



## **Integrity, Inclusion, Education, Excellence**

### **2022 USSC Trick or Treat Grab Bag Classic**

**Hosted By: Utica Shelby Swim Club**

**October 28-30, 2022**

**Sanction** – This meet is sanctioned by Michigan Swimming, Inc. (MS), as a timed final meet on behalf of USA Swimming (USA-S), Sanction Number MI2223017. MS or USA-S may revoke this sanction at any time in response to the COVID-19 pandemic.

It is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries, including exposure to or infected with COVID-19 which may result in illness, personal injury, permanent disability, and/or death, to anyone during the conduct of the event.

It is further understood and agrees that Michigan Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries, including exposure to or infected with COVID-19 which may result in illness, personal injury, permanent disability, and/or death, to anyone during the conduct of the event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, MICHIGAN SWIMMING, AND Waterford Kettering High School AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

You acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that your family, including child(ren), may be exposed to or infected by COVID-19 while on site at the pool or facility and that such exposure or infection may result in the personal injury,

illness, permanent disability and death. You understand that the risk of becoming exposed to or infected by COVID-19 at the pool or facility may result from the actions, omissions, or negligence of myself and others, including but not limited to employees, volunteers and program participants and their families.

**USSC** will include the above information in meet announcements, heat sheets and posted around the pool facility.

### **COVID-19 Procedures/Requirements**

All athletes, coaches, officials, clubs, spectators, and other individuals participating in this meet or seeking ingress into the facility in which this meet is conducted will abide by (1) all federal, state, and local laws, orders, administrative rules, and guidelines; (2) all protocols outlined in the COVID-19 LSC Supplemental Sanction Requirements documents for this meet; and (3) all COVID-19 preparedness plans for the relevant facility. Failure to maintain strict compliance with all COVID-19 procedures and protocols will result in disciplinary action by the Michigan Swimming, Inc. Board of Directors, including, but not limited to, fines, suspension of certain membership privileges, or referral to the USA Swimming National Board of Review with a recommendation to terminate a member's membership in Michigan Swimming and USA Swimming.

### **Minor Athlete Abuse Prevention Policy Acknowledgement**

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

### **Location**

**Waterford Kettering High School**

**2800 Kettering Dr.**

**Waterford, MI 48329**

### **Times**

**Friday PM 4:30pm Warm-up, 5:30pm Start**

**Saturday AM 7:30am Warm-up, 8:40am Start**

**Saturday PM 11am Warm-up, 12:10pm Start**

**Sunday AM 7:30am Warm-up, 8:40am Start**

**Sunday PM 11am Warm-up, 12:10pm Start**

**\*Adjustments to these times will be communicated with all participating teams after entries close.**

### **Facilities**

**Waterford Kettering High School**, is a(n) **8** lane pool **with a 3 lane supervised warm-up and warm down area available**. Depth at start is 8'<sup>1</sup> and 4' at turn. Permanent starting blocks and non-turbulent lane markers will be used. **Colorado Timing with an 8 lane display will be used.**

### **Course Certification**

The competition course has not been certified in accordance with 104.2.2C(4)

### **Meet Format**

**Timed Finals.**

### **Eligibility**

All athletes and clubs registered with Michigan Swimming or another USA Swimming LSC are eligible to participate in this meet.

### **Entry Procedures**

Entries may be submitted to the Administrative Official as of **Friday, October 7<sup>th</sup> 9am**. The Administrative Official must receive all entries no later than **Friday, October 21<sup>st</sup> 6pm**. Entries must include correct swimmer name (as registered with USA/MS Swimming), age and USA number. All individual entries should be submitted via electronic mail at the e-mail address listed in the last section of this meet information packet.

### **Entry Acceptance and Processing**

Entries will be accepted and processed on a first come, first served basis in the order in which they are received after the entry open date listed above.

### **Individual Entry Limits**

**Maximum of 2 individual events on Friday, maximum of 4 individual events on Saturday, and maximum of 4 individual events on Sunday.**

### **Entry Fees**

**\$5** per individual event. Make checks payable to **USSC**.

### **Surcharges**

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<sup>1</sup> Depth at Start must meet State of Michigan requirements.

A \$1.00 per athlete Michigan Swimming athlete surcharge applies. An additional facility surcharge of \$7.50 per athlete also applies.

### **Paper Entries**

MS rules regarding non-electronic entries apply. **\$6** per individual event. There is \$1.00 additional charge per event paid if the entry is not submitted in Hy-Tek format. Any surcharges detailed in the previous section also apply to paper entries. Paper entries may be submitted to the Administrative Official on a spreadsheet of your choice however, the paper entry must be logically formatted and must contain all pertinent information to allow the Administrative Official to easily enter the swimmer(s) in the correct events with correct seed times.

