

GTBY Breakers 2022-23 SAFESPORT/DISCIPLINE PLAN

Your swimmer's safety & well-being, is important to all of the staff and we will make sure that your swimmer feels safe at all times.

Swimmers and parents will be signing off on the code of conduct that will be handed out TODAY. This will be discussed with swimmer during group breakout sessions. This needs to be returned by September 19 or your swimmer will not be able to participate.

THE BIG FIVE:

1. **Destruction of property**-stealing, of a swimmer's property or damage to any YMCA facility. This will result in a parent meeting and could end with loss of YMCA privileges, which also includes 1-3day suspension from practice.
2. **Bullying** – is the use of foul language and inappropriate comments, face to face bullying or via social media or any unwanted advances/physical contact at any time. Any occurrences will be dealt with swiftly.
Reporting? A swimmer can report a bullying incident to their parents or to one of the coaches directly. Reporting can be very scary for a swimmer if they feel like they have been treated unfairly.
3. **Technology**-*No tech on deck at practice, swim meets, team functions, NOR and NEVER in locker rooms at any YMCA facility or any other facility.* Cell phone use in the locker room, is prohibited & at swim meets, swimmers can be removed from competition.
 - *Camera/cell phone use is never allowed at the starting block end of the pool deck.*
 - *Swimmers can only contact a coach via cell phone or email if there is a 3rd party present. It will be highly frowned upon that a swimmer has private contact with a coach besides face to face, on deck at meets, team events or practice.***NOTE: Coaches** will have cell phones on deck at meets/practice for emergency purposes.
4. **Possession or use of any illegal substances** of any kind is prohibited.
5. **Travel**-At swim meets, ALL unrelated swimmers, male or female, need to keep their hotel rooms ajar. Swimmers must be respectful of the hotel's rules and follow team policies. Our behavior when we travel speaks volumes for our organization. Swimmer curfew 10:00 pm

PROCESS FOR CORRECTIVE ACTION:

Swimmers will receive one warning -Parent/Coach/Swimmer will meet; then strikes will be given for any subsequent issues and remain for one calendar year.

- Strike 1 - 1 day suspension from practice
- Strike 2 – 3 day suspension & swimmer will be barred from the **next competition.**
- Strike 3- Possible loss of all Breakers and YMCA privileges

NOTE: The Breaker's coaching staff has the right to make final decisions on any disciplinary action based on the infraction. *All incidences will be documented and will remain securely on file for the duration of the swimmer's time with Breakers. This Safesport plan is a requirement of all USA registered swim teams*