



Integrity, Inclusion, Education, Excellence

Open Invitational BBD Day After Meet

Hosted By: Birmingham Blue Dolphins

March 12th, 2023

Sanction. This meet is sanctioned by Michigan Swimming, Inc. (MS), as a timed final meet on behalf of USA Swimming (USA-S), Sanction Number **MI2223087**. MS or USA-S may revoke this sanction at any time in response to the COVID-19 pandemic.

It is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries, including exposure to or infected with COVID-19 which may result in illness, personal injury, permanent disability, and/or death, to anyone during the conduct of the event.

It is further understood and agrees that Michigan Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries, including exposure to or infected with COVID-19 which may result in illness, personal injury, permanent disability, and/or death, to anyone during the conduct of the event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, MICHIGAN SWIMMING, AND BIRMINGHAM SEAHOLM HIGH SCHOOL AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

You acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that your family, including child(ren), may be exposed to or infected by COVID-19 while on site at the pool or facility and that such exposure or infection may result in the personal injury, illness, permanent disability and death. You understand that the risk of becoming exposed

to or infected by COVID-19 at the pool or facility may result from the actions, omissions, or negligence of myself and others, including but not limited to employees, volunteers and program participants and their families.

BBD will include the above information in meet announcements, heat sheets and posted around the pool facility.

COVID-19 Procedures/Requirements

All athletes, coaches, officials, clubs, spectators, and other individuals participating in this meet or seeking ingress into the facility in which this meet is conducted will abide by (1) all federal, state, and local laws, orders, administrative rules, and guidelines; (2) all protocols outlined in the COVID-19 LSC Supplemental Sanction Requirements documents for this meet; and (3) all COVID-19 preparedness plans for the relevant facility. Failure to maintain strict compliance with all COVID-19 procedures and protocols will result in disciplinary action by the Michigan Swimming, Inc. Board of Directors, including, but not limited to, fines, suspension of certain membership privileges, or referral to the USA Swimming National Board of Review with a recommendation to terminate a member's membership in Michigan Swimming and USA Swimming.

Minor Athlete Abuse Prevention Policy Acknowledgement

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. There will be at least two marshals at this competition, with at least one of each gender.

Location

Birmingham Seaholm High School
2436 West Lincoln
Birmingham, MI 48009

Times

- Deck registration opens at 7:15 am
- Warm-up starts at 8:00 am
- Round One events start at 9:00 am
- Rounds Two and Three will begin as soon as practical following the completion of the previous round.

Facilities. Birmingham Seaholm High School is an 8-lane pool with a supervised warm-up and warm down area available; 6 lanes will be used as competition lanes. Depth at start is 12ft and 4 ft at turn. Permanent starting blocks and non-turbulent lane markers will be used. Colorado timing system with an 8-lane display will be used.

Course Certification. The competition course has not been certified in accordance with 104.2.2C(4)

Meet Format. The BBD Day After Meet is a Timed Final meet consisting of one Session with three rounds.

Round 1 will only be accepting electronic entries. Round 2 and 3 will take both electronic and deck entries.

Eligibility. All athletes (**aged 11 years old and older**) and clubs registered with Michigan Swimming or another USA Swimming LSC are eligible to participate in this meet.

Entry Procedures. Entries may be submitted to the Administrative Official as of **February 20th, 2023 at 9 am**. The Administrative Official must receive all entries no later than **March 6th, 2023 at midnight**. Entries must include correct swimmer name (as registered with USA/MS Swimming), age and USA number. All individual entries should be submitted via electronic mail at the e-mail address listed in the last section of this meet information packet.

Entry Acceptance and Processing. Entries will be accepted and processed on a first come, first served basis in the order in which they are received after the entry open date listed above.

Individual Entry Limits. Swimmers may swim in any or all Rounds, up to 6 individual events total. There is no limit on the number of relays a swimmer may swim

Entry Fees. **\$5** per individual event and **\$12** for relays. Make checks payable to **BBD Boosters, Inc.**

Surcharges: A \$1.00 per athlete Michigan Swimming athlete surcharge applies.

Paper Entries. MS rules regarding non-electronic entries apply. **\$6.00** per individual event and **\$13** per relay. There is \$1.00 additional charge per event paid if the entry is not submitted in Hy-Tek format. The \$1.00 Michigan Swimming surcharge detailed in the previous section also applies to paper entries. Paper entries may be submitted to the Administrative Official on a spreadsheet of your choice however, the paper entry must be logically formatted and must contain all pertinent information to allow the Administrative Official to easily enter the swimmer(s) in the correct events with correct seed times.

Refunds. Once a team or individual entry has been received and processed by the Administrative Official there are no refunds in full or in part unless the "over qualification exception" applies (see MS Rules).

Entry Paperwork. Your club's Entry, Entry Summary Sheet, Release/Waiver, Certification of Entered Athletes and Check should be sent via U.S. mail or nationally recognized overnight courier to:

Alyssa De Leon
13963 Cranston Street
Livonia, MI 48154

Check In. Check-in will be required and will be located **on the pool deck by the control room**.

