



**Integrity, Inclusion, Education, Excellence**

**2022 HVPSC IMX Challenge Open Invitational**

**Hosted By: Huron Valley Penguins**

**October 14-16, 2022**

**Sanction** – This meet is sanctioned by Michigan Swimming, Inc. (MS), as a timed final meet on behalf of USA Swimming (USA-S), Sanction Number **MI2223016**. MS or USA-S may revoke this sanction at any time in response to the COVID-19 pandemic.

It is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries, including exposure to or infected with COVID-19 which may result in illness, personal injury, permanent disability, and/or death, to anyone during the conduct of the event.

It is further understood and agrees that Michigan Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries, including exposure to or infected with COVID-19 which may result in illness, personal injury, permanent disability, and/or death, to anyone during the conduct of the event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, MICHIGAN SWIMMING, AND **Milford High School/Huron Valley Schools, and Huron Valley Penguins Swim Club** AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

You acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that your family, including child(ren), may be exposed to or infected by COVID-19 while on site at the pool or facility and that such exposure or infection may result in the personal injury, illness, permanent disability and death. You understand that the risk of becoming exposed

to or infected by COVID-19 at the pool or facility may result from the actions, omissions, or negligence of myself and others, including but not limited to employees, volunteers and program participants and their families.

**Huron Valley Penguins** will include the above information in meet announcements, heat sheets and posted around the pool facility.

**COVID-19 Procedures/Requirements** - All athletes, coaches, officials, clubs, spectators, and other individuals participating in this meet or seeking ingress into the facility in which this meet is conducted will abide by (1) all federal, state, and local laws, orders, administrative rules, and guidelines; (2) all protocols outlined in the COVID-19 LSC Supplemental Sanction Requirements documents for this meet; and (3) all COVID-19 preparedness plans for the relevant facility. Failure to maintain strict compliance with all COVID-19 procedures and protocols will result in disciplinary action by the Michigan Swimming, Inc. Board of Directors, including, but not limited to, fines, suspension of certain membership privileges, or referral to the USA Swimming National Board of Review with a recommendation to terminate a member's membership in Michigan Swimming and USA Swimming.

**Minor Athlete Abuse Prevention Policy Acknowledgement** - All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

## **Location**

Milford High School  
2380 S Milford Rd  
Highland, MI 48357

## **Times**

<b>Friday PM:</b>	<b>Warm-up Starts 5:00pm Events Begin 6:00pm</b>
<b>Saturday AM:</b>	<b>Warm-up Starts 9:00am Events Begin 10:00am</b>
<b>Saturday PM:</b>	<b>Warm-up: 30mins after the completion of the AM session but not before 12:00pm.</b> <b>Start: 1 hour after warm-up begins.</b>
<b>Sunday AM:</b>	<b>Warm-up Starts 9:00am Events Begin 10:00am</b>
<b>Sunday PM:</b>	<b>Warm-up: 30mins after the completion of the AM session but not before 12:00pm.</b> <b>Start: 1 hour after warm-up begins.</b>

## **Facilities**

Milford High School Pool, is an 8 lane pool with a supervised warm-up and warm down area available. Depth at start is 8 feet<sup>1</sup> and 4 feet at turn. Permanent starting blocks and non-

---

<sup>1</sup> Depth at Start must meet State of Michigan requirements.

turbulent lane markers will be used. Colorado timing system with an 8 lane display will be used.

**Course Certification** - The competition course has not been certified in accordance with 104.2.2C(4)

### **Meet Format –**

#### **Eligibility –**

All athletes and clubs registered with Michigan Swimming or another USA Swimming LSC are eligible to participate in this meet.

