



Integrity, Inclusion, Education, Excellence

The 2021 JAWS First Chance Meet

Long Course Open Invitational

Hosted By: Jenison Area Wildcat Swimming

Saturday, May 29, 2021

Sanction – This meet is sanctioned by Michigan Swimming, Inc. (MS), as a timed final meet on behalf of USA Swimming (USA-S), Sanction Number **MI2021075**. MS or USA-S may revoke this sanction at any time in response to the COVID-19 pandemic.

It is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries, including exposure to or infected with COVID-19 which may result in illness, personal injury, permanent disability, and/or death, to anyone during the conduct of the event.

It is further understood and agrees that Michigan Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries, including exposure to or infected with COVID-19 which may result in illness, personal injury, permanent disability, and/or death, to anyone during the conduct of the event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, MICHIGAN SWIMMING, AND JAWS AND JENISON PUBLIC SCHOOLS AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

You acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that your family, including child(ren), may be exposed to or infected by COVID-19 while on site at the pool or facility and that such exposure or infection may result in the personal injury, illness,

permanent disability and death. You understand that the risk of becoming exposed to or infected by COVID-19 at the pool or facility may result from the actions, omissions, or negligence of myself and others, including but not limited to employees, volunteers and program participants and their families.

JAWS will include the above information in meet announcements, heat sheets and posted around the pool facility.

COVID-19 Procedures/Requirements

All athletes, coaches, officials, clubs, spectators, and other individuals participating in this meet or seeking ingress into the facility in which this meet is conducted will abide by (1) all federal, state, and local laws, orders, administrative rules, and guidelines; (2) all protocols outlined in the COVID-19 LSC Supplemental Sanction Requirements documents for this meet; and (3) all COVID-19 preparedness plans for the relevant facility. Failure to maintain strict compliance with all COVID-19 procedures and protocols will result in disciplinary action by the Michigan Swimming, Inc. Board of Directors, including, but not limited to, fines, suspension of certain membership privileges, or referral to the USA Swimming National Board of Review with a recommendation to terminate a member's membership in Michigan Swimming and USA Swimming.

Everyone in the Jenison HS Aquatic Center will be required to wear a mask at all times and maintain appropriate social distancing. Swimmers may remove masks just prior to entering the water for competition or warm-up/warm-down.

Minor Athlete Abuse Prevention Policy Acknowledgement

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Location

Jenison HS Aquatic Center
2140 Bauer Road Jenison, MI 49428

616-667-3571

Times

Saturday Morning

Balcony opens: 8:15 AM

Warm up Starts: 8:30 AM

Check in Closes: 8:45 AM

Events Begin: 9:30 AM

Saturday Afternoon

Warm up Starts: immediately following the morning session, but not before 12:30PM

*Should we need to slide warm up back to not surpass capacity all teams will be notified. Afternoon athletes are not allowed to arrive early and will be held outside if the morning meet is not finished.

Check in Closes: 15 minutes after warm up begins.

Events Begin: One hour after warm up begins.

JAWS reserves the right to combine sessions if in the best interest of the athletes.

Facilities

The Jenison High School Aquatics Center is an 8 lane 50-meter pool. Lanes 2 through 8 will be used for competition and lane 1 will be available for supervised warm-up and warm-down. Depth at start is 13'11"¹ and 4'6" at turn. Movable starting blocks and non-turbulent lane markers will be used. IST timing with a seven lane display will be used. There is ample balcony seating for spectators. Lockers are available (provide your own lock). Public phones will not be available. The competition course has not been certified in accordance with 104.2.2C (4).

Course Certification

The competition course has not been certified in accordance with 104.2.2C(4)

Meet Format

This meet is an open invitational, timed finals meet with 13 & over swimmers in the AM and 12 & under swimmers in the PM. The pace of the meet will be such that athletes will have time to report to the blocks. Please do not allow your swimmers behind their lane until one heat prior to their race.

Eligibility

All athletes and clubs registered with Michigan Swimming or another USA Swimming LSC are eligible to participate in this meet.

