

2020 VIRTUAL DRYLAND FAQs:

Q: If we have 27 people, will the 3 remaining be able to participate in a group?

A: Through the end of June or reopening of facilities, yes. We will make every effort to have 8 swimmers in a group. If a select time slot is low with registration, Riptide reserves the right to assign your swimmer to a different time slot. Time slots may also be adjusted to match swimmers to a group.

Q: What if I want a certain time slot but it is filled?

A: Please select a different time slot if available. USA Swimming Risk Management coverage only allows up to 8 swimmers in a virtual training session. We will follow USAS conditions for virtual training. If interest is high, we will do our best to offer additional time slots for that age-group if resources are available.

Q: What if all sessions fill?

A: Registration for these sessions is first come, first served. We will follow USAS condition for virtual training. If resources are available, we will do our best to offer additional time slots for that age group.

Q: Can I pay by check?

A: We ask that you pay electronically. Registration for this program will require a debit or credit card on file for quick billing as to minimize additional cost to the club/member

Q: If my Program A swimmer wants to only do 4 days each week, will you prorate the cost?

A: We will not be offering prorates. Registration for this program will be a straight fee to minimize additional cost to the club/member.

Q: How will registration for the program be determined?

A: The program will be filled by swimmer age and sign up time. When possible, effort will be made to place swimmers within their program cohorts ie. Level II swimmers with Level II swimmers, however this is also first come, first serve.

Q: If members need help making the payment to join, will we consider financial assistance?

A: A Financial Assistance request can be made available to request. This will be reviewed by our Board to approve. Click [here](#) to be redirected

Q: How long will this program last?

A: At this time, we will offer the program until the pools reopen. If we find that plans following COVID 19 do not allow swimmers to do dryland on site, we will be able to continue to offer a virtual alternative for dryland for as long as possible.

Q: Why must my swimmer review any recommended exercise prior to the first session?

A: Because exercises are being conducted virtually, a review prior to the session is critical to verify understanding and ability. If a swimmer is unable to perform a certain exercise due to mobility, ADA restrictions or other issue, they will know and be able to inform their coach prior to the session. In many cases, a modification can be made for these issues. Planning in advance, whenever possible is critical to virtual training session.

Q: I have other questions, where do I go to ask?

A: We welcome your questions. Click [here](#) to leave your question. Our staff will get back to you within 48 hours.