The focus of this meet is to compete in the IMX or IMR Challenge:

#### **IMR Events: 8 & Under: 100 Free, 100 IM, 50 Fly, 50 Back and 50 Breast:**

IMR Event #: 8 & U Girls (#64, #24, #84, #74 and #34)

IMR Event #: 8 & U Boys (#65, #25, #85, #75 and #35)

#### **IMR Events: 9-10: 100 Free, 100 IM, 50 Fly, 50 Back and 50 Breast:**

IMR Event #: 9-10 Girls (#12, #77, #27, #17 and #67)

IMR Event #: 9-10 Boys (#13, #78, #28, #18 and #68)

#### **11 & Older Swimmers can choose to compete in the IMX Extreme Challenge:**

11-12 Events: 500 Free, 200 IM, 100 Fly, 100 Back, 100 Breast

Girls Event #: (# 5, # 51, # 109, #99, #36)

Boys Event #: (#6, #21, #81, #71, #31)

Note: 11-12 Boys will be swimming in the AM Sessions and 11-12 Girls will be swimming in the PM sessions.

13-14 Events: 500 Free, 400 IM, 200 IM, 200 Fly, 200 Back, and 200 Breast.

Girls Event #: (#7, #1, #52, #110, #42, #100)

Boys Event #: (#8, #2, #53, #111, #43, #101)

15 & Over Events: 500 Free, 400 IM, 200 IM, 200 Fly, 200 Back, and 200 Breast

Girls Event #: (#9, #3, #54, #112, #44, #102)

Boys Event #: (#10, #4, #55, #113, #45, #103)

### **Entry Procedures**

Entries may be submitted to the Administrative Official as of **September 29th at 5:00pm.** The Administrative Official must receive all entries no later than **October 7th at 9:00pm.** Entries must include the correct swimmer name (as registered with USA/MS Swimming), age and USA number. All individual entries should be submitted via electronic mail at the e-mail address listed in the last section of this meet information packet.

**Entry Acceptance and Processing** - Entries will be accepted and processed on a first come, first served basis in the order in which they are received after the entry open date listed above.

### **Individual Entry Limits**

The maximum individual entry limit is 2 events on Friday, and no more than 4 individual events in any session on Saturday and Sunday. USA Swimming rules permit no more than 6 individual events per day in a timed finals format.

### **Entry Fees**

**\$5.00** per individual event Make checks payable to **Huron Valley Penguins Swim Club**

**Surcharges** - A \$1.00 per athlete Michigan Swimming athlete surcharge applies.

### **Paper Entries**

MS rules regarding non-electronic entries apply. **\$6.00** per individual event. There is \$1.00 additional charge per event paid if the entry is not submitted in Hy-Tek format. Any surcharges detailed in the previous section also apply to paper entries. Paper entries may be submitted to the Administrative Official on a spreadsheet of your choice however, the paper entry must be logically formatted and must contain all pertinent information to allow the Administrative Official to easily enter the swimmer(s) in the correct events with correct seed times.

**Refunds** - Once a team or individual entry has been received and processed by the Administrative Official there are no refunds in full or in part unless the "over qualification exception" applies (see MS Rules)

**Entry Paperwork** - Your club's Entry, Entry Summary Sheet, Release/Waiver, Certification of Entered Athletes and Check should be sent via U.S. mail or nationally recognized overnight courier to:

**Huron Valley Penguins Swim Club**

**10325 Glynn Rd.**

**White Lake, MI 48386**

### **Check In**

Check-in will be required and will be located **in the lower hallway in front of the locker room entrances. Check-In closes 15 mins after warm-up begins.**

**Marshaling** - This is a Self-Marshaled Meet. Swimmers will be responsible for reporting to the start blocks on their own.

**Seeding** - Seeding will be completed after check in closes. Swimmers who fail to check in for an event will be scratched from that event. All events are timed finals and will be seeded slowest to fastest other than distance events, 500 Free & 400 IM, which will be seeded fastest to slowest.

**Deck Entries** - Deck entries will be allowed and will be conducted in accordance with current Michigan Swimming, Inc. rules & procedures, including all Michigan Swimming, Inc. COVID-specific sanctioning or approval policies. Athletes must be registered with USA swimming prior

to the first day of the meet to be eligible for deck entries. Deck Entries cost \$7.50 per individual entry.