Entry Procedures

Entries may be submitted to the Administrative Official as of Saturday, May 1, 2021 at 6:00PM. The Administrative Official must receive all entries no later than Saturday, May 15, 2021, at 6:00PM. Entries must include correct swimmer name (as registered with USA/MS Swimming), age, and USA number. All individual entries should be submitted via electronic mail at the e-mail address listed in the last section of this meet information packet. Entries will close when the deck capacity limit is reached.

Entry Acceptance and Processing

Entries will be accepted and processed in totality after the entry close date beginning with the club having the smallest total number of entries and moving sequentially to the club having the largest total number of entries, except that the host club reserves the right to fill up to 50% of each session with its own entries before processing those of other clubs.

Individual Entry Limits

All swimmers may enter up to four events.

Entry Fees

\$5.00 per individual event. Make checks payable to: JAWS.

Surcharges

No Michigan Swimming athlete surcharge applies.

Paper Entries

MS rules regarding non-electronic entries apply. \$6.00 per individual event. There is \$1.00 additional charge per event paid if the entry is not submitted in Hy-Tek format. Any surcharges

¹Depth at Start must meet State of Michigan requirements.

detailed in the previous section also apply to paper entries. Paper entries may be submitted to the Administrative Official on a spreadsheet of your choice however, the paper entry must be logically formatted and must contain all pertinent information to allow the Administrative Official to easily enter the swimmer(s) in the correct events with correct seed times.

Refunds

Once a team or individual entry has been received and processed by the Administrative Official there are no refunds in full or in part unless the "over qualification exception" applies (see MS Rules).

Entry Paperwork

Your club's Entry, Entry Summary Sheet, Release/Waiver, Certification of Entered Athletes and Check should be sent via U.S. mail or nationally recognized overnight courier to:

Nicole Vos
Jenison HS Aquatic Center
2140 Bauer Road
Jenison, MI 49428

Check In

Check-in will be required. It will be available 30 minutes prior to warm up. Failure to check in will cause the swimmer to be scratched from all events in that session. Check in will close 15 minutes after the start of warm up for each session. Check in sheets will be separated by team and handed out to respective coaches. Coaches must complete check in and return to the pool office 15 minutes after the start of warm up for each session.

Athletes must arrive in their suits. Locker rooms will not be open for changing before or after the meet. The only exception is bathroom use and changing into tech suits as needed.

Marshaling

There is no marshaling in this meet. Heat sheets will be posted for self-marshaling for all age groups underneath the American Flag and the scoreboard.

Seeding

All events are timed finals and will be seeded slowest to fastest after check-in closes and scratches are processed.

Deck Entries

Deck entries will be allowed and will be conducted in accordance with current Michigan Swimming, Inc. rules & procedures, including all Michigan Swimming, Inc. COVID-specific sanctioning or approval policies. The deck entry fee is \$7.50 per individual event. If an athlete is not currently registered with Michigan Swimming or another USA Swimming LSC, the athlete must deck register for a \$164.00 fee before being entered into the meet.

Admissions/Volunteering Opportunity/Meet Programs/Link for viewing

Admission is \$5.00 per person. **Each swimmer will be allowed one spectator.** JAWS reserves the right to change the admissions policy at any time in response to the COVID-19 pandemic and JPS policies.

JAWS is looking for timers for the First Chance Meet. If you are willing to time a session in its entirety email Nicole at nvos@jpsonline.org. Tell her your name, team, phone number, and which

session you are able to time. Nicole will confirm your volunteer position as timer and give additional information regarding meet day.

Heat sheets will be available at the admissions table for \$2.00 when announced as available.

The JAWS First Chance meet can be viewed at <https://www.jpsonline.org/athletics/live-events/>

Scoring

No team or individual scoring will be kept.

Awards

There will not be awards.

Results

Complete Official meet results will be posted on the Michigan Swimming Website at <http://www.miswim.org/>. Unofficial results will also be available on flash drive (HY-TEK Team Manager result file) upon request. Teams must provide their own flash drive.

