



Integrity, Inclusion, Education, Excellence

Open Invitational SST “Last Chance” Meet

Hosted By: Saline Swim Team

February 24th – 26th, 2023

Sanction – This meet is sanctioned by Michigan Swimming, Inc. (MS), as a timed final meet on behalf of USA Swimming (USA-S), Sanction Number **MI2223075**. MS or USA-S may revoke this sanction at any time in response to the COVID-19 pandemic.

It is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries, including exposure to or infected with COVID-19 which may result in illness, personal injury, permanent disability, and/or death, to anyone during the conduct of the event.

It is further understood and agrees that Michigan Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries, including exposure to or infected with COVID-19 which may result in illness, personal injury, permanent disability, and/or death, to anyone during the conduct of the event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, MICHIGAN SWIMMING, AND **Saline Swim Team/ Saline Area Schools** AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

You acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that your family, including child(ren), may be exposed to or infected by COVID-19 while on site at the pool or facility and that such exposure or infection may result in the personal injury, illness, permanent disability and death. You understand that the risk of becoming exposed

to or infected by COVID-19 at the pool or facility may result from the actions, omissions, or negligence of myself and others, including but not limited to employees, volunteers and program participants and their families.

Saline Swim Team will include the above information in meet announcements, heat sheets and posted around the pool facility.

COVID-19 Procedures/Requirements

All athletes, coaches, officials, clubs, spectators, and other individuals participating in this meet or seeking ingress into the facility in which this meet is conducted will abide by (1) all federal, state, and local laws, orders, administrative rules, and guidelines; (2) all protocols outlined in the COVID-19 LSC Supplemental Sanction Requirements documents for this meet; and (3) all COVID-19 preparedness plans for the relevant facility. Failure to maintain strict compliance with all COVID-19 procedures and protocols will result in disciplinary action by the Michigan Swimming, Inc. Board of Directors, including, but not limited to, fines, suspension of certain membership privileges, or referral to the USA Swimming National Board of Review with a recommendation to terminate a member's membership in Michigan Swimming and USA Swimming.

Minor Athlete Abuse Prevention Policy Acknowledgement

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. There will be at least two safety marshals at this competition, with at least one of each gender.

Location

Saline High School, 1300 Campus parkway, Saline, MI 48176

Times

Friday Evening: Warm-up: 5:00 pm Event Start: 6:00 pm

Sat/Sun AM Warm-up: 7:30 am Event Start: 8:30 am

Sat/Sun PM Warm-up: 12:30 pm Event Start: 1:30 pm

Facilities

Saline High School, is a(n) **8 lane pool with a 4 lane supervised warm-up and warm down area available**. Depth at start is 13'6" and 7'4" at turn. Permanent starting blocks and non-turbulent lane markers will be used. **Daktronics timing system with a(n) 8 lane display will be used.**

Course Certification

The competition course has not been certified in accordance with 104.2.2C(4)

Meet Format

This meet is for those swimmers with "A" times, "B" times, and "C" times. 10 & Under Events, 11/12 Events, and Open Events are offered, see schedule of events. All events are timed finals. No Relays will be offered, except as Time Trials, and NO NT times will be accepted.

Eligibility

All athletes and clubs registered with Michigan Swimming or another USA Swimming LSC are eligible to participate in this meet.

Entry Procedures

Entries may be submitted to the Administrative Official as of **January 30th, 2023 at 10am.** The Administrative Official must receive all entries no later than **February 20th, 2023 at midnight.** Entries must include correct swimmer name (as registered with USA/MS Swimming), age and USA number. All individual entries should be submitted via electronic mail at the e-mail address listed in the last section of this meet information packet.

Entry Acceptance and Processing

Entries will be accepted and processed on a first come, first served basis in the order in which they are received after the entry open date listed above.

