:07.99	1:08.89	100 Freestyle	1:11.09	1:10.19	1:00.19*
2:11.69*	2:29.79	2:30.79	200 Freestyle	2:35.49	2:34.49	2:12.49*
5:51.49*	5:12.19	5:16.09	400/500 Freestyle	5:23.09	5:19.29	5:55.89*
12:19.99*	10:55.49*	11:15.99*	800/1000 Freestyle	11:59.99*	11:21.99*	12:59.99*
20:55.99*	20:46.99*	21:35.99*	1500/1650 Freestyle	22:09.99*	21:35.99*	21:35.99*
31.89*	36.19	36.89	50 Backstroke	38.69	37.99	32.39*
1:08.49*	1:17.89	1:19.39	100 Backstroke	1:22.69	1:21.19	1:10.09*
2:28.39*	2:45.59	2:52.59	200 Backstroke	2:59.19	2:56.19	2:31.29*
36.19*	41.29	41.89	50 Breaststroke	43.79	43.19	36.19*
1:18.59*	1:29.49	1:30.99	100 Breaststroke	1:34.29*	1:32.79	1:19.99*
2:50.69*	3:12.89	3:16.39	200 Breaststroke	3:24.19	3:20.69	2:53.29*
30.49*	33.59	34.19	50 Butterfly	36.19	35.59	30.89*
1:08.89*	1:18.49	1:19.79	100 Butterfly	1:26.39	1:25.09	1:10.49*
2:42.49*	3:14.39	3:17.69	200 Butterfly	3:30.29	3:26.99	2:47.19*
2:29.39*	2:50.39	2:53.99	200 Individual Medley	2:58.89	2:55.29	2:31.09*
5:22.49*	6:05.89	6:13.99	400 Individual Medley	6:41.79	6:33.69	5:25.19*
1:52.99*	2:08.29	2:12.89	200 Free Relay **	2:19.89	2:15.09	1:56.99*
2:08.99*	2:24.59	2:31.29	200 Medley Relay **	2:39.89	2:32.89	2:14.99*

**** 11-12 age groups may use the 200 Free Relay and the 200 Medley Relay standards as qualifying times for the 400 Free and the 400 Medley Relays at this meet.**

Qualifying Period is 1/1/2016 through the entry deadline.

Athletes who have swum a time equal to or faster than the time in any event listed here (in any Course) during the qualifying period are qualified to swim the event at this meet.

*** Standard changed from last year**