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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |

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| --- | --- | --- | --- | --- | --- | --- |
| 1 | 2 First Day Of Practice  6:30 – 8:00  Dive Practice  5:45 – 7:00 | 3 Practice  6:30 – 8:00 | 4 Dive Practice  5:45 – 7:00 | 5 Practice  6:30 – 8:00 | 6 Practice  6:30 – 8:00  Dive Practice  5:45 – 7:00 | 7 |
| 8 | 9 Practice  6:30 – 8:00  Dive Practice  5:45 – 7:00 | 10 Practice  6:30 – 8:00 | 11 Dive Practice  5:45 – 7:00 | 12 Practice  6:30 – 8:00 | 13 Practice  6:30 – 8:00  Kickoff Dive Meet  @ GL 5:00 Warm Up  6:30 Start | 14 Kickoff Meet  @ St. Johns  8:00 am Warm Up  9:00 am Start |
| 15 | 16 Practice  6:30 – 8:00  Dive Practice  5:45 – 7:00 | 17 Away Meet  @ St. Johns  5:30 pm Warm Up  6:30 pm Start | 18 Dive Practice  5:45 – 7:00 | 19 HS Boys Home | 20 Practice  6:30 – 8:00  Dive Practice  5:45 – 7:00 | 21 |
| 22 | 23 Swim Practice  12:00 – 1:00 | 24 No Swim Practice | 25 Christmas | 26 No Swim Practice | 27 Swim Practice  12:00 – 1:00 | 28 |
| 29 | 30 Swim Practice  12:00 – 1:00 | 31 New Year’s Eve  No Practice |  |  |  |  |

**December 2019**

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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |

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|  |  |  | 1 New Year’s Day | 2 Swim Practice  12:00 – 1:00 | 3 Swim Practice  12:00 – 1:00 | 4 |
| 5 | 6 Practice  6:30 – 8:00  Dive Practice  5:45 – 7:00 | 7 Away Meet  @ Okemos  5:30 Warm Up  6:30 Start | 8 Dive Practice  5:45 – 7:00 | 9 Home Meet  DeWitt @ GL  5:30 Warm Up  6:30 Start | 10 Practice  6:30 – 8:00  Dive Practice  5:45 – 7:00 | 11 |
| 12 | 13 Practice  6:30 – 8:00  Dive Practice  5:45 – 7:00 | 14 HS Boys Home | 15 Dive Practice  5:45 – 7:00 | 16 HS Boys Home | 17 Practice  6:30 – 8:00  Dive Invitational 5:30 Warm Up  6:30 Start | 18 |
| 19 | 20 MLK – No School  Practice  6:30 – 8:00 | 21 HS Boys Home | 22 Dive Practice  5:45 – 7:00 | 23 Home Meet  Waverly @ GL  5:30 Warm Up  6:30 Start | 24 League Diving @ Grand Ledge  Practice  6:30 – 8:00 | 25 League Meet @ East Lansing |
| 26 | 27 Practice  6:30 – 8:00 | 28 Practice  6:30 – 8:00  MISCA Athletes Only | 29 | 30 Practice  6:30 – 8:00  MISCA Athletes Only | 31 Practice  6:30 – 8:00  MISCA Athletes Only  MISCA Diving @ Holt | MISCA Meet @ Holt |

**January 2020**