

Saline Swim Team

Please Note: The schedule below is an outline only. There will be weekly adjustments as we work around facility events, the number of training days will vary. A two week schedule will be published each week please pay attention to “Week Ahead” emails.

*** All Training will take place at Saline High School unless otherwise indicated ***

*** Swimmers are to report to the pool 10 minutes before their scheduled time***

Short Course 2021-22

Mon	Tue	Wed	Thu	Fri	Sat	Sun
Senior: L: 4-5p W:5-7p	Senior: W: 5-7p	Senior: L: 4-5p W:5-7p	Senior: W: 5-7p	Senior: L: 4-5p W:5-7p	Senior: W:8-10a	
Platinum: L: 5:30-6:30 W: 6:30-8p	Platinum: W: 6:30-8p	Platinum: L: 5:30-6:30 W: 6:30-8p	Platinum: W: 6:30-8p	Platinum: L: 5:30-6:30 W: 6:30- 8p	Platinum: W: 10-12p	
Steel: W: 7-8p	Steel: W: 7-8p	Steel: W: 7-8p		Steel: W: 7-8p	Steel: W: 8-9:30a	
Gold: L: 4-5p W:5-6:30p	Gold: W:5-6:30p	Gold: L: 4-5p W: 5-6:30p		Gold: L: 4-5p W: 5-6:30p	Gold: W: 8-9:30a	
Silver: W: 6:30-7:30p	Silver: L:4:45-5:15p W:5:15-6:15p		Silver: L:4:45-5:15p W:5:15-6:15p	Silver: W:5:15-6:15p	Silver: W: 10:30-12p	
	Bronze: W: 6:15-7:15p		Bronze: W: 6:15-7:15p	Bronze: W: 6:15-7:15p	Bronze: W: 9:30-10:30a	
Mini-Rays1: W: 5-5:45p		Mini-Rays1: W: 5-5:45p			Mini-Rays1: W: 10-10:45a	
Mini-Rays2: W: 5:45-6:30p		Mini-Rays2: W: 5:45-6:30p			Mini-Rays2: W: 10:45-11:30a	