

**Minnesota Regional Championship
Hosted By: High Tides Swim Club
Session Report**

Day of Meet: 1 Session: 1 Friday PM Session
Starts at 05:30 PM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 11-12 400 Freestyle Relay	8	1	05:30 PM	_____
Finals	2 Boys 11-12 400 Freestyle Relay	2	1	05:36 PM	_____
Finals	3 Girls 13-14 400 Freestyle Relay	11	2	05:41 PM	_____
Finals	4 Boys 13-14 400 Freestyle Relay	4	1	05:51 PM	_____
Finals	5 Girls Senior 400 Freestyle Relay	9	2	05:56 PM	_____
Finals	6 Boys Senior 400 Freestyle Relay	4	1	06:06 PM	_____
Finals	7 Girls 11 & Over 400 IM	22	3	06:11 PM	_____
Finals	8 Boys 11 & Over 400 IM	12	2	06:30 PM	_____
Finals	13 Girls 11-12 200 Butterfly	3	1	06:43 PM	_____
Finals	14 Boys 11-12 200 Butterfly	1	1	06:46 PM	_____
Finals	15 Girls 13-14 50 Freestyle	86	11	06:49 PM	_____
Finals	16 Boys 13-14 50 Freestyle	24	3	06:59 PM	_____
Finals	17 Girls 15 & Over 50 Freestyle	45	6	07:02 PM	_____
Finals	18 Boys 15 & Over 50 Freestyle	16	2	07:07 PM	_____
Finals	19 Girls 11-12 50 Freestyle	49	7	07:09 PM	_____
Finals	20 Boys 11-12 50 Freestyle	24	3	07:16 PM	_____
	Break: 10 Minutes:				
Finals	21 Girls 13 & Over 500 Freestyle	66	9	07:29 PM	_____
Finals	22 Boys 13 & Over 500 Freestyle	24	3	08:28 PM	_____
Finals	23 Girls 11-12 1650 Freestyle	2	1	08:47 PM	_____
Finals	24 Boys 11-12 1650 Freestyle	1	1	09:13 PM	_____
	Swimmers Counts for Warm-ups: 270	=====	=====		
	Entry / Heat Totals:	413	61		
	Finish Time			09:35 PM	_____