**Meet Programs/Admissions** – Admission will be \$5.00 per person, 8 & Under are free with the paid admission of an adult. Meet programs will be available for \$3.

**Scoring** – High Point Scoring will only be based on IMX/IMR events. Points will be based on the IMX/IMR Power Point Calculator in Meet Manager for each event and tallied to determine the overall IMX/IMR score for the weekend. The scores will determine overall place for each group. A no show in any event will remove the swimmer from the IMX/IMR scoring and IMX/IMR awards.

**Awards** – Ribbons will be awarded to the top 8 swimmers in each individual event. Girls and Boys 10 & U IMR awards will be given to the top three scoring swimmers in 8 & U and 9-10 age groups based on the overall IMR score for the weekend. Girls and Boys IMX awards will be given to the top three scoring swimmers in each individual age group 11-12, 13-14, 15 & Over.

**Results** - Complete Official meet results will be posted on the Michigan Swimming Website at <http://www.miswim.org/>. Unofficial results will also be available on flash drive (HY-TEK Team Manager result file) upon request. Teams must provide their own flash drive.

**Concessions** - Prepackaged food items and beverages will be sold at concessions stand located in the upper hallway near balcony entrance. No food or beverage will be allowed on the deck of the pool, in the locker rooms or in the spectator areas. A hospitality area will be available for coaches and officials.

**Lost and Found** - Articles may be turned in/picked up at **front desk area in the lobby**. Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days (any longer period shall be in the sole discretion of the Meet Director).

**Swimming Safety** - Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. The same rules will apply with respect to the warm-down pool and diving well. Penalties for violating these rules will be in the sole discretion of the Meet Referee which may include ejection from the meet.

**Racing Start Certification** - Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**Deck Personnel/Locker Rooms/Credentialing** - Only registered and current coaches, athletes, officials and meet personnel are allowed on the deck or in locker rooms. Access to the pool deck may only be granted to any other individual in the event of emergency through approval by the Meet Director or the Meet Referee. The Michigan Swimming Board of Directors, Officials Chairs of MS, and the Michigan Swimming Office staff are authorized deck personnel at all MS meets. Personal assistants/helpers of athletes with a disability shall be permitted when requested by an athlete with a disability or a coach of an athlete with a disability.

Lists of registered coaches, certified officials and meet personnel will be placed outside the door to the pool deck. Meet personnel will check the list of approved individuals and issue a credential to be displayed at all times during the meet. This credential will include the host team logo, name as well as the function of the individual being granted access to the pool deck (Coach, Official, Timer, or Meet Personnel). In order to obtain a credential, Coaches and Officials must be current in all certifications through the final date of the meet. Meet personnel must return the credential at the conclusion of working each day and be reissued a credential daily.

All access points to the pool deck and locker rooms will either be secured or staffed by a meet worker checking credentials throughout the duration of the meet.

**Swimmers with Disabilities** - All swimmers are encouraged to participate. If any of your swimmers have special needs or requests, please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.

**First Aid** - Supplies will be kept in the lap pool office.

#### **Facility Items**

- (A) No smoking is allowed in the building or on the grounds of any facility listed above.
- (B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.
- (C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.
- (D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection at the Lap pool office.
- (E) To comply with USA Swimming privacy and security policy, the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- (F) Deck changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes is prohibited.
- (G) Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

#### **General Information and Errors/Omissions**

Any errors or omissions in the program will be documented and signed by the Meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting.

