

REPRESENTING THE ROCHESTER SWIM CLUB

Appropriate behavior from all swimmers is expected during practice, competitions, traveling or attending any team functions. Whether it be practice, swim meets, school or elsewhere – once you are a member of RSC, you represent the team, teammates and organization wherever you go.

CODE OF CONDUCT: All members of the Rochester Swim Club are subject to the Team Code of Conduct. During registration for every season, members must e-sign and acknowledge subscribing to this Code. A copy is included as Attachment (1) of this document.

SWIM MEETS: All athletes and coaches dress in team apparel, team suit, team cap and team shirt. Designated shirts may be selected for specific swim meets, color/sequence. State meet or other specialized apparel may be assigned by the coaching staff. All team members must represent RSC as “attached”, there will be no “unattached” swimmers from RSC.

INVOLVED PARENTS: Support for swimmers, coaches and the team are vital from parents. We encourage all RSC parents to sit together at both practices and meets. This gives you the perfect opportunity to positively share information, get to know one another and cheer for everyone.

FACILITIES: The Recreation Center pool as well as John Marshall, Mayo high schools, Soldiers Field pool and Silver Lake pool are all facilities that RSC utilizes for practices. All facilities and staff need to always be treated with respect and conduct yourselves as a respectful representative of the Rochester Swim Club. RSC does not own any of these facilities, we only rent space and the reputation of the team is at stake every day.

USA ATHLETE PROTECTION POLICIES & RULES: All coaches, volunteers and parents have a responsibility to protect our young athletes. In order to create a positive experience and safe environment for athletes, USA Swimming’s *Code of Conduct* provides specific, mandatory policies that must be followed at all levels of the organization. Policies are enforceable by the National Board of Review process. Consequences for breaking a policy include but are not limited to, revocation of membership.

TRYOUT PERIOD: We offer a two-week free trial. All waivers must be signed before trying the program. First time program participants may try the program for two weeks without paying membership fees. After that point, registration and payment must be submitted to continue with the swim club. Please contact Autumn at billing@rochesterswimclub.com to get more info and let us know you are looking to try out.