



2023 MN PRNH Winter Whiteout PIRANHAS SWIM CLUB

Saturday, February 11, 2023 — to — Sunday, February 12, 2023

Sanction Number: MN23W-12-127Y

Held under the sanction of USA Swimming.

It is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries, including exposure to or infected with COVID-19 which may result in illness, personal injury, permanent disability, and/or death, to anyone during the conduct of the event.

It is further understood and agreed that Minnesota Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries, including exposure or and infected with COVID-19 which may result in illness, personal injury, permanent disability, and/or death, to anyone during the conduct of the event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in the USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND MINNESOTA SWIMMING, Piranhas Swim Club AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

You acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that your family, including child(ren), may be exposed to or infected by COVID-19 while on site at the pool or facility and that such exposure or infection may result in the personal injury, illness, permanent disability, and death. You understand that the risk of becoming exposed to or infected by COVID-19 at the pool or facility may result from the actions, omissions, or negligence of myself and others, including, but not limited to, the Piranhas Swim Club and other swim teams participating in the meet and pool management company's employees, volunteers, and program participants and their families.

Piranhas Swim Club and participating teams will include the above information in meet announcements, heat sheets and posted around the pool facility. Piranhas Swim Club reserves the right to cancel this meet at anytime.

Meet Director:	Chris Schmitz - chris.schmitz@piranhaswimclub.org - (612) 756-6492
Meet Officials	Meet Referee: Tom Bose Admin Referee or Admin Official: TBD Deck Referee: TBD Starter: TBD Stroke & Turn Officials: TBD,
Inquiries:	Chris Schmitz - chris.schmitz@piranhaswimclub.org - (612) 756-6492
Emergency Phone:	(612) 756-6492
Meet Type:	This is an invitational short course meet. All athletes are eligible to participate
Teams Invited:	Piranhas Swim Club, Blackline Aquatics, Barracuda Aquatic Club, Hastings Area Swim Team, Southeast Metro Sharks, Farmington Swim Club, and any other teams as space permits. Teams will comply with the current state, local, health and USA Swimming guidelines available on the meet date and should meet or exceed all requirements in their facility during the meet.
Fees:	\$10 fee per athlete and \$7.50 per individual event (includes \$2.20 MSI fee).
Time Schedule:	Morning Session - Warm-up: 7:30 am, Meet Start: 8:30 am Afternoon Session: Will not start before 12:30 pm following a 60 minute warm-up
Awards, Prizes and Scoring:	No awards
Programs:	Programs will be available via Meet Mobile and as a PDF on host and MNSI websites.
Amenities:	Concession stand will be open to spectators. Camping will be permitted in the cafeteria.

FACILITY/LOCATION

Meet Location:	Richfield Middle School Pool, 7461 Oliver Ave. S., Richfield, MN 55423
Directions:	<ol style="list-style-type: none"> 1. From 35W going south: Take 76th street Exit, head West, turn right on Morgan Ave., turn left on 75th street. 2. From 494: Take Penn Ave exit, head North, turn Right on 75th Street and go two blocks towards school <p>Note: Pool is on far east side of building</p>
Facility:	8 lanes, 25 yard indoor pool with lanelines and backstroke pennants. Slanted Starting blocks are 28.5 inches above the water surface.
Water depth:	The minimum water depth, measured in accordance with Article 103.2.3 is 13 ft at the start end and 4.5 ft at the turn end.
Course certification:	The competition course has NOT been certified in accordance to 104.2.2C(4).

**COVID-19
Procedures/Requirements:**

The host team will abide by the COVID-19 Preparedness Plans for the facility the meet is taking place at, including entry/exit procedures into the facility and cleaning protocols.

Spectators ARE allowed at this event.

Masks ARE NOT required at this event.

Meet WILL NOT be live-streamed.

Changes to plans regarding spectators, masks, etc will be communicated to all teams attending prior to the meet.

Additional COVID mitigation information will be communicated prior to the meet, if necessary.

Other:

Please park in designated areas. Do not park in the church parking lot across the street. Do not park on 75th street. Do not park in the fire lanes at the middle school. Failure to comply may result in vehicles being towed at the owners expense.

ENTRIES

Entries To:

Chris Schmitz - chris.schmitz@piranhaswimclub.org - (612) 756-6492

Form of Entries:

Email entries only.