Relay Cards due @ 5PM

Positive Check-In for 400 IM Closes @ 5PM

Positive Check-In for 500 Freestyle Closes @ the end of Event #8

Positive Check-In for 1650 Freestyle Closes @ the end of Event #20

Coaches Meeting will be held by Timing Table at 5:20PM

**DUE TO THE LENGTH OF THE TIMELINE
TIME TRIALS WILL NOT BE OFFERED ON FRIDAY**

**Minnesota Regional Championship
Hosted By: High Tides Swim Club
Session Report**

Session: 2 Saturday AM Session
Day of Meet: 2 Starts at 08:30 AM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	25 Girls 10 & Under 200 Medley Relay	6	1	08:30 AM	_____
Finals	26 Boys 10 & Under 200 Medley Relay	5	1	08:34 AM	_____
Finals	27 Girls 11-12 200 Medley Relay	11	2	08:38 AM	_____
Finals	28 Boys 11-12 200 Medley Relay	4	1	08:44 AM	_____
Finals	29 Girls 9-10 50 Freestyle	30	4	08:48 AM	_____
Finals	30 Boys 9-10 50 Freestyle	23	3	08:52 AM	_____
Finals	31 Girls 11-12 100 Butterfly	14	2	08:55 AM	_____
Finals	32 Boys 11-12 100 Butterfly	7	1	08:58 AM	_____
Finals	33 Girls 8 & Under 50 Freestyle	6	1	09:00 AM	_____
Finals	34 Boys 8 & Under 50 Freestyle	10	2	09:02 AM	_____
Finals	35 Girls 11-12 200 Breaststroke	21	3	09:04 AM	_____
Finals	36 Boys 11-12 200 Breaststroke	9	2	09:15 AM	_____
Finals	37 Girls 10 & Under 100 Butterfly	3	1	09:23 AM	_____
Finals	38 Boys 10 & Under 100 Butterfly	4	1	09:25 AM	_____
Finals	39 Girls 8 & Under 50 Backstroke	9	2	09:28 AM	_____
Finals	40 Boys 8 & Under 50 Backstroke	14	2	09:31 AM	_____
Finals	41 Girls 11-12 100 Backstroke	27	4	09:34 AM	_____
Finals	42 Boys 11-12 100 Backstroke	22	3	09:42 AM	_____
Finals	43 Girls 10 & Under 100 Backstroke	31	4	09:48 AM	_____
Finals	44 Boys 10 & Under 100 Backstroke	17	3	09:57 AM	_____
Finals	45 Girls 11-12 50 Breaststroke	40	5	10:04 AM	_____
Finals	46 Boys 11-12 50 Breaststroke	27	4	10:10 AM	_____
Finals	47 Girls 9-10 50 Breaststroke	22	3	10:14 AM	_____
Finals	48 Boys 9-10 50 Breaststroke	16	2	10:18 AM	_____
Finals	49 Girls 8 & Under 100 IM	2	1	10:21 AM	_____
Finals	50 Boys 8 & Under 100 IM	5	1	10:23 AM	_____
Finals	51 Girls 11-12 100 IM	47	6	10:26 AM	_____
Finals	52 Boys 11-12 100 IM	21	3	10:37 AM	_____
Finals	53 Girls 9-10 100 IM	28	4	10:42 AM	_____
Finals	54 Boys 9-10 100 IM	17	3	10:50 AM	_____
Finals	55 Girls 11-12 200 Freestyle	32	4	10:56 AM	_____
Finals	56 Boys 11-12 200 Freestyle	22	3	11:08 AM	_____
Finals	57 Girls 10 & Under 200 Freestyle	13	2	11:17 AM	_____
Finals	58 Boys 10 & Under 200 Freestyle	17	3	11:24 AM	_____
Break: 10 Minutes:					
Finals	59 Girls 11-12 1000 Freestyle	5	1	11:45 AM	_____
Finals	60 Boys 11-12 1000 Freestyle	4	1	12:01 PM	_____
		Swimmers Counts for Warm-ups: 212	====	====	
		Entry / Heat Totals:	591	89	
				Finish Time	12:18 PM

Relay Cards due by 8AM

Positive Check-In for 1000 Freestyle Closes @ the end of Event #52

Time Trial Sign-Up Closes @ the end of Event #54

Coaches Meeting will be held by Timing Table at 8:20AM

**Minnesota Regional Championship
Hosted By: High Tides Swim Club
Session Report**

Session: 3 Saturday PM Session
Day of Meet: 2 Starts at 01:30 PM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	61 Girls 13-14 400 Medley Relay	11	2	01:30 PM	_____
Finals	62 Boys 13-14 400 Medley Relay	3	1	01:42 PM	_____
Finals	63 Girls Senior 400 Medley Relay	9	2	01:47 PM	_____
Finals	64 Boys Senior 400 Medley Relay	4	1	01:59 PM	_____
Finals	65 Girls 13-14 200 Freestyle	61	8	02:04 PM	_____
Finals	66 Boys 13-14 200 Freestyle	17	3	02:26 PM	_____
Finals	67 Girls 15 & Over 200 Freestyle	35	5	02:34 PM	_____
Finals	68 Boys 15 & Over 200 Freestyle	10	2	02:48 PM	_____
Finals	69 Girls 13-14 100 Butterfly	41	6	02:53 PM	_____
Finals	70 Boys 13-14 100 Butterfly	9	2	03:03 PM	_____
Finals	71 Girls 15 & Over 100 Butterfly	22	3	03:06 PM	_____
Finals	72 Boys 15 & Over 100 Butterfly	12	2	03:10 PM	_____
Finals	73 Girls 13-14 100 Breaststroke	40	5	03:13 PM	_____
Finals	74 Boys 13-14 100 Breaststroke	11	2	03:23 PM	_____
Finals	75 Girls 15 & Over 100 Breaststroke	19	3	03:26 PM	_____
Finals	76 Boys 15 & Over 100 Breaststroke	8	1	03:32 PM	_____
Finals	77 Girls 13-14 200 IM	62	8	03:33 PM	_____
Finals	78 Boys 13-14 200 IM	21	3	03:58 PM	_____
Finals	79 Girls 15 & Over 200 IM	35	5	04:07 PM	_____
Finals	80 Boys 15 & Over 200 IM	10	2	04:22 PM	_____
Finals	81 Girls 13-14 100 Backstroke	57	8	04:28 PM	_____
Finals	82 Boys 13-14 100 Backstroke	18	3	04:43 PM	_____
Finals	83 Girls 15 & Over 100 Backstroke	32	4	04:49 PM	_____
Finals	84 Boys 15 & Over 100 Backstroke	12	2	04:56 PM	_____
	Break: 10 Minutes:				
Finals	85 Girls 13 & Over 1650 Freestyle	10	2	05:10 PM	_____
Finals	86 Boys 13 & Over 1650 Freestyle	4	1	05:55 PM	_____
	Swimmers Counts for Warm-ups: 217	=====	=====		
	Entry / Heat Totals:	573	86		
	Finish Time			06:18 PM	_____