### **Refunds**

Once a team or individual entry has been received and processed by the Administrative Official there are no refunds in full or in part unless the "over qualification exception" applies (see MS Rules).

### **Entry Paperwork**

Your club's Entry, Entry Summary Sheet, Release/Waiver, Certification of Entered Athletes and Check should be sent via U.S. mail or nationally recognized overnight courier to:

**USSC**  
**PO Box 182032**  
**Shelby Township, MI 48318**

### **Check In**

Check-in will be required and will be located **in the hallway outside of the athlete entrance to the pool**. Athletes who fail to check-in will be scratched from the session.

### **Marshaling**

Self-Marshalled meet.

### **Seeding**

The meet will be **pre-seeded** after entries are closed.

### **Deck Entries**

Deck entries will be allowed and will be conducted in accordance with current Michigan Swimming, Inc. rules & procedures, including all Michigan Swimming, Inc. COVID-specific sanctioning or approval policies. Only athletes who are registered with Michigan Swimming or another USA Swimming LSC, on the first day of the meet will be eligible.

Deck Entry fees are as follows: \$7.50/event + all applicable surcharges.

### **Meet Programs/Admissions**

**Heat sheets will be available for \$3/each. Admissions \$5 per day per person.**

### **Scoring**

**No Individual or Team Scoring.**

### **Awards**

**Heat Winners and Awards for Top 16 for 12 & Under Events. 12 & Under 500 will be awarded as 10 & Under and 11-12.**

### **Results**

Complete Official meet results will be posted on the Michigan Swimming Website at <http://www.miswim.org/>. Unofficial results will also be available on flash drive (HY-TEK Team Manager result file) upon request. Teams must provide their own flash drive.

### **Concessions**

No food or beverage will be allowed on the deck of the pool, in the locker rooms or in the spectator areas. A hospitality area will be available for coaches and officials.

### **Lost and Found**

Articles may be turned in/picked up at **the Lifeguard Office on the pool deck**. Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days (any longer period shall be in the sole discretion of the Meet Director).

### **Swimming Safety**

Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. The same rules will apply with respect to the warm-down pool and diving well. Penalties for violating these rules will be in the sole discretion of the Meet Referee which may include ejection from the meet.

## **Racing Start Certification**

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

## **Deck Personnel/Locker Rooms/Credentialing**

Only registered and current coaches, athletes, officials and meet personnel are allowed on the deck or in locker rooms. Access to the pool deck may only be granted to any other individual in the event of emergency through approval by the Meet Director or the Meet Referee. The Michigan Swimming Board of Directors, Officials Chairs of MS, and the Michigan Swimming Office staff are authorized deck personnel at all MS meets. Personal assistants/helpers of athletes with a disability shall be permitted when requested by an athlete with a disability or a coach of an athlete with a disability.

Lists of registered coaches, certified officials and meet personnel will be placed outside the **hallway** to the **pool deck**. Meet personnel will check the list of approved individuals and issue a credential to be displayed at all times during the meet. This credential will include the host team **USSC** as well as the function of the individual being granted access to the pool deck (Coach, Official, Timer, or Meet Personnel). In order to obtain a credential, Coaches and Officials must be current in all certifications through the final date of the meet. Meet personnel must return the credential at the conclusion of working each day and be reissued a credential daily.

All access points to the pool deck and locker rooms will either be secured or staffed by a meet worker checking credentials throughout the duration of the meet.

## **Swimmers with Disabilities**

All swimmers are encouraged to participate. If any of your swimmers have special needs or requests, please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.

## **First Aid**

Supplies will be kept in **the Lifeguard Office**.

## **Facility Items**

- (A) No smoking is allowed in the building or on the grounds of any facility listed above.
- (B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.

- (C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.
- (D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection at the **Pool Office**.
- (E) To comply with USA Swimming privacy and security policy, the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- (F) Deck changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes is **prohibited**.
- (G) Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

### **General Information and Errors/Omissions**

Any errors or omissions in the program will be documented and signed by the Meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting.

