

Michigan Lakeshore Aquatic's: ATHLETE TRAVEL CODE OF CONDUCT

I, the undersigned athlete, agree to participate in the Michigan Lakeshore Aquatic's (MLA) sponsored activity named below. I agree to abide by the standards of conduct outlined in MLA's Team Travel Policy and below, in addition to those guidelines established by the individual in charge at the activity site.

1. Each athlete participating in a MLA competition is required to sign the MLA Athlete Code of Conduct.
2. The document must be signed prior to the departure for the competition/activity and a signed copy of the document must be available at the competition/activity.
3. The Head Coach will review this Code of Conduct and any additional guidelines regarding conduct at the first team meeting.
4. Upon notification of any violation of the Code of Conduct, the Head Coach, shall promptly:
 - a. Investigate the circumstances of the alleged violation;
 - b. Notify the individual charged;
 - c. Determine disciplinary action, if any, and
 - d. Report any violations and any disciplinary action to the Head Coach and Executive Director of Holland Community Aquatic Center.

Section I: Code of Conduct Rules

1. The possession, use or sale/distribution of alcohol, tobacco products, controlled/illegal substances or any form of weapon is prohibited.
2. The sharing of prescription medications with another athlete is prohibited.
3. Curfews established by the staff will be adhered to for the duration of the activity covered by this Code of Conduct.
4. Attendance is required at all team functions which include, but are not limited to, meetings, practices, exhibitions, press conferences, or competitions unless otherwise excused or instructed by the Head Coach or designated person in charge of the team.
5. To protect the athletes and the LSC, no males will be in any female assigned rooms and no females will be in any male assigned rooms, unless supervised by a designated team staff member.
6. Swimmers are to refrain from inappropriate physical contact at team activities and events.
7. The hallway door will be left fully open (so the interior of the room can be viewed from the hallway) when any athletes other than those assigned to occupy the sleeping room are in the room.
8. Uniform requirements established for the trip will be followed.
9. No 'deck' changes are permitted. Athletes are expected to use available change facilities.
10. Swimmers are to refrain from use of inappropriate language.
11. Proper respect, sportsmanship, courtesy toward coaches, officials, administrators, teammates, other competitors, and the public will be displayed at all times. Each athlete is responsible for making every effort to avoid guilt by association with disrespectful, indiscreet, or destructive behavior.
12. Team members will refrain from any illegal or inappropriate behavior that would detract from a positive image of the team or be detrimental to its performance objectives.
13. Additional guidelines may be established as needed to assure the safety and wellbeing of team members and will be adhered to during the trip.
14. While representing MLA, a MLA member may be held responsible for loss or damage to equipment, facilities or other items.
15. Team members are reminded that when competing in meets, traveling on trips, and attending other meet-related functions, they are representing both themselves and MLA. Athlete behavior must positively reflect the high standards of MLA.

Section II: Implementation

Failure to comply with the Michigan Swimming Athlete Code of Conduct as set forth in this document and MLA's Team Travel Policy or any additions necessary for the safety and well-being of the team member may result in disciplinary action that may include, but is not limited to, the following:

1. Disqualification from one or more swimming activities;
2. Disqualification from one or more events or all events of the competition, not yet completed;
3. Dismissal from the team and immediate return home (at your expense);
4. Disqualification from future team travel or camps for the remainder of the year or for a time determined by the Head Coach; and/or
5. Financial penalties.

Signature of Athlete: _____ Date: _____

Please Print Name: _____

Signature of Parent/Guardian: _____ Date: _____

Please Print Name: _____

Competition/Activity: _____

Location: _____ Date: _____