Entry Start Date:

Entries will be accepted beginning at Noon on Monday, January 09, 2023

Entry Close Date:

Entries will close at 8:00 PM on Wednesday, February 01, 2023. This is the final date that entries will be accepted for the meet.

Entry Limitations:

Age of a swimmer is determined by their age on the first day of the meet. A swimmer may compete in a maximum of 3 individual events per day for AM sessions and 4 individual events per day for PM Sessions. Seed times must be in yards.

ELIGIBILITY / ATHLETES

Eligibility:

All USA Swimming registered swimmers are eligible. NT's will be accepted

**Racing start
Certification:**

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**USA Swimming
Membership:**

No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302 of USA Swimming Rules. All coaches must be current members as provided in Article 302 of USA Swimming Rules. Any club or individual entering a non-USA Swimming registered swimmer will be subject to a \$100 fine per event per swimmer.

**Swimmers without
A Coach Present:**

USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition and warm-down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision.

MEET ADMINISTRATION, CONDUCT

Coach's Meeting:

Will take place on a regular basis at the discretion of the referee.

Deck Access - Coach & Official check-in:

Due to USA Swimming insurance, only athletes, working coaches or officials, authorized meet volunteers and facility personnel are allowed on deck. All others must remain off the pool deck unless timing for an event in which swimmers must provide their own timer.

- ❖ Coaches must check in at the table upon entry into the pool lobby. The required check in sheets will be available and we will cross reference with the app and the current printed spreadsheets with names and qualifications. The non-athlete membership and required certification expiration dates must be valid for the duration of the meet.
- ❖ Working officials must check-in with the Referee (or designee) at the timing table in the pool area. The required check in sheets will be available and we will cross reference with the app and the current printed spreadsheets with names and qualifications. The non-athlete membership and required certification expiration dates must be valid for the duration of the meet.

All working coaches or officials, and any other person required by sanction to be members of USA Swimming shall visibly display the valid membership credential for the meet at all times.

The Referee and/or Meet Director(s) (or their designees) reserve the right to ask a working coach or official for proof of their active membership during the meet, and/or deny deck access if a working coach or official does not comply or any membership requirement is no longer valid.

Warm-up:

Current MNSI and USA Swimming Rules will govern all aspects of the warm-ups. If warmup procedures have been modified to accommodate the size of the meet, the procedures MUST be prominently posted in the pool area.

Swimmers and coaches are expected to be acquainted with all rules and regulations; the NO Diving and Slip-In Entry rules will be strictly enforced.

Violation of MNSI Meet Warm-up Policy (Policy #250) will result in the offending swimmer being barred from his/her next individual event in the meet.

Rules and Regulations:

All information, rules and regulations including time standards, schedules, order of events, meet operations, and requirements will be in accordance with Minnesota Swimming Inc. policies, rules and regulations and USA Swimming Rules and Regulations current edition, and take precedence over any errors or omissions on this form.

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Changes to the Meet Information:

Any changes to the meet information will be discussed, reviewed and voted on at the coaches meeting held each morning before the beginning of the first session of the day. Changes must be approved by a 100% vote of coaches in attendance at the appointed meeting.

Prohibited:

- ✓ **Deck changing: Deck changes are prohibited.**

- ✓ **Use of audio or visual recording devices** including a cell phone, is not permitted in changing areas, rest rooms, locker rooms nor behind the blocks at either the start of the race or as swimmers exit the pool.
- ✓ **Operations of a drone or any other flying apparatus** is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Distance Events:

Heats for distance events may be combined across gender at the Meet Referee's discretion. Minnesota Scratch rules will be in effect. There will be a 10 minute warm-up prior to the start of the 500 free, the mile and the Saturday AM 400 IM. The mile and the 500 free will swim fastest to slowest. Postive checkin for the 400 IM, 500 free, and mile.

Time Trials:

Time trials will NOT be offered at this meet.

Open Lane Swims:

The MNSI "Open Lane Swim" procedure will be available at this meet. The open lane fee is \$ 7.50. Sign-up is on a first come basis at the timing table. Swimmers must be registered in the swim meet in order to have the opportunity to participate in Open Lane Swims. In the event of a missed heat, the Referee will determine if the missed swim may occur and how it is conducted. Swimmers may swim events for which they have no times. Swimmers may not exceed the event limit of 5 events including Open Lane Swims. Swimmers may scratch an event in order to swim on Open Lane Swim to stay within the entry limit. No refunds will be given for scratched events.