Individual Entry Limits

Swimmers may enter a maximum of two (2) individual events of Friday and five (5) individual events Saturday and Sunday. Time trials may be offered for all events that are offered at the MI SC State Meets, immediately following the conclusion of each session on Saturday and Sunday, at the sole discretion of the Meet Referee and Meet Director if time permits. Swimmers are limited to two (2) time trials per day. Time trials Do NOT count toward the total number of events allowed per day, but swimmers will be limited by USA Swimming limitations of (6) individual events per day. If an athlete has entered the maximum number of individual events allowed per day and wants to swim multiple time trials, the athlete must scratch down from an event by notifying the Meet Referee or Administrative Official.

Entry Fees

\$5.00 per individual event. Make checks payable to **Saline Swim Team**

Surcharges

A \$1.00 per athlete Michigan Swimming athlete surcharge applies.

There is also a \$5 facility surcharge.

Paper Entries

MS rules regarding non-electronic entries apply. **\$6.00** per individual event. There is \$1.00 additional charge per event paid if the entry is not submitted in Hy-Tek format. Any surcharges detailed in the previous section also apply to paper entries. Paper entries may be submitted to the Administrative Official on a spreadsheet of your choice however, the paper entry must be logically formatted and must contain all pertinent information to allow the Administrative Official to easily enter the swimmer(s) in the correct events with correct seed times.

Refunds

Once a team or individual entry has been received and processed by the Administrative Official there are no refunds in full or in part unless the "over qualification exception" applies (see MS Rules).

Entry Paperwork

Your club's Entry, Entry Summary Sheet, Release/Waiver, Certification of Entered Athletes and Check should be sent via U.S. mail or nationally recognized overnight courier to:

Saline Swim Team
c/o Nick Munsell
7265 N. Ann Arbor St.
Saline, MI 48176

Check In

Check-in will be required and will be located in **the main hallway upstairs near the pool windows**. Check-in will close 15 minutes after warm-up starts. There will be a separate check-in for the 1650 Free for the Friday session which will close at 6:30pm.

Marshaling

Swimmers will be responsible for reporting to the marshaling area when their event is called.

Seeding

Seeding will be done after check in closes. Swimmers who fail to check in for an event will be scratched from that event. All events are timed finals and will be seeded slowest to fastest other than the following distance events, **400IM, 500 Free which will be seeded fastest**

to slowest alternating gender - women/men. The 1650 Free will be seeded fastest to slowest.

Deck Entries

Deck entries and time trials (**\$7.00 for individual and \$13.00 for relays**) will be allowed and will be conducted in accordance with current Michigan Swimming, Inc. rules & procedures, including all Michigan Swimming, Inc. COVID-specific sanctioning or approval policies.

Meet Programs/Admissions

Admission is \$5.00 per day. Children 12 & under are free with paying adult.

Heat Sheets will be available for \$2.00.

Scoring

No individual or team scoring will be kept

Awards

Custom ribbons will be awarded: 12 & Under events, all divisions (A, B, C) 1st-12th places.

Open Events 1-12th place.

Awards will not be distributed to swimmers; all awards will be given to coaches at the end of Sunday sessions. Awards will not be mailed to clubs.

Results

Complete Official meet results will be posted on the Michigan Swimming Website at <http://www.miswim.org/>. Unofficial results will also be available on flash drive (HY-TEK Team Manager result file) upon request. Teams must provide their own flash drive.

Concessions

Limited concessions will be available in entry lobby area. No food or beverage will be allowed on the deck of the pool, in the locker rooms or in the spectator areas. A hospitality area will be available for coaches and officials.

Lost and Found

Articles may be turned in/picked up at pool office. Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days (any longer period shall be in the sole discretion of the Meet Director).

Swimming Safety

Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. The same rules will apply with respect to the warm-down pool and diving well. Penalties for violating these rules will be in the sole discretion of the Meet Referee which may include ejection from the meet.

Racing Start Certification

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Deck Personnel/Locker Rooms/Credentialing

Only registered and current coaches, athletes, officials and meet personnel are allowed on the deck or in locker rooms. Access to the pool deck may only be granted to any other individual in the event of emergency through approval by the Meet Director or the Meet Referee. The Michigan Swimming Board of Directors, Officials Chairs of MS, and the Michigan Swimming Office staff are authorized deck personnel at all MS meets. Personal assistants/helpers of athletes with a disability shall be permitted when requested by an athlete with a disability or a coach of an athlete with a disability.

