

**Tulip City A-B-C Invite**  
**Hosted By: Michigan Lakeshore Aquatics**  
**May 16-18, 2014**

<b>Sanction:</b>	This meet is sanctioned by Michigan Swimming, Inc. (MS), as a <b><i>timed final</i></b> meet on behalf of USA Swimming (USA-S), Sanction Number <b>MI1314082</b> . In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. MS rules, safety, and warm up procedures will govern the meet as if fully set forth in these meet rules.																		
<b>Location:</b>	Holland Community Aquatic Center 550 Maple Ave Holland, MI 49423																		
<b>Times:</b>	<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 33%;">Friday, May 16, Afternoon</td> <td style="width: 33%;">Warm-up 3:30 P.M.</td> <td style="width: 33%;">Start 4:30 P.M.</td> </tr> <tr> <td>Saturday, May 17, Morning</td> <td>Warm-up 8:00 A.M.</td> <td>Start 9:00 A.M.</td> </tr> <tr> <td>Saturday, May 17, Afternoon</td> <td>Warm-up 1:00 P.M.</td> <td>Start 2:00 P.M.</td> </tr> <tr> <td>Sunday, May 18, Morning</td> <td>Warm-up 8:00 A.M.</td> <td>Start 9:00 A.M.</td> </tr> <tr> <td>Sunday, May 18, Afternoon</td> <td>Warm-up 1:00 P.M.</td> <td>Start 2:00 P.M.</td> </tr> </table>	Friday, May 16, Afternoon	Warm-up 3:30 P.M.	Start 4:30 P.M.	Saturday, May 17, Morning	Warm-up 8:00 A.M.	Start 9:00 A.M.	Saturday, May 17, Afternoon	Warm-up 1:00 P.M.	Start 2:00 P.M.	Sunday, May 18, Morning	Warm-up 8:00 A.M.	Start 9:00 A.M.	Sunday, May 18, Afternoon	Warm-up 1:00 P.M.	Start 2:00 P.M.			
Friday, May 16, Afternoon	Warm-up 3:30 P.M.	Start 4:30 P.M.																	
Saturday, May 17, Morning	Warm-up 8:00 A.M.	Start 9:00 A.M.																	
Saturday, May 17, Afternoon	Warm-up 1:00 P.M.	Start 2:00 P.M.																	
Sunday, May 18, Morning	Warm-up 8:00 A.M.	Start 9:00 A.M.																	
Sunday, May 18, Afternoon	Warm-up 1:00 P.M.	Start 2:00 P.M.																	
<b>Hotels:</b>	<p>The preferred hotels for this meet are:</p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 60%;">Holiday Inn Express – 4.2 mi. from pool</td> <td style="width: 40%;">(616)738-2800</td> </tr> <tr> <td>Hampton Inn - 4.2 mi. from pool</td> <td>(616)399-8500</td> </tr> <tr> <td>Holland Inn and Suites – 4.2 mi. from pool</td> <td>(616)994-0400</td> </tr> <tr> <td>Residence Inn - 3.7 mi. from pool</td> <td>(616)393-6900</td> </tr> <tr> <td>Microtel Inn and Suites – 2.2 mi. from pool</td> <td>(616)392-3235</td> </tr> <tr> <td>Doubletree Hotel – 2.2 mi. from pool</td> <td>(616)394-0111</td> </tr> <tr> <td>Fairfield Inn – 4.2 mi. from pool</td> <td>(616)786-9900</td> </tr> <tr> <td>Comfort Inn – 2.0 mi. from pool</td> <td>(616)392-1000</td> </tr> <tr> <td>Country Inn – 4.0 mi. from pool</td> <td>(616)396-6677</td> </tr> </table>	Holiday Inn Express – 4.2 mi. from pool	(616)738-2800	Hampton Inn - 4.2 mi. from pool	(616)399-8500	Holland Inn and Suites – 4.2 mi. from pool	(616)994-0400	Residence Inn - 3.7 mi. from pool	(616)393-6900	Microtel Inn and Suites – 2.2 mi. from pool	(616)392-3235	Doubletree Hotel – 2.2 mi. from pool	(616)394-0111	Fairfield Inn – 4.2 mi. from pool	(616)786-9900	Comfort Inn – 2.0 mi. from pool	(616)392-1000	Country Inn – 4.0 mi. from pool	(616)396-6677
Holiday Inn Express – 4.2 mi. from pool	(616)738-2800																		
Hampton Inn - 4.2 mi. from pool	(616)399-8500																		
Holland Inn and Suites – 4.2 mi. from pool	(616)994-0400																		
Residence Inn - 3.7 mi. from pool	(616)393-6900																		
Microtel Inn and Suites – 2.2 mi. from pool	(616)392-3235																		
Doubletree Hotel – 2.2 mi. from pool	(616)394-0111																		
Fairfield Inn – 4.2 mi. from pool	(616)786-9900																		
Comfort Inn – 2.0 mi. from pool	(616)392-1000																		
Country Inn – 4.0 mi. from pool	(616)396-6677																		

