

High Tides Swim Club
BOD Open Meeting Minutes
May 29th, 2018, MSSB

Meeting called to order at 9:45 PM

Present: Rhonda Witte, President; Jill Farrell, Past President; Julie Lakovic, Vice President; Sarah Yerks, Treasurer; Tony Borka, Member at Large; Eric Thovson, Member at Large; Carrie Hanson, Member at Large; Heidi Tague, Secretary

Coaches Report: Coach Tim sent out his report prior to the meeting. Team Overview:

Bronze2-4: Mark has been leading this group with help from Anika A. Everything seems to be going very well. Parents/Swimmers are happy. There are a few dates where mark cannot coach this coming summer as he will be running summer school classes. Annika E. Will fill in for these swimmers while mark is Absent. **Silver:** Coach Mark has been coaching this group with much success. This group will also be aided in Marks absence with Annika E. Caitlin P. **Gold 1:** This group is being coach by Caitlin P. With workouts being written by myself. The group is doing well and have been very impressed with Caitlin. **Gold 2/Mant/Platinum:** I have been coaching these groups thus far and Annika E. Will be assisting me on a regular basis this summer with Plat/Gold2/Mant. So far the season is going very well and swimmers seem generally excited to be in the pool everyday.

Team Info:

TeamUnify Mainset: Coach Mark and myself have loved using the new workout software from Teamunify. So far we have 365,000 yards in the system and use it regularly to help us create our training plans for each day. **New Coaching Hire:** Annika Ellingston has been hired to start with High Tides. Thank you all for the quick response as she is a huge asset for the summer season for us. Annika will work Primarily with Gold 2/Plat this summer. She will also work with our younger swimmers during the dates that mark will be absent. Annika Is a past High Tides Swimmer and Current D-II National Finalist the last few years in the 100 breaststroke. She swims for Hinsdale College. **Austin Meet Practice:** I am awaiting info currently as I resent him our request. I should here by soon. **Swim Cap Order:** I will send out a swim cap sign up sheet tomorrow and will have the deadline set for June 5th. Turn around time is short, we will need to get a minimum number of caps to do a personalized order, please watch for information! **Team Starter:** I will be calling to get our starter repaired and or looked at this week to determine the next step. Also will speak with Rory. I will be returning the St Cloud starter at earliest convenience to them they said there is no rush so the next time we go to st cloud to the mall I will bring it along.

Due to the Memorial Day Holiday Rhonda will talk to Coach Tim to see if we can offer a practice for those swimmers who are around and would like to swim on Friday. Watch for an e-mail and/or calendar update.

Austin Swim Meet-we have 18 swimmers registered.

Re-cap of Spring Fling: Overall the meet ran well. Future quad meets we will consider reserving the lunch room for concessions, awards, swimmers and families.

Volunteer/Fundraising for Summer 2018-there is no set volunteer requirement due to not hosting a meet. However, we do have the swim a thon on June 20th (if you need a packet or have any questions please contact Emily Reck or Heidi Tague), the Brat Stand 8/16-8/18, Mum Sales and Calendar Sales. Please get out there and promote our team! Please watch for more information for each of these events.

Injury report: One occurrence reported since last meeting.

5/17/18- We had one report of a swimmer who fell back off the starting block while getting up on it at practice. Landed on leg - no injury occurred. Still reported incidence for safety.

Summer Session: Registration is Open! We had 17 families attend the parent meetings last week. Coach Tim will be setting up Goal Setting meetings with swimmers. Watch for more information to come soon!

Club Excellence/Recognition: As reported at our annual meeting we achieved Level 1 and we are working towards Level 2 by Spring of 2019. Carrie Hanson continues to lead this program while she is active on the board.

Next meeting is scheduled for June 27th, 2018 at MSSB. 5:30 Please look on the calendar for the exact time of the open meeting if you are interested in attending.

Meeting adjourned at 10:31