Lists of registered coaches, certified officials and meet personnel will be placed outside the **main upstairs hallway**. Meet personnel will check the list of approved individuals and issue a credential to be displayed at all times during the meet. This credential will include the host team **logo, name** as well as the function of the individual being granted access to the pool deck (Coach, Official, Timer, or Meet Personnel). In order to obtain a credential, Coaches and Officials must be current in all certifications through the final date of the meet. Meet personnel must return the credential at the conclusion of working each day and be reissued a credential daily.

All access points to the pool deck and locker rooms will either be secured or staffed by a meet worker checking credentials throughout the duration of the meet.

Swimmers with Disabilities

All swimmers are encouraged to participate. If any of your swimmers have special needs or requests, please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.

First Aid

Supplies will be kept in the **pool office**.

Medical Supervision

Lifeguards will be available with first aid supplies.

Facility Items

- (A) No smoking is allowed in the building or on the grounds of any facility listed above.
- (B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.
- (C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.
- (D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection at the **pool office**.
- (E) To comply with USA Swimming privacy and security policy, the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- (F) Deck changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes is **prohibited**.
- (G) Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

General Information and Errors/Omissions

Any errors or omissions in the program will be documented and signed by the Meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting.

Meet Personnel

Meet Director: Nick Munsell / 734-401-4368 / munselln@salineschools.org (Must be a USA Swimming member)

Meet Referee: Jeffrey Wilkins / 313-574-3638 / Jeffrey.Wilkins@comcast.net

Safety Marshal: Sandy Stafford

Administrative Official: Alyssa De Leon / 313-399-8289 / sstusaentries@gmail.com

Schedule of Events

Sanction Number: MI2223075

Friday Evening

Warm-up at 5:00 p.m. Check-In Deadline 5:15 for Events 101-106, Meet Starts at 6:00pm

6:30 p.m check-in deadline for Events 105-106

Girls	Event	Boys
101	Open 500 Free	102
103	12 & under 500 Free	104
105	Open 400 IM	106
107	MIXED Open 1650 Free	107

Saturday Morning

Warm-up 7:30 a.m. Check-In deadline 7:45 a.m. Meet starts at 8:30

Girls	Event	Boys
201	12 & Under 200 Free	202
203	10 & Under 100 Back	204
205	11-12 100 Back	206
207	10 & U 50 Fly	208
209	11-12 50 Fly	210
211	10&U 100 Breast	212
213	11-12 100 Breast	214
215	11-12 200 Fly	216
217	10&U 50 Free	218
219	11-12 50 Free	220
221	10&U 100 IM	222
223	11-12 100 IM	224

Saturday Afternoon

Warm-up 12:30 p.m.

Check-In deadline 12:45

Meet starts at 1:30

Girls	Events	Boys
225	Open 200 Free	226
227	Open 100 Back	228
229	Open 100 Breast	230
231	Open 200 Fly	232
233	Open 50 Free	234
235	Open 100 IM	236

*Warm ups will begin immediately following the previous session but not before the time posted.

Sunday Morning

Warm-up 7:30 a.m.

Check-In deadline 7:45 a.m.

Meet starts at 8:30

Girls	Event	Boys
301	11-12 200 Breast	302
303	10&U 100 Free	304
305	11-12 100 Free	306
307	11-12 200 Back	308
309	10 & Under 50 Breast	310
311	11-12 50 Breast	312
313	10 & U 100 Fly	314
315	11-12 100 Fly	316
317	10&U 50 Back	318
319	11-12 50 Back	320
321	12 & Under 200 IM	322

Sunday Afternoon

Warm-up 12:30 p.m. Check-In Deadline 12:45 Meet starts at 1:30 p.m.

Girls	Event	Boys
323	Open 200 IM	324
325	Open 100 Fly	326
327	Open 200 Breast	328
329	Open 200 Back	330
331	Open 100 Free	332

*Warm ups will begin immediately following the previous session but not before the time posted.