#### **Meet Personnel**

**Meet Director: Lyndsey Kiebel, 248-978-7906, kiebelfamily@gmail.com**

**Meet Referee: Dave Gobel daveg2200@aol.com**

**Safety Marshal:** Janette Heaton

**Administrative Official:** Jeff Heaton/248-930-8367/Keweenaw@gmail.com

**Friday Evening – Session 1**  
Friday, October 14<sup>th</sup>, 2022  
Warm up 5:00 PM, Start 6:00 PM

<b>Girls Event #</b>	<b>Age</b>	<b>Event</b>	<b>Boys Event #</b>
1	13-14	400 IM**	2
3	15 & Over	400 IM**	4
5	11-12	500 FREE**	6
7	13-14	500 FREE**	8
9	15 & Over	500 FREE**	10

**Saturday Morning – Session 2**  
Saturday, October 15<sup>th</sup>, 2022  
Warm up 9:00 AM, Start 10:00 AM

<b>Girls Event#</b>	<b>Age</b>	<b>Event</b>	<b>Boys Event#</b>
-	11-12	100 FREE	11
12	9-10	100 FREE*	13
14	8 & U	50 FREE	15
-	11-12	50 BACK	16
17	9-10	50 BACK*	18
19	8 & U	25 BACK	20
-	11-12	200 IM**	21
22	9-10	200 IM**	23
24	8 & U	100 IM*	25
-	11-12	50 FLY	26

27	9-10	50 FLY*	28
29	8 & U	25 FLY	30
-	11 &12	100 BREAST**	31
32	9-10	100 BREAST**	33
34	8 & U	50 BREAST*	35

All shaded events are IMR or IMX Events

\* IMR Events

\*\* IMX Events



### Saturday Afternoon – Session 3

Saturday, October 15th , 2022  
Warm up 12:00 PM, Start 1:00 PM

Girls Event#	Age	Event	Boys Event#
36	11-12	100 BREAST**	-
37	13-14	100 BREAST	38
39	15 & Over	100 BREAST	40
41	11-12	50 BACK	-
42	13-14	200 BACK**	43
44	15 & Over	200 BACK**	45
46	11-12	100 FREE	-
47	13-14	100 FREE	48
49	15 & Over	100 FREE	50
51	11-12	200 IM**	-
52	13-14	200 IM**	53
54	15 & Over	200 IM**	55
56	11-12	50 FLY	-
57	13-14	100 FLY	58
59	15 & Over	100 FLY	60

All shaded events are IMX Events

\*\* IMX Events

### Sunday Morning – Session 4

Sunday, October 16th , 2022  
Warm up 9:00 AM, Start 10:00 AM

Girls Event #	Age	Event	Boys Event #
-	11-12	200 FREE	61
62	9-10	200 FREE**	63
64	8 & U	100 FREE*	65
-	11-12	50 BREAST	66
67	9-10	50 BREAST*	68
69	8 & U	25 BREAST	70
-	11-12	100 BACK**	71
72	9-10	100 BACK**	73

74	8 & U	50 BACK*	75
-	11-12	100 IM	76
77	9-10	100 IM*	78
79	8 & U	25 FREE	80
-	11-12	100 FLY**	81
82	9-10	100 FLY**	83
84	8 & U	50 FLY*	85
*	11-12	50 FREE	86
87	9-10	50 FREE	88

All shaded events are IMR or IMX Events

\* IMR Events

\*\* IMX Events

**Sunday Afternoon – Session 5**  
Warm up 12:00 PM, Start 1:00 PM

<b>Girls Event#</b>	<b>Age</b>	<b>Event</b>	<b>Boys Event#</b>
89	11-12	200 FREE	-
90	13-14	200 FREE	91
92	15 & Over	200 FREE	93
94	11-12	50 BREAST	-
95	13-14	100 BACK	96
97	15 & Over	100 BACK	98
99	11-12	100 BACK**	-
100	13-14	200 BREAST**	101
102	15 & Over	200 BREAST**	103
104	11-12	100 IM	-
105	13-14	50 FREE	106
107	15 & Over	50 FREE	108
109	11-12	100 FLY**	-
110	13-14	200 FLY**	111
112	15 & Over	200 FLY**	113
114	11-12	50 FREE	-

All shaded events are IMR or IMX Events

\*\* IMX Events