### **Meet Personnel**

**Meet Director:** Erica Thomas coach\_erica@yahoo.com

**Meet Referee:** Holly Russell hrussell.ussc@gmail.com

**Safety Marshal:** Rob Threlkeld

**Administrative Official:** Ahern Naylis [usscentries@gmail.com](mailto:usscentries@gmail.com)

	<b>Sanction #: M12223017</b>
	<b>FRIDAY PM EVENTS</b>
1	Girls 12 & Under 400 IM
2	Boys 12 & Under 400 IM
3	Girls 13 & Over 400 IM
4	Boys 13 & Over 400 IM
5	Girls 12 & Under 500 Freestyle
6	Boys 12 & Under 500 Freestyle
7	Girls 13 & Over 500 Freestyle
8	Boys 13 & Over 500 Freestyle
	<b>SATURDAY AM EVENTS</b>
9	Girls 11-12 200 Freestyle
10	Girls Open 200 Freestyle
11	Boys Open 200 Freestyle
12	Girls 11-12 100 Butterfly
13	Girls Open 100 Butterfly
14	Boys Open 100 Butterfly
15	Girls 11-12 100 Backstroke
16	Girls Open 100 Backstroke
17	Boys Open 100 Backstroke
18	Girls 11-12 100 IM
19	Girls Open 200 Breaststroke
20	Boys Open 200 Breaststroke
21	Girls 11-12 50 Breaststroke
22	Girls Open 50 Freestyle
23	Boys Open 50 Freestyle
24	Girls 11-12 50 Freestyle
	<b>SATURDAY PM</b>
25	Boys 11-12 100 Freestyle
26	Girls 10 & Under 100 Freestyle
27	Boys 10 & Under 100 Freestyle
28	Girls 8 & Under 50 Freestyle
29	Boys 8 & Under 50 Freestyle
30	Boys 11-12 50 Backstroke
31	Girls 10 & Under 50 Backstroke
32	Boys 10 & Under 50 Backstroke
33	Girls 8 & Under 25 Backstroke
34	Boys 8 & Under 25 Backstroke
35	Boys 11-12 200 IM
36	Girls 10 & Under 200 IM
37	Boys 10 & Under 200 IM
38	Girls 8 & Under 100 IM
39	Boys 8 & Under 100 IM



40	Boys 11-12 50 Butterfly
41	Girls 10 & Under 50 Butterfly
42	Boys 10 & Under 50 Butterfly
43	Girls 8 & Under 25 Butterfly
44	Boys 8 & Under 25 Butterfly
45	Boys 11-12 100 Breaststroke
46	Girls 10 & Under 100 Breaststroke
47	Boys 10 & Under 100 Breaststroke
48	Girls 8 & Under 50 Breaststroke
49	Boys 8 & Under 50 Breaststroke
	<b>SUNDAY AM</b>
50	Girls Open 200 Butterfly
51	Boys Open 200 Butterfly
52	Girls 11-12 50 Butterfly
53	Girls Open 200 IM
54	Boys Open 200 IM
55	Girls 11-12 200 IM
56	Girls Open 100 Freestyle
57	Boys Open 100 Freestyle
58	Girls 11-12 100 Freestyle
59	Girls Open 100 Breaststroke
60	Boys Open 100 Breaststroke
61	Girls 11-12 100 Breaststroke
62	Boys Open 200 Backstroke
63	Girls Open 200 Backstroke
64	Girls 11-12 50 Backstroke
	<b>SUNDAY PM</b>
65	Boys 11-12 200 Freestyle
66	Girls 10 & Under 200 Freestyle
67	Boys 10 & Under 200 Freestyle
68	Girls 8 & Under 100 Freestyle
69	Boys 8 & Under 100 Freestyle
70	Boys 11-12 50 Breaststroke
71	Girls 10 & Under 50 Breaststroke
72	Boys 10 & Under 50 Breaststroke
73	Girls 8 & Under 25 Breaststroke
74	Boys 8 & Under 25 Breaststroke
75	Boys 11-12 100 Backstroke
76	Girls 10 & Under 100 Backstroke
77	Boys 10 & Under 100 Backstroke
78	Girls 8 & Under 50 Backstroke
79	Boys 8 & Under 50 Backstroke
80	Boys 11-12 100 IM
81	Girls 10 & Under 100 IM
82	Boys 10 & Under 100 IM
83	Girls 8 & Under 25 Freestyle
84	Boys 8 & Under 25 Freestyle

85	Boys 11-12 100 Butterfly
86	Girls 10 & Under 100 Butterfly
87	Boys 10 & Under 100 Butterfly
88	Girls 8 & Under 50 Butterfly
89	Boys 8 & Under 50 Butterfly
90	Boys 11-12 50 Freestyle
91	Girls 10 & Under 50 Freestyle
92	Boys 10 & Under 50 Freestyle