Relay Cards due @ 1PM

Positive Check-In for 1650 Freestyle Closes @ the end of Event #78

Time Trial Sign-Up Closes @ the end of Event #84

**Minnesota Regional Championship
Hosted By: High Tides Swim Club
Session Report**

Session: 4 Sunday AM Session
Day of Meet: 3 Starts at 08:30 AM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	87 Girls 11-12 200 Freestyle Relay	10	2	08:30 AM	_____
Finals	88 Boys 11-12 200 Freestyle Relay	4	1	08:36 AM	_____
Finals	89 Girls 10 & Under 200 Freestyle Relay	4	1	08:38 AM	_____
Finals	90 Boys 10 & Under 200 Freestyle Relay	5	1	08:41 AM	_____
Finals	91 Girls 11-12 200 IM	20	3	08:45 AM	_____
Finals	92 Boys 11-12 200 IM	13	2	08:55 AM	_____
Finals	93 Girls 10 & Under 200 IM	8	1	09:02 AM	_____
Finals	94 Boys 10 & Under 200 IM	7	1	09:06 AM	_____
Finals	95 Girls 8 & Under 50 Breaststroke	3	1	09:10 AM	_____
Finals	96 Boys 8 & Under 50 Breaststroke	8	1	09:12 AM	_____
Finals	97 Girls 11-12 50 Backstroke	43	6	09:13 AM	_____
Finals	98 Boys 11-12 50 Backstroke	23	3	09:21 AM	_____
Finals	99 Girls 9-10 50 Backstroke	33	5	09:25 AM	_____
Finals	100 Boys 9-10 50 Backstroke	20	3	09:32 AM	_____
Finals	101 Girls 8 & Under 100 Freestyle	4	1	09:36 AM	_____
Finals	102 Boys 8 & Under 100 Freestyle	10	2	09:39 AM	_____
Finals	103 Girls 11-12 100 Freestyle	44	6	09:43 AM	_____
Finals	104 Boys 11-12 100 Freestyle	25	4	09:53 AM	_____
Finals	105 Girls 9-10 100 Freestyle	28	4	09:59 AM	_____
Finals	106 Boys 9-10 100 Freestyle	18	3	10:06 AM	_____
Finals	107 Girls 8 & Under 50 Butterfly	3	1	10:12 AM	_____
Finals	108 Boys 8 & Under 50 Butterfly	5	1	10:13 AM	_____
Finals	109 Girls 11-12 100 Breaststroke	31	4	10:15 AM	_____
Finals	110 Boys 11-12 100 Breaststroke	22	3	10:23 AM	_____
Finals	111 Girls 9-10 50 Butterfly	13	2	10:29 AM	_____
Finals	112 Boys 9-10 50 Butterfly	11	2	10:31 AM	_____
Finals	113 Girls 11-12 50 Butterfly	34	5	10:34 AM	_____
Finals	114 Boys 11-12 50 Butterfly	16	2	10:39 AM	_____
Finals	115 Girls 10 & Under 100 Breaststroke	23	3	10:41 AM	_____
Finals	116 Boys 10 & Under 100 Breaststroke	7	1	10:48 AM	_____
Finals	117 Girls 11-12 200 Backstroke	11	2	10:50 AM	_____
Finals	118 Boys 11-12 200 Backstroke	7	1	10:57 AM	_____
Break: 10 Minutes:					
Finals	119 Girls 12 & Under 500 Freestyle	30	4	11:11 AM	_____
Finals	120 Boys 12 & Under 500 Freestyle	18	3	11:42 AM	_____
Swimmers Counts for Warm-ups: 203		=====	=====		
Entry / Heat Totals:		561	87		
Finish Time				12:06 PM	_____

