



Integrity, Inclusion, Education, Excellence

2021 USSC Last Chance Meet

Hosted By: USSC

July 9-11, 2021

Sanction – This meet is sanctioned by Michigan Swimming, Inc. (MS), as a timed final meet on behalf of USA Swimming (USA-S), Sanction Number **MI2021096**. MS or USA-S may revoke this sanction at any time in response to the COVID-19 pandemic.

It is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries, including exposure to or infected with COVID-19 which may result in illness, personal injury, permanent disability, and/or death, to anyone during the conduct of the event.

It is further understood and agrees that Michigan Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries, including exposure to or infected with COVID-19 which may result in illness, personal injury, permanent disability, and/or death, to anyone during the conduct of the event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, MICHIGAN SWIMMING, AND **Waterford Kettering High School** AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

You acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that your family, including child(ren), may be exposed to or infected by COVID-19 while on site at the pool or facility and that such exposure or infection may result in the personal injury, illness, permanent disability and death. You understand that the risk of becoming exposed

to or infected by COVID-19 at the pool or facility may result from the actions, omissions, or negligence of myself and others, including but not limited to employees, volunteers and program participants and their families.

USSC will include the above information in meet announcements, heat sheets and posted around the pool facility.

COVID-19 Procedures/Requirements

All athletes, coaches, officials, clubs, spectators, and other individuals participating in this meet or seeking ingress into the facility in which this meet is conducted will abide by (1) all federal, state, and local laws, orders, administrative rules, and guidelines; (2) all protocols outlined in the COVID-19 LSC Supplemental Sanction Requirements documents for this meet; and (3) all COVID-19 preparedness plans for the relevant facility. Failure to maintain strict compliance with all COVID-19 procedures and protocols will result in disciplinary action by the Michigan Swimming, Inc. Board of Directors, including, but not limited to, fines, suspension of certain membership privileges, or referral to the USA Swimming National Board of Review with a recommendation to terminate a member's membership in Michigan Swimming and USA Swimming.

Minor Athlete Abuse Prevention Policy Acknowledgement

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Location

Waterford Kettering High School
2800 Kettering Dr., Waterford, MI 48329

Times

Friday, July 9 5pm Warm-Up, 6:10pm Start
Saturday, July 10 8am Warm-Up, 9:10am Start
Saturday, July 10 12noon Warm-up, 1:10pm Start (at the earliest)
Sunday, July 11 8am Warm-Up, 9:10am Start
Sunday, July 11 12noon Warm-up, 1:10pm Start (at the earliest)

Facilities

Waterford Kettering High School, is an **8** lane pool **with a supervised 3 lane warm-up and warm down area available**. Depth at start is 8'¹ and 4' at turn. Permanent starting

¹ Depth at Start must meet State of Michigan requirements.

blocks and non-turbulent lane markers will be used. **Colorado Timing with an 8 lane display will be used.**

Course Certification

The competition course has not been certified in accordance with 104.2.2C(4)

Meet Format

Timed Finals, SCY.

Eligibility

All USA Swimming Registered Athletes are eligible to attend.

Entry Procedures

Entries may be submitted to the Administrative Official as of **10am June 28, 2021**. The Administrative Official must receive all entries no later than **10am July 5, 2021**. Entries must include correct swimmer name (as registered with USA/MS Swimming), age and USA number. All individual entries should be submitted via electronic mail at the e-mail address listed in the last section of this meet information packet.

Entry Acceptance and Processing

Entries will be accepted and processed on a first come, first served basis in the order in which they are received after the entry open date listed above.

Individual Entry Limits

No more than 2 individual entries on Friday, and no more than 4 individual entries per day Saturday and Sunday (each).

Entry Fees

\$5 per individual event, except the 1650 which is \$10. Make checks payable to **USSC**. Deck entries \$7.50 plus all appropriate surcharges. Time Trials \$7.50 each.

Surcharges

A \$1.00 per athlete Michigan Swimming athlete surcharge and \$7.50 per athlete COVID Fee Applies.