Marshaling. This meet will be self-marshaled

Seeding. Seeding will occur after processing entries for each round. Entries for Round 1 close at 8:00 am. **Entries for subsequent Rounds close at the completion of the prior Round**, but the Meet Referee may extend Entry close at his discretion to provide for extenuating circumstances. **Coaches and athletes are encouraged to submit entries as early as possible to avoid delays.** All events will be seeded slowest to fastest.

Deck Entries. Deck entries (**\$7.00 per individual event and \$15 per relay**) will be allowed and will be conducted in accordance with current Michigan Swimming, Inc. rules & procedures, including all Michigan Swimming, Inc. COVID-specific sanctioning or approval policies.

Meet Programs/Admissions. There will be no meet programs and no admission fees.

Scoring. No individual or team scoring will be kept

Awards. No awards will be given out

Results. Complete Official meet results will be posted on the Michigan Swimming Website at <http://www.miswim.org/>. Unofficial results will also be available on flash drive (HY-TEK Team Manager result file) upon request. Teams must provide their own flash drive.

Concessions. There will be no concessions. No food or beverage will be allowed on the deck of the pool, in the locker rooms or in the spectator areas. A hospitality area will be available for coaches and officials.

Lost and Found. Articles may be turned in/picked up at **entrance to the pool deck**. Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days (any longer period shall be in the sole discretion of the Meet Director).

Swimming Safety

Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. The same rules will apply with respect to the warm-down pool and diving well. Penalties for violating these rules will be in the sole discretion of the Meet Referee which may include ejection from the meet.

Racing Start Certification

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Deck Personnel/Locker Rooms/Credentialing

Only registered and current coaches, athletes, officials and meet personnel are allowed on the deck or in locker rooms. Access to the pool deck may only be granted to any other individual in the event of emergency through approval by the Meet Director or the Meet Referee. The Michigan Swimming Board of Directors, Officials Chairs of MS, and the Michigan Swimming Office staff are authorized deck personnel at all MS meets. Personal assistants/helpers of athletes with a disability shall be permitted when requested by an athlete with a disability or a coach of an athlete with a disability.

Lists of registered coaches, certified officials and meet personnel will be placed outside the **hallway** to the **locker rooms/pool deck**. Meet personnel will check the list of approved individuals and issue a credential to be displayed at all times during the meet. This credential will include the host team **logo, name** as well as the function of the individual being granted access to the pool deck (Coach, Official, Timer, or Meet Personnel). In order to obtain a credential, Coaches and Officials must be current in all certifications through the final date of

the meet. Meet personnel must return the credential at the conclusion of working each day and be reissued a credential daily.

All access points to the pool deck and locker rooms will either be secured or staffed by a meet worker checking credentials throughout the duration of the meet.

Swimmers with Disabilities. All swimmers are encouraged to participate. If any of your swimmers have special needs or requests, please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm-ups.

First Aid. Supplies will be kept in the control room on deck.

Medical Supervision

Lifeguards will not be available.

Facility Items

- (A) No smoking is allowed in the building or on the grounds of any facility listed above.
- (B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.
- (C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.
- (D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection at the control room on deck.
- (E) To comply with USA Swimming privacy and security policy, the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- (F) Deck changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes is prohibited.
- (G) Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

General Information and Errors/Omissions

Any errors or omissions in the program will be documented and signed by the Meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting.

Meet Personnel

Meet Director: Bill Clifford wcliffordjr@gmail.com (a USA Swimming member)

Meet Referee: Jeff Wilkins / (313) 574-3638 / jeffrey.wilkins@comcast.net

Safety Marshal: Peter Leonhart

Administrative Official: Alyssa De Leon/(313) 399-8289/swimentriesAW@gmail.com

Schedule of Events
Sanction Number: MI2223087

Notes:

1. Events will run through 3 times except for the 1000 Free & 1650 Free, which are only offered in Round One.
2. Swimmers may swim all three rounds.
3. Round Two events will start with a 2XX and Round Three events will start with a 3XX.
4. Rounds Two and Three will begin as soon as practical after the completion of the previous round.

Girls	Event	Boys
101	11 and Over 1000 Free	102
103	11 and Over 1650 Free	104
105	11 and Over 200 Yard Freestyle Relay	106
107	11 and Over 500 Free	108
109	11 and Over 200 Individual Medley	110
111	11 and Over 50 Free	112
113	11 and Over 400 Medley Relay	114
	5-Minute Break	
115	11 and Over 200 Medley Relay	116
117	11 and Over 400 Individual Medley	118
119	11 and Over 100 Butterfly	120
121	11 and Over 200 Free	122
123	11 and Over 100 Breaststroke	124
125	11 and Over 100 Backstroke	126
127	11 and Over 800 Free Relay	128
	5-minute Break	
129	11 and Over 100 Individual Medley	130
131	11 and Over 200 Backstroke	132
133	11 and Over 100 Free	134
135	11 and Over 200 Breaststroke	136
137	11 and Over 200 Butterfly	138
139	11 and Over 400 Free Relay	140