Relay Cards due @ 8AM

Positive Check-In for 500 Freestyle Closes @ the end of Event #106

Time Trial Sign-Up Closes @ the end of Event #116

High Point Awards after Event #120

**Minnesota Regional Championship
Hosted By: High Tides Swim Club
Session Report**

Session: 5 Sunday PM Session
Day of Meet: 3 Starts at 01:15 PM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	123 Girls 13-14 200 Freestyle Relay	14	2	01:15 PM	_____
Finals	124 Boys 13-14 200 Freestyle Relay	5	1	01:20 PM	_____
Finals	125 Girls Senior 200 Freestyle Relay	11	2	01:23 PM	_____
Finals	126 Boys Senior 200 Freestyle Relay	5	1	01:28 PM	_____
Finals	127 Girls 13-14 200 Butterfly	13	2	01:30 PM	_____
Finals	128 Boys 13-14 200 Butterfly	1	1	01:36 PM	_____
Finals	129 Girls 15 & Over 200 Butterfly	7	1	01:39 PM	_____
Finals	130 Boys 15 & Over 200 Butterfly	5	1	01:42 PM	_____
Finals	131 Girls 13-14 100 IM	78	10	01:45 PM	_____
Finals	132 Boys 13-14 100 IM	19	3	02:01 PM	_____
Finals	133 Girls 15 & Over 100 IM	39	5	02:06 PM	_____
Finals	134 Boys 15 & Over 100 IM	14	2	02:15 PM	_____
Finals	135 Girls 13-14 200 Breaststroke	26	4	02:18 PM	_____
Finals	136 Boys 13-14 200 Breaststroke	8	1	02:32 PM	_____
Finals	137 Girls 15 & Over 200 Breaststroke	20	3	02:35 PM	_____
Finals	138 Boys 15 & Over 200 Breaststroke	5	1	02:46 PM	_____
Finals	139 Girls 13-14 100 Freestyle	88	11	02:49 PM	_____
Finals	140 Boys 13-14 100 Freestyle	25	4	03:05 PM	_____
Finals	141 Girls 15 & Over 100 Freestyle	53	7	03:11 PM	_____
Finals	142 Boys 15 & Over 100 Freestyle	22	3	03:21 PM	_____
Finals	143 Girls 13-14 200 Backstroke	37	5	03:26 PM	_____
Finals	144 Boys 13-14 200 Backstroke	9	2	03:42 PM	_____
Finals	145 Girls 15 & Over 200 Backstroke	27	4	03:49 PM	_____
Finals	146 Boys 15 & Over 200 Backstroke	5	1	04:02 PM	_____
	Break: 10 Minutes:				
Finals	147 Girls 13 & Over 1000 Freestyle	23	3	04:15 PM	_____
Finals	148 Boys 13 & Over 1000 Freestyle	6	1	04:55 PM	_____
	Swimmers Counts for Warm-ups: 225	=====	=====		
	Entry / Heat Totals:	565	81		
	Finish Time			05:08 PM	_____

Relay Cards due at 12:45PM

Positive Check-In for 1000 Freestyle Closes @ the end of Event #140

Time Trial Sign-Up Closes @ the end of Event #146