



Integrity, Inclusion, Education, Excellence

2021 LCSC IntraSquad Meet #2

Hosted By: LCSC

March 19th, 2021 & March 21st, 2021

Sanction – This meet is sanctioned by Michigan Swimming, Inc. (MS), as a timed final meet on behalf of USA Swimming (USA-S), Sanction Number **MI2021052**. MS or USA-S may revoke this sanction at any time in response to the COVID-19 pandemic.

It is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries, including exposure to or infected with COVID-19 which may result in illness, personal injury, permanent disability, and/or death, to anyone during the conduct of the event.

It is further understood and agrees that Michigan Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries, including exposure to or infected with COVID-19 which may result in illness, personal injury, permanent disability, and/or death, to anyone during the conduct of the event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, MICHIGAN SWIMMING, AND **Livonia Community Recreation Center (LCRC) Pool** AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

You acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that your family, including child(ren), may be exposed to or infected by COVID-19 while on site at the pool or facility and that such exposure or infection may result in the personal injury, illness, permanent disability and death. You understand that the risk of becoming exposed

to or infected by COVID-19 at the pool or facility may result from the actions, omissions, or negligence of myself and others, including but not limited to employees, volunteers and program participants and their families.

LCSC will include the above information in meet announcements, heat sheets and posted around the pool facility.

COVID-19 Procedures/Requirements – All athletes, coaches, officials, clubs, spectators, and other individuals participating in this meet or seeking ingress into the facility in which this meet is conducted will abide by (1) all federal, state, and local laws, orders, administrative rules, and guidelines; (2) all protocols outlined in the COVID-19 LSC Supplemental Sanction Requirements documents for this meet; and (3) all COVID-19 preparedness plans for the relevant facility. Failure to maintain strict compliance with all COVID-19 procedures and protocols will result in disciplinary action by the Michigan Swimming, Inc. Board of Directors, including, but not limited to, fines, suspension of certain membership privileges, or referral to the USA Swimming National Board of Review with a recommendation to terminate a member’s membership in Michigan Swimming and USA Swimming.

Location - Livonia Recreation Center 15100 Hubbard Livonia, MI 48154

Times – Mixed Open 500 Free will be swam at the start of Friday session 2

Session	Day	Warm-Up Time	Meet Start Time	Age Group
1	Friday, March 19th	2:30pm	3:15pm	Mixed Open
2	Friday, March 19th	5:00pm	5:30pm	Mixed Open 500 Free Mixed 12 & Under
3	Sunday, March 21st	12:00pm	12:30pm	Mixed Open
4	Sunday, March 21st	2:00pm	2:30pm	Mixed 12 & Under
5	Sunday, March 21st	4:00pm	4:30pm	Mixed Open

Facilities – Livonia Community Recreation Center (LCRC) Pool, is a(n) **8** lane pool **with a supervised warm-up and warm down area available**. 6 Lanes will be used for competition. Depth at start is 12 ft and 7ft at turn. Permanent starting blocks and non-turbulent lane markers will be used. **Colorado timing system with a(n) 6 lane display will be used**. The competition course has not been certified in accordance with 104.2.2C (4)

Eligibility – Only athletes registered with Michigan Swimming and attached to the Livonia Community Swim Club are eligible to participate in this meet.

Meet Format – Time finals

Individual Entry Limits - There is a maximum of 6 individual events and 3 relays per day, per swimmer. The 6 individual events can be broken between the sessions of each day in any combination that adds up to 6.

Electronic Entries - **\$5.00** per individual event and **\$12.00** for relays. Make checks payable to **LCSC**

Paper Entries – MS rules regarding non-electronic entries apply. \$6.00 per individual event and \$13.00 per relay. There is \$1.00 additional charge per event paid if the entry is not submitted in Hy-Tek format. Paper entries may be submitted to the Administrative Official on a spreadsheet of your choice however, the paper entry must be logically formatted and must contain all pertinent information to allow the Administrative Official to easily enter the swimmer(s) in the correct events with correct seed times.

Entry Procedures - Entries may be submitted to the Administrative Official for the relevant facility as of **March 8th, 2021 at noon**. The Administrative Official for the relevant facility must receive all entries no later than **March 16th, 2021 at midnight**. Entries must include correct swimmer name (as registered with USA/MS Swimming), age and USA number. All individual entries should be submitted via electronic mail to the relevant Administrative Official at the e-mail address listed in the last section of this meet information packet.

Refunds - Once a team or individual entry has been received and processed by the Administrative Official there are no refunds in full or in part unless the "over qualification exception" applies (see MS Rules).

Check In – Check-in will not be required.

Marshaling - This meet will be marshaled. Swimmers will be responsible for reporting to the marshaling area when their event is called.

Seeding – The meet will be **pre-seeded** after entries are closed. No changes may be made to entries after the meet is pre-seeded unless explicitly authorized by the Michigan Swimming Office or explicitly permitted in the current Michigan Swimming, Inc. COVID sanctioning and approval policy.

Deck Entries – Deck entries will be allowed and will be conducted in accordance with current Michigan Swimming, Inc. rules & procedures, including all Michigan Swimming, Inc. COVID-specific sanctioning or approval policies. If an athlete is not currently registered with Michigan Swimming or another USA Swimming LSC, the athlete must deck register for a \$164.00 fee before being entered into the meet.

Meet Programs/Admissions – There will be no charges for admissions. Meet programs will be available through meet mobile.

Scoring - No team scoring will be kept.

Awards – No awards will be given out.

Results - Complete Official meet results will be posted on the Michigan Swimming Website at <http://www.miswim.org/>. Unofficial results will also be available on flash drive (HY-TEK Team Manager result file) upon request. Teams must provide their own flash drive.

Concessions –No food or beverage will be allowed on the deck of the pool, in the locker rooms or in the spectator areas. A hospitality area will be available for coaches and officials.

Lost and Found - Articles may be turned in/picked up at **hallway near the entrance to the girl's locker room (by the Rec Center's equipment desk)**. Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days (any longer period shall be in the sole discretion of the Meet Director).

Swimming Safety - Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. The same rules will apply with respect to the warm-down pool and diving well. Penalties for violating these rules will be in the sole discretion of the Meet Referee which may include ejection from the meet.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Deck Personnel/Locker Rooms/Credentialing - Only registered and current coaches, athletes, officials and meet personnel are allowed on the deck or in locker rooms. Access to the pool deck may only be granted to any other individual in the event of emergency through approval by the Meet Director or the Meet Referee. The Michigan Swimming Board of Directors, Officials Chairs of MS, and the Michigan Swimming Office staff are authorized deck personnel at all MS meets. Personal assistants/helpers of athletes with a disability shall be permitted when requested by an athlete with a disability or a coach of an athlete with a disability.

Lists of registered coaches, certified officials and meet personnel will be placed outside the **hallway, stairway, or door** to the **locker rooms/pool deck**. Meet personnel will check the list of approved individuals and issue a credential to be displayed at all times during the meet. This credential will include the host team **logo, name** as well as the function of the individual being granted access to the pool deck (Coach, Official, Timer, or Meet Personnel). In order to obtain a credential, Coaches and Officials must be current in all certifications through the final date of the meet. Meet personnel must return the credential at the conclusion of working each day and be reissued a credential daily.

All access points to the pool deck and locker rooms will either be secured or staffed by a meet worker checking credentials throughout the duration of the meet.

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Swimmers with Disabilities - All swimmers are encouraged to participate. If any of your swimmers have special needs or requests, please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.

General Info - Any errors or omissions in the program will be documented and signed by the Meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting.

First Aid - Supplies will be kept in **pool office**.

Facility Items –

- (A) No smoking is allowed in the building or on the grounds of any facility listed above.
- (B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.
- (C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.
- (D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection at the **Livonia Community Recreation Center**.
- (E) To comply with USA Swimming privacy and security policy, the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- (F) Deck changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes is **prohibited**.

- (G) Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Meet Director - Krista Dessin /Email: dessinlcschwim@gmail.com/Phone: (734) 277-7357 (a current member of USA Swimming)

Dan Coon/Email: dan_becky@sbcglobal.net/Phone: (734) 891-5055

Meet Referee – Jeff Wilkins/Email: Jeffrey.Wilkins@comcast.net/Phone: (313) 574-3638

Safety Marshal – Elberta Dziobak, Dan Coon and Krista Dessin

Administrative Official - Alyssa De Leon/Email: lcscentries@gmail.com/Phone: (313) 399-8289

Event List

Sanction Number: MI2021052

Friday

Friday March 19th

Session 1

Event Number	
1	Mixed Open 1650 Free
2	Mixed Open 100 Fly
3	Mixed Open 200 Back
4	Mixed Open 100 Free
5	Mixed Open 800 Free Relay

Friday March 19th

Session 2

Event Number	
6	Mixed Open 500 Free
7	Mixed 12 & Under 100 Breast
8	Mixed 12 & Under 50 Fly
9	Mixed 12 & Under 100 Back
10	Mixed 12 & Under 50 Free
11	Mixed 10 & Under 200 Free Relay
12	11 - 12 200 Free Relay

Sunday March 21st

Session 3

Event Number	
13	Mixed Open 400 IM
14	Mixed Open 50 Free
15	Mixed Open 200 Breast
16	Mixed Open 200 Fly
17	Mixed Open 400 Free Relay

Sunday March 21st

Session 4

Event Number	
18	Mixed 12 & Under 200 IM
19	Mixed 12 & Under 50 Breast
20	Mixed 12 & Under 100 Fly
21	Mixed 12 & Under 50 Back
22	Mixed 12 & Under 200 Free
23	Mixed 10 & Under 200 Medley Relay
24	11 - 12 200 Medley Relay

Sunday March 21st

Session 5

Event Number	
25	Mixed Open 200 IM
26	Mixed Open 100 Back
27	Mixed Open 100 Breast
28	Mixed Open 200 Free
29	Mixed Open 400 Medley Relay