Paper Entries

MS rules regarding non-electronic entries apply. **\$6** per individual event, \$11 for the 1650. There is \$1.00 additional charge per event paid if the entry is not submitted in Hy-Tek format. Any surcharges detailed in the previous section also apply to paper entries. Paper entries may be submitted to the Administrative Official on a spreadsheet of your choice however, the paper entry must be logically formatted and must contain all pertinent information to allow the Administrative Official to easily enter the swimmer(s) in the correct events with correct seed times.

Refunds

Once a team or individual entry has been received and processed by the Administrative Official there are no refunds in full or in part unless the "over qualification exception" applies (see MS Rules).

Entry Paperwork

Your club's Entry, Entry Summary Sheet, Release/Waiver, Certification of Entered Athletes and Check should be sent via U.S. mail or nationally recognized overnight courier to:

USSC
PO Box 182032
Shelby Township, MI 48318

Check In Check-in will be required and will close 15 minutes after warm-up begins for each session. Check in will be located in the hallway leading into the pool area.

Marshaling No Marshaling

Seeding

Entries will be seeded after check-in closes. Events will be seeded slowest to fastest.

Deck Entries

Deck entries will be allowed and will be conducted in accordance with current Michigan Swimming, Inc. rules & procedures, including all Michigan Swimming, Inc. COVID-specific sanctioning or approval policies. If an athlete is not currently registered with Michigan Swimming or another USA Swimming LSC, the athlete must deck register for a \$164.00 fee before being entered into the meet. Athletes interested in Deck Entering, should contact the meet via email (usscentries@gmail.com) host 24 hours prior to the session that they are interested in deck entering.

Time Trials may be allowed at the discretion of the Meet Referee and Meet Director. Time trials do not count against individual entry limits but are limited to no more than 2 per day and do count against the entry limit of 6 events per day per USA Swimming rules.

Meet Programs/Admissions

\$5 per Spectator. Heat Sheets \$3 or available on Meet Mobile for no charge.

Scoring

No Team Scoring will be kept.

Awards

12 & Under awards 1-16 will be provided. Events that are listed as 12 & Under will be awarded as 10 & Under and 11-12. Open events will not be awarded.

Results

Complete Official meet results will be posted on the Michigan Swimming Website at <http://www.miswim.org/>. Unofficial results will also be available on flash drive (HY-TEK Team Manager result file) upon request. Teams must provide their own flash drive.

Concessions

No food or beverage will be allowed on the deck of the pool, in the locker rooms or in the spectator areas. A hospitality area will be available for coaches and officials.

Lost and Found

Articles may be turned in/picked up at **the Clerk of Course**. Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days (any longer period shall be in the sole discretion of the Meet Director).

Swimming Safety

Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. The same rules will apply with respect to the warm-down pool and diving well. Penalties for violating these rules will be in the sole discretion of the Meet Referee which may include ejection from the meet.

Racing Start Certification

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the

responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Deck Personnel/Locker Rooms/Credentialing

Only registered and current coaches, athletes, officials and meet personnel are allowed on the deck or in locker rooms. Access to the pool deck may only be granted to any other individual in the event of emergency through approval by the Meet Director or the Meet Referee. The Michigan Swimming Board of Directors, Officials Chairs of MS, and the Michigan Swimming Office staff are authorized deck personnel at all MS meets. Personal assistants/helpers of athletes with a disability shall be permitted when requested by an athlete with a disability or a coach of an athlete with a disability.

Lists of registered coaches, certified officials and meet personnel will be placed outside the **door** to the **pool deck**. Meet personnel will check the list of approved individuals and issue a credential to be displayed at all times during the meet. This credential will include the host team **USSC** as well as the function of the individual being granted access to the pool deck (Coach, Official, Timer, or Meet Personnel). In order to obtain a credential, Coaches and Officials must be current in all certifications through the final date of the meet. Meet personnel must return the credential at the conclusion of working each day and be reissued a credential daily.

