

Time Standards for 2019 MS LCM Championships
Qualifying Period: January 1, 2018 to entry deadline

GIRLS			10 & UNDER	BOYS		
SCY	SCM	LCM		LCM	SCM	SCY
30.89	35.79	36.29	50 Freestyle	37.49	36.99	31.29
1:08.59	1:20.09	1:20.99	100 Freestyle	1:22.39	1:21.49	1:09.99
2:29.29	2:55.89	2:56.89	200 Freestyle	3:04.99	3:00.79	2:32.89
6:40.09	6:16.29	6:20.09	400/500 Freestyle	6:32.09	6:28.29	6:59.99
36.29	42.99	43.69	50 Backstroke	45.09	44.39	37.09
1:18.99	1:35.29	1:34.09	100 Backstroke	1:38.79	1:37.29	1:20.09
41.69	49.49	50.09	50 Breaststroke	52.19	51.59	43.29
1:31.09	1:46.89	1:48.39	100 Breaststroke	1:54.39	1:52.89	1:34.99
35.09	41.69	42.29	50 Butterfly	43.09	43.69	36.09
1:22.89	1:43.89	1:45.19	100 Butterfly	1:50.79	1:49.49	1:27.09
2:51.19	3:20.79	3:24.39	200 IM	3:31.29	3:27.69	2:56.49
2:10.99	2:32.39	2:37.99	200 Free Relay	2:39.49	2:33.49	2:13.99
2:30.99	2:55.19	3:03.09	200 Medley Relay	3:15.29	3:06.39	2:41.99

GIRLS			11 & 12	BOYS		
SCY	SCM	LCM		LCM	SCM	SCY
27.29	31.59	32.09	50 Freestyle	32.89	32.39	27.49
59.59	1:09.29	1:10.19	100 Freestyle	1:11.99	1:11.09	1:00.09
2:10.69	2:30.59	2:31.59	200 Freestyle	2:38.99	2:37.99	2:11.79
5:51.49	5:12.79	5:16.59	400/500 Freestyle	5:23.09	5:19.29	5:51.79
12:19.99	11:35.19	11:15.99	800/1000 Free	11:59.99	11:35.59	12:59.99
20:55.99	21:15.09	21:35.99	1500/1650 Freestyle	22:09.99	21:16.89	21:35.99
31.79	37.09	37.49	50 Backstroke	39.49	38.79	32.19
1:08.09	1:19.59	1:20.49	100 Backstroke	1:24.19	1:22.69	1:09.39
2:26.79	2:53.99	2:56.99	200 Backstroke	3:01.39	2:58.39	2:31.29
35.49	42.19	42.79	50 Breaststroke	45.79	45.19	36.19
1:17.19	1:30.49	1:31.99	100 Breaststroke	1:38.79	1:37.29	1:19.99
2:48.49	3:15.49	3:16.99	200 Breaststroke	3:28.99	3:26.99	2:52.69
30.09	34.79	35.39	50 Butterfly	37.09	36.49	30.69
1:08.29	1:20.99	1:22.29	100 Butterfly	1:27.99	1:26.69	1:10.29
2:39.79	3:19.79	3:23.09	200 Butterfly	3:31.29	3:27.99	2:47.19
2:29.39	2:50.39	2:53.99	200 Individual Medley	2:59.99	2:56.39	2:30.69
5:22.49	6:08.79	6:10.99	400 Individual Medley	6:31.99	6:30.69	5:25.19
1:52.99	2:08.29	2:12.89	200 Freestyle Relay	2:19.89	2:15.09	1:56.99
2:08.99	2:24.59	2:31.29	200 Medley Relay	2:39.89	2:32.89	2:14.99
Use 200 relay times			400 Freestyle Relay	Use 200 relay times		
Use 200 relay times			400 Medley Relay	Use 200 relay times		

Changes from 2018 noted with highlighted cells.