Concessions

No concessions will be available. No food or beverage will be allowed on the deck of the pool, in the locker rooms or in the spectator areas. Snacks, drinks, and alight lunch will be provided for coaches and officials only.

Lost and Found

Articles may be turned in/picked up at the pool office. Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days (any longer period shall be in the sole discretion of the Meet Director).

Swimming Safety

Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. The same rules will apply with respect to the warm-down pool and diving well. Penalties for violating these rules will be in the sole discretion of the Meet Referee which may include ejection from the meet.

Racing Start Certification

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Deck Personnel/Locker Rooms/Credentialing

Only registered and current coaches, athletes, officials and meet personnel are allowed on the deck or in locker rooms. Access to the pool deck may only be granted to any other individual in the event of emergency through approval by the Meet Director or the Meet Referee. The Michigan Swimming Board of Directors, Officials Chairs of MS, and the Michigan Swimming Office staff are authorized deck personnel at all MS meets. Personal assistants/helpers of athletes with a disability shall be permitted when requested by an athlete with a disability or a coach of an athlete with a disability.

Lists of registered coaches, certified officials and meet personnel will be placed outside the door to the family locker room. Meet personnel will check the list of approved individuals and issue a

credential to be displayed at all times during the meet. This credential will include the host team JAWS as well as the function of the individual being granted access to the pool deck (Coach, Official, Timer, or Meet Personnel). In order to obtain a credential, Coaches and Officials must be current in all certifications through the final date of the meet. Meet personnel must return the credential at the conclusion of working each day and be reissued a credential daily.

All access points to the pool deck and locker rooms will either be secured or staffed by a meet worker checking credentials throughout the duration of the meet.

Swimmers with Disabilities

All swimmers are encouraged to participate. If any of your swimmers have special needs or requests, please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.

First Aid

Supplies will be kept with the lifeguards on duty.

Facility Items

- (A) No smoking is allowed in the building or on the grounds of any facility listed above.
- (B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.
- (C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.
- (D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection at the pool office.
- (E) To comply with USA Swimming privacy and security policy, the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- (F) Deck changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes is prohibited.
- (G) Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

General Information and Errors/Omissions

Any errors or omissions in the program will be documented and signed by the Meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting.

Meet Director – Nicole Vos, nvos@jpsonline.org, 616-667-3571

Meet Referee – Jon Smitley, smitleyswim@gmail.com

Safety Marshal – Christine Wisniewski

Administrative Official – Ruth Andegeko, ruthandeaogmail.com, 616-821-9795

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Hosted By: Jenison Area Wildcat Swimming

Saturday, May 29, 2021

Sanction Number MI2021075

AM Session

Warm-Up: 8:30am

Check in Closes at 8:45am

Start: 9:30am

<u>Girls Events</u>	<u>Events (all 13 & Over)</u>	<u>Boys Events</u>
1	400 IM	2
3	200 Freestyle	4
5	100 Breaststroke	6
7	200 Butterfly	8
9	100 Freestyle	10
11	200 Backstroke	12
13	100 Butterfly	14
15	200 Breaststroke	16
17	100 Backstroke	18
19	50 Freestyle	20
21	200 IM	22
23	400 Freestyle	24

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Sanction Number MI2021075

PM Session

Warm-Up: Immediately following AM session but not before 12:30pm

Check In Closes: 15 minutes after the start of Warm-up

Meet Starts: one hour after the start of Warm-ups

<u>Girls Events</u>	<u>Events (all 12 & Under)</u>	<u>Boys Events</u>
25	400 IM	26
27	200 Freestyle	28
29	100 Breaststroke	30
31	50 Butterfly	32
33	200 IM	34
35	100 Backstroke	36
37	50 Breaststroke	38
39	100 Freestyle	40
41	200 Backstroke	42
43	100 Butterfly	44
45	50 Freestyle	46
47	200 Breaststroke	48
49	50 Backstroke	50
51	200 Butterfly	52
53	400 Freestyle	54