Time Standards:

No Senior time standards will be used for this meet.

ORDER OF EVENTS

Saturday AM

- 1 Girls 12 & Under 100 Freestyle
- 2 Boys 12 & Under 100 Freestyle
- 3 Girls 9-12 100 Breaststroke
- 4 Boys 9-12 100 Breaststroke
- 5 Girls 12 & Under 50 Breaststroke
- 6 Boys 12 & Under 50 Breaststroke
- 7 Girls 11-12 200 Backstroke
- 8 Boys 11-12 200 Backstroke
- 9 Girls 12 & Under 50 Butterfly
- 10 Boys 12 & Under 50 Butterfly
- 11 Girls 9-12 100 Butterfly
- 12 Boys 9-12 100 Butterfly
- 13 Girls 12 & Under 200 Freestyle
- 14 Boys 12 & Under 200 Freestyle
- 15 Mixed 12 & Under 400 IM

Saturday PM

- 16 Girls 13 & Over 50 Freestyle
- 17 Boys 13 & Over 50 Freestyle
- 18 Girls 13 & Over 400 IM
- 19 Boys 13 & Over 400 IM
- 20 Girls 13 & Over 100 Backstroke
- 21 Boys 13 & Over 100 Backstroke
- 22 Girls 13 & Over 200 Freestyle
- 23 Boys 13 & Over 200 Freestyle
- 24 Girls 13 & Over 100 Butterfly
- 25 Boys 13 & Over 100 Butterfly
- 26 Girls 13 & Over 200 Breaststroke
- 27 Boys 13 & Over 200 Breaststroke
- 28 Girls 13 & Over 500 Freestyle
- 29 Boys 13 & Over 500 Freestyle

Sunday AM

- 30 Girls 12 & Under 50 Freestyle
- 31 Boys 12 & Under 50 Freestyle
- 32 Girls 9-12 200 IM
- 33 Boys 9-12 200 IM
- 34 Girls 12 & Under 100 IM
- 35 Boys 12 & Under 100 IM
- 36 Girls 11-12 200 Butterfly
- 37 Boys 11-12 200 Butterfly
- 38 Girls 12 & Under 50 Backstroke
- 39 Boys 12 & Under 50 Backstroke
- 40 Girls 11-12 200 Breaststroke
- 41 Boys 11-12 200 Breaststroke
- 42 Girls 12 & Under 100 Backstroke
- 43 Boys 12 & Under 100 Backstroke
- 44 Girls 9-12 500 Freestyle
- 45 Boys 9-12 500 Freestyle

Sunday PM

- 46 Girls 13 & Over 200 IM
- 47 Boys 13 & Over 200 IM
- 48 Girls 13 & Over 100 Breaststroke
- 49 Boys 13 & Over 100 Breaststroke
- 50 Girls 13 & Over 200 Butterfly
- 51 Boys 13 & Over 200 Butterfly
- 52 Girls 13 & Over 100 Freestyle
- 53 Boys 13 & Over 100 Freestyle
- 54 Girls 13 & Over 200 Backstroke
- 55 Boys 13 & Over 200 Backstroke
- 56 Girls 13 & Over 1650 Freestyle
- 57 Boys 13 & Over 1650 Freestyle

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Piranhas Swim Club
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Entering Club's Name: _____ Club Code _____

Coach: _____ Phone # _____

Entries Person: _____ Phone # _____

Entry Data Costs:

_____ Total # swimmers x Flat Fee of \$ 10.00 = \$ _____ # of boys _____ # of girls _____

_____ Total Splashes x \$ 7.50 = \$ _____ # of boys _____ # of girls _____

Total Due = \$ _____

Make checks payable to: Piranhas Swim Club **All fees are due** At the start of the Saturday AM session

E-Mail results to: Name _____

Email Address _____

The undersigned team representative certifies by his/her signature that all athletes participating in this meet are currently registered athlete members of USA Swimming, Inc. The undersigned further certifies that any person appearing on deck in this meet in the capacity of coach is currently a coach member of USA Swimming, Inc.

Who should we contact if there is a problem with your entry file?

Name _____

Phone: Day _____ Night _____

Email Address: _____