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GIRLS			13 & 14	BOYS		
SCY	SCM	LCM		LCM	SCM	SCY
26.09	29.89	30.39	50 Freestyle	29.09	28.59	24.79
56.59	1:04.59	1:05.49	100 Freestyle	1:02.59	1:01.69	53.79
2:02.59	2:22.09	2:23.09	200 Freestyle	2:16.79	2:15.79	1:57.49
5:27.19	4:57.79	5:00.59	400/500 Freestyle	4:50.09	4:46.59	5:16.99
11:21.19	10:15.79	10:18.99	800/1000 Free	10:05.99	10:08.59	11:08.69
18:57.79	19:40.09	20:00.09	1500/1650 Freestyle	19:50.99	19:30.99	18:41.29
1:02.99	1:14.09	1:15.39	100 Backstroke	1:13.39	1:12.09	1:01.09
2:16.59	2:40.69	2:43.69	200 Backstroke	2:38.59	2:36.59	2:13.49
1:12.59	1:26.29	1:27.79	100 Breaststroke	1:24.29	1:23.09	1:08.79
2:38.29	3:05.39	3:07.89	200 Breaststroke	3:00.49	2:58.99	2:30.89
1:03.19	1:13.39	1:14.69	100 Butterfly	1:11.59	1:10.99	59.99
2:23.79	2:52.69	2:55.99	200 Butterfly	2:50.99	2:47.89	2:17.99
2:18.59	2:40.69	2:42.99	200 Individual Medley	2:36.29	2:35.19	2:11.59
4:57.89	5:46.29	5:54.39	400 Individual Medley	5:42.99	5:38.89	4:47.99
4:03.99	4:23.79	4:32.99	400 Free Relay	4:32.59	4:23.19	3:57.99
8:51.99	9:25.99	9:45.49	800 Free Relay	9:50.69	9:31.49	8:41.99
4:25.99	5:12.39	5:23.59	400 Medley Relay	5:30.89	5:19.49	4:24.99

GIRLS			OPEN	BOYS		
SCY	SCM	LCM		LCM	SCM	SCY
25.19	28.59	29.09	50 Freestyle	26.39	25.89	22.99
54.49	1:02.29	1:03.19	100 Freestyle	57.59	56.69	49.79
1:58.59	2:15.89	2:17.89	200 Freestyle	2:06.59	2:05.59	1:50.39
5:16.19	4:47.69	4:51.49	400/500 Freestyle	4:33.49	4:29.69	4:56.79
11:18.69	9:56.79	10:08.09	800/1000 Free	9:38.79	9:27.49	10:35.09
18:52.19	19:10.99	19:30.99	1500/1650 Freestyle	18:50.99	18:30.99	17:48.39
1:00.59	1:11.59	1:13.09	100 Backstroke	1:08.29	1:06.79	57.29
2:12.69	2:35.79	2:38.79	200 Backstroke	2:30.59	2:27.59	2:06.59
1:10.09	1:22.79	1:24.29	100 Breaststroke	1:18.49	1:16.99	1:03.59
2:34.59	3:00.39	3:02.89	200 Breaststroke	2:52.69	2:50.19	2:21.79
1:00.29	1:09.69	1:10.99	100 Butterfly	1:04.79	1:03.49	55.19
2:18.49	2:44.79	2:48.09	200 Butterfly	2:37.19	2:33.89	2:09.29
2:13.49	2:30.79	2:32.39	200 Individual Medley	2:25.99	2:22.39	2:02.59
4:49.19	5:34.89	5:42.99	400 Individual Medley	5:23.99	5:15.89	4:30.99
3:47.99	4:07.79	4:16.99	400 Free Relay	3:55.89	3:46.69	3:29.99
8:18.99	9:04.59	9:23.49	800 Free Relay	8:51.89	8:32.69	7:43.99
4:21.99	4:48.99	4:59.69	400 Medley Relay	4:49.19	4:39.19	4:04.99

Changes from 2018 noted with highlighted cells.