<b>Facilities:</b>	Holland Aquatic Center is an 8 lane 50 meter pool with an attached 6-lane 25 yard pool available for supervised warm-up and warm down. Depth at start is 6'9" <sup>1</sup> and 13' at turn. Permanent starting blocks and non-turbulent lane markers will be used. Colorado timing with an 8 lane display will be used. There is ample balcony seating for spectators. Lockers are available (provide your own lock). Public phones will be available. The competition course has not been certified in accordance with 104.2.2C(4)
<b>Eligibility:</b>	Tulip City A-B-C Invite is for all swimmers. All swimmers must be currently registered with United States of America Swimming (USA-S). A swimmer's age on May 16 will determine his/her eligibility for a particular age group.
<b>Deck Registration:</b>	Unregistered swimmers must register on deck at this meet by turning in the athlete registration form and payment to the Meet Referee. The cost of registering on deck is double the normal fee (\$124.00 per swimmer for 2013-14 registration).
<b>Meet Format:</b>	LCM, Distance events will be swum Friday, 12 & Under events will be swum during AM sessions, 13 & Over events will be swum during PM sessions.
<b>Entry Limits:</b>	Entries will be accepted on a first come first serve basis by date of email for electronic entries and date of receipt by the entry chair for hard copy entries until the Michigan Swimming Four (4) hour per session maximum time limit is met. As set forth in entry procedures below, (A) a hard copy of your club's entry summary sheet, (B) a hard copy of your club's signed release/waiver agreement (C) your club's certification of entered athletes and (D) your club's entry and entry fees must be received by the Entry Chair in a timely fashion prior to the start of the meet, or your swimmers will not be allowed to swim in the meet. Entries received after the four (4) hour per session time limit has been met will be returned even if received before the entry deadline.

---

<sup>1</sup>Depth at Start must meet State of Michigan requirements.

<b>Swimmers Without A Coach:</b>	Any swimmer entered in the meet, unaccompanied by a USA-S member coach, must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
<b>Individual Entry Limits:</b>	Swimmers may enter no more than 3 individual events per day. If timelines allow, swimmers may be allowed to enter additional events but not to exceed a maximum of 5 events per USA Swimming. Coaches will be notified after initial entries have been submitted.
<b>Electronic Entries:</b>	\$5.00 per individual event. Please include a \$1.00 Michigan Swimming surcharge for each swimmer entered. Make checks payable to: Holland Community Aquatic Center.
<b>Paper Entries:</b>	MS rules regarding non-electronic entries apply. \$6.00 per individual event if the entry is not submitted in Hy-Tek format. The Michigan Swimming \$1.00 general surcharge for each swimmer also applies to paper entries. Paper entries may be submitted to the entry chair on a spreadsheet of your choice however the paper entry must be logically formatted and must contain all pertinent information to allow the entry chair to easily enter the swimmer(s) in the correct events with correct seed times.
<b>Entry Procedures:</b>	Entries may be submitted to the entry chairperson as of <b>Friday, April 18, 2014 at 8:00am</b> . The entry chairperson must receive all entries no later than <b>Wednesday, May 7, 2014 at midnight</b> . Entries must include correct swimmer name (as registered with USA/MS Swimming), age and USA number. You can import the order of events and event numbers from the Michigan Swimming website ( <a href="http://www.miswim.org/">http://www.miswim.org/</a> ). All individual entries should be submitted via electronic mail to the entry chairperson at <a href="mailto:entries@iswimmla.org">entries@iswimmla.org</a> . All entries will be processed in order by email date code or mail date code. Any entries submitted will be considered provisional until such time as the entry chairperson has received a hard copy of: (a) your club's entries (Team Manager Meet Entries Report), (b) a hard copy of your club's signed release/waiver agreement (c) your clubs signed certification of entered athletes and (d) your club's entry fees. This must be received in a timely fashion prior to the start of the meet or your swimmers will not be allowed to swim in the meet. The complete Tulip City Invite entry packet with entry forms is available on the Michigan Swimming Website at <a href="http://www.miswim.org/">http://www.miswim.org/</a> .
<b>Refunds:</b>	Once a team or individual entry has been received and processed by the entry chair there are no refunds in full or in part unless the "over qualification exception" applies (see MS Rules).

<b>Entry Chair:</b>	<p>Your club's Entry, Entry Summary Sheet, Release/Waiver, Certification of Entered Athletes and Check should be sent via U.S. mail or nationally recognized overnight courier to:</p> <p>Cody Tozer  550 Maple Ave.  Holland, MI 49423  <a href="mailto:entries@iswimmla.org">entries@iswimmla.org</a>, 616-393-7595 x117</p>
<b>Check In:</b>	<p>Check In will be available as of 3:00pm on Friday and 7:15am on Saturday and Sunday. Check in is mandatory for all events and is required by the time set forth in this meet announcement. Failure to check in will cause the swimmer to be scratched from all events in that session. Check in will close 15 minutes after the start of warm up for each session. Check in sheets will be posted in the hallway outside the locker rooms.</p>
<b>Scratch Rules:</b>	<p>Prior to check in close a swimmer may scratch events at the Clerk of Course. After check in closes, you must see the Meet Referee to scratch an event.</p>
<b>Marshaling:</b>	<p>This is a "self-marshaling" meet. Swimmers are responsible for being in the correct heat and lane. Heat sheets will be posted prior to the start of each session.</p>
<b>Seeding:</b>	<p>Seeding will be done after check in closes. Athletes will be seeded with LCM times first, SCM times second, and SCY times last. Swimmers who fail to check in for an event will be scratched from that event. <b>All events are timed finals and will be seeded slowest to fastest other than the 800 Freestyle which will be seeded fastest to slowest, alternating genders-women/men.</b> At the discretion of the meet referee, seeded events may be combined.</p>

