Saline Swim Team: Week Ahead Feb 12-25

Please note the Highlighted sections as they differ from the published outline
*** All Training will take place at Saline High School unless otherwise indicated ***
*** Swimmers are to report to the pool 10 minutes before their scheduled time***

Mon 2/12	Tue 2/13	Wed 2/14	Thu 2/15	Fri 2/16	Sat 2/17	Sun 2/18
	SENIOR: W: 5:30-7 am L: 4-5 pm W: 5-7 pm *See location assignment	**SENIOR:** W: 5:30-7:30 p	**SENIOR:** W: 5:30-7 am W: 3:30-5:00 p L: 5-6 pm	**SENIOR:** W: 5-7 pm	**SENIOR:** W: 6:30-8:30 p	
PLATINUM: W: 5:30-7:30 p	**PLATINUM:** L: 4-5 p W: 5-6:30 pm		**PLATINUM:** W: 5-7 pm @ Forsythe	**PLATINUM:** L: 5-6 pm W: 6-7:30 pm		
GOLD: L: 4:30-5 pm W: 5-6:30 pm	**GOLD:** W: 6-7:30 pm		**GOLD:** W: 4-5 pm L: 5-5:30 pm	**GOLD:** W: 5-7 pm		
SILVER: W: 5-6:15 pm	**SILVER:** W: 6:30-7:30 p	**SILVER:** W: 5-6:15 pm			**District Meet @ SHS**	**District Meet @ SHS**
BRONZE: 6:30-7:30 pm	**BRONZE:** 5-6 pm			**BRONZE:** 5-6 pm		
Mini-Rays 1 5:00-5:30 pm **Mini-Rays 2** 6:15-6:45 pm **Mini-Rays 3** 6:45-7:30 pm		**Mini-Rays 1** 5:00-5:30 pm **Mini-Rays 2** 6:15-6:45 pm **Mini-Rays 3** 6:45-7:30 pm				
	CLUB: L: 6:30-7 pm W:7-7:30 pm	**CLUB:** L: 4:30-5 pm W:5-5:30 pm		**CLUB:** L: 6:30-7 pm W:7-7:30 pm		
Mon 2/19	**Tue 2/20**	**Wed 2/21**	**Thu 2/22**	**Fri 2/23**	**Sat 2/24**	**Sun 2/25**
SENIOR: W: 1-3 pm	**SENIOR:** W: 5:30-7 am L: 4-5 pm W: 5-7 pm *See location assignment	**SENIOR:** W: 5:30-7:30 p	**SENIOR:** W: 5:30-7 am L: 4-5 pm W: 5-7 pm	**SENIOR:** W: 5-7 pm	**SENIOR:** L: 7-8 am W: 8-10 am	**SENIOR:** W: 1:30-3:30 p
PLATINUM: W: 5:30-7:30 p	**PLATINUM:** L: 4-5 p W: 5-6:30 pm		**PLATINUM:** W: 5-7 pm @ Forsythe	**PLATINUM:** L: 5-6 pm W: 6-7:30 pm	**PLATINUM:** W: 10 a-Noon	**PLATINUM:** L: 2:30-3:30 p W: 3:30-5:30 p
GOLD: L: 4:30-5 pm W: 5-6:30 pm	**GOLD:** W: 6-7:30 pm		**GOLD:** L: 4:30-5 pm W: 5-7 pm	**GOLD:** W: 5-7 pm	**GOLD:** L: 9-10 am W: 10a-Noon	**GOLD:** W: 3:30-5:30 pm
SILVER: W: 5-6:15 pm	**SILVER:** W: 6:30-7:30 p	**SILVER:** W: 5-6:15 pm			**SILVER:** W: 10-11 am	**SILVER:** W: 3:30-4:45 p
BRONZE: 6:30-7:30 pm	**BRONZE:** 5-6 pm			**BRONZE:** 5-6 pm	**BRONZE:** 11-noon	**BRONZE:** 2:30-3:30 pm
Mini-Rays 1 5:00-5:30 pm **Mini-Rays 2** 6:15-6:45 pm **Mini-Rays 3** 6:45-7:30 pm		**Mini-Rays 1** 5:00-5:30 pm **Mini-Rays 2** 6:15-6:45 pm **Mini-Rays 3** 6:45-7:30 pm			**Mini-Rays 1** 8:00-8:30 am **Mini-Rays 2** 8:30-9:00 am **Mini-Rays 3** 9:00-9:45 am	
	CLUB: L: 6:30-7 pm W:7-7:30 pm	**CLUB:** L: 4:30-5 pm W:5-5:30 pm		**CLUB:** L: 6:30-7 pm W:7-7:30 pm		**CLUB:** W:1:30-2:30 p