

## GTBY BREAKERS - CODE of Conduct

**SAFESPORT-USA MANDATED- TO KEEP YOUR SWIMMERS HEALTHY AND SAFE AT ALL TIME:**

**SWIMMERS: (The BIG FIVE relates to these topics)**

1. **DESTRUCTION OF PROPERTY:** Willful damage to the equipment and facility of any swimming venue/practice/hotel is prohibited.
2. **BULLYING:** Inappropriate language, unsportsmanlike behavior, verbal threats or threatening gestures or rude conduct to meet personnel, coaches, other swimmers.
3. **TECHNOLOGY** No technology on deck, or locker rooms, at venues or practice. **This will be enforced.**
4. **ILLEGAL SUBSTANCES** Possession or use of any illegal substances of any kind are prohibited, this includes any travel meets.
5. **TRAVEL** all rooms should be left ajar at any hotels with multiple unrelated swimmers. Curfew 10:00 pm and hotels rules need to be followed.

**Swimmers CODE:**

- Honor your teammates and honor yourselves.
- Be respectful to all swimmers coaches, officials, parents and spectators.
- Listen, look & pay attention when the coaches are speaking.
- Commit to give my best effort at practices and meets.
- BE READY and BE ON TIME

**Parents CODE:**

- Promote the emotional, mental and physical well-being of my athlete(s), and be positive and supportive in all situations.
- Respect the relationship between the swimmers and the coaches.
- Refrain from talking to coaches or my swimmer during practice time.
- Remember that my child/children swim for their enjoyment and their own aspirations, NOT MINE.

**ALL, and requires signature below:**

1. The above code of conduct is in effect throughout the year. **ANYONE WHO, in the opinion of the head coach, acts in a manner that would interfere with the objectives listed above will be subject to immediate discipline and other punishments including barring from competition, suspension from practice, or dismissal from the team. "REFER TO BIG FIVE"**
2. **GTBY team members/parents will be respectful of ALL peers, coaches, and officials.** Any GTBY team member/parent not acting in such a manner will be asked to change or stop that behavior. If that team member/parent fails to comply, they will be asked to leave and disciplinary procedures will follow. *This could lead to swimmers/parents being unable to compete and parents being asked to leave a venue, respectively.*
3. **The coaching staff holds the final word on any rules, regulations, coaching decisions, or disciplinary action.**

***I recognize my responsibility to abide by the rules and requirements of the Grand Traverse Bay YMCA Breakers, USA swimming rules and guidelines and all YMCA policies.***

**Swimmer** \_\_\_\_\_

**Parent/Guardian** \_\_\_\_\_ **Date** \_\_\_\_\_

**Our RULES FOR THE POOL are developed for what happens in our surroundings and team. If any instances at school arise with your swimmer that we need to be aware of or any guidance or assistance to help your swimmer develop as a model citizen and represent that GTBY Breakers family, please reach out.**