<b>Deck Entries / Time Trials:</b>	<p>Deck entries will be offered if time is available under the Michigan Swimming 4 hour rule. Individual events are \$7.50. Deck entry swimmers are subject to the Michigan Swimming \$1.00 general surcharge. For deck entries, registration status must be proven by providing a current USA Swimming membership card or a current print out of an athlete roster from the Club Portal, the Club Portal is located on the USA Swimming website. The athlete may also enter by showing their membership from USA Swimming's DECK PASS on a smart phone. Name, athlete ID and club affiliation should then be added to your database just as it appears on the card or list. The swimmer may compete as Unattached (UN) if he/she requests to do so. Time Trials will NOT be offered.</p>
<b>Meet Programs / Admissions:</b>	<p>Admissions: \$4.00 per person per day (12 and under free with a paying adult). 2-day programs will be available for \$6.00 (will include a coupon for free heat sheets for all sessions). Heat sheets will be available each session at the admissions table for \$2.00 after the meet is seeded. One-day wristbands on the right wrist only (no hand stamps) will be utilized. Cut bands are NOT allowed for re-entry. NO BAG CHAIRS/FOLDING CHAIRS/CAMP CHAIRS ARE ALLOWED IN THE BALCONY.</p>
<b>Scoring:</b>	<p>The top 8 places in each event and each age group will be scored using the following system: 9-7-6-5-4-3-2-1. Overall team scores will also be kept.</p>
<b>Awards:</b>	<p>Individual High-point awards will be given for each age group and gender. An overall team award will also be given. High-point awards will be determined by totaling points from each swimmer's individual events. If additional entries are permitted, they will be used to calculate the high-point awards.</p>
<b>Results:</b>	<p>Complete meet results will be posted on the Michigan Swimming Website at <a href="http://www.miswim.org/">http://www.miswim.org/</a>. Results will also be available on flash drive (HY-TEK Team Manager result file) upon request. Teams must provide their own flash drive. 'Live Results' will be available through the 'Meet Mobile' app, keyword "Holland".</p>
<b>Concessions:</b>	<p>Food and beverages will be available in the spectator area. No glass containers will be allowed on the deck of the pool or in the locker rooms. A hospitality area will be available for coaches and officials. Please, NO coolers are allowed in the stands.</p>

<b>Lost and Found:</b>	Articles may be turned in/picked up at the announcer's table. Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days (any longer period shall be in the sole discretion of the Meet Director).
<b>Swimming Safety:</b>	Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool <b>feet first</b> at all times except when sprint lanes have been designated. No jumping or diving. The same rules will apply with respect to the warm-down pool. Penalties for violating these rules will be in the sole discretion of the Meet Referee which may include ejection from the meet.
<b>Deck Personnel / Locker Rooms / Credentialing:</b>	<p>Only registered and current coaches, athletes, officials and meet personnel are allowed on the deck or in locker rooms. Access to the pool deck may only be granted to any other individual in the event of emergency through approval by the Meet Director or the Meet Referee. The General Chair of MS and the Program Operations Vice-Chair of MS are authorized deck personnel at all MS meets. Personal assistants/helpers of athletes with a disability shall be permitted when requested by an athlete with a disability or a coach of an athlete with a disability.</p> <p>Lists of registered coaches, certified officials and meet personnel will be placed outside the southeast deck entrance and to the locker rooms / pool deck. Meet personnel will check the list of approved individuals and issue a credential to be displayed at all times during the meet. This credential will include the host team logo and name as well as the function of the individual being granted access to the pool deck (Coach, Official, Timer, or Meet Personnel). In order to obtain a credential, Coaches and Officials must be current in all certifications through the final date of the meet. Meet personnel must return the credential at the conclusion of working each day and be reissued a credential daily.</p> <p>All access points to the pool deck and locker rooms will either be secured or staffed by a meet worker checking credentials throughout the duration of the meet.</p>
<b>Swimmers with Disabilities:</b>	All swimmers are encouraged to participate. If any of your swimmers have special needs or requests please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.

<b>General Info:</b>	Any errors or omissions in the program will be documented and signed by the meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting.
<b>First Aid:</b>	Supplies will be kept at the lifeguard stations.
<b>Facility Items:</b>	<p>(A) No smoking is allowed in the building or on the grounds of Holland Community Aquatic Center.</p> <p>(B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.</p> <p>(C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.</p> <p>(D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection at the meet director's office.</p> <p>(E) To comply with USA Swimming privacy and security policy, the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms or locker rooms.</p> <p><b>(F) Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.</b></p>
<b>Meet Director:</b>	<p>Cody Tozer</p> <p>616-393-7595 x117</p> <p><a href="mailto:entries@iswimmla.org">entries@iswimmla.org</a></p>
<b>Meet Referee:</b>	<p>Steve Weeks</p> <p>616-335-5571</p> <p><a href="mailto:danparksky@charter.net">danparksky@charter.net</a></p>
<b>Safety Marshal:</b>	Tom Cuticchia
<b>Administrative Official:</b>	<p>Lisa Emmons</p> <p>550 Maple Ave.</p> <p>Holland, MI 49423</p> <p>616-393-7595 x118</p> <p><a href="mailto:madmin@iswimmla.org">madmin@iswimmla.org</a></p>

**Tulip City A-B-C Invite  
Sanction Number MI1314082**

**Friday, May 16, 2014  
Warm-up 3:30 pm  
Check-in Closes 3:45 pm  
Meet Starts 4:30 pm**

Girls	Age	Description	Age	Boys
1	Open	400 IM	Open	2
3	Open	400 Freestyle	Open	4
5	Open	800 Freestyle	Open	6

**Saturday, May 17, 2014  
Warm-up 8:00 am  
Check-in Closes 8:15 am  
Meet Starts 9:00 am**

Girls	Age	Description	Age	Boys
7	10 & Under	200 Freestyle	10 & Under	8
9	11-12	200 Freestyle	11-12	10
11	10 & Under	50 Breaststroke	10 & Under	12
13	11-12	50 Breaststroke	11-12	14
15	10 & Under	100 Backstroke	10 & Under	16
17	11-12	100 Backstroke	11-12	18
19	12 & Under	200 Breaststroke	12 & Under	20
21	10 & Under	50 Freestyle	10 & Under	22
23	11-12	50 Freestyle	11-12	24
25	10 & Under	100 Butterfly	10 & Under	26
27	11-12	100 Butterfly	11-12	28

**Saturday, May 17, 2014  
Warm-up 1:00 pm  
Check-in Closes 1:15 pm  
Meet Starts 2:00 pm**

Girls	Age	Description	Age	Boys
29	13-14	200 Freestyle	13-14	30
31	15 & Over	200 Freestyle	15 & Over	32
33	13-14	100 Backstroke	13-14	34
35	15 & Over	100 Backstroke	15 & Over	36
37	13-14	200 Breaststroke	13-14	38
39	15 & Over	200 Breaststroke	15 & Over	40
41	13-14	50 Freestyle	13-14	42
43	15 & Over	50 Freestyle	15 & Over	44
45	13-14	100 Butterfly	13-14	46
47	15 & Over	100 Butterfly	15 & Over	48



**Tulip City A-B-C Invite  
Sanction Number MI1314082**

**Sunday, May 18, 2014  
Warm-up 8:00 am  
Check-in Closes 8:15 am  
Meet Starts 9:00 am**

Girls	Age	Description	Age	Boys
49	10 & Under	200 IM	10 & Under	50
51	11-12	200 IM	11-12	52
53	10 & Under	50 Butterfly	10 & Under	54
55	11-12	50 Butterfly	11-12	56
57	10 & Under	100 Freestyle	10 & Under	58
59	11-12	100 Freestyle	11-12	60
61	12 & Under	200 Backstroke	12 & Under	62
63	10 & Under	100 Breaststroke	10 & Under	64
65	11-12	100 Breaststroke	11-12	66
67	10 & Under	50 Backstroke	10 & Under	68
69	11-12	50 Backstroke	11-12	70
71	12 & Under	200 Butterfly	12 & Under	72

**Sunday, May 18, 2014  
Warm-up 1:00 pm  
Check-in Closes 1:15 pm  
Meet Starts 2:00 pm**

Girls	Age	Description	Age	Boys
73	13-14	200 IM	13-14	74
75	15 & Over	200 IM	15 & Over	76
77	13-14	100 Freestyle	13-14	78
79	15 & Over	100 Freestyle	15 & Over	80
81	13-14	200 Backstroke	13-14	82
83	15 & Over	200 Backstroke	15 & Over	84
85	13-14	100 Breaststroke	13-14	86
87	15 & Over	100 Breaststroke	15 & Over	88
89	13-14	200 Butterfly	13-14	90
91	15 & Over	200 Butterfly	15 & Over	92





## **HOLLAND COMMUNITY AQUATIC CENTER FACILITY RULES**

No one will be permitted on deck without the proper deck pass or credentials.

