



### Checklist for New Swim Families

- Complete registration (Coach and Registrar complete majority of these questions.)
- Overview of USA Swimming
  - General Guidelines/Insurance liabilities
- Glossary of Swimming Terms
  - <http://www.usaswimming.org/DesktopDefault.aspx?TabId=1703>
- Volunteer Commitments
  - See website for specifics on each session
  - Explain a few of the volunteer descriptions (timers, concessions, etc.)
- Swim Club Groups Definitions
  - Age Group, Developmental (see website for more specifics)
  - Common questions for Age Group (see attached)
- Tour of website
  - Questions regarding forms
  - Where to find News/Events/Sign up for Meets/Jobs for Meets
- Swim Meets
  - Events recommended for first year swimmers
    - Swim Times Definitions (A, B, C)
  - Common questions for Swim meets by new parents
    - See Attached (USA swim club handbook)
  - What to bring to swim meets for swimmer and parents
  - Explanation of Time Standards and Heat Sheets
- Bull Shark Gear
  - Spring/Fall apparel orders
  - Common items swimmers have in their bags
- Fundraisers (another way to earn Volunteer hours)
  - Jesse James Days, Home Swim Meets, Swim-a-thon, Green Team (Cardboard Recycling)