All access points to the pool deck and locker rooms will either be secured or staffed by a meet worker checking credentials throughout the duration of the meet.

Swimmers with Disabilities

All swimmers are encouraged to participate. If any of your swimmers have special needs or requests, please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.

First Aid

Supplies will be kept in **The Lifeguard Office**

Facility Items

- (A) No smoking is allowed in the building or on the grounds of any facility listed above.
- (B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.
- (C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.
- (D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection at the **Clerk of Course**.

- (E) To comply with USA Swimming privacy and security policy, the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- (F) Deck changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes is **prohibited**.
- (G) Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

General Information and Errors/Omissions

Any errors or omissions in the program will be documented and signed by the Meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting.

Meet Personnel

Meet Director: Tim Hickey coachtimhick@gmail.com (Must be a USA Swimming member)

Meet Referee: Holly Russell hrussell.ussc@gmail.com

Safety Marshal: Mike Kamlay

Administrative Official: Erica Thomas usscentries@gmail.com

Event #	2021 USSC July Last Chance MI2021096 FRIDAY PM SESSION
1	Mixed 500 Freestyle
2	Mixed 400 IM
3	Mixed 1650 Freestyle
	SATURDAY AM SESSION
4	Girls 12 & Under 200 Freestyle
5	Boys 12 & Under 200 Freestyle
6	Girls 8 & Under 25 Butterfly
7	Boys 8 & Under 25 Butterfly
8	Girls 12 & Under 100 IM
9	Boys 12 & Under 100 IM
10	Girls 8 & Under 25 Backstroke
11	Boys 8 & Under 25 Backstroke
12	Girls 12 & Under 50 Backstroke
13	Boys 12 & Under 50 Backstroke
14	Girls 12 & Under 100 Butterfly
15	Boys 12 & Under 100 Butterfly
16	Girls 8 & Under 25 Breaststroke
17	Boys 8 & Under 25 Breaststroke
18	Girls 12 & Under 100 Breaststroke
19	Boys 12 & Under 100 Breaststroke
20	Girls 11-12 200 Backstroke
21	Boys 11-12 200 Backstroke
22	Girls 8 & Under 25 Freestyle
23	Boys 8 & Under 25 Freestyle
24	Girls 12 & Under 50 Freestyle
25	Boys 12 & Under 50 Freestyle
	SATURDAY PM SESSION
26	Girls 200 IM
27	Boys 200 IM
28	Girls 100 Butterfly
29	Boys 100 Butterfly
30	Girls 200 Backstroke
31	Boys 200 Backstroke
32	Girls 100 Breaststroke
33	Boys 100 Breaststroke
34	Girls 100 Freestyle
35	Boys 100 Freestyle
	SUNDAY AM SESSION
36	Girls 12 & Under 200 IM
37	Boys 12 & Under 200 IM
38	Girls 11-12 200 Butterfly
39	Boys 11-12 200 Butterfly

- 40 Girls 12 & Under 50 Breaststroke
- 41 Boys 12 & Under 50 Breaststroke
- 42 Girls 12 & Under 100 Backstroke
- 43 Boys 12 & Under 100 Backstroke
- 44 Girls 12 & Under 50 Butterfly
- 45 Boys 12 & Under 50 Butterfly
- 46 Girls 12 & Under 200 Breaststroke
- 47 Boys 12 & Under 200 Breaststroke
- 48 Girls 12 & Under 100 Freestyle
- 49 Boys 12 & Under 100 Freestyle

SUNDAY PM

- 50 Girls 200 Freestyle
- 51 Boys 200 Freestyle
- 52 Girls 100 Backstroke
- 53 Boys 100 Backstroke
- 54 Girls 200 Breaststroke
- 55 Boys 200 Breaststroke
- 56 Girls 200 Butterfly
- 57 Boys 200 Butterfly
- 58 Girls 50 Freestyle
- 59 Boys 50 Freestyle

Coach Email:	Club Code:
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