No shaving will be permitted on site as per National Federation rules.

No oil rub downs. Only non-oil-based rubdown solutions will be allowed, to protect water quality for the meet. No rub down tables permitted on deck.

No glass containers allowed in the locker rooms, or on the pool deck.

No coolers allowed.

All teams will use the men's and women's locker rooms in the competition side of the building, to change clothes.

Bring all property onto the pool deck for safe keeping. The Holland Aquatic Center is not responsible for lost or stolen property.

**DECK CHANGING IS STRICTLY FORBIDDEN.**

Please do not put locks on lockers. The Holland Aquatic Center will have limited locker room space and will not be able to provide individual lockers.

Bleacher seating will be provided on the pool deck for team use. Teams are responsible to clean up their area before leaving the facility.

All signs, posters and banners must be attached to a cable provided on the north and west walls. No other signs may be placed anywhere in the facility. Please remove all of these at the completion of the meet Saturday. Signs posted elsewhere will be removed. No lawn signs.

No signs, posters, banners, etc. may be posted in the lobby or outside the building. These are considered neutral sites.

No balloons permitted in the building.

Entrance to and exit from the pool deck will be through the locker rooms only. All participants must have a "deck pass" to be permitted on deck.

No diving in warm up lanes. Diving will only be permitted in specified sprint lanes during the warm up period only.

Only approved meet personnel are permitted in the pool deck office, questions or concerns should be directed to the meet manager.

Noisemakers and flash photography are strictly prohibited.

Lost and Found: Lost articles will be collected and held at the announcers table. All found items will be held for a maximum of 48 hours.

Limited room is available for Handicapped and elderly in the spectator seating area.

**NO PERSONAL FOLDING OR BAG CHAIRS IN THE SPECTATOR SEATING AREA.**

HCAC is a smoke free facility. Tobacco products of any kind are prohibited on HCAC property.

**Meet Evaluation Form  
Sanction Number MI1314082**

**Name of Meet** \_\_\_\_\_

**Date of Meet** \_\_\_\_\_

**Host of Meet** \_\_\_\_\_

**Place of Meet** \_\_\_\_\_

Who do you represent (circle)?      the host club              a visiting club              unattached

Describe yourself (circle)    athlete    coach    official    meet worker    spectator

**Please rate the overall quality of this meet:**

(Please write any compliments or suggestions below or on the reverse side)

	Low			High	
1. Swimming pool (e.g., water quality, ventilation)	1	2	3	4	5
<hr/>					
2. Equipment (e.g., timing system, PA system):	1	2	3	4	5
<hr/>					
3. Swimmer facilities (e.g., locker rooms, rest areas):	1	2	3	4	5
<hr/>					
4. Spectator facilities (e.g., seating, rest rooms):	1	2	3	4	5
<hr/>					
5. Meet services (e.g., concessions, admissions, programs):	1	2	3	4	5
<hr/>					
6. Officiating	1	2	3	4	5
<hr/>					
7. Awards and award presentations:	1	2	3	4	5
<hr/>					
8. Safety provisions:	1	2	3	4	5
<hr/>					
9. Overall success of the meet:	1	2	3	4	5
<hr/>					
10. Other (please specify):	1	2	3	4	5
<hr/>					

**Return this completed evaluation to a representative of the Meet Host. Thank you.**

**Meet Host: Copy all of these submitted Meet Evaluations to the current Program Operations Vice-Chair and the Michigan Swimming Office